



2018 Canadian Junior Championships

TECHNICAL MEETING

July 24, 2018

Pan Am Pool - Winnipeg

INTRODUCTION



Organizing Committee

Meet Manager:

John Witwicki & Steve Molloy

Swimming Canada National Meet Director:

Nicole Parent

Swimming Canada National Meet Referee:

Daryle Martin

Swimming Canada Events Manager:

Amanda Zevnik

Swimming Canada Entries & Data Management:

Trevor Cowan

RECAP of NEWER ROLES



National Meet Director

- Lead technical representative
- Oversee the technical execution of the competition
- Oversee pool temperature, deck space allocation, pool access etc.
- Chair jury of appeal

National Meet Referee

- Oversee official placements
- Oversee all officiating and protests at the competition

Entry Coordinator

- Oversee all entries and changes up until the technical meeting
- Oversee scratches and the production of heat sheets at the competition

SENIOR OFFICIALS



Referees: Sheila Nelson /Michelle Neilson /Peter Burke
Norma Lachance /Erik Apedaile /Peter Burke
Sheila Nelson /Richard Chan /Cynthia Pincott
Trevor Cowan /Kerim Ozcan /Suzanne Paulins
Peter Garagan /May Loo/ Louise Leblanc

Starters: Chris Alexiuk /Joe Elsinga /Kelly Garagan
Mary Jane Smith /Glenn Greig /Kelly Garagan
Marilyn King /Susan Wog /Kelly Garagan
Susanna Chan /Bill Morrison /Marguerite Middleton
Su Kin Cheong /Glenn Greig /Kelly Garagan



MEET CONDUCT

Daryle Martin, Meet Referee

Nicole Parent, Meet Director

START TIMES



Prelims (8 lanes):

Warm-up: 7:00 – 8:45 am (*Sprint / Pace lanes open at 7:50*)
Start Time: 9:00 am

Finals (8 lanes) :

Warm-up: 4:00 – 5:15 pm (*Sprint / Pace lanes open at 4:35*)
Start Time: 5:30 pm

Pace lanes: 1 & 8

Sprint lanes: 2 & 7 (start / dive tower end except Sunday Lane 7 from turn end)

Backstroke Ledge available: **lane 2** (during Sprint / Pace lanes open)

WARM-UPS



SWIMMING CANADA WARM-UP COMPETITION PROCEDURES
dated September 26, 2016 are in effect.

Violations:

- Swimmers may be removed from their first event
- Second offense in same competition: removal from competition

Permitted:

- kick boards, pull buoys, snorkels (in comp pool)

Not permitted:

- fins, paddles, stretch cords in comp pool
- No Diving in comp pool except in Sprint Lanes during Sprint / Dive Starts in designated timeframes

TRAINING TANK



Available throughout warmups and competition

- Lane 1 – reserved as Pace Lane throughout
- Lane 8 - backstroke ledge available
- Massage Table area available
- Activation area available

TIMELINES (ESTIMATES ONLY)



DAY 1:

Prelims finish:	2:10 pm	Finals finish:	7:45 pm
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DAY 2:

Prelims finish:	12:20 pm	Finals finish:	7:35 pm
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DAY 3:

Prelims finish:	2:05 pm	Finals finish:	7:50 pm
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DAY 4:

Prelims finish:	2:45 pm	Finals finish:	8:35 pm
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DAY 5:

Prelims finish:	12:45 pm	Finals finish:	8:10 pm
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Time Trials immediately follow end of prelims on Day 2 & 5 (maximum end time 2 PM)

Timelines are estimates only....

COMPETITION MANAGEMENT INFORMATION



- Flyover starts for Prelims / No – flyover in Finals
- Distance Events: Seeded fastest to slowest, slower heats during prelims, fastest heat of each age group during finals (2 heats per gender) – 800 Free in prelims will alternate gender.
- 400 Free & 400 IM: heats to be swum slowest to fastest with last 2 heats circle seeded
- 50's will start from turn end (bulkhead)
- Relays events: heats & finals
- Swim-offs: completed during the session

HEAT SHEETS & RESULTS



Prelims and Final Sheets:

- Available daily from the Clerk of Course
- Posted on the web as soon as they are ready and prior to each session
- A maximum 2 foreign swimmer can advance to A finals and 2 foreign swimmers in the B finals
 - Foreign swimmers will swim Exhibition during finals.
 - A maximum of 1 foreign alternate will be named where applicable
 - If 2 foreign swimmers in A final and 2 foreign swimmers in B final the foreign alternate swimmer will only be moved into finals with the scratch of another foreign swimmer.
 - If a foreign alternate is named and less than 2 foreign swimmers in B final then the foreign swimmer will be moved into the final.

Results:

- Posted after each event on the pool deck and upstairs
- Live Results and Meet Mobile

TIME TRIALS



- Entries are first come, first served – forms available at clerk of course
- Entries will be accepted on WED / THURS (for THURS TT) & SAT /SUN (for SUN TT) at clerk of course from 8:30 AM until 10:30 AM
- Time Trials session will be capped at 2 PM
- No official split requests
- Time Trial heat sheets: available at Clerk of Course (announcement will be made when ready for pickup)
- After entries close at 10:30 AM, any swimmer that is a no-show for their time trial event will be fined \$50.00 and be subject to all penalties guidelines as outlined in the meet package.

