SWIMMER AND COACH NOMINATION CRITERIA
2019 Lima Parapan American Games

Tour Dates:	15 August - September 2 2019	
Competition Dates:	25 August - August 31 2019	
Locations:	Post Trials Team Orientation:	April 8 - 11 2019 Toronto, ON
	Performance Prep Camp 1	April 26 - May 5, 2019 in Torremolinos, Spain
	Performance Prep (Staging) Camp 2:	August 15 – 16, 2019 Montreal, QC August 17, 2019 Travel to Lima, Peru August 18 – 24, 2019 Lima Peru into Athletes Village
	Competition:	August 25 - 31, 2019 Lima, Peru
Team Size:	A maximum of 13 swimmer positions, regardless of gender.	
Team Leader:	Swimming Canada Associate Director of High Performance and Para-swimming National Coach will be appointed as the Team Leader	
Head Coach:	Swimming Canada NextGen Pathways Coach, Paralympic Program will be appointed as the Head Coach.	
Number of Coaches:	In addition to the Head Coach, based on the size of the team, specific needs and final make-up of the team, up to an additional three coaches will be appointed.	
Nomination Trials:	For PI, VI & II Athletes: 2019 Canadian Swimming Trials, April 3 – 7, 2019, Toronto Pan Am Sports Centre, Toronto, Ontario Option only for II Athletes (as potential classification opportunity) Indianapolis 2019 World Para Swimming World Series April 4 – 6, 2019, IU Natatorium, Indianapolis USA	
Entry:	Individual: Maximum of 3 swimmers per event, per Sport Class, per country. If there is more than one eligible sport class in the event, a maximum of 8 swimmers may be entered per country, however only a maximum of three swimmers each eligible sport class can be entered. Relays: Maximum of 1 team per event per country	

I. INTRODUCTION & OBJECTIVES

The purpose of this document is to outline the criteria by which Swimming Canada will nominate swimmers and coaches to the Canadian Paralympic Committee for selection by the Canadian Paralympic Committee to the 2019 Parapan Am Games Team.

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SWIMMING CANADA NATATION

II. DEFINITION OF TERMS

2019 Parapan Am Games Event Program – outlines the events that will be offered at the 2019 Parapan Am Games. (Appendix B)

ADHP – refers to Swimming Canada's Associate Director of High Performance and Para Swimming National Coach

Amended World Rankings (AWR) – is the ranking of swims that have met the Meet Entry Time created for the 2019 Parapan Am Games, adjusted to three per country per Sport Class per event, from the period of January 1, 2018 to October 31, 2018.

CGR – means a Canadian General Rule as published in the Swimming Canada Rulebook

CPC – Canadian Paralympic Committee.

IPC – The International Paralympic Committee

MQS – is defined as the Minimum Qualifying Standard, which is the time required to be eligible to qualify for the 2019 Parapan Am Games, see appendix B

MET– defined as the Minimum Entry Time, which is the time required to enter an event at the 2019 Parapan Am Games Event Program, see appendix B

WPS – means World Para Swimming

WPS Recognized Competitions – means competitions recognized by WPS for the purposes of establishing MQS / MET and for the allowance of times to be entered in to the IPC Sport Data Management System (SDMS) for World Rankings.

WPS Sport Class – Process of International classification as determined by WPS as the basis for determining who can compete in specific athletic sports, and within which class. It is used for the purposes of establishing fair competition. This can be reviewed at: **https://www.paralympic.org/swimming/rules-and-regulations/classification/npc-info.**

The following are valid WPS Sport Classes:

'New' Sport Class – defines an athlete that has now been reviewed as part of WPS Classification process
C Sport Class Status – defines an athlete's Sport Class that has been confirmed (C) as part of the WPS classification process
R Sport Class Status – defines an athlete's Sport Class that is still under review (R) as part of the WPS classification process
FRD Sport Class Status – defines an athlete's Sport Class to be reviewed in a certain year (ex. R2020) as part of the WPS classification process

PI – means Physical Impairment and denotes a swimmer who has a physical impairment and holds a Sport Class 1-10.
II – means intellectual impairment and denotes a swimmer who has an intellectual impairment and holds a Sport Class 14.
VI – means visual impairment and denotes a swimmer who is visually impaired or completely blind and holds a Sport Class 11-13.

