



2019 SPEEDO WESTERN CANADIAN CHAMPIONSHIPS

TECHNICAL MEETING

3:00 pm. April 10, 2019

Kinsmen Sports Centre- Edmonton, AB

INTRODUCTION



Organizing Committee

- **Meet Manager:** Joe Glamuzina
- **Officials Coordinator:** Sophie Jobin
- **Swimming Canada Event Manager:** Suzanne Paulins
- **Swimming Canada Meet Entries & Data Management:** Rob Traynor



MEET CONDUCT

Meet Director – Norma Lachance

Meet Referee – Jim Fleury

Para-swimming Technical Advisor – Sheila

Guenther

SAFE SPORT



Throughout the week you will see postings and hear announcements about various Safe Sport initiatives and procedures including but not limited to:

- Event Photography and Videography Procedure
- Deck changing
- Creating open and observable environment
- Accreditation and deck access
- For more information please see: <http://www.swimming.ca/safe-sport>

WHAT IS IN FRONT OF US



- 71 teams
- 291 female swimmers
- 210 male swimmers
- 501 athletes
- > 2000 total entries (including relays)
- 4 days of record breaking swimming!

PRE MEET WARMUP



Tuesday

- 8:00 am to 4:00 pm.
- Pads and electronics will be set up in the competition pool. No pads or electronics in the Warm Up Pool.

Wednesday

- 8:00 am to 4:00 pm. (10 lanes competition pool, 3 lanes warm-up pool)

START TIMES



Prelims:

Warm-up:	7:30 – 8:50 am
Start Time:	9:00 am

Finals:

Warm-up:	4:30 – 5:50 pm
Start Time:	6:00 pm

WARM UP LANE BREAKDOWN



Competition pool

- Lane 0 → para swimmers
- Lane 9 → pace lane from starting end during all warm-up
- Lane 1 & 8 → sprint lane - one way swimming
 - starting at 8:00 AM / 5:00 PM
 - Lane 1 & 8 from start end
- Backstroke ledge will be available during the last 45 minutes of the warm-up in lane 1.

WARM UP/COOL DOWN LANES



The training tank and dive tank are available for warmup and cool down during competition times:

3 LC lanes in the Warm up pool will be available. Please note that there will be different lanes assigned to the athletes. Check with pool staff each day.

Lanes with blocks will be in the dive tank at the following times:

Thursday 7:30 AM – 1:30 PM

Friday 7:30 AM – 1:30 PM

Saturday 4:30 PM – 9:00PM

Sunday 7:30 AM – 1:30 PM AND 4:30 PM – 9:00 PM

TIMELINES (ESTIMATES ONLY)



DAY 1:

Prelims finish: 1:10 pm

Finals finish: 8:10 pm

DAY 2:

Prelims finish: 12:00 pm

Finals finish: 8:20 pm

DAY 3:

Prelims finish: 12:00 pm

Finals finish: 8:00 pm

DAY 4:

Prelims finish: 1:05 pm

Finals finish: 8:40 pm

Timelines are estimates only....

COMPETITION MANAGEMENT (1)



- All starts for all events are from the West end (dive tank end).
- Dive over starts for Prelims / Pool will be cleared for each event/heat in Finals.
- Distance Events: 800 & 1500
 - fastest heat swims during finals.
 - Alternating gender 800/1500 from fastest to slowest for slower heats in Prelims
 - Lap Counters available for teams to use. (Teams to provide counter.)
- Relay Events:
 - fastest heat swims during finals (except for Mixed Medley Relay on Sunday where ALL heats will be in finals)
 - Slower heats will swim time finals, slowest to fastest, running the full event during prelims. We will not alternate gender.

COMPETITION MANAGEMENT (2)



- **Swim-offs** – run by the end of the session which the tie occurred
- **Finals sequence:** $B > A > B > A$.
- Awards to be presented during swimming. Please refer to timeline provided in heat sheets.
- Individual 400m events
 - swimming slowest to fastest,
 - circle seeding the fastest 2 heats.
- Communication / updates will be via documents in your folders at clerk desk.
- Scrolling Results – TBD

MEET SCORING



- Individual events, places 1 – 20:
 - A final: 50-30-20-19-18-17-16-15-14-13
 - B final: 12-9-8-7-6-5-4-3-2-1
- Relays events, places 1 – 10:
 - A final: 100-60-40-38-36-34-32-30-28-26
- Para events will not be scored.
- Foreign swimmers are not eligible to score points.

WARM-UPS



SWIMMING CANADA WARM-UP COMPETITION PROCEDURES dated September 26, 2016 are in effect.

