

**2019 Canadian Swimming Trials - 2019-04-03 to 2019-04-07****Session Report**

Session: 1 WED - Prelims

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	301 Women 100 Backstroke Para	24	3 u	09:30 AM	_____
Prelims	302 Men 100 Backstroke Para	15	2 u	09:39 AM	_____
Prelims	1 Women 100 Backstroke	60	6 u	09:47 AM	_____
Prelims	2 Men 100 Backstroke	48	5 u	09:58 AM	_____
	Break: 2 Minutes: Flags out				
Prelims	3 Women 200 Breaststroke	56	6 u	10:09 AM	_____
Prelims	4 Men 200 Breaststroke	45	5 u	10:28 AM	_____
Prelims	5 Women 50 Butterfly	45	5 u	10:42 AM	_____
Prelims	6 Men 50 Butterfly	40	4 u	10:47 AM	_____
	Break: 1 Minutes: Alt. E7/E8				
Finals-S	7 Women 1500 Freestyle	32	4 u	10:52 AM	_____
Finals-S	8 Men 800 Freestyle	35	4 u	12:05 PM	_____
	Swimmers Counts for Warm-ups: 391	=====	=====		
	Entry / Heat Totals:	400	44		
	Finish Time			12:41 PM	_____

Session: 2 WED - Time Trials

Day of Meet: 1 Starts at 12:45 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Women 100 Backstroke Time Trial			12:45 PM	_____
Finals	102 Men 100 Backstroke Time Trial				_____
Finals	103 Women 200 Breaststroke Time Trial				_____
Finals	104 Men 200 Breaststroke Time Trial				_____
Finals	105 Women 50 Butterfly Time Trial				_____
Finals	106 Men 50 Butterfly Time Trial				_____
Finals	107 Women 1500 Freestyle Time Trial				_____
Finals	108 Men 800 Freestyle Time Trial				_____
	Finish Time		no later than	1:45 PM	_____

**Wednesday, April 3, 2019**
**Finals Session - Day 1**
**Clear Pool: 5:45**

<b>Officials on-deck positions</b>			<b>5:50 pm</b>					
<b>O Canada &amp; Introduction: Referees &amp; Starters</b>					<b>5:53</b>			
<i>BL = Backstroke Ledges</i>		<b>Call Room</b>	<b>March-On</b>	<b>Intro</b>	<b>Start</b>	<b>Finish</b>	<b>Interview *TBD</b>	<b>FOP</b>
								<i>BL in</i>
Event 301 – 100m Backstroke PS (W)	Final		5:57	5:59	6:00	6:03		
Event 302 – 100m Backstroke PS (M)	Final		6:05	6:07	6:08	6:10		
Event 1 – 100m Backstroke (W)	B Final			6:11	6:12	6:13		
<b>****Deadline for Prelims scratches 6:30 PM****</b>								
Event 1 – 100m Backstroke (W)	A Final		6:14	6:15	6:16	6:17		
Event 2 – 100m Backstroke (M)	B Final			6:18	6:19	6:20		
<i>Awards 100m Backstroke PS (W)</i>					<b>6:21</b>	<b>6:23</b>		
<i>Awards 100m Backstroke PS (M)</i>					<b>6:24</b>	<b>6:26</b>		
Event 2 – 100m Backstroke (M)	A Final		6:26	6:27	6:28	6:29		<i>Flags and BL out</i>
Event 3 – 200m Breaststroke (W)	B Final			6:32	6:33	6:36		
<i>Awards: 100m Backstroke (W)</i>					<b>6:37</b>	<b>6:39</b>		
Event 3 – 200m Breaststroke (W)	A Final		6:39	6:40	6:41	6:43		
Event 4 – 200m Breaststroke (M)	B Final			6:44	6:45	6:48		
<i>Awards: 100m Backstroke (M)</i>					<b>6:49</b>	<b>6:51</b>		
Event 4 – 200m Breaststroke (M)	A Final		6:51	6:52	6:53	6:56		
<b>50s start from turn end - Swimmers report to 150/50 call room</b>								
Event 5 – 50m Butterfly (W)	B Final			6:58	6:58	6:59		
<i>Awards: 200m Breaststroke (W)</i>					<b>7:00</b>	<b>7:02</b>		
Event 5 – 50m Butterfly (W)	A Final		7:02	7:03	7:04	7:05		
Event 6 – 50m Butterfly (M)	B Final			7:06	7:06	7:07		
<i>Awards: 200m Breaststroke (M)</i>					<b>7:08</b>	<b>7:10</b>		
Event 6 – 50m Butterfly (M)	A Final		7:10	7:11	7:12	7:13		<i>Bells and Counters</i>
Event 7 – 1500m Freestyle (W)	Fastest Heat		7:15	7:16	7:17	7:33		
<i>Awards: 50m Butterfly (W)</i>					<b>7:34</b>	<b>7:36</b>		
<i>Awards: 50m Butterfly (M)</i>					<b>7:36</b>	<b>7:38</b>		
Event 8 – 800m Freestyle (M)	Fastest Heat		7:38	7:39	7:40	7:49		
<i>Awards: 1500m Freestyle (W)</i>					<b>7:50</b>	<b>7:52</b>		
<i>Awards: 800m Freestyle (M)</i>					<b>7:53</b>	<b>7:55</b>		<i>Flags in</i>

