



**2018 Canadian Swimming Trials
July 18-22, 2018**

General Information

Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

This meet is open to qualified Swimming Canada registered swimmers and FINA registered foreign swimmers (swimmers registered with foreign swimming federations). Please reference [Swimming Canada Rulebook](#) for eligibility rules (CGR1.2.1 and CGR 1.3.1).

This meet is also open to Para-swimmers. Please refer to the Para-swimming information section contained in this meet package for more information. Competition Rules or procedures contained in this Meet Information package supersede those found within the World Para Swimming Technical Rules and Regulations.

For information and updates to this document please refer to the Swimming Canada [web site](#)

National Team Selection

This competition will serve as the selection trials for the 2018 Pan Pacific Championships, the 2018 Pan Pacific Para-swimming Championships and the 2018 FINA World Championships (25m). It will also serve as the secondary selection trials for 2018 Junior Pan Pacific Championships.

Competition host

Swimming Canada and Edmonton Keyano Swim Club

Venue

Kinsmen Sports Center
9100 Walterdale Hill NW, Edmonton, AB T6E 2V3

Pool

10-lane 50 meter competition pool
6-lane 50m warm-up pool
Dive tank

Organizing Committee

National Meet Director
Cynthia Pincott cyn.pincott@gmail.com

National Meet Referee
Louise Leblanc louise.leblanc@bell.net

Para-swimming Meet Referee
Sheila Guenther guenther@sasktel.net

Meet Manager



Jill Edwards Trials2018@eksc.com

Officials Coordinator

Jennifer Flowers Trials2018officials@eksc.com

Swimming Canada Events Manager

Amanda Zevnik azevnik@swimming.ca

Swimming Canada Meet Entry Coordinator:

Robert Traynor RTraynor@swimming.ca

Registration

Club representatives and/or coaches are required to register their club at the registration desk to receive accreditation.

All coaches must register themselves in person.

The registration desk will be open:

Tuesday July 17: 7:30am – 11:30am

3:30pm – 7:30pm

Wednesday July 18: 7:30am – 10:30am

Technical Meeting

Tuesday, July 17 at 3:00pm

Entry Information

Meet Entry Deadline

Tuesday July 3: 11:59pm Pacific Time.

Entry Fees

\$135.00 per Swimmer

Entry Process

All entries must be submitted via the online entry system- <https://www.swimming.ca/MeetList.aspx>

There is no limit on the number of individual event entries allowed.

Following the meet entry deadline, all participating clubs will receive an email invoice for fees owing. This invoice must be paid prior to July 17, 2018 in order for entries to be considered final. Please note: the team that enters the swimmer is responsible for paying that swimmer's fees.

Changes and corrections

Changes and corrections may be made up to the meet entry deadline without penalty. Following the meet entry deadline, changes and corrections to entries may be made up until the start of the technical meeting at a cost of **\$100 per change or correction**. (The per change cost is per swimmer, per event, per change; not per email sent).



Late Entries

Late entries for swimmers not entered by the meet entry deadline will be accepted up until the start of technical meeting at a cost of double the meet entry fee.

Meet Standards

[2018 Swimming Canada Standards](#)

Qualification Period

Times performed Long Course since September 1, 2016 are eligible for entry. For foreign para-swimmers short course meter and short course yards times from since September 1, 2016 are eligible for entry, please do not covert times.

Bonus Swims

There are no bonus swims.

Time Trials

A maximum one-hour session will be held following the preliminary session each day. (Entry process TBC at technical meeting).

Each swimmer is permitted a maximum of one entry per day at no additional charge.

Events will follow the same schedule as the competition program.

No official split requests will be accepted during Time Trials

After entries close, any swimmer that no-shows for their Time Trials event will be fined \$50.00. Fines must be paid before the swimmer competes in any other events.

Swimming Canada reserves the right to cancel or adjust Time Trials event based on session length.

Proof of Times

Individual Events: All entries will be proven via the on-line entry system. Any non-validated times in your meet entry submission report must be proven by the meet entry deadline. The Meet Entry Coordinator may challenge any entry time before or during the competition.

It is the responsibility of the club to prove any entry times if requested. Unproven entry times will be declined.