TIME TRIALS



- No 800 and 1500 Free time trials accepted
- We will allow a second choice event for each time trial per swimmer.
- The second choice will fill empty lanes after first choice entries are completed and if time allows additional heats will be created for second choice.

THURSDAY EVENTS

100 FLY

200 BACK

100 FREE

400 IM

100 BREAST

200 FLY

SUNDAY EVENTS

200 FREE

100 BACK

200 BREAST

50 FREE

200 IM

400 FREE

BACKSTROKE DEVICES



- The IT will install the device
- The IT will also ensure the device is set at 0, initially
- The IT will check the strapping is free of any twists or knots and also that the wedge/ledge is sitting flat against the wall.

- Once the athletes arrive behind the block the athlete may change the setting and ensure it is secured into position or may remove it from the water if they do not wish to use the device. The IT may be asked for assistance.

DQ'S AND PROTESTS



Disqualifications:

- Disqualifications will be announced and including event number, heat number and lane number.

Procedure for protests:

1. Discuss DQ with the session Referee
2. If not resolved, a written protest may be presented to the Referee. A written protest must be presented within 30 minutes after the conclusion of the **event** (protest forms will be available at the Clerk of Course)
3. If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.

JURY OF APPEAL



Chaired by: National Meet Director

- 1 appointed coach among the following coaches (least biased to the swimmer involved in the appeal and no vested interest)

Dave Ling - NFLD

Janet Hyslop - ONTARIO

Ian Grunewald - MANITOBA

- 2 or 4 officials

RELAY PROCEDURE / SUBMISSION



- Relay forms for both prelims and finals (different colour for finals) are available at Clerk of Course after Technical meeting and throughout the competition.
- Relay names & order are to be completed on relay forms and submitted **30 minutes before the start of the session** (prelims and finals) in which the relay is to be swum.
- *Coaches will return Relay forms completed, even if no change from initial entries*
- Single gender relays: swimmers can be different from qualifying relay names
- Mixed relays: two female and two male swimmers
- Finals relays: can be different swimmers / order from prelims
- Attention: Scratch rules for prelims and finals apply to relays

SCRATCH PROCEDURE



- Deadlines:
 - Wednesday Prelims and time final events: 30 minutes post Technical Meeting
 - Thursday–Sunday Prelims and time final events: 30 minutes following the start of Finals the previous evening
 - Finals: 30 minutes following Prelims of that day (including relays and excluding time trials and time final events)
- Penalties for no show (heats, finals and time trials) = \$50
- Email scratches NOT accepted

READY ROOM PROCEDURES



FOR FINALS

- Positive check in at the clerk of course during warm-ups
- Swimmers (all A & B finalists) report to ready room 15 minutes before scheduled start of their race
- A finalists will be marched on from waiting area and introduced while marching
- B finalists will be released and they will be introduced during the race.
- Alternates are to report to the Clerk of Course 15 min prior to scheduled start of race.

FOR PRELIMS

- Swimmers report behind the blocks

AWARDS



- Medalist to report to Awards area immediately following their race
 - Exit pool and go left to “waiting area”
 - Swimmers will be escorted from waiting area to awards area for medal presentation.
- Finals sequence: **B -> A -> B -> awards**
-> A -> B -> awards...
- Some awards ceremonies will be held during distance events (refer to timelines for each session)

AWARDS



- Medals for 1st, 2nd, 3rd place
 - Commemorative medal for foreign swimmers
 - Foreign swimmers are not eligible to score
- Swim of Meet awards at Open Water event
- Awards protocol
 - If a swimmer is unable to attend their award ceremony, please send a fully uniformed substitute swimmer in their place