Violations:

- Swimmers may be removed from their first event
- Second offense in same competition: removal from competition

Permitted:

- kick boards, pull buoys, snorkels (in competition pool)

Not permitted:

- fins, paddles, stretch cords in competition pool
- No Diving in competition pool except in Sprint Lanes during Sprint / Dive Starts in designated timeframes.

HEAT SHEETS & RESULTS



Prelims and Final Sheets:

- Available daily from the Clerk of Course.
- Posted on the web as soon as they are ready and prior to each session.
- Foreign swimmer designation – A finals & B finals (max 2 only).
- Foreign swimmer alternate – max 1 alternate for finals to replace foreign swimmer no show only.

Results:

- Posted after each event on the pool deck and upstairs.
- Posted after each event on the Swimming Canada website.

SCRATCH PROCEDURE



- **Deadlines**
 - **Thursday Prelims & Time Final events:** 30 minutes after Tech meeting
 - **Fri–Sun Prelims & Time Final events:** 30 minutes following the start of finals the previous evening
 - **Finals:** 30 minutes following Prelims events (excluding time final events)
- **Penalties for no show (heats and finals) = \$50 (as per SNC 3.4)**
- **Email scratches NOT accepted following start of Tech Meeting.**

FINALS - READY ROOM PROCEDURES



- Positive check in at the clerk of course during warm-ups for finals.
- 3 rows of heats available in Ready Room.
- Swimmers (all “A” & “B” finalists) report to ready room 15 minutes before scheduled start of their race.
- “B” finalists will not be marched on, should be ready behind the blocks when the “A” Finalists are in the water, and they will be introduced once their race is started - during their race.
- “A” finalists will be marched on once the first “B” finalist finishes the “B” final race. Music will play and there will be no introductions while marching on. “A” finalists will be introduced during the “A” final race.

BACKSTROKE DEVICES



- The IT or Field of Play will install the device and ensure the device is set at 0, initially.
- The IT will check the strapping is free of any twists or knots and that the ledge is sitting flat against the wall.
- Once the athletes arrive behind the block the athlete may change the setting and ensure it is secured into position or may remove it from the water if they do not wish to use the device. The IT may be asked for assistance.
- A general warning may be given for toes not on touchpad

RELAY PROCEDURE / SUBMISSION



Clerk will have Relay Forms/Cards for Coaches at start of the session each day. Coaches will return **completed** Relay Forms/Cards even if there are no changes from initial entries by the scratch deadline so that they may be seeded.

- **Prelims - Relay name changes to Clerk - 30 minutes prior to start of prelims.**
- **Finals - Relay name changes to Clerk - 30 minutes prior to start of finals.**

FOREIGN ATHLETES



Olympic program events

- A maximum of two (2) foreign swimmers and or relays will be permitted to advance to an “A” Final OR seeded top 10 in a timed final event. A maximum of two (2) foreign swimmers will be permitted to advance to a “B” Final. Foreign swimmers will swim Exhibition during finals.

Paralympic program events

- No limit on the number of foreign swimmers that can advance to the A Final as long as they have an International Sport Class. **(TBC)**

PARA-SWIMMING



Finalist will be determined using the British Points System.

British 2015 Para Points Scoring (implemented in Hy-Tek MM).

- **up to 10 swimmers will be permitted to swim**
- **3 Para Swimmers per Class limit**
- **Others will be added to fill lanes to 10 – and will swim as exhibition.**
- **Seeding in Finals is by time for Para events**
- **Any approved Para tapping devices, backstroke start aids etc. need to be approved prior to the session by the Technical Advisor. See the TA prior to each session. Any taping for para – explicitly, to be reviewed by TA.**

DQ'S AND PROTESTS



Disqualifications:

- Disqualifications will be announced and include event number, heat number and lane number.

Procedure for protests:

- Discuss DQ with the session Referee
- If not resolved, a written protest may be presented to the Referee. A written protest must be presented within 30 minutes after the conclusion of the event (protest forms will be available at the Clerk of Course).
- If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.

JURY OF APPEAL



Coach Appointment

Your coach selections for this meet are:

- Rod Barratt, BC
- Peter Schori, Alberta
- Steven Hitchings, Saskatchewan

OPERATIONS & ADMINISTRATIVE CONDUCT



Joe Glamuzina - Meet Manager

Laura Maloney - Clerk of Course

Norma Lachance - Meet Director

SMS SERVICE FOR COACHES



To subscribe text:

