

Swimming Canada World Class On Track Times

(Age as of December 31st)

50 Free			100 Free			200 Free			400 Free			800 Free			1500 Free								
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3						
13			13			13			13			13	9:07.18	9:12.09	9:15.65	13	17:59.24	18:12.00	18:21.21				
14			14			14	2:04.86	2:05.99	2:06.87	14	4:21.51	4:23.51	4:25.00	14	8:56.28	9:01.09	9:04.58	14	17:30.49	17:42.91	17:51.88		
15			15	57.18	57.61	57.95	15	2:02.61	2:03.72	2:04.58	15	4:17.31	4:19.28	4:20.75	15	8:47.15	8:51.87	8:55.30	15	17:06.55	17:18.69	17:27.45	
16			16	56.34	56.76	57.09	16	2:00.69	2:01.78	2:02.63	16	4:13.75	4:15.69	4:17.14	16	8:39.71	8:44.37	8:47.75	16	16:47.14	16:59.06	17:07.65	
17	25.69	25.85	25.99	17	55.62	56.03	56.36	17	1:59.07	2:00.15	2:00.99	17	4:10.76	4:12.69	4:14.11	17	8:33.73	8:38.34	8:41.68	17	16:32.04	16:43.77	16:52.24
18	25.43	25.59	25.73	18	55.01	55.42	55.74	18	1:57.74	1:58.81	1:59.63	18	4:08.34	4:10.24	4:11.66	18		8:33.73	8:37.04	18		16:32.04	16:40.40
19	25.20	25.36	25.49	19	54.50	54.91	55.23	19		1:57.74	1:58.56	19		4:08.34	4:09.74	19			8:33.73	19			16:32.04
20	25.00	25.15	25.28	20		54.50	54.82	20			1:57.74	20			4:08.34	20				20			
21	24.82	24.97	25.10	21			54.50	21				21				21				21			
22		24.82	24.95	22				22				22				22				22			
23			24.82	23				23				23				23				23			

100 Back			200 Back				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
13			13	2:20.75	2:22.38	2:23.65	
14	1:04.46	1:05.08	1:05.59	14	2:17.55	2:19.15	2:20.39
15	1:03.36	1:03.97	1:04.47	15	2:14.83	2:16.40	2:17.61
16	1:02.41	1:03.01	1:03.50	16	2:12.56	2:14.09	2:15.29
17	1:01.59	1:02.18	1:02.66	17	2:10.68	2:12.19	2:13.37
18	1:00.89	1:01.48	1:01.95	18		2:10.68	2:11.85
19		1:00.89	1:01.36	19			2:10.68
20			1:00.89	20			
21				21			
22				22			
23				23			

100 Fly			200 Fly				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
13			13				
14			14	2:17.72	2:18.97	2:19.88	
15	1:01.32	1:01.81	1:02.19	15	2:14.96	2:16.18	2:17.06
16	1:00.31	1:00.80	1:01.18	16	2:12.64	2:13.84	2:14.71
17	59.46	59.94	1:00.31	17	2:10.73	2:11.91	2:12.77
18	58.74	59.22	59.58	18	2:09.21	2:10.38	2:11.23
19	58.15	58.62	58.98	19		2:09.21	2:10.05
20		58.15	58.51	20			2:09.21
21			58.15	21			
22				22			
23				23			

FEMALE



100 Breast			200 Breast				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
13			13				
14	1:11.35	1:12.10	1:12.73	14	2:35.28	2:36.80	2:38.05
15	1:10.10	1:10.84	1:11.45	15	2:32.62	2:34.12	2:35.34
16	1:09.00	1:09.72	1:10.33	16	2:30.29	2:31.77	2:32.98
17	1:08.04	1:08.76	1:09.36	17	2:28.29	2:29.74	2:30.93
18	1:07.22	1:07.92	1:08.52	18	2:26.58	2:28.02	2:29.20
19		1:07.22	1:07.81	19		2:26.58	2:27.75
20			1:07.22	20			2:26.58
21				21			
22				22			
23				23			

200 IM			400 IM				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
13			13	4:58.15	5:01.40	5:04.01	
14	2:20.78	2:21.99	2:22.91	14	4:52.16	4:55.34	4:57.89
15	2:18.31	2:19.50	2:20.41	15	4:46.98	4:50.11	4:52.62
16	2:16.21	2:17.39	2:18.28	16	4:42.59	4:45.67	4:48.14
17	2:14.45	2:15.61	2:16.49	17	4:38.91	4:41.95	4:44.39
18	2:13.01	2:14.16	2:15.03	18		4:38.91	4:41.32
19		2:13.01	2:13.87	19			4:38.91
20			2:13.01	20			
21				21			
22				22			
23				23			