\*Note: Interview slots are to be confirmed and will add another 10 to 12 minutes to session end times

**2019 Canadian Swimming Trials - 2019-04-03 to 2019-04-07****Session Report**

Session: 4 THU - Prelims

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	303 Women 100 Freestyle Para	23	3 u	09:30 AM	_____
Prelims	304 Men 100 Freestyle Para	15	2 u	09:38 AM	_____
	Break: 2 Minutes: Flags out				
Prelims	9 Women 100 Freestyle	57	6 u	09:44 AM	_____
Prelims	10 Men 100 Freestyle	48	5 u	09:53 AM	_____
Prelims	11 Women 100 Breaststroke	60	6 u	09:59 AM	_____
Prelims	12 Men 100 Breaststroke	44	5 u	10:10 AM	_____
	Break: 2 Minutes: Flags in				
Prelims	13 Women 400 IM	51	6 u	10:20 AM	_____
Prelims	14 Men 400 IM	53	6 u	10:53 AM	_____
Prelims	15 Women 50 Backstroke	42	5 u	11:24 AM	_____
Prelims	16 Men 50 Backstroke	44	5 u	11:30 AM	_____
Prelims	305 Women 50 Backstroke Para	6	1 u	11:37 AM	_____
Prelims	306 Men 50 Backstroke Para	3	1 u	11:39 AM	_____
	Swimmers Counts for Warm-ups: 379	=====	=====		
	Entry / Heat Totals:	446	51		
	Finish Time			11:42 AM	_____

Session: 5 THU - Time Trials

Day of Meet: 2 Starts at 11:45 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	109 Women 100 Freestyle Time Trial			11:45 AM	_____
Finals	110 Men 100 Freestyle Time Trial				_____
Finals	111 Women 100 Breaststroke Time Trial				_____
Finals	112 Men 100 Breaststroke Time Trial				_____
Finals	113 Women 400 IM Time Trial				_____
Finals	114 Men 400 IM Time Trial				_____
Finals	115 Women 50 Backstroke Time Trial				_____
Finals	116 Men 50 Backstroke Time Trial				_____
	Finish Time		no later than	12:45 PM	_____