**SWIMWES
NATWES**

**Western Speedo English Coaches and Managers
Speedo de l'ouest Entraîneurs et Managers Français**

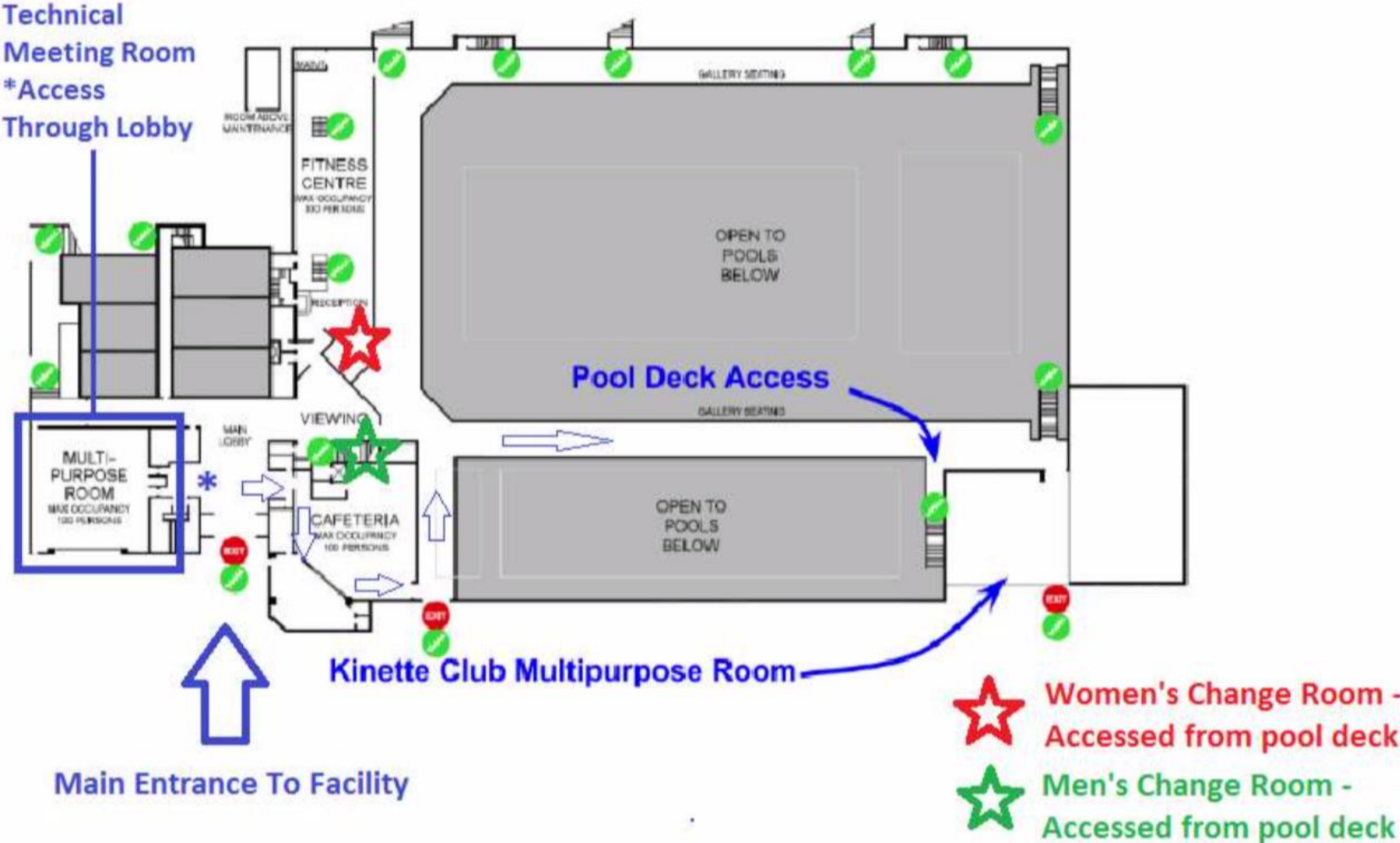
Number to text is 767638

GENERAL FACILITY INFORMATION

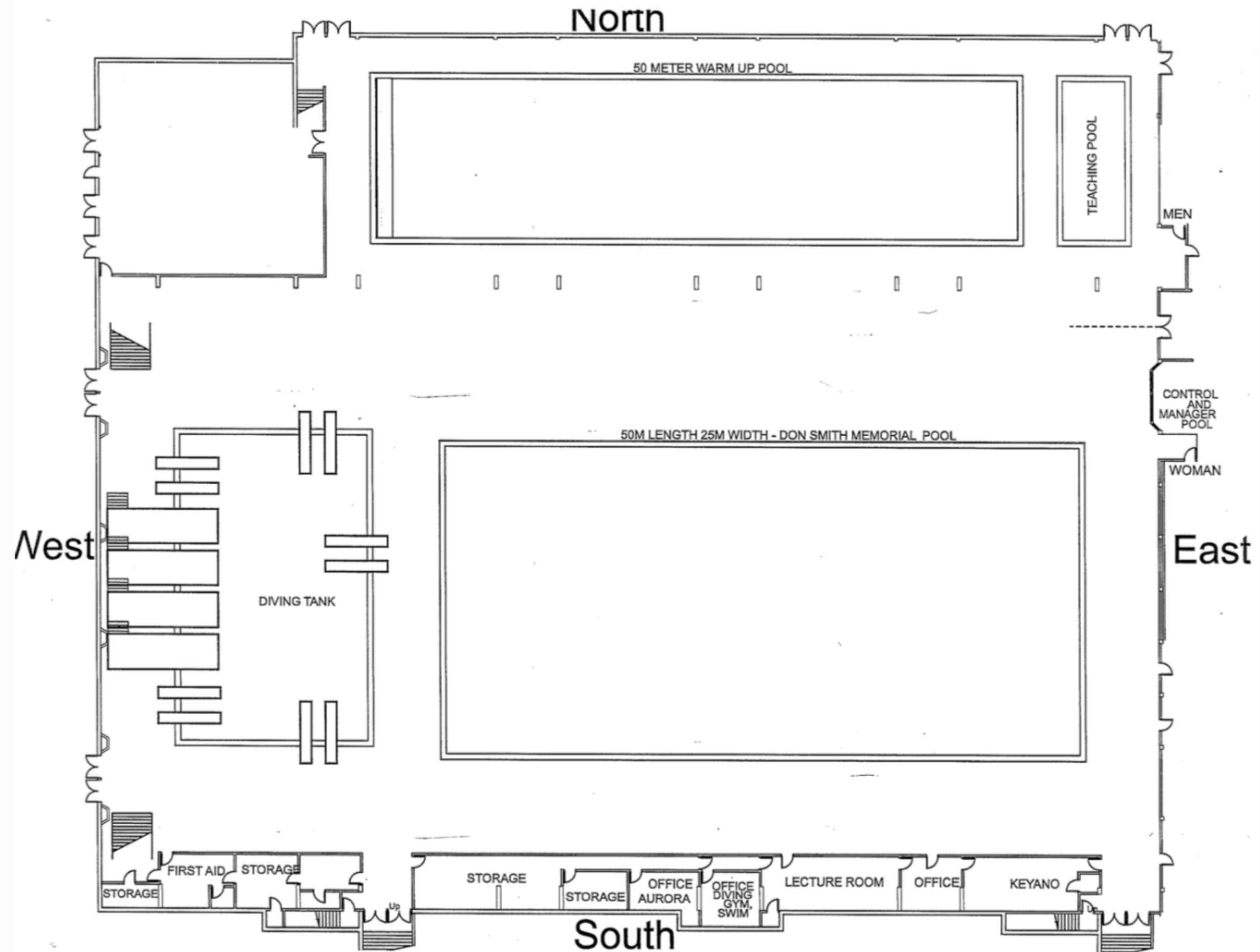


- Facility Entrances
- Hospitality
- WiFi access available at pool
 - **WIFI NETWORK: Open City Wi-Fi**
 - **PASSWORD: No password required**
- Coaches folios: heat / finals sheet pick-up.
- Deck traffic flow – podium location fixed.

FACILITY LAYOUT(1)



FACILITY LAYOUT (2)



ACCREDITATION INFORMATION



- Accreditation will be required to gain access to the pool deck
- Access to the pool will be through the changerooms on pool level or via the staircase at the northwest corner of the building.
- ALL athletes, coaching staff and support staff must have accreditation, individuals without accreditation will not be permitted pool access.
- Lost accreditation will be replaced at a cost of \$60.00 per accreditation at the clerk of course.

SEATING



- Swimmers, Coaches seating is available on-deck in bleachers on the sides of pool deck.
- Other seating available on the mezzanine level.

CHANGE ROOMS



- Lockers are available in the change rooms. Please bring your own lock.
- Swimmers should not leave their belongings in the lockers between sessions.
- Please ensure that all lockers are well locked. The venue, organizing committee and Swimming Canada are not responsible for lost or stolen items.

AWARDS



- Medals for 1st, 2nd, and 3rd place
- Team Championship Banner
- Male and Female High Point Aggregate by age group – Olympic Program
- Male and Female High Point Aggregate – Paralympic Program
- Commemorative Medal for Foreign Swimmers placing in top 3.

Note: If a swimmer is unable to attend their award ceremony, please send a fully uniformed substitute swimmer in their place.

PARKING



- Free Parking available in designated areas around the facility.





QUESTIONS AND CONCERNS

- Questions and concerns related to the facility or technical delivery of the competition -- National Meet Director: **Norma Lachance**
- Questions related to a disqualification: **Session Referee**
- Questions not related to the competition: questions@swimming.ca



Have a great meet!



SWIMMING.CA | NATATION.CA