



## **SWIMMING CANADA NEXTGEN INSTITUTE PROGRAM – VICTORIA**

### **2017-2018 SELECTION GUIDELINES**



The following document defines the guidelines for athlete selection to the Swimming Canada NextGen Institute Program – Victoria (NGIP-VIC). All selections are for the September 1, 2017 – August 31, 2018 season only.

#### **PROGRAM GOAL**

The goal of the NGIP-VIC is to support the implementation of Swimming Canada's high performance development system in western Canada, intended to ensure a progressive stream of athletes and coaches are being trained to standards required to win Olympic and World Championship medals. The program is provided in partnership between Swimming Canada, Swim BC, Own the Podium and the Canadian Sport Institute Pacific

#### **COACHING STAFF**

Athletes selected to the NGIP-VIC will swim within the Swimming Canada High Performance Centre-Victoria (HPC-VIC). The 2017/18 program will be led by NGIP-VIC Head Coach, Brad Dingey. The program and coach will receive technical oversight from the HPC-VIC Head Coach, Ryan Mallette, with additional oversight from Swimming Canada high performance staff. The program will be supported with appropriate Sport Science and Sport Medicine services through CSI-Pacific.

#### **ATHLETE ELIGIBILITY**

- I. Canadian citizen
- II. Member in good standing of Swimming Canada
- III. Athlete must possess at least 3 Canadian Junior Swimming Championships standards, achieved between September 1, 2016 and August 10, 2017.
- IV. Selections are based on competitive results posted between September 1, 2016 and August 10, 2017. Times posted by athletes who compete at the 2017 World Junior Swimming Championships may also be considered.
- V. Selections are based on results posted within the above time period, and also supported by the athlete's demonstrated commitment to furthering their development within high performance swimming, as indicated by ongoing performance progression, work ethic, attendance, attitude, health and age.
- VI. An athlete must fall within the Swimming Canada "On-Track" Track 3 age-range for the specific events used for their selection in order to be considered for the NGIP-VIC.
- VII. The final decision to accept an athlete into the program will be based on the recommendation of the NGIP-VIC Head Coach and as approved by the Swimming Canada High Performance Director.
- VIII. Athlete must sign a Swimming Canada NextGen Institute Program Athlete Agreement.
- IX. Issues not otherwise covered by this document are subject to the decision of the NGIP-VIC Management Team.

#### **TRAINING GROUP DESCRIPTION**

There are three pathways an athlete can take to be a part of the NGIP-VIC. Which pathway an athlete participates in will be determined by athlete performance and program capacity. The three pathways are full-time, training rights only and invited athletes.



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#### **I. Full-Time Athletes:**

Athletes must reside within the Greater Victoria area to be eligible to participate in the full-time NGIP-VIC. Full-time athletes in the NGIP-VIC will swim within the HPC – VIC. Eligibility for full-time status in the program is based on athlete performance in Olympic events within the eligibility timeframe outlined above, and on the following priority order:

- a) 2 Olympic Events on Track 1 of the On Track times
- b) 2 Olympic Events on Track 1 or 2 of the On Track times
- c) 2 Olympic Events on Track 1, 2 or 3 of the On Track times
- d) 2 Olympic Events within 2% of the Track 3 of the On Track times or faster
- e) Coach discretion based on an evaluation against the Swimming Canada Podium Pathway and approved by the High Performance Director

Swimmers must also have a school schedule that allows them to participate in the HPC - VIC training sessions on a full-time basis.

#### **II. Training Rights Only Athletes:**

Athletes must reside within the Greater Victoria area to be eligible to participate as a training rights only athlete and may participate in the program on a part-time or full-time basis as determined by the Head Coach. Training rights only athletes in the NGIP-VIC will swim within the HPC – VIC when their school schedule and pool space allows. When schedule conflicts arise, athletes will fulfill their swimming obligations by swimming with their club team.

Athletes will be selected on the following priority order:

- a) 2 Olympic Events within 4% of the Track 3 of the On Track times
- b) Finalists at the 2017 Canadian Swimming Championships ranked by place;
- c) Consolation finalists at the 2017 Canadian Swimming Championships ranked by place;
- d) Medalist at 2017 Canadian Junior Swimming Championships ranked by Gold-Silver-Bronze
- e) 3 Canadian Junior Swimming Championships qualifying times
- f) Coach discretion based on an evaluation against the Swimming Canada Podium Pathway and approved by the High Performance Director

#### **III. Invited Athletes:**

These athletes will train full-time within their home club. They, along with their coach, will be invited at specific periods during the year to train in Victoria within the HPC - VIC. This is an outreach program in partnership with Swim BC to facilitate Talent Identification and Development amongst British Columbia's targeted athletes and their club coaches.

Athletes will be selected on the following priority order:

- a) 5.I – Full-Time Athletes criteria
- b) 5.II – Training Rights Only Athletes criteria

#### **MAINTENANCE CRITERIA**

Continued athlete participation in the NGIP-VIC will be based on a bi-annual review process lead by the NGIP-VIC Head Coach, and supported by the Integrated Support Team. Athlete performance will be reviewed after the spring performance window, and again at the conclusion of the summer performance window with performance reports detailing the daily training environment and performance progression.



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#### **ATHLETE SUPPORT (Integrated Support Team)**

Aligned with the HPC – Victoria, the NGIP-VIC has access to an Integrated Support Team (IST) which includes specialists in physiotherapy, massage therapy, mental performance, biomechanics, physiology, nutrition, and strength and conditioning and will provide support appropriate to the developmental level of the athletes. As a member of the NGIP-VIC, athletes will have targeted access to this team of specialists. Targeted access is determined by the NGIP-VIC Head Coach and is based on individual athlete needs assessments, performance progression, and an ongoing demonstration of athlete commitment to the program.

#### **APPLICATION AND ACCEPTANCE PROCESS**

Swimmers wishing to apply to the NGIP-VIC should contact Michelle Poirier – Swimming Canada, Manager, High Performance Centres and Coaches (mpoirier@swimming.ca). Please include your **school calendar** and **school schedule** (or approximate schedule), if appropriate, as an attachment to your e-mail, as well as a **letter of endorsement** from your current coach.

Note: Returning athletes are required to re-apply for program selection on an annual basis.

#### **Deadline for application is August 11, 2017**

All applications will be reviewed and athletes will be contacted on or before August 18, 2017 to discuss their acceptance to the NGIP-VIC.

Should space within the program allow, additional athletes that meet the “Full-Time Athlete” eligibility status criteria above may be accepted to the program on an ad hoc basis by recommendation of the NGIP-VIC Head Coach to the Swimming Canada High Performance Director.

#### **CONTACT**

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