



Canadian Facility Rules & Guidelines FAQ April 2018 – version 1

1. If our pool is less than 1.20 metres deep, can we still host competitions?
Yes, you can continue to host competitions, however in-water starts will be required.
2. If the starting blocks are higher than 0.75 metres from the water surface can they still be used for training and competition?
No, when starting blocks are in use, the height on the starting platform must be less than 0.75 metres from the water surface.
3. Our pool is 1.30 metres deep at 5 metres, can the swimmers do dive starts?
Swimmers are permitted to do dive starts from the permanent deck or bulkhead, when the height is less than 0.35 metres from the water surface and the water depth is between 1.20m and 1.35m from 1m to 5m deep measured from the end wall.
4. Our pool is 1.40 meters deep at 6 metres, can the swimmers do dive starts?
Yes, dive starts from a starting platform (blocks) where the height is a maximum of .75m from the water surface are permitted, however the depth of the water must be a minimum of 1.35 metres deep from 1m to 6m deep measured from the end wall.
5. Do I need to complete a new facility survey? If so, how do I get a survey completed?
Each provincial section (PSO) may have different requirements on the completion of a survey. Please contact your PSO in order to determine the requirements. As a best practice, whenever there is a substantive change to your pool, for example construction, tiling, new starting blocks, etc, a new survey should be completed.
6. When do the Canadian Facility Rules and Guidelines go into effect?
The Canadian Facility Rules and Guidelines are effective as of September 1, 2018. Until that time existing facility rules are in effect (2013 Swimming Canada Rules). Clubs and programs may decide to implement the new Canadian Facility Rules and Guidelines in advance of the effective date.

If you have additional questions about the Facility Rules please send an email to questions@swimming.ca. Thank you