Thursday, April 4, 2019

Finals Session - Day 2

Clear Pool: 5:45

Officials on-deck positions			5:50 pm					
Victor Davis Memorial Award					5:52	5:57		
O Canada & Introduction: Referees & Starters					5:58			
BL = backstroke ledge		Call Room	March-On	Intro	Start	Finish	Interview *TBD	FOP
Event 303 – 100m Freestyle PS (W)	Final		6:02	6:04	6:05	6:07		
Event 304 – 100m Freestyle PS (M)	Final		6:08	6:10	6:11	6:13		Flags out
Event 9 – 100m Freestyle (W)	B Final			6:15	6:16	6:17		
****Deadline for Prelims scratches 6:35 PM****								
Event 9 – 100m Freestyle (W)	A Final		6:17	6:18	6:19	6:20		
Event 10 – 100m Freestyle (M)	B Final			6:21	6:21	6:22		
Awards 100m Freestyle PS (W)					6:23	6:25		
Awards 100m Freestyle PS (M)					6:26	6:28		
Event 10 – 100m Freestyle (M)	A Final		6:28	6:29	6:30	6:31		
Event 11 – 100m Breaststroke (W)	B Final			6:32	6:32	6:33		
Awards: 100m Freestyle (W)					6:34	6:36		
Event 11 – 100m Breaststroke (W)	A Final		6:36	6:37	6:38	6:39		
Event 12 – 100m Breaststroke (M)	B Final			6:40	6:41	6:42		
Awards: 100m Freestyle (M)					6:43	6:44		
Event 12 – 100m Breaststroke (M)	A Final		6:44	6:45	6:46	6:47		Flags in
Event 13 – 400m IM (W)	B Final			6:49	6:50	6:55		
Awards: 100m Breaststroke (W)					6:56	6:58		
Event 13 – 400m IM (W)	A Final		6:58	6:59	7:00	7:05		
Event 14 – 400m IM (M)	B Final			7:06	7:06	7:11		BL in turn end
Awards: 100m Breaststroke (M)					7:12	7:14		
Event 14 – 400m IM (M)	A Final		7:14	7:15	7:16	7:20		
50s start from turn end - Swimmers report to 150/50 call room								
Event 15 – 50m Backstroke (W)	B Final			7:22	7:22	7:23		
Awards: 400m IM (W)					7:24	7:25		
Event 15 – 50m Backstroke (W)	A Final		7:25	7:26	7:27	7:28		
Event 16 – 50m Backstroke (M)	B Final			7:29	7:29	7:30		
Awards: 400m IM (M)					7:31	7:32		
Event 16 – 50m Backstroke (M)	A Final		7:32	7:33	7:34	7:35		
Event 305 – 50m Backstroke PS (W)	Final		7:36	7:38	7:39	7:41		
Event 305 – 50m Backstroke PS (M)	Final		7:42	7:44	7:45	7:47		
Awards: 50m Backstroke (W)					7:48	7:50		
Awards: 50m Backstroke (M)					7:51	7:53		
Awards: 50m Backstroke PS (W)					7:54	7:56		
Awards: 50m Backstroke PS (M)					7:58	8:00		Flags in

\*Note: Interview slots are to be confirmed and will add another 10 to 12 minutes to session end times

**2019 Canadian Swimming Trials - 2019-04-03 to 2019-04-07****Session Report**

Session: 7 FRI - Prelims

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	307 Women 50 Butterfly Para	6	1 u	09:30 AM	_____
Prelims	308 Men 50 Butterfly Para	1	1 u	09:32 AM	_____
Prelims	309 Women 100 Butterfly Para	15	2 u	09:34 AM	_____
Prelims	310 Men 100 Butterfly Para	11	2 u	09:39 AM	_____
	Break: 2 Minutes: Flags in				
Prelims	17 Women 200 Backstroke	66	7 u	09:44 AM	_____
Prelims	18 Men 200 Backstroke	58	6 u	10:06 AM	_____
	Break: 2 Minutes: Flags out				
Prelims	19 Women 100 Butterfly	60	6 u	10:26 AM	_____
Prelims	20 Men 100 Butterfly	52	6 u	10:35 AM	_____
Prelims	21 Women 400 Freestyle	44	5 u	10:44 AM	_____
Prelims	22 Men 400 Freestyle	36	4 u	11:09 AM	_____
	Break: 2 Minutes: Flags in				
Prelims	311 Women 400 Freestyle Para	18	2 u	11:29 AM	_____
Prelims	312 Men 400 Freestyle Para	14	2 u	11:45 AM	_____
	Swimmers Counts for Warm-ups: 335	=====	=====		
	Entry / Heat Totals:	381	44		
	Finish Time			11:57 AM	_____