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SWIMMING CANADA NATATION

III. GENERAL INFORMATION – Swimmers Eligibility

Only Swimmers identified by these criteria will be considered for nomination. The following conditions must be satisfied to be eligible for nomination to the 2019 Parapan Am Games. Nomination does not guarantee selection. Selection is subject to the Canadian Paralympic Committee (CPC) approval. Selection will be confirmed only upon ratification by the CPC.

1. A swimmer must:

   i. Be eligible to represent Canada at the 2019 Parapan American Games in accordance with the eligibility of Canadian Paralympic Committee (CPC). The requirements of the IPC and the CPC are available on request from Swimming Canada. For details please contact Emma Van Steen evansteen@swimming.ca.
   ii. Be able to represent Canada in accordance with the eligibility requirements set out by WPS and the IPC (http://www.paralympic.org/swimming/rules-and-regulations) and Swimming Canada (CGR 1.2.1) must hold a Canadian passport which expires no earlier than March 2, 2020
   iii. Have an active WPS Swimming Athlete License and a valid WPS Sport Class
      a. for Physical Impairment (PI) in Sport Class 1-10; or
      b. Visual Impairment (VI) in Sport Class 11-13; or
      c. Intellectual Impairment (II) in Sport Class 14.
   iv. Be a duly registered with Swimming Canada with a Competitive registration category as of the Parapan Am entry deadline and defined in the **CGR**. Where a Swimmer is a Canadian citizen permanently residing outside of Canada, he / she must be registered directly with Swimming Canada or with a Swimming Canada registered swim club. Swimmers registering with Swimming Canada for the first time must do so a minimum of 30 days prior to the Nomination Trials (CGR 1.2.1.8).
   v. A Swimmer must declare themselves available for selection prior to the meet entry deadline (March 19, 2019) using the form at the following link *https://forms.swimming.ca/machform/view.php?id=58053*. Any Swimmer who does not declare themselves eligible by this deadline may not be considered for nomination to this event.

2. The following swimmers are ineligible for nomination to the CPC for the Parapan Am Games:
   i. Swimmers selected to the Canadian Swim Team to compete at the 2019 World Para Swimming Championships, Kuching, MAL.
   ii. Swimmers selected for or having attended a Paralympics Games and Long Course IPC or WPS World Championships.

IV. NOMINATION PROCESS – Swimmers

Parapan Am Games

Swimmers will be selected to the 2019 Parapan Am Games team in Paralympic events only. Once selected to the team they will be allowed to swim whichever events that are listed on the 2019 Parapan Am Games Programme (Appendix B), to a maximum of three per Sport Class per event.

Performances in the finals and the preliminaries (Heats) will be used for rankings. Performances of athletes who contest finals will take precedence over their preliminaries (heat) performance.

No relay lead-off or official split times will be considered for nomination.

If the number of athletes meeting the performance requirements exceeds team size, athletes will be ranked from highest to lowest within each priority against the Amended World Rankings. The swimmers shall be nominated in rank order until the CPC assigned quota is met.
Performance Requirements – all qualifying times are listed in Appendix A

Priority 1 – 'Canada D'
Athletes will be ranked, based on finishing position in each individual event at Trials provided they swim a time that equals or betters the 'Canada D' qualifying time. If a position is declined during the Trials, nomination shall go to the next ranked (in accordance with the above nomination criteria) eligible swimmer from the Trials

Nomination of the first 11 positions to the team will be completed using Priority 1 Criteria. Two positions will be held in reserve for Exceptional Circumstances.

Priority 2 – Exceptional Circumstances
All requests for consideration of performance received under Section IV will be considered, up to a maximum of two swimmers per individual event. Priority 2 shall not be used to unseat any swimmer previously achieving the Performance Requirements through Priority 1.
Should there be no Exceptional Circumstances, the final two positions on the team would be filled following the Priority 1 Criteria. If a position is declined during the Trials, nomination shall go to the next ranked (in accordance with the above nomination criteria) eligible swimmer from the Trials or the next eligible Exceptional Circumstance athlete who has otherwise met the Performance Standard.

