



2019 Canadian Junior Championships

TECHNICAL MEETING

July 23, 2019

Repsol Sports Centre - Calgary

INTRODUCTION

Organizing Committee



Meet Managers:

Andrew Moore & Jamie Kwan

Swimming Canada National Meet Director:

Nicole Parent

Swimming Canada National Meet Referee:

Daryle Martin

Swimming Canada Events Manager:

Amanda Zevnik

Swimming Canada Entries & Data Management:

Trevor Cowan

SAFE SPORT



Throughout the week you will see postings and hear announcements about various Safe Sport initiatives and procedures including but not limited to:

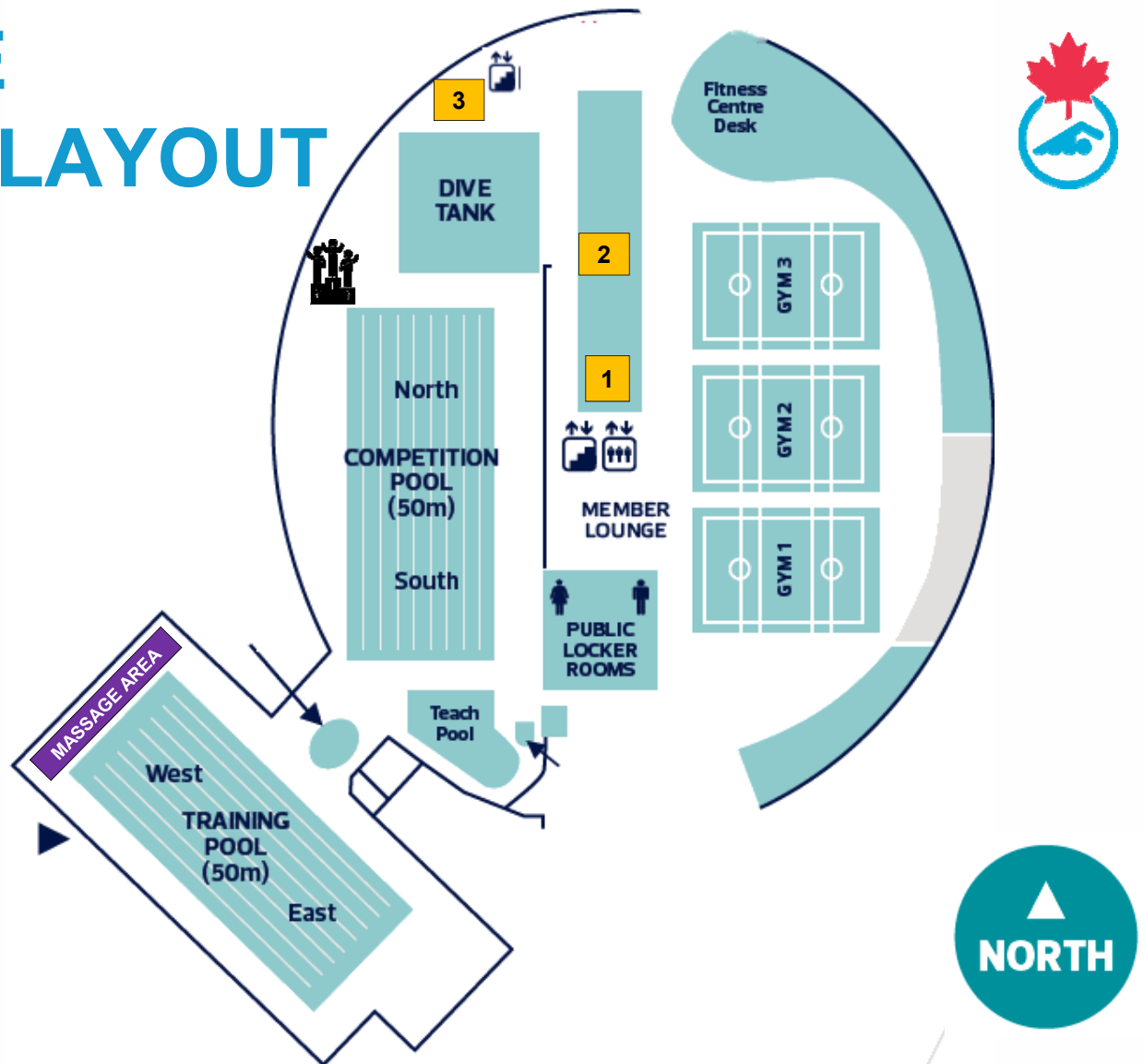
- Event Photography and Videography Procedure
- Deck changing
- Creating open and observable environment
- Accreditation and deck access