Session: 8 FRI - Time Trials

Day of Meet: 3 Starts at 12:00 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	117 Women 200 Backstroke Time Trial			12:00 PM	_____
Finals	118 Men 200 Backstroke Time Trial				_____
Finals	119 Women 100 Butterfly Time Trial				_____
Finals	120 Men 100 Butterfly Time Trial				_____
Finals	121 Women 400 Freestyle Time Trial				_____
Finals	122 Men 400 Freestyle Time Trial				_____
	Finish Time		no later than	1:00 PM	_____

**Friday, April 5, 2019**
**Finals Session - Day 3**
**Clear Pool: 5:45**

<b>Officials on-deck positions</b>			<b>5:48 pm</b>					
<i>Tihanyi Bursary Award</i>					<b>5:50</b>	<b>5:57</b>		
<b>O Canada &amp; Introduction: Referees &amp; Starters</b>					<b>5:58</b>			
<i>BL = Backstroke Ledge</i>	Call Room	March-On	Intro	Start	Finish	Interview *TBD	FOP	
<b>50s start from turn end - Swimmers report to 150/50 call room</b>								<i>Flags out</i>
Event 307 – 50m Butterfly PS (W)	Final		6:02	6:04	6:05	6:07		
Event 308 – 50m Butterfly PS (M)	Final		6:09	6:11	6:12	6:13		
<b>****Deadline for Prelims scratches 6:35 PM****</b>								
Event 309 – 100m Butterfly PS (W)	Final		6:15	6:17	6:18	6:20		
Event 310 – 100m Butterfly PS (M)	Final		6:22	6:24	6:25	6:27		<i>BL and Flags in</i>
<i>Awards 50m Butterfly PS (W)</i>					<b>6:28</b>	<b>6:30</b>		
<i>Awards 50m Butterfly PS (M)</i>					<b>6:31</b>	<b>6:33</b>		
Event 17 – 200 Backstroke (W)	B Final			6:33	6:33	6:35		
Event 17 – 200m Backstroke (W)	A Final		6:36	6:37	6:38	6:40		
Event 18 – 200m Backstroke (M)	B Final			6:41	6:41	6:43		
<i>Awards 100m Butterfly PS (W)</i>					<b>6:44</b>	<b>6:46</b>		
<i>Awards: 100m Butterfly PS (M)</i>					<b>6:46</b>	<b>6:48</b>		<i>BL and Flags out</i>
Event 18 – 200m Backstroke (M)	A Final		6:48	6:49	6:50	6:52		
Event 19 – 100m Butterfly (W)	B Final			6:54	6:55	6:56		
<i>Awards: 200m Backstroke (W)</i>					<b>6:57</b>	<b>6:59</b>		
Event 19 – 100m Butterfly (W)	A Final		6:59	7:00	7:01	7:02		
Event 20 – 100m Butterfly (M)	B Final			7:02	7:03	7:04		
<i>Awards: 200m Backstroke (M)</i>					<b>7:05</b>	<b>7:07</b>		
Event 20 – 100m Butterfly (M)	A Final		7:07	7:08	7:09	7:10		
Event 21 – 400m Freestyle (W)	B Final			7:10	7:11	7:15		
<i>Awards: 100m Butterfly (W)</i>					<b>7:16</b>	<b>7:18</b>		
Event 21 – 400m Freestyle (W)	A Final		7:18	7:19	7:20	7:24		
Event 22 – 400m Freestyle (M)	B Final			7:25	7:25	7:29		
<i>Awards: 100m Butterfly (M)</i>					<b>7:30</b>	<b>7:32</b>		
Event 22 – 400m Freestyle (M)	A Final		7:32	7:33	7:34	7:38		<i>Flags in</i>
Event 311 – 400m Freestyle PS (W)	Final		7:40	7:42	7:43	7:50		
Event 312 – 400m Freestyle PS (M)	Final		7:52	7:54	7:55	8:01		
<i>Awards: 400m Freestyle (W)</i>					<b>8:02</b>	<b>8:04</b>		
<i>Awards: 400m Freestyle (M)</i>					<b>8:04</b>	<b>8:06</b>		
<i>Awards: 400m Freestyle PS (W)</i>					<b>8:07</b>	<b>8:09</b>		
<i>Awards: 400m Freestyle PS (M)</i>					<b>8:09</b>	<b>8:11</b>		