Priority 3 – Discretionary Nomination
Following Trials, the Swimming Canada Associate Director of High Performance, at his sole discretion, may nominate additional Swimmers to the team until the team CPC assigned quota is met. Priority 3 shall not be used to unseat any swimmer previously nominated through Priority 1-2. (refer to section IV).

V. TIE BREAKING – Swimmers

In the event of a tie for the final position on the team based on the 2018 Amended World Rankings the following process, in this order, will be applied until the tie is resolved:

i. The 2018 WPS point score will be used to separate the tied athletes;

ii. If the tie is not broken by application of (i) above, then the Swimmer whose preliminary swim has the highest ranking, using AWR, will be utilized to break the tie;

iii. If the tie is not broken by application of (i) and (ii) above, then the Swimmer whose preliminary swim has the highest WPS Point score, will be utilized to break the tie;

iv. If the tie is not broken by application of (i), (ii) and (iii) above, then the ADHD will have the authority to nominate, at his sole discretion, the final swimmer to the team. Any such determination will be based on factors that include, but are not limited to, an athlete's previous competitive history, their potential eligibility and availability for relay events and any other relevant performance matters.

VI. EXCEPTIONAL CIRCUMSTANCES and DISCRETIONARY NOMINATION (ALL EVENTS)

In the event that injury, illness, or unforeseen circumstances of a significant nature inhibit a Swimmer's preparation for the Selection Event or prohibit a Swimmer from competing at the Selection Event, a Swimmer may submit a written Request for Consideration of Performance. Any time for swims submitted in such a request must have been achieved between July 18, 2018 and March 30, 2019 at a WPS approved qualification event.

Should either or both of the held allocations not be required for use, they will be returned to the general nomination pool and will be filled using Priority 1. In no circumstance will a swimmer who has been

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nominated to the team through the Priority 1 nomination process be removed in favour of a swimmer nominated under Exceptional Circumstance or Discretionary Nomination addition.

Request for consideration of performance
In considering the performances of athletes at the Qualifying Event, the ADHP at his absolute discretion, may recommend to the Nomination Committee that it give weight to Exceptional Circumstances.

For the purposes of this Policy, "Exceptional Circumstances" means, but is not limited to, one or more of the following:

(i) injury or illness;
(ii) equipment failure;
(iii) travel delays;
(iv) bereavement or disability arising from death or serious illness of an immediate family member;
(v) an unanticipated event occurring at the Trials; or
(vi) any other factors reasonably considered by the AHPD at his absolute discretion, to constitute Exceptional Circumstances.

A decision as to whether Exceptional Circumstances may apply to an athlete will be made by the ADHP on an individual case by case basis.

In the event that injury, illness, or unforeseen circumstances of a significant nature inhibit a Swimmer's preparation for the Trials, or prohibit a Swimmer from competing at the Trials, a Swimmer may submit a written Request for Consideration of Performance.

Any times for swims submitted in such a request must have been swum between July 18, 2018 and March 30, 2019 at a WPS Recognized Event.

The deadline for any request for consideration for injury, illness, or exceptional circumstances arising before Trials under this clause is 24 hours before the start of the Trials and must be submitted directly to the Swimming Canada Nomination Committee (c/o Emma Van Steen – (evansteen@swimming.ca)) and must include the following:

- A fully completed Request for Consideration of Performance form; (appendix C)
- If applicable, a letter from a doctor or outlining the injury, illness, impact on performance and expected recovery time;
- A letter from the swimmer's coach explaining the effect of the injury, illness, impact on performance and/or training leading into and during the Trials and the training plan post Trials;
- Any other documentary evidence deemed necessary.

Should injury, illness, or unforeseen circumstances arise during the Trials, the deadline to submit any request consideration is 2 hours before the start of the preliminary heats of the event in question. Athletes in this situation are required to immediately submit a Request for Consideration of Performance Form (Appendix C) and, if required and appropriate, be examined by the National Team Physician or his/her designate onsite at the Trials.

