



# 2015 Canadian Age Group Championships

## TECHNICAL MEETING

July 28, 2015

Quebec City

# INTRODUCTION



## Organizing Committee

Meet Manager:

Stephan Charron & Christian Blais

Official's Coordinator:

Annie Sylvain

Swimming Canada Competition Coordinators:

Cynthia Pincott & David Ward

Open Water Competition Coordinator:

Carole Thomas

Swimming Canada Events Manager:

Amanda Zevnik



# OFFICIALS INTRODUCTION

Annie Sylvain, Official's Coordinator

# SENIOR OFFICIALS



## Referees:

Day 1: Daniel Leduc (F) / Diane MacKenzie (M)

Day 2: Andre Despatie (F) / Jasmin Pellerin (M)

Day 3: Peter Burke (F) / Francois Desmarais (M)

Day 4: Pierre Cloutier (F) / Norma Lachance (M)

Day 5: Sheila Nelson (F) / Iris Jackson (M)

## Starters:

Day 1: Francois Sylvain (F) / Johanne Boivin (M)

Day 2: Will Burwell (F) / Louis Gosselin (M)

Day 3: Julie Guay (F) / Jennifer Flowers (M)

Day 4: Annie Mercure (F) / Kelly Polley (M)

Day 5: Richard Dagenais (F) / Manon Lincourt (M)

# MEET COMMISSION



- Day 1: Cynthia Pincott / David Ward
- Day 2: Cynthia Pincott / David Ward / Sheila Nelson
- Day 3: Cynthia Pincott / David Ward / Daniel Leduc
- Day 4: Cynthia Pincott / David Ward / Andre Despatie
- Day 5: Cynthia Pincott / David Ward / Pierre Cloutier (AM) /  
Nicole Normandin (PM)
- Open Water: Carole Thomas / Nicole Normandin

# ROLES AND RESPONSIBILITIES



## **The Meet Commission:**

- is appointed by the OCR Committee of Swimming Canada
- is responsible for the overall delivery of the technical component of the competition
- provides interface and support to the LOC, approves all Senior Officials
- may receive input and suggestions from participants – cannot overturn decisions related to the technical conduct of the meet
- is not involved in team selection

# ROLES AND RESPONSIBILITIES



## **The Local Organizing Committee – Club de natation région de Québec:**

- is nominated by the local host swim club or organization
- is responsible for interface with Swimming Canada, facility, PS, and all other suppliers and supporters of the competition
- receives all entry data from Swimming Canada entries and integrates into an operational context
- manages all facets of the Meet operations

# ROLES AND RESPONSIBILITIES



## **Swimming Canada staff:**

- are responsible for competition location, format and overall presentation
- liaise with and works in support of the LOC and Meet Commission with all logistical and technical aspects of the meet
- manages the application of pertinent Swimming Canada policies where applicable
- develops selection criteria under the authority of the Selection Committee, conducts the application of criteria in selection of teams
- cannot override nor insert influence in the technical conduct of the competition
- are more than happy to receive suggestions and input towards enhancement of the competition, current and future





# MEET CONDUCT

**Cynthia Pincott, David Ward**

**Competition Coordinators**

# START TIMES



## Preliminaries:

Warm-up: 7:00 – 8:50 am (*Sprint / Pace lanes open at 8:00*)  
Start Time: 9:00 am

## Finals (10 lanes):

Warm-up: 4:00 – 5:20 pm (*Sprint / Pace lanes open at 4:45*)  
Start Time: 5:30 pm

# TIMELINES



## DAY 1:

Prelims finish (8 lane): **13h48**

Prelims finish (10 lane): **12h56**

Finals finish: **19h59**

## DAY 2:

Prelims finish (8 lane): **12h56**

Prelims finish (10 lane): **11h55**

Finals finish: **19h52**

## DAY 3:

Prelims finish (8 lane): **12h48**

Prelims finish (10 lane): **12h21**

Finals finish: **19h26**

## DAY 4:

Prelims finish (8 lane): **12h15**

Prelims finish (10 lane): **11h33**

Finals finish: **19h37**

## DAY 5:

Prelims finish (8 lane): **12h32**

Prelims finish (10 lane): **12h16**

Finals finish: **19h54**

Timelines are estimates only. Timelines for finals will be attached to heats sheets and available daily in the coaches folder.