For more information please see: <http://www.swimming.ca/safe-sport>

REPSOL CENTRE ACTIVITY LEVEL LAYOUT



- 1** Lower Level – Studio 1
Officials Briefings
- 2** Deck Level – Learning Room
Meet Office & Official Sign-in
- 3** Access to Hospitality &
Technical Meeting (Parkview)

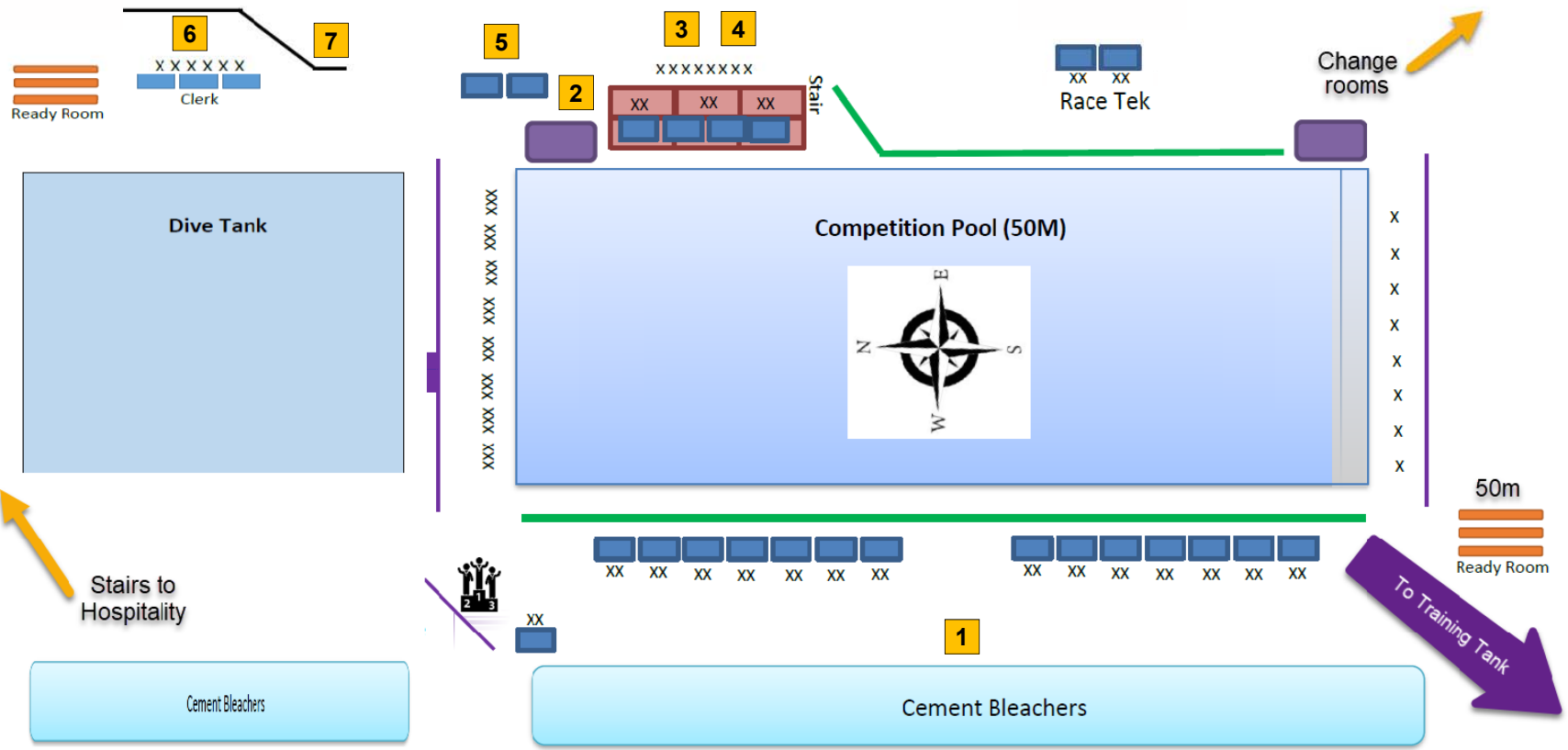


COMPETITION LAYOUT



Spectator Gallery - Upper Level

- 1 Athlete Seating**
- 2 Referee & Starter**
- 3 Commission**
- 4 Announcer**
- 5 Rec Tec TV**
- 6 Clerk of Course**
- 7 Results - R/S**
- 8 Timing Booth (upper level)**



WARM-UP BREAKDOWN



Prelims (8 lanes): Warm-up: 7:30 – 8:45 am

Finals (8 lanes) : Warm-up: 4:00 – 5:15 pm

- Pace lanes: 1 & 8 (8:05 / 4:35)
- Sprint lanes: 2 & 7 (8:05 / 4:35)
 - Start / dive tower end except Sunday Lane 7 from turn end)
 - Backstroke Ledge available: **lane 2** (during Sprint / Pace lanes open)

Permitted:

- kick boards, pull buoys, snorkels (in comp pool)

Not permitted:

- fins, paddles, stretch cords in comp pool
- No Diving in comp pool except in Sprint Lanes during Sprint / Dive Starts in designated timeframes

TRAINING POOL & DIVE TANK



Available throughout warmups and competition

- Lane 8 (Training Pool) – reserved as Pace Lane throughout
- Lane 1 (Training Pool) - backstroke ledge available
- Massage Table area available in Training Pool
- Limited use of Dive Tank on Wednesday prelims & finals (please respect signage)
- Snorkels and stretch cords allowed in Training Pool
- No stretch cords in Dive Tank

RELAY PROCEDURE / SUBMISSION