Psych Sheets

Psych sheets will be posted on Swimming Canada's web site following the meet entry deadline.

Seeding

1500 / 800 m free

These events will be swum as timed finals with the fastest heat competing in the finals session. All other heats swim "seeded" in the preliminary session swimming fastest to slowest.

400 freestyle and 400 IM



Preliminary heats will be seeded slowest to fastest. The top 2 heats in each event will be swum circle seeded.

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must provide a letter from their National Federation confirming their registration status.

The letter must be submitted to Amanda Zevnik (azevnik@swimming.ca) prior to the meet entry deadline.

For the Olympic Program events, no foreign swimmers will be allowed to advance to the A Finals and a maximum of 2 foreign swimmers may advance to the B Finals. A maximum of 1 foreign alternate for B finals will be named where applicable and will only be moved into B Final with the scratch of a foreign swimmer. Please reference the para-swimming section for finals formats for Paralympic Program.

Para-Swimming Information

Only events that are indicated as eligible events under the Entry Information section below will advance to finals. Swimmers must achieve a minimum of two (2) Meet Qualifying Standards (MQS), with the exceptions of SB9 swimmers who are required to make only (1) Meet Qualifying Standards (MQS). Canadian para-swimmers must qualify with Long Course performances only. Foreign swimmers may enter using Short Course meters or Short Course Yards performances from the qualification period.

Entry times must be submitted in the course swum (LCM, SCM, SCY) and will be converted by meet management for seeding purposes.

All preliminary events will be seeded by time and gender (regardless of Sport Classification). Finalists will be determined utilizing point scores. A maximum of three (3) swimmers per sport class are eligible to advance to the A final. Finals will be seeded by time. There will only be an A final for all para-swimming events. A maximum of 2 foreign swimmers will be able to advance to the A final.

Sport Classification and Entry Information:

Swimmers who would like to request sport classification, please submit a request online at <https://www.swimming.ca/en/resources/para-swimming/para-swimming-classification/>.

The deadline for classification requests July 4, 2018.

Sport classification will take place on *July 16, 2018* and all swimmers are advised to arrive prior to this date.

All swimmers that are being classified must enter the following events: S stoke event 200m (sport class 1-5) or 400m (sport class 6-10) free and SB 50m (sport class 1-3) or 100m (sport class 4-10), swimmers for sport classification are not required to qualify for the required listed entry.

Eligible sport class events are:

Women

50 Free [S4, S6, S8, S10, S11, S13,]; 100 Free [S3, S5, S7, S9-S12]; 200 Free [S5, S14]; 400 Free [S6-S11, S13]; 50 Backstroke [S2-S5]; 100 Backstroke [S2, S6-S14]; 50 Breaststroke [SB3]; 100 Breaststroke [SB4-SB9, SB11- SB14]; 50 Butterfly [S5-S7]; 100 Butterfly [S8-S10, S13, S14]; 150 IM [SM4]; 200 IM [SM5-S11, S13, S14]



Men

50 Free [S3-S5, S7, S9-S11, S13]; 100 Free [S4-S6, S8, S10, S12]; 200 Free [S2-S5, S14]; 400 Free [S6-S11, S13]; 50 Backstroke [S1-S5]; 100 Backstroke [S1-S2, S6-S14]; 50 Breaststroke [SB2-SB3]; 100 Breaststroke [SB4-SB9, SB11-SB14]; 50 Butterfly [S5-S7]; 100 Butterfly [S8-S14]; 150 IM [SM3-SM4]; 200 IM [SM6—SM11, SM13 - SM14]

If an event is not offered for a specific sport class, and athlete may enter the same stroke and distance of a higher sport class, provide that the athlete has obtained the MQS or EET for that event.

Meet Qualifying Standards (MQS) and Event Entry Times (EET)

Swimmers must achieve a minimum of two (2) Meet Qualifying Standards (MQS) as listed on the 2017-2018 Para-swimming National Meet Qualifying Standards. Additional entries may be made in non-Paralympic eligible events provide the swimmer has the 2017-2018 Para-swimming National Event Entry Time (EET). Para-swimmers may access the Time Trials following the morning session as per the Time Trials information listed above.

If an event is not offered for a specific Sport Class, an athlete may enter the same stroke and distance event of a higher sport class provided that the athlete has obtained the MQS or EET time for that event.