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Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3						
15			15			15	1:53.74	1:54.82	1:55.69	15	4:02.71	4:05.02	4:06.73	15	8:20.80	8:23.71	8:25.82	15	16:08.22	16:18.01	16:25.16		
16			16	51.72	52.24	52.66	16	1:51.68	1:52.75	1:53.60	16	3:57.78	4:00.04	4:01.72	16	8:11.33	8:14.19	8:16.25	16	15:46.64	15:56.22	16:03.20	
17			17	50.74	51.25	51.66	17	1:49.90	1:50.95	1:51.79	17	3:53.62	3:55.85	3:57.49	17	8:03.97	8:06.78	8:08.81	17	15:28.56	15:37.95	15:44.80	
18	23.18	23.35	23.48	18	49.89	50.39	50.80	18	1:48.40	1:49.43	1:50.26	18	3:50.20	3:52.40	3:54.02	18	7:58.31	8:01.09	8:03.10	18	15:13.79	15:23.03	15:29.77
19	22.84	23.00	23.13	19	49.17	49.67	50.07	19	1:47.15	1:48.17	1:48.99	19	3:47.43	3:49.60	3:51.20	19	7:54.31	7:57.07	7:59.06	19	15:01.97	15:11.09	15:17.75
20	22.55	22.71	22.84	20	48.58	49.07	49.46	20		1:47.15	1:47.96	20		3:47.43	3:49.02	20		7:54.31	7:56.29	20		15:01.97	15:08.56
21	22.30	22.46	22.59	21		48.58	48.97	21			1:47.15	21			3:47.43	21			7:54.31	21			15:01.97
22	22.10	22.26	22.38	22			48.58	22				22				22				22			
23		22.10	22.22	23				23				23				23				23			
24			22.10	24				24				24				24				24			
25				25				25				25				25				25			

100 Back			200 Back				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	2:05.27	2:06.50	2:07.45	
16	57.59	58.16	58.59	16	2:02.84	2:04.04	2:04.98
17	56.44	57.00	57.41	17	2:00.76	2:01.94	2:02.86
18	55.46	56.01	56.42	18	1:59.01	2:00.18	2:01.09
19	54.65	55.19	55.59	19	1:57.58	1:58.73	1:59.63
20	53.99	54.52	54.92	20		1:57.58	1:58.46
21		53.99	54.39	21			1:57.58
22			53.99	22			
23				23			
24				24			

100 Fly			200 Fly				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15				
16	56.19	56.83	57.33	16	2:05.10	2:06.02	2:06.55
17	54.87	55.50	55.98	17	2:02.17	2:03.07	2:03.59
18	53.75	54.37	54.84	18	1:59.84	2:00.72	2:01.23
19	52.83	53.44	53.91	19	1:58.04	1:58.91	1:59.41
20	52.08	52.68	53.14	20	1:56.72	1:57.58	1:58.07
21		52.08	52.54	21		1:56.72	1:57.21
22			52.08	22			1:56.72
23				23			
24				24			

MALE



100 Breast			200 Breast				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	2:23.80	2:25.83	2:27.39	
16			16	2:19.78	2:21.75	2:23.28	
17	1:04.38	1:04.96	1:05.37	17	2:16.39	2:18.31	2:19.80
18	1:03.02	1:03.59	1:03.99	18	2:13.57	2:15.45	2:16.91
19	1:01.90	1:02.46	1:02.85	19	2:11.26	2:13.11	2:14.54
20	1:00.98	1:01.53	1:01.92	20		2:11.26	2:12.67
21	1:00.26	1:00.80	1:01.19	21			2:11.26
22		1:00.26	1:00.64	22			
23			1:00.26	23			
24				24			

200 IM			400 IM				
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3		
15			15	4:38.64	4:41.37	4:43.29	
16	2:06.77	2:07.76	2:08.46	16	4:31.64	4:34.30	4:36.17
17	2:04.47	2:05.44	2:06.13	17	4:25.91	4:28.51	4:30.34
18	2:02.56	2:03.52	2:04.20	18	4:21.36	4:23.93	4:25.72
19	2:01.00	2:01.94	2:02.61	19	4:17.88	4:20.41	4:22.18
20	1:59.77	2:00.70	2:01.36	20		4:17.88	4:19.63
21		1:59.77	2:00.43	21			4:17.88
22			1:59.77	22			
23				23			
24				24			