All Requests for Consideration of Performance received will only be considered at the conclusion of the Trials. The Swimming Canada Associate Director of High Performance will meet with the Selection Committee to consider Requests for Consideration of Performance. The Selection Committee shall have full discretion as to whether or not any Swimmer will be nominated under this discretionary nomination section (III, Priority 3).

All decisions of the Swimming Canada Selections Committee will be final.

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Discretionary Nomination
Any team positions unclaimed after Priorities 1 through 3 are completed shall remain vacant. At the conclusion of the Trials, the ADHP, at their sole discretion, may recommend to the Selection Committee that additional swimmers be nominated to the team.

VII. ENTRIES

The Team Head Coach retains absolute discretion on determining individual entries and relay team composition.

1. Selection does not guarantee specific Sport Class event entry.
2. Once a swimmer is selected to the team, the swimmer is eligible to swim in any event in which they have equalled or bettered an MQS or MET as listed in the 2019 Parapan Am Games Event Programme (Appendix B).
3. Entry times will be determined as times done at only a WPS Swimming Recognized Competition within the qualifying period of January 01, 2018 to June 30, 2019. Only Long Course Entry times will be considered.
4. Should there be more than three swimmers per Sport Class per event, the fastest three swimmers will be eligible for entry unless a swimmer declines an event entry.
5. In cases where WPS chooses to combine events of a particular Sport Class after final entries, the total allowance for entry from a country will be 8 swimmers, however only a maximum of three swimmers each eligible Sport Class can be entered. Should there be more than 8 Canadian swimmers eligible, the positions will be allocated by ranking of top 3 finishers, based on time, in each sport class at Trials. If an athlete declines an entry, the next ranked athlete may be added.
6. Consistent with communication of February 8 2018, (available on request) WPS will be ring fencing 16 slots (eight male and eight female slots) for S1 and S2 classes to ensure event viability.
   Ring-fencing ensures these events viability and further ensures the events will not be dropped from the Tokyo 2020 program.
   In addition to the provisions of Section IV, Swimmers entering these events must make the requisite Championship MQS.
   These events are as follows:
   - Men's S1 50m Backstroke
   - Men's S1 100m Backstroke
   - Women's S2 50m Backstroke
   - Women's S2 100m Backstroke

   Accordingly, the times displayed in Appendix A for events of these classes are equal times posted in the Amended World Rankings.

VIII. TEAM COMMITMENTS

All nominated Swimmers will be required to:

1. Comply with the Swimming Canada Athlete Agreement for members of National Teams for the 2018-2019 carding period. Nominated Swimmers must sign the 2018-2019 Swimming Canada Athlete Agreement by May 31, 2019. Where the Swimmer is under the age of 18 years, the Swimmer's parent or legal guardian must also sign this agreement. Copies of the 2018-2019 Swimming Canada Athlete Agreement are available upon request to Swimming Canada evansteen@swimming.ca.
2. Sign, submit and comply with the **CPC Team Agreement** and the **LIMA 2019 Eligibility and Conditions Form.** This must happen upon selection, and by a date no later than May 31, 2019. Where the Swimmer is under the age of 18 years, the Swimmer's parent or guardian must also sign this agreement.
3. Attend and participate in all team activities, including but not limited to racing and physical screening:
   - Post Trials Orientation, April 8-11, 2019 in Toronto, ON.

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- Nominated Swimmers and their home coach are required to attend Post Trials Team Orientation Camp and Meetings on April 8 -11, 2019 in Toronto.
  - Swimmers are asked to plan and book travel to facilitate departure from Toronto no earlier than 1pm (EST) on April 11, 2019. Swimming Canada is not responsible for the cost of flight changes.
  - Home Coaches are asked to plan and book travel to facilitate departure from Toronto no earlier than 5pm (EST) on April 8, 2019. Swimming Canada is not responsible for the cost of flight changes.
- More details will be circulated prior to the conclusion of the Trials.