Para-swimming Coach Education Session

Swimming Canada will host a para-swimming coach education session following the Technical Meeting, Tuesday July 17, 2018 at the Kinsmen Sport Centre. Please confirm attendance to Emma Van Steen evansteen@swimming.ca by July 4, 2018.

Para-swimming Parent Education Session

Swimming Canada will host a Para-swimming Parent Education session **Friday July 20, 2018 10:15am – 11:15am** at the Kinsmen Sport Centre. Please confirm attendance to Emma Van Steen evansteen@swimming.ca by July 4, 2018.

Pre-Event Training

Sunday July 15: 8:00am – 12:00pm
4:00pm - 8:00pm

Monday July 16: 8:00am – 12:00pm
4:00pm - 8:00pm

Tuesday July 17: 8:00am – 12:00pm
4:00pm – 8:00pm

Accreditation Information

Accreditation

Club accreditations (inclusive of coaches, team manager and support staff) will be assigned based on club size:

1 - 5 swimmers 2 accreditations
6 - 10 swimmers 3 accreditations



11 - 15 swimmers	4 accreditations
16 - 20 swimmers	5 accreditations
21 - 30 swimmers	6 accreditations
31+ swimmers	7 accreditations

*** Teams with Para-swimmers in sport classes 1-5 or 11 may apply for additional support staff as required.*

Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

Coach Accreditation

Coaches must be registered with the CSCTA and Swimming Canada as an “A1” or “B” member to receive accreditation. All coaches are responsible for checking in and collecting their own accreditation at the competition.

All coaches attending the meet must have their name and information submitted in the club’s entry file.

Foreign coaches are asked to fill out the following [accreditation request form](#). All coaches (other than those member of USA swimming) are asked to have their National Federation provide a letter to azevnik@swimming.ca confirming that they are a National Coach or officially tied to a club in that country. For more information, please see the following [document](#).

Support Staff Accreditation

Clubs requiring Support Staff (assistance for Para-swimmers sport class 1-5 or 11, massage therapist, physiologist, doctor, or team manager only) are required to apply using Support Staff Accreditation Request process available here:

[Domestic Support Staff](#)

[Foreign Support Staff](#)

Swimmer Accreditation

Swimmers will be provided an accreditation card for deck access. This card must be displayed at all times. Access to the pool will be through the locker rooms and past the main security checkpoint.

The Accreditation Card remains the property of Swimming Canada and can be withdrawn at Swimming Canada’s sole discretion. By using this Accreditation Card, individuals agree to be filmed, televised, photographed, and otherwise recorded during the Competition for purposes relating to the promotion of Swimming Canada and the development of the sport of swimming.

Accreditation Cards are NON-TRANSFERABLE.

Competition Information

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Preliminaries

Preliminary heats will be swum in 10 lanes, senior seeded.

Finals



Finals will be swum in 10 lanes for all events. There will be “A” and “B” finals except ‘Timed Final’ events.

For para-swimming 10 lanes will be utilized for finals. Para-swimming finalists will be determined utilizing point scores. A maximum of three (3) swimmers per sport class are eligible to advance to a final. Finals will be seeded by time. There will only be an A final for all para-swimming events.

Finals sequence: *TBC at Technical meeting*

Backstroke Ledges

Backstroke ledges will be available for use. The swimmers shall be responsible for setting the device.

Competition Start Times

Heats: 8:00am warm-up / 10:00am start

Finals: 4:00pm warm-up / 6:00pm start

Swim-offs

All swim-offs (whether time or points ties) are to be run by the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

Awards

Medals for first, second and third place Canadian Swimmers.

If a swimmer is unable to attend their medal ceremony, their club is asked to send a fully uniformed substitute swimmer in their place.

Canadian Female and Male Swim of the Meet (based on 2016 World Rankings)

Awards Para-swimming

Medals for first, second and third place Canadian Swimmers, based on the identified points chart.

If a swimmer is unable to attend their medal ceremony, their club is asked to send a fully uniformed substitute swimmer in their place.

Canadian Female and Male Swim of the Meet (based on the identified points charts).