\*Note: Interview slots are to be confirmed and will add another 10 to 12 minutes to session end times

**2019 Canadian Swimming Trials - 2019-04-03 to 2019-04-07****Session Report**

Session: 10 SAT - Prelims

Day of Meet: 4 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	313 Women 200 Freestyle Para	10	1 u	09:30 AM	_____
Prelims	314 Men 200 Freestyle Para	6	1 u	09:37 AM	_____
	Break: 2 Minutes: Flags out				
Prelims	23 Women 200 Freestyle	57	6 u	09:48 AM	_____
Prelims	24 Men 200 Freestyle	38	4 u	10:03 AM	_____
Prelims	25 Women 200 Butterfly	50	5 u	10:13 AM	_____
Prelims	26 Men 200 Butterfly	42	5 u	10:27 AM	_____
Prelims	27 Women 50 Breaststroke	49	5 u	10:40 AM	_____
Prelims	28 Men 50 Breaststroke	40	4 u	10:45 AM	_____
Prelims	315 Women 50 Breaststroke Para	2	1 u	10:49 AM	_____
	Break: 2 Minutes: PARA Break				
Prelims	316 Men 50 Breaststroke Para	1	1 u	10:54 AM	_____
	Break: 2 Minutes: PARA Break				
Prelims	317 Women 100 Breaststroke Para	23	3 u	10:59 AM	_____
	Break: 2 Minutes: PARA Break				
Prelims	318 Men 100 Breaststroke Para	18	2 u	11:10 AM	_____
	Swimmers Counts for Warm-ups: 308	=====	=====		
	Entry / Heat Totals:	336	38		
	Finish Time			11:14 AM	_____

Session: 11 SAT - Time Trials

Day of Meet: 4 Starts at 11:15 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	123 Women 200 Freestyle Time Trial			11:15 AM	_____
Finals	124 Men 200 Freestyle Time Trial				_____
Finals	125 Women 200 Butterfly Time Trial				_____
Finals	126 Men 200 Butterfly Time Trial				_____
Finals	127 Women 50 Breaststroke Time Trial				_____
Finals	128 Men 50 Breaststroke Time Trial				_____
	Finish Time		no later than	12:15 PM	_____