4. Attend Performance Prep Camp 1 April 26 - May 5, 2019 in Torremolinos, Spain
5. Attend, as a representative of their Home Club, the Canadian Championships, August 8 -11, 2019 in Winnipeg, Manitoba.
6. Attend the Performance Preparation Camp 2, starting August 15 in Montreal, Quebec with onward travel to Lima, Peru.
7. Develop, in conjunction with their home coach, an individual Athlete Performance Plan for the period April 11 into competition. This plan will need to be approved by the ADHP and the 2019 Parapan Am Games Head Coach. The plan will need to be geared to achieving an uncompromised commitment to preparation for peak performance at the 2019 Parapan Am Games and to maintaining competitive readiness.

IX. COMPETITIVE READINESS – Swimmers

"Competitive readiness" is defined as the preparedness and ability of the swimmer to achieve equal or superior performance(s) at the scheduled event, as compared to the performance(s) the swimmer achieved in qualifying. Athletes who do not remain competitively ready by reason of lack of fitness, injury, illness or Classification may be removed from the team. Athletes and their home coaches are required to immediately report any injury, illness or change in training that could affect their ability to compete at their highest level at the 2019 Parapan Am Games to the Swimming Canada APHP and the 2019 Parapan Am Head Coach, initially via telephone with follow-up in writing via email.

The final decision on competitive readiness will be made in by the ADHP who will exercise absolute discretion regarding the factors considered in taking a decision.

If the ADHP is of the view that the athlete is not or will not be in a state of preparation for peak performance at the 2019 Parapan Am Games, then an agreed action will be developed to support and address the identified concerns. If the ADHP is of the view that participation of the nominated athlete is not in the best interest of the team or the individual's performance then the ADHP will make a recommendation to the Nominators to denominate the athlete from the team. If it is determined that the athlete is not competitively ready once onsite at the event, he or she may be asked to return home immediately.

X. REMOVAL OF A SWIMMER FROM TEAM

Swimming Canada may, at any time, disqualify a swimmer from being considered for nomination to the Canadian Team or remove a swimmer after nomination based on current or past behavior of the swimmer that is inconsistent with Swimming Canada's Code of Conduct. A copy of this document is available upon request from Emma Van Steen at evansteen@swimming.ca
A swimmer will be removed from consideration for nomination to the Canadian Team or be removed after nomination if he/she is found to be in violation of any anti-doping policy or procedure as outlined by Swimming Canada, World Anti-Doping Agency (WADA), and the Canadian Centre for Ethics in Sport (CCES).

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XI. GENERAL INFORMATION – Coaches

The following conditions must be satisfied to be eligible for nomination to the 2019 Parapan Am Games.

To be eligible for nomination a Coach must:

- have been resident in Canada and duly employed as a swimming coach by a Swimming Canada affiliated organization as of March 1, 2019
- be a fully registered coach and member in good standing with the CSCTA and Swimming Canada as of March 1, 2019.
- be a minimum NCCP Senior Coach Level 3 In-training or be a Chartered Professional Coach with the Professional Coaching Department of the Coaching Association of Canada
- declare themselves available for nomination prior to the Selection Event meet entry deadline using the form at the following link https://forms.swimming.ca/machform/view.php?id=57361. Any Coach who does not declare themselves eligible and available for appointment by this deadline may not be considered for appointment as a coach for this event.
- hold a valid passport as of June 1, 2018 and which expires no earlier than March 1, 2020.
- abide by the Canadian Anti-Doping Program (CADP) Agreement and World Anti-Doping Association (WADA) Code and have never had a violation of either the CADP or WADA code

Team Commitments for Nominated Coaches

1. Nominated Coaches are required to attend:
   - Post Trials Team Orientation and Meetings on April 8 - 9, 2019 in Toronto. Coaches are required to plan and book travel accordingly to facilitate departure from Toronto the evening of April 9, 2018. Swimming Canada is not responsible for any cost incurred through flight changes.
   - Option to attend Performance Prep Camp 1, April 26 - May 5, 2019 in Torremolinos, Spain
   - Performance Preparation Camp, starting August 15 in Montreal, Quebec with onward travel to Lima, Peru.
   - The full 2019 Parapan Am Games tour commences August 16 in Toronto, Ontario and concludes on September 2, 2019 depending on formal departure from the Team or arrival at home ports in Canada.