- Relay forms for both prelims and finals (different colour for finals) are available at Clerk of Course after Technical meeting and throughout the competition.
- Relay names & order are to be completed on relay forms and submitted **30 minutes before the start of the session** (prelims and finals) in which the relay is to be swum.
- *Coaches will return Relay forms completed, even if no change from initial entries*
- Single gender relays: swimmers can be different from qualifying relay names
- Mixed relays: two female and two male swimmers
- Finals relays: can be different swimmers / order from prelims
- Attention: Scratch rules for prelims and finals apply to relays
- Relay names for Alternate teams (9th & 10th) must be submitted for finals

SCRATCH PROCEDURE



- Deadlines:
 - Wednesday Prelims and time final events: 30 minutes post Technical Meeting
 - Thursday–Sunday Prelims and time final events: 30 minutes following the start of Finals the previous evening
 - Finals:30 minutes following the last prelims event (including relays and excluding time trials and time final events)
- Penalties for no show (heats, finals and time trials) = \$50
- Email scratches NOT accepted

READY ROOM PROCEDURES



FOR FINALS

- Swimmers (all A & B finalists) report to ready room **15** minutes before scheduled start of their race
- A finalists will be marched on and introduced before the start of the race
- B finalists will be introduced during the race.
- Alternates are to report to the Clerk of Course **15** min prior to scheduled start of race.