Scratches

Emailed scratches will be accepted prior to the Technical Meeting by email to rtaynor@swimming.ca

Following the start of the technical meeting, email scratches WILL NOT be accepted and meet scratch cards are required.

Preliminary & Time Final events

Wednesday Preliminaries and time finals events:

30 minutes following the conclusion of the Technical Meeting

Thursday, Friday, Saturday, Sunday Preliminaries and time final events:



30 minutes following the start of Finals the previous evening.

Finals

30 minutes following the completion of the Preliminary events (excluding time final events).

Penalty

All fines must be paid in accordance to Swimming Canada rule SNC 3.4.

Doping Control

Doping Control Procedure

Swimmers are notified by a Doping Control Chaperone and are required to sign a notification form. A Doping Control Chaperone will accompany the swimmer until released by the Doping Control Officer (DCO). Upon notification of testing and if necessary, the athlete may notify the DCO if they are competing in another event in the same session. In such cases, the DCO may direct that testing be carried out later in the session, provided a Chaperone accompanies and/or observes the Athlete at all times and until such time as the Athlete reports back to the Doping Control Station for testing.

Photo identification is required for doping control. Coaches are asked to instruct athletes to bring photo identification to competitions (i.e. driver's license, school identification, passport, etc.)

Doping Control Information

Athletes are encouraged to take the following steps:

- Check the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments are banned by the WADA Prohibited List.
- Review medical exemptions requirements (<http://www.cces.ca/medical>) if you require the use of a banned medication for a legitimate medical reason.
- Do not use supplements, or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more: <http://www.cces.ca/supplements>
- Review the steps of the doping control sample collection procedures: <http://cces.ca/sample-collection-procedures>

For additional resources and general information about anti-doping, please contact the CCES:

- Email: info@cces.ca
- Call toll-free: 1-800-672-7775
- Online: <http://www.cces.ca/athletezone>

Site Information

Hospitality – Officials & Coaches

A hospitality room will be available for coaches and officials.

Parking

Parking is available at the facility

Lockers

Lockers are available at the pool in the change rooms

Travel Information



Hotel Accommodations

Hotel lists for this competition can be found at: <https://www.swimming.ca/en/resources/miscellaneous/hotels/>

Swimming Canada Rental Car Partner

National Rent a Car / Enterprise Rent a Car - for bookings visit

<https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



MEET PROGRAM 2018 Canadian Swimming Trials

DAY/JOUR 1					
W/F		M/H	W/F		M/H
1	200 FREE	2	7	800 FREE W (FH)	
301	200 FREE PS	302	301	200 FREE PS	302
3	100 BREAST	4	1	200 FREE	2
303	100 BREAST PS	304	3	100 BREAST	4
5	400 IM	6	303	100 BREAST PS	304
7	800 FREE W (SH)		5	400 IM	6
DAY/JOUR 2					
9	100 FREE	10	9	100 FREE	10
305	100 FREE PS	306	305	100 FREE PS	306
11	200 FLY	12	11	200 FLY	12
13	100 BACK	14	13	100 BACK	14
307	100 BACK PS	308	307	100 BACK PS	308
	1500 FREE M (SH)	8		1500 FREE M (FH)	8
DAY/JOUR 3					
309	50 BACK PS	310	313	150 IM PS	314
15	400 FREE	16	311	200 IM PS	312
17	100 FLY	18	15	400 FREE	16
19	200 IM	20	17	100 FLY	18
311	200 IM PS	312	19	200 IM	20
313	150 IM PS	314	309	50 BACK PS	310
DAY/JOUR 4					
21	200 BACK	22	317	100 FLY PS	318
23	50 FREE	24	21	200 BACK	22
315	50 FLY PS	316	23	50 FREE	24
317	100 FLY PS	318	315	50 FLY PS	316
25	1500 FREE W (SH)		25	1500 FREE W (FH)	
DAY/JOUR 5					
27	200 BREAST	28	319	50 FREE PS	320
	800 FREE M (SH)	26	27	200 BREAST	28
319	50 FREE PS	320		800 FREE M (FH)	26
321	400 FREE PS	322	321	400 FREE PS	322
323	50 BREAST PS	324	323	50 BREAST PS	324
FH = Fast Heat SH = Slower Heats PS = Para-swimming					