OPERATIONS & ADMINISTRATIVE CONDUCT

Nicole Parent: Meet Director

John Witwicki and Steve Molloy: Meet

Managers

SMS SERVICE FOR COACHES



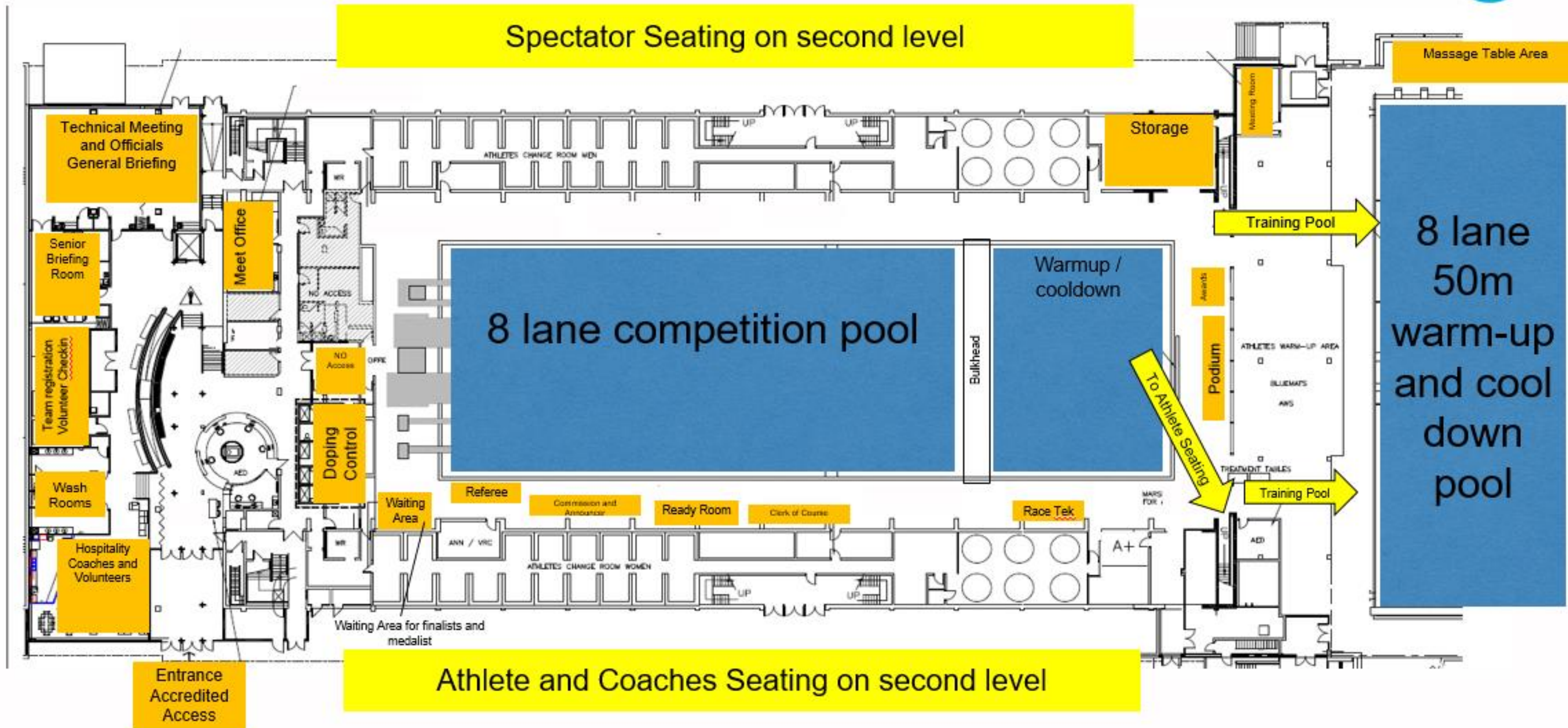
- To subscribe text **SWIMCJC** to **767638**

GENERAL FACILITY INFORMATION



- Parking
- Accreditation
- Facility Entrances
- On – Deck Rules
- Doping Control
- WiFi access – PUBLIC No password
- Deck traffic flow

PAN AM FACILITY LEVEL 1 LAYOUT



ACCREDITATION INFORMATION



- Accreditation will be required to gain access to the pool deck
- Access to the pool will be through the locker rooms
- ALL athletes, coaching staff and support staff must have accreditation, individuals without accreditation will not be permitted pool access
- Lost accreditation will be replaced at a cost of \$60.00 per accreditation

FACILITY RULES



- No deck changing – city bylaw that will be enforced

Please use changerooms

- No food allowed on deck.
- No glass containers.
- No outdoor shoes allowed on deck.

DOPING CONTROL



- The CCES will be conducting Doping Control during the meet
- All swimmers selected for Doping Control are required to have photo ID. Coaches are asked to instruct swimmers to bring photo ID to the competition.

If your swimmer is selected please send chaperone (can be a parent) with swimmer.

OPEN WATER



- Monday, July 30, 2017
- St. Malo Provincial Park
- Schedule
 - **Registration: 7:30 AM**
 - **Warm up: 7:45 AM**
 - **First Race Start: 9:00 AM**
- Meet Referee: Cynthia Pincott
- Course: 750m loop – distance 1.5 km and 3 km
- Waiver forms
- Awards for open water event – part of overall team banner
- Second OW Technical meeting: Sunday, July 29 – 3:30 PM
- Parking pass required – can purchase at gate: \$5 per car / \$25 for bus

Directions to St. Malo:

Pan Am Pool

25 Poseidon Bay, Winnipeg, MB R3M 3E4

- Take Taylor Ave to Pembina Hwy S/Rte 42 S - 5 min (2.0 km)
- Take Jubilee Ave/Rte 125 and Rte 62 S to Bishop Grandin Blvd/Rte 165 E - 10 min (6.0 km)
- Follow Provincial Trunk Hwy 59 S to De La Grotte Ave in Saint Malo - 44 min (64.6 km)
- Continue on De La Grotte Ave to your destination - 6 min (2.3 km)

St. Malo Provincial Park

De La Grotte Ave, Saint Malo, MB R0A 1T0



Have a great meet!



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