**Saturday, April 6, 2019**
**Finals Session - Day 4**
**Clear Pool: 5:45**

<b>Officials on-deck positions</b>			<b>5:50 pm</b>					
<b>O Canada &amp; Introduction: Referees &amp; Starters</b>					<b>5:52</b>			
		<b>Call Room</b>	<b>March-On</b>	<b>Intro</b>	<b>Start</b>	<b>Finish</b>	<b>Interview *TBD</b>	<b>FOP</b>
Event 313 – 200m Freestyle PS (W)	Final		5:57	5:59	6:00	6:06		
Event 314 – 200m Freestyle PS (M)	Final		6:07	6:09	6:10	6:15		<i>Flags out</i>
<b>****Deadline for Prelims scratches 6:30 PM****</b>								
Event 23 – 200m Freestyle (W)	B Final			6:17	6:18	6:20		
Event 23 – 200m Freestyle (W)	A Final		6:21	6:22	6:23	6:25		
Event 24 – 200m Freestyle (M)	B Final			6:26	6:26	6:28		
<i>Awards 200m Freestyle PS (W)</i>					<b>6:29</b>	<b>6:31</b>		
<i>Awards 200m Freestyle PS (M)</i>					<b>6:31</b>	<b>6:33</b>		
Event 24 – 200m Freestyle (M)	A Final		6:33	6:34	6:35	6:37		
Event 25 – 200m Butterfly (W)	B Final			6:38	6:39	6:41		
<i>Awards: 200m Freestyle (W)</i>					<b>6:42</b>	<b>6:44</b>		
Event 25 – 200m Butterfly (W)	A Final		6:44	6:45	6:46	6:48		
Event 26 – 200m Butterfly (M)	B Final			6:49	6:50	6:52		
<i>Awards: 200m Freestyle (M)</i>					<b>6:53</b>	<b>6:55</b>		
Event 26 – 200m Butterfly (M)	A Final		6:55	6:56	6:57	6:59		
<b>50s start from turn end - Swimmers report to 150/50 call room</b>								
Event 27 – 50m Breaststroke (W)	B Final			7:01	7:02	7:03		
<i>Awards: 200m Butterfly (W)</i>					<b>7:04</b>	<b>7:06</b>		
Event 27 – 50m Breaststroke (W)	A Final		7:06	7:07	7:08	7:09		
Event 28 – 50m Breaststroke (M)	B Final			7:10	7:10	7:11		
<i>Awards: 200m Butterfly (M)</i>					<b>7:12</b>	<b>7:14</b>		
Event 28 – 50m Breaststroke (M)	A Final		7:14	7:15	7:16	7:17		
Event 315 – 50m Breaststroke PS (W)	Final		7:18	7:20	7:21	7:23		
<i>Awards: 50m Breaststroke (W)</i>					<b>7:24</b>	<b>7:26</b>		
Event 316 – 50m Breaststroke PS (M)	Final		7:26	7:28	7:29	7:31		
Event 317 – 100m Breaststroke PS (W)	Final		7:33	7:35	7:36	7:39		
<i>Awards: 50m Breaststroke (M)</i>					<b>7:40</b>	<b>7:42</b>		
Event 318 – 100m Breaststroke PS (M)	Final		7:42	7:44	7:45	7:48		
<i>Awards: 50m Breaststroke PS (W)</i>					<b>7:49</b>	<b>7:51</b>		
<i>Awards: 50m Breaststroke PS (M)</i>					<b>7:52</b>	<b>7:54</b>		
<i>Awards: 100m Breaststroke PS (W)</i>					<b>7:55</b>	<b>7:57</b>		
<i>Awards: 100m Breaststroke PS (M)</i>					<b>7:58</b>	<b>8:00</b>		<i>Flags in</i>

\*Note: Interview slots are to be confirmed and will add another 10 to 12 minutes to session end times



**2019 Canadian Swimming Trials - 2019-04-03 to 2019-04-07****Session Report**

Session: 13 SUN - Prelims

Day of Meet: 5 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	319 Women 150 IM Para	2	1 u	09:30 AM	_____
Prelims	320 Men 150 IM Para	0	0	09:36 AM	_____
Prelims	321 Women 200 IM Para	21	3 u	09:36 AM	_____
Prelims	322 Men 200 IM Para	13	2 u	09:50 AM	_____
Prelims	29 Women 200 IM	62	7 u	09:57 AM	_____
Prelims	30 Men 200 IM	45	5 u	10:17 AM	_____
	Break: 2 Minutes: Flags out				
Prelims	31 Women 50 Freestyle	69	7 u	10:32 AM	_____
Prelims	32 Men 50 Freestyle	50	5 u	10:39 AM	_____
	Break: 2 Minutes: Flags in				
Prelims	323 Women 50 Freestyle Para	18	2 u	10:45 AM	_____
Prelims	324 Men 50 Freestyle Para	14	2 u	10:48 AM	_____
	Break: 2 Minutes: Flags out. Alt. E33/E34				
Finals-S	33 Women 800 Freestyle	30	3 u	10:53 AM	_____
Finals-S	34 Men 1500 Freestyle	33	4 u	11:22 AM	_____
	Swimmers Counts for Warm-ups: 332	=====	=====		
	Entry / Heat Totals:	357	41		
	Finish Time			12:30 PM	_____