# COMPETITION MANAGEMENT INFORMATION



- Flyover starts for prelims / No – flyover in finals
- Swim-offs
- 50 meter event start and finish
- Backstroke start devices will not be used
- Swimmers reporting timelines, locations, march-on
- Disqualifications procedures
- Protests procedures – form available at clerk of course

# WARM-UPS



## 10 lane pool

Pace Lanes:	Lane 0	8h00-8h30
	Lane 9	8h00-8h50
Sprint Lanes:	Lane 1	8h00-8h50 – start end
	Lane 8	8h00-8h50 – 50m start end
	Lane 0	8h30-8h50 – start end

## 8 lane pool

Pace Lanes:	Lane 1	8h00-8h30
	Lane 8	8h00-8h50
Sprint Lanes:	Lane 2	8h00-8h50 – start end
	Lane 7	8h00-8h50 – 50m start end
	Lane 1	8h30-8h50 – start end

Pace lanes: NO drills or equipment

Sprint lane: Diving – Lane 7 (8 lane pool), lane 8 (10 lane pool) – 50m start end

All other sprint lanes from start end

Violations:

- Swimmers witnessed entering the water in a dangerous fashion will be removed from their first event
- Second offense in same competition, removal from the competition

Permitted: kick boards, pull buoy, snorkel and stretch cords (in w/u pool only, during w/u for finals)

Not permitted: fins, paddles, stretch cords in the competition pool during finals or during w/u in prelims

# SCRATCH PROCEDURE



- Deadlines
  - Wed Prelims: 30 minutes post Technical Meeting
  - Thurs – Sun Prelims: 30 minutes following the start of Finals the previous evening
  - Finals: 30 minutes following Prelims (excluding time final events)
- Penalties for no show (heats and finals)
- Email scratches NOT accepted

# SEEDING



## 800 & 1500 Free

- These events will be swum as Time Finals. The two fastest female heats will compete in finals (one combined 15 & over heat and one combined 14 & U heat). Also, the two fastest male heats will compete in finals (one combined 16 & over heat and one combined 15 & U heat). All other will swim fastest to slowest “Senior seeded” at the end of prelims in the morning.

## 400 IM & 400 Free

- These events will be swum fastest to slowest during their respective preliminary sessions.

# FINALS



## Positive Check-in

- Swimmers must report to the Clerk of Course for Finals and Check-in no later than 15 minutes in advance of their event.
- Swimmers not reporting to the Clerk of Course in the allotted time will have their names announced once. Those not reporting in a reasonable time after the announcement may be disqualified and an alternate may be called to replace them.
- Swimmers will report behind the blocks to marshals prior to their event
- Alternates may remain in proximity of referees to be called upon if required
- CALL ROOM WILL NOT BE USED DURING THIS COMPETITION

## Finals order

- A finals: Female 12&U, 13, 14, 15, 16-18 , Male 13&U, 14, 15, 16, 17-18

## Awards Ceremony

- Medals will be presented during the following heat.

## Foreign Athletes

- A maximum of two (2) foreign swimmers will be permitted to advance to an A Final or seeded top 10 of a time final event.



# AGE GROUPS



- Individual Pool Events:
  - Female: 12&U, 13, 14, 15, 16-18
  - Male: 13&U, 14, 15, 16, 17-18
- Relay Events:
  - Female: 12&U, 14&U, 15-18
  - Male: 13&U, 15&U, 16-18
- Open Water Events:
  - Female 2.5km: 12, 13
  - Male 2.5km: 12, 13
  - Female 5.0km: 14, 15, 16-18
  - Male 5.0km: 14, 15, 16, 17-18

# RELAYS



- Relay entry times must be proven utilizing swimmers entered in the meet. Relay times not proven through the online entry system must be proven prior to, or at registration or will be re-entered at NT.
- All relays are time final events - fastest 10 entries swimming in finals except 12 & U girls / 13 & U boys 4 x 200 FR where all heats will swim at the end of the preliminary session on Day 2.
- Relays are swum as combined Age Groups as defined on page 2 in the Meet Information Package.
- Relay sheets must be submitted to the Clerk of Course 30 minutes prior to the start of the session in which the relay will be swum.