FOR PRELIMS

- Swimmers report behind the blocks

COMPETITION MANAGEMENT INFORMATION



50 Free will start from turn end – South End – on Sunday

Backstroke Ledges

- The IT will install the device
- The IT will check the strapping is free of any twists or knots and also that the wedge/ledge is sitting flat against the wall.
- Once the athlete arrives behind the block the athlete may change the setting and ensure it is secured into position or may remove it from the water if they do not wish to use the device. The IT may be asked for assistance.
- A general warning will be given once for toes not on touchpad

SMS SERVICE FOR COACHES & WIFI



- To subscribe text **SWIMCJC** to **767638**

- **WIFI**

Member_internet

Pwd:freetrial

HEAT SHEETS & RESULTS & TIMELINES



Preliminaries and Finals Heat Sheets:

- Available daily from the Clerk of Course
- Posted on event website and Meet Mobile prior to each session.

Results:

- Posted after each event on the pool deck
- Up to date scratches and A & B qualifiers will be available at Clerk of Course
- Posted after each event on the Swimming Canada website (Live Results).

Timelines:

- Estimate timelines posted on the meet information page and provided with heat sheets

HEAT SHEETS & RESULTS LINKS



Event website

<https://www.swimming.ca/en/events-results/events/2019-canadian-junior-championships/>

Meet Mobile App search for “2019 Canadian Junior Championships”

Live Results -

LIVE RESULTS

DQ'S AND PROTESTS



Disqualifications:

- Disqualifications will be announced and including event number, heat number and lane number.

Procedure for protests:

1. Discuss DQ with the session Referee
2. If not resolved, a written protest may be presented to the Referee. A written protest must be presented within 30 minutes after the conclusion of the **event** (protest forms will be available at the Clerk of Course)
3. If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.

JURY OF APPEAL



Chaired by: National Meet Director

- 1 appointed coach among the following coaches (least biased to the swimmer involved in the appeal and no vested interest)
 - Brad Dalke (BC)
 - Kendra Papple (ON)
 - Marc Tremblay (AB)
- 2 or 4 officials

AWARDS



- Medalist to report to Awards area immediately following their race
- Finals sequence: **B -> A -> B -> awards**
-> A -> B -> awards...

TIME TRIALS



- Entries are first-come, first serve
- Entries will be accepted at the Time Trial Clerk of Course each morning from 8:00 am until 9:30 am for events offered during that day (see schedule)
- Each swimmer is permitted a maximum of one entry per day
- **Duration of 1 Hour Maximum**
- No official split requests
- Time Trials event heat sheets: available at Clerk of Course after entry deadline, an announcement will be made.
- After entries close at 9:30 am, any swimmer that is a no-show for their time trial event will be fined \$50.00

TIME TRIALS



Wednesday	Thursday	Friday	Saturday	Sunday
100 Fly	100 Free	No time trials	200 Free	50 Free
200 Back	400 IM		200 Breast	200 IM
100 Breast	100 back			400 Free
	200 Fly			

OPEN WATER



- Monday, July 29, 2019
- Lake Chaparral
- Schedule
 - **Registration: 6:00 AM**
 - **Warm up: 7:00 AM**
 - **First Race Start: 8:00 AM**

Directions to Lake Chaparral:

Repsol Sport Centre

2225 Macleod Trail SE, Calgary, AB T2G 5B6

- Take 1 St SE S to Macleod Trail SE (2 min - < 1km)
- Continue to De Winton (22 min – 18km)
- Follow 194 Ave SE and Chaparral Dr SE to Chapala Point SE in Calgary (4 min - <2 km)

Lake Chaparral

30 min – 20 km

- Meet Referee: Carole Thomas
- Course: 750m loop – distance 1.5 km and 3 km
- Waiver forms (available online & at Clerk of Course)
- Second OW Technical meeting: Sunday, July 28 – 3:30 PM – Riverview Room

QUESTIONS AND CONCERNS



- Questions and concerns related to the facility or technical delivery of the competition -- National Meet Director:
Nicole Parent
- Questions related to a disqualification: Session Referee
- Questions not related to the competition: email
questions@swimming.ca



Have a great meet!



SWIMMING.CA | NATATION.CA