

Critères féminins de Natation Canada 2019 - Essais/CCN/CJC/Est&Ouest												
Épreuves	Essais		CCN	CCJ				Relais CCJ	Est/Ouest			
	Sénior	Née 2002-2005		Sénior	16-17	15	14		13	13-17	16 & +	15
GA												
50 L	26.87	27.29	27.15	27.29	27.81	27.99	28.55		27.84	28.37	28.55	29.12
100 L	57.45	58.94	58.31	58.94	1:00.17	1:00.69	1:02.27		1:00.12	1:01.37	1:01.90	1:03.52
200 L	2:04.66	2:07.57	2:06.14	2:07.57	2:10.38	2:11.95	2:15.42		2:10.12	2:12.99	2:14.59	2:18.13
400 L	4:25.15	4:31.63	4:28.98	4:31.63	4:37.36	4:40.43	4:46.78		4:37.06	4:42.91	4:46.04	4:52.52
800 L	9:11.99	9:21.43	9:18.86	9:21.43	9:32.62	9:41.73	9:50.56		9:32.66	9:44.07	9:53.36	10:02.37
1500 L	18:01.82	18:11.55	18:07.87	18:11.55	18:35.01	18:43.99	19:10.94		18:33.38	18:57.31	19:06.47	19:33.96
50 D	30.53	31.04	30.86						32.40	32.40	32.40	32.40
100 D	1:04.51	1:05.97	1:05.55	1:05.97	1:07.79	1:08.65	1:10.65		1:07.29	1:09.15	1:10.02	1:12.06
200 D	2:19.60	2:22.97	2:22.03	2:22.97	2:26.64	2:28.46	2:32.37		2:25.83	2:29.57	2:31.43	2:35.42
50 B	33.82	34.56	34.26						35.97	35.97	35.97	35.97
100 B	1:13.10	1:15.78	1:14.46	1:15.78	1:17.56	1:18.11	1:20.36		1:17.30	1:19.11	1:19.67	1:21.97
200 B	2:38.35	2:42.80	2:42.05	2:42.80	2:47.77	2:48.73	2:53.62		2:46.06	2:51.13	2:52.10	2:57.09
50 P	28.31	29.09	28.78						30.22	30.22	30.22	30.22
100 P	1:02.63	1:04.35	1:03.81	1:04.35	1:05.89	1:06.75	1:08.73		1:05.64	1:07.21	1:08.09	1:10.10
200 P	2:21.51	2:24.40	2:22.01	2:24.40	2:29.46	2:30.70	2:36.66		2:27.29	2:32.45	2:33.71	2:39.79
200 QNI	2:22.40	2:24.90	2:24.40	2:24.90	2:28.23	2:29.84	2:33.71		2:27.80	2:31.19	2:32.84	2:36.78
400 QNI	5:03.68	5:08.43	5:06.78	5:08.43	5:15.05	5:19.28	5:27.24		5:14.60	5:21.35	5:25.67	5:33.78
400 RL								4:05.00				
400 RQN								4:35.00				
800 RL								9:00.00				

Critères masculins de Natation Canada 2019 - Essais/CCN/CJC/Est&Ouest												
Épreuves	Essais		CCN	CCJ				Relais CCJ	Est/Ouest			
	Sénior	Née 2001-2004		Sénior	17-18	16	15		14	14-18	17 & +	16
GA												
50 L	23.95	24.56	24.12	24.56	25.20	25.55	26.20		25.05	25.70	26.06	26.72
100 L	51.79	53.25	52.60	53.25	54.79	55.52	57.12		54.32	55.89	56.63	58.26
200 L	1:53.63	1:56.47	1:54.97	1:56.47	2:00.02	2:01.70	2:05.43		1:58.80	2:02.42	2:04.13	2:07.94
400 L	4:03.10	4:10.18	4:06.18	4:10.18	4:16.68	4:20.66	4:28.31		4:15.18	4:21.81	4:25.87	4:33.68
800 L	8:40.28	8:44.55	8:43.17	8:44.55	8:59.99	9:03.92	9:17.14		8:55.04	9:10.79	9:14.80	9:28.28
1500 L	16:23.72	16:48.31	16:35.66	16:48.31	17:11.96	17:22.37	17:44.86		17:08.48	17:32.60	17:43.22	18:06.16
50 D	27.80	28.23	27.90						29.29	29.29	29.29	29.29
100 D	58.88	1:00.11	59.63	1:00.11	1:02.13	1:03.14	1:04.95		1:01.31	1:03.37	1:04.40	1:06.25
200 D	2:08.48	2:11.69	2:09.91	2:11.69	2:15.53	2:17.59	2:21.29		2:14.32	2:18.24	2:20.34	2:24.12
50 B	30.15	31.04	30.29						31.80	31.80	31.80	31.80
100 B	1:05.49	1:08.10	1:06.29	1:08.10	1:09.81	1:11.11	1:13.40		1:09.46	1:11.21	1:12.53	1:14.87
200 B	2:22.41	2:28.74	2:24.62	2:28.74	2:33.00	2:35.60	2:40.36		2:31.71	2:36.06	2:38.71	2:43.57
50 P	25.75	26.35	25.89						27.24	27.24	27.24	27.24
100 P	56.33	58.02	56.96	58.02	59.65	1:00.57	1:02.67		59.18	1:00.84	1:01.78	1:03.92
200 P	2:06.55	2:10.89	2:08.07	2:10.89	2:15.20	2:18.09	2:23.40		2:13.51	2:17.90	2:20.85	2:26.27
200 QNI	2:09.02	2:12.21	2:10.75	2:12.21	2:16.06	2:18.00	2:21.79		2:14.85	2:18.78	2:20.76	2:24.63
400 QNI	4:37.96	4:44.63	4:41.82	4:44.63	4:52.66	4:56.04	5:04.71		4:50.32	4:58.51	5:01.96	5:10.80
400 RL								3:45.00				
400 RQN								4:10.00				
800 RL								8:10.00				

Essais = Essais canadiens de natation

CCN = Championnats canadiens de natation

CCJ = Championnats canadien junior

Pour plus d'information sur le Plan d'amélioration des compétitions et la justification – SVP voir ici.