# OPEN WATER

Carole Thomas, Competition Coordinator

# OPEN WATER



- Location: Lac Beauport
- Currently: 86 participants
- The Technical Meeting for Open Water will be on Sunday, August 2<sup>nd</sup> at 3:30pm in the same room (mandatory – a coach or representative from the club must be in attendance or swimmer will be scratched)
- 18:00 Sunday – Scratch deadline without penalty
- Consent forms and Aptitude forms have to be in at 18:00 Sunday – Failure to do so will result in disqualification
- Penalties for late scratches and no shows 50\$
- Race Registration: Monday at 7:30am

# OPEN WATER



- Course: 1250m per lap,
- 2500m = 2 laps; 5000m = 4 laps
- Rectangular course

7:30 Registration, Marking, Warm-up  
8:30 Technical Briefing  
9:30 2.5 km Men  
9:40 2.5 km Women  
11:00 5 km Men  
11:10 5 km Women





# OPERATIONS & ADMINISTRATIVE CONDUCT

Stephan Charron, Meet Manager

Christian Blais, Meet Manager

# GENERAL FACILITY INFORMATION



- Parking
- Accreditation / Security
- Facility Entrances
- On-Deck Rules
- Hospitality
- WiFi access
- Deck traffic flow
- Coaches folios - heat / finals sheet pick-up