2. All Nominated Coaches must:
   - Be a registered member of the Professional Coaching Department of the Coaching Association of Canada on or before March 31, 2019 either as a Chartered Professional Coach or as a Registered Coach.
   - Provide a valid Police Record Check (PRC) to Swimming Canada prior to June 1, 2019
   - Agree to, sign and uphold the Swimming Canada Team Staff Agreement by June 1, 2019. Copies of the Team Staff Agreement are available upon request to evansteen@swimming.ca. Failure to do so will render the Coach as having officially declined eligibility.
   - Sign, submit and comply with the CPC Team Agreement and the 2019 Lima Eligibility and Conditions Form upon selection, and prior to May 31, 2019.

XII. APPOINTMENT – Coaches

As necessary, the ADHP has the authority and discretion to appoint Coaches to meet the needs of the team. In making such nominations, the ADHP will consider the needs of the team based on factors including the size of the team, specific needs and final make-up of the team.

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XIII. AMENDMENTS AND UNFORESEEN CIRCUMSTANCES

Unforeseen Circumstances

1. Should the Swimming Canada Nomination Committee determine that unforeseen circumstances have arisen during the process of applying these Criteria, the Nomination Committee shall have the full and absolute discretion to resolve the matter as it sees fit, considering, factors and circumstances that it deems relevant.
2. Any such exercise of discretion shall be subject to the Canadian administrative law principles of fairness.

Changes to this Document

1. Swimming Canada reserves the right to make changes to this document, which in its discretion are necessary. No such changes shall be made after the commencement of the Trials unless the changes relate to the Swimming Canada Nomination Committee exercising its discretion under the "Unforeseen Circumstances" provisions above.
2. Swimming Canada reserves the right to review and modify these Criteria or decisions related to the nomination process in the case of rule or policy changes from WPS that affect the Criteria set out in this document.
3. Any changes to these Criteria shall be communicated directly to all Swimming Canada Carded Swimmers and Coaches, and published to the Swimming Canada website at the earliest possible time following any such change being approved.

XIV. APPEALS

The Swimming Canada "Dispute Policy" and the Swimming Canada "Appeals Policy" govern all decisions made by Swimming Canada, including issues pertaining to nomination. For a copy of these policies please contact Swimming Canada or refer to the following link: https://www.swimming.ca/BoardPoliciesen.aspx

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These Criteria were duly created and approved by the Swimming Canada Para-Swimming Nomination Committee, which by its terms of reference have been properly delegated to perform this task by the Chief Executive Officer of Swimming Canada.

These Criteria have been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.

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SWIMMING CANADA NATATION

Appendix "A"

Performance Requirements

'Canada D' Time is determined as equal to the 25th Fastest Time in the Amended World Rankings for the period January 1 - October 31 2018. In the event that the Parapan American Minimum Qualification Standard (MQS) is faster, it has been used.

Events	Class	Men		Women
		Canada D		Canada D
50m Freestyle	S3	01:19.24		
	S4	01:02.18		02:09.24
	S5	00:41.80		
	S6			00:43.32
	S7	00:32.79		
	S8			00:36.67
	S9	00:27.54		
	S10	00:26.89		00:30.85
	S11	00:31.32		00:47.51
	S13	00:26.93		00:33.28
100m Freestyle	S3			02:45.69
	S4	02:32.81		
	S5	01:36.59		03:00.42
	S6	01:19.47		
	S7			01:27.82
	S8	01:01.40		
	S9			01:10.65
	S10	00:59.23		01:06.78
	S11			01:48.23
	S12	01:04.41		01:34.83
200m Freestyle	S2	07:39.93		
	S3	05:56.88		
	S4	04:25.82		
	S5	03:42.20		06:09.75
	S14	02:07.72		02:26.67
400m Freestyle	S6	06:34.93		07:25.48
	S7	05:52.43		07:05.13
	S8	05:17.45		06:30.95
	S9	04:46.31		05:34.74
	S10	04:51.37		05:19.22
	S11	07:21.97		08:01.48
	S13	05:21.06		06:55.57