Session: 14 SUN - Time Trials

Day of Meet: 5 Starts at 12:30 PM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	129 Women 200 IM Time Trial			12:30 PM	_____
Finals	130 Men 200 IM Time Trial				_____
Finals	131 Women 50 Freestyle Time Trial				_____
Finals	132 Men 50 Freestyle Time Trial				_____
Finals	133 Women 800 Freestyle Time Trial				_____
Finals	134 Men 1500 Freestyle Time Trial				_____
	Finish Time		no later than	1:30 PM	_____

**Sunday, April 7, 2019**
**Finals Session - Day 5**
**Clear Pool: 5:45**

<b>Officials on-deck positions</b>			<b>5:50 pm</b>					
<b>O Canada &amp; Introduction: Referees &amp; Starters</b>					<b>5:52</b>			
	<b>Call Room</b>		<b>March-On</b>	<b>Intro</b>	<b>Start</b>	<b>Finish</b>	<b>Interview *TBD</b>	<b>FOP</b>
<b>150s start from turn end - Swimmers report to 150/50 call room</b>								
Event 319 – 150m IM PS (W)	Final		5:57	5:59	6:00	6:05		
Event 321 – 200m IM PS (W)	Final		6:07	6:09	6:10	6:14		
Event 322 – 200m IM PS (M)	Final		6:16	6:18	6:19	6:22		
Event 29 – 200m IM (W)	B Final			6:23	6:24	6:26		
<i>Awards 150m IM PS (W)</i>					<b>6:27</b>	<b>6:29</b>		
Event 29 – 200m IM (W)	A Final		6:29	6:30	6:31	6:33		
Event 30 – 200m IM (M)	B Final			6:34	6:35	6:37		
<i>Awards: 200m IM PS (W)</i>					<b>6:38</b>	<b>6:40</b>		
Event 30 – 200m IM (M)	A Final		6:40	6:41	6:42	6:44		<i>Flags out Bells &amp; Counters</i>
<i>Awards: 200m IM PS (M)</i>					<b>6:47</b>	<b>6:49</b>		
Event 33 – 800m Freestyle (W)	Fastest Heat		6:49	6:50	6:51	7:00		
<i>Awards: 200m IM (W)</i>					<b>7:01</b>	<b>7:03</b>		
<i>Awards: 200m IM (M)</i>					<b>7:03</b>	<b>7:05</b>		
Event 34 – 1500m Freestyle (W)	Fastest Heat		7:05	7:06	7:07	7:23		
<i>Awards: 800m Freestyle (W)</i>					<b>7:24</b>	<b>7:26</b>		
<b>50s start from turn end - Swimmers report to 150/50 call room</b>								
Event 31 – 50m Freestyle (W)	B Final			7:27	7:28	7:29		
Event 31 – 50m Freestyle (W)	A Final		7:30	7:31	7:32	7:33		
Event 32 – 50m Freestyle (M)	B Final			7:34	7:34	7:35		
<i>Awards: 1500m Freestyle (M)</i>					<b>7:36</b>	<b>7:37</b>		
Event 32 – 50m Freestyle (M)	A Final		7:37	7:38	7:39	7:40		<i>Flags in</i>
Event 323 – 50m Freestyle PS (W)	Final		7:42	7:44	7:45	7:47		
Event 324 – 50m Freestyle PS (M)	Final		7:48	7:50	7:51	7:52		
<i>Awards: 50m Freestyle (W)</i>					<b>7:53</b>	<b>7:54</b>		
<i>Awards: 50m Freestyle (M)</i>					<b>7:55</b>	<b>7:56</b>		
<i>Awards: 50m Freestyle PS (W)</i>					<b>7:57</b>	<b>7:59</b>		
<i>Awards: 50m Freestyle PS (M)</i>					<b>8:01</b>	<b>8:03</b>		
<i>Competition Awards</i>						<b>8:10</b>		

\*Note: Interview slots are to be confirmed and will add another 10 to 12 minutes to session end times