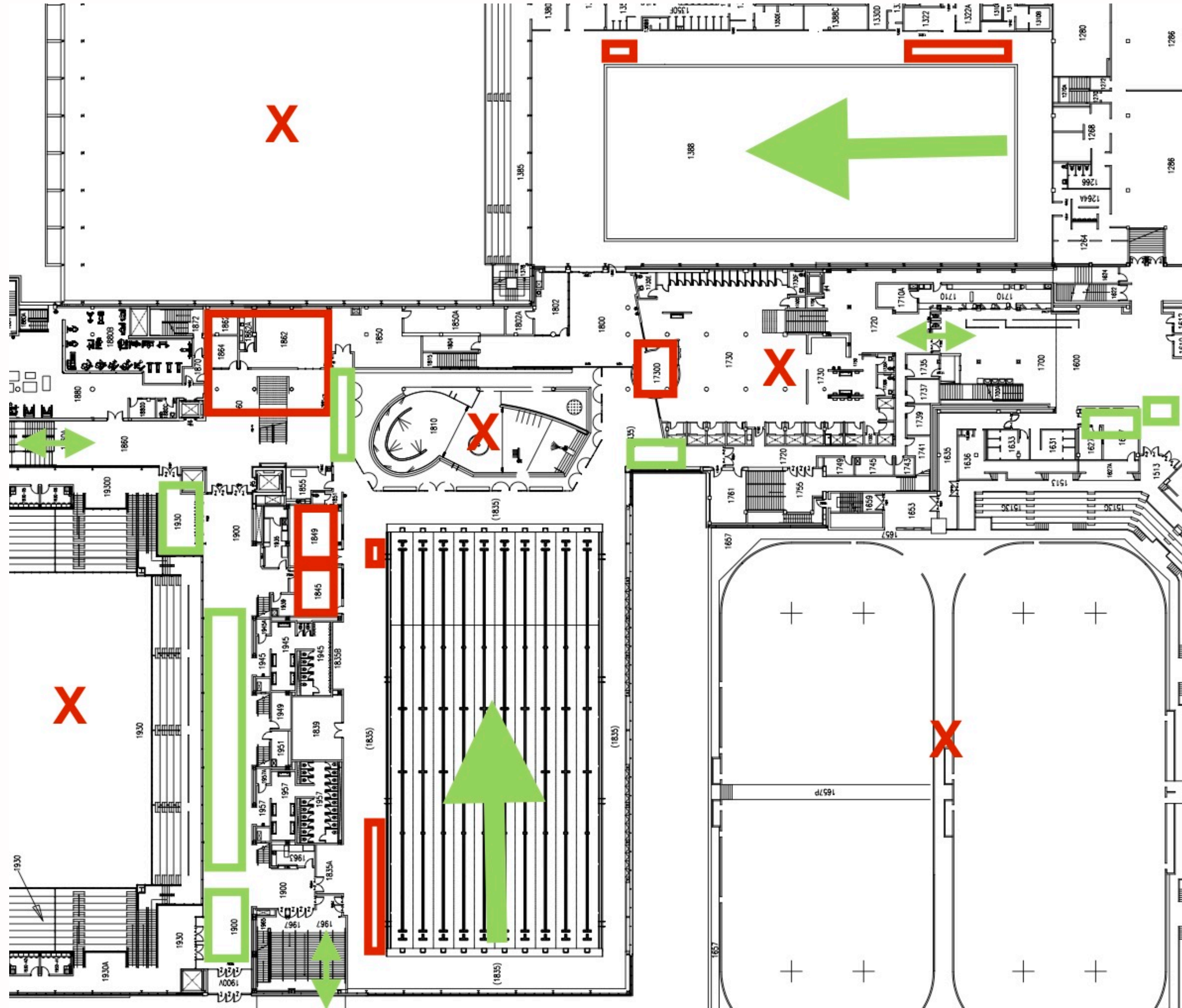


# GENERAL FACILITY INFORMATION

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- Coaches folios - heat / finals sheet pick-up
- Padlocks
- Family change rooms and ethics in change rooms
- Recycling



# PEPS FACILITY LEVEL 1 LAYOUT



# PEPS PARKING AND BUS DROP OFF



- Parking for cars - paying on weekdays – free after 4:30pm friday
- Access and parking for buses – Séminaire street and Terrasse street drop-off zones – Parking # 334 (golf practice zone in front of Peps)

# EMERGENCY EVACUATION



- Use the nearest EMERGENCY EXIT
- Meeting point is at the exterior football bleachers (right beside the main pool)
- Participants count will be done at the meeting point with the coaches

# HEAT SHEETS & RESULTS



## Prelims and Finals Sheets:

- Available daily from the Clerk of Course
- Posted on the web as soon as they are ready and prior to each session
- Foreign swimmer designation – A finals
  - Only 2 swimmers will advance

## Results:

- Posted after each event on the pool deck and hallway off 10-lane pool
- Posted after each event on the Swimming Canada website and the Splash Me app.

# MEET SCORING



- Individual events:

- 1-10: 22 20 19 18 17 16 15 14 13 12

- Relays events:

- 1-10: 22 20 19 18 17 16 15 14 13 12

- Open Water Scoring:

- 1-10: 22 20 19 18 17 16 15 14 13 12

# AWARDS



- Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place Canadians
- Commemorative medals for foreign swimmers placing top three
- Women's Team Championship banner
- Men's Team Championship banner
- Combined Team Championship banner
- Open Water Team Championship banner
- Male and Female High Point Aggregate by age group
- Awards protocol
- If a swimmer is unable to attend their award ceremony, please send a fully uniformed substitute swimmer in their place

# DOPING CONTROL



- The CCES will be conducting Doping Control during the meet
- All swimmers selected for Doping Control are required to have photo ID. Coaches are asked to instruct swimmers to bring photo ID to the competition.
- The CCES will also be conducting awareness and education activities during the competition



**Have a great meet!**





Swimming Canada would like to acknowledge the generous support of its tourism and hosting partners:



*Swimming Canada would like to acknowledge the generous support of its sponsors:*

*Natation Canada désire souligner le généreux soutien de ses commanditaires :*





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