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Events	Class	Men		Women
		Canada D		Canada D
50m Backstroke	S1	01:40.41		
	S2	02:40.37		01:34.65
	S3	02:00.35		02:01.07
	S4	01:28.65		02:17.23
	S5	00:48.61		01:23.76
100m Backstroke	S1	03:09.90		
	S2	03:43.23		03:32.29
	S6	01:41.90		01:55.81
	S7	01:26.76		01:54.73
	S8	01:21.48		01:33.37
	S9	01:09.62		01:22.23
	S10	01:11.56		01:21.83
	S11	01:32.66		02:07.29
	S12	01:31.13		01:33.72
	S13	01:18.24		01:37.00
	S14	01:08.02		01:25.26
50m Breaststroke	SB2	02:11.72		
	SB3	01:38.09		02:02.45
100m Breaststroke	SB4	02:30.48		04:28.97
	SB5	02:16.62		03:42.30
	SB6	01:47.17		02:07.32
	SB7	01:38.53		02:13.92
	SB8	01:24.92		01:51.43
	SB9	01:18.66		01:32.87
	SB11	01:38.30		03:03.62
	SB12	01:24.26		01:41.80
	SB13	01:25.94		02:10.70
	SB14	01:15.25		01:32.66
50m Butterfly	S5	01:13.67		02:51.14
	S6	00:36.40		01:00.37
	S7	00:39.85		00:56.02
100m Butterfly	S8	01:16.14		01:41.66
	S9	01:07.62		01:26.32
	S10	01:08.36		01:29.78
	S11	01:35.16		01:47.83
	S12	01:33.23		
	S13	01:11.11		02:13.23
	S14	01:03.82		01:20.01

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Events	Class	Men		Women
		Canada D		Canada D
150m Individual Medley	SM3	05:21.11		
	SM4	03:35.43		05:31.81
200m Individual Medley	SM5			08:07.66
	SM6	03:35.08		04:10.11
	SM7	03:28.71		04:01.75
	SM8	02:53.89		03:40.44
	SM9	02:32.64		03:03.29
	SM10	02:33.26		03:00.50
	SM11	03:11.75		03:47.67
	SM13	02:37.15		03:11.41
	SM14	02:23.96		02:48.30

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SWIMMING CANADA NATATION

Appendix "B"

2019 Parapan Am Games Event Programme with MQS & MET

Event	Class	MQS	MET	MQS	MET
		Men		Women	
50 m Freestyle	S2	No MQS	No MET	N/A	N/A
	S3	01:19.24	01:19.24	No MQS	No MET
	S4	01:36.98	01:36.98	02:09.24	02:09.24
	S5	00:59.91	01:34.60	01:51.43	01:51.43
	S6	00:35.65	00:37.40	00:46.94	00:53.52
	S7	00:35.02	00:36.70	00:42.28	00:46.76
	S8	00:31.50	00:31.87	00:35.54	00:37.33
	S9	00:29.29	00:30.09	00:32.84	00:33.38
	S10	00:28.96	00:31.07	00:33.33	00:36.35
	S11	00:35.47	00:42.17	00:47.14	00:47.14
	S12	00:31.36	00:33.83	00:37.96	00:37.96
	S13	00:34.44	00:34.44	00:38.15	00:46.26
100m Freestyle	S2	No MQS	No MET	N/A	N/A
	S3	02:50.68	02:50.68	No MQS	No MET
	S4	02:22.65	02:22.65	04:46.99	04:46.99
	S5	02:33.01	02:33.01	04:04.70	04:04.70
	S6	01:21.58	01:27.58	01:40.63	01:57.34
	S7	01:15.38	01:24.43	01:33.51	01:44.22
	S8	01:08.13	01:11.53	01:19.11	01:23.66
	S9	01:03.96	01:06.27	01:11.97	01:13.14
	S10	01:02.63	01:05.27	01:12.53	01:22.33
	S11	01:18.31	01:30.43	01:59.45	01:59.45
	S12	01:17.07	01:22.32	01:34.83	01:34.83
	S13	01:19.61	01:19.61	01:44.40	01:44.40
200m Freestyle	S2	No MQS	No MET	N/A	N/A
	S3	05:56.88	05:56.88	No MQS	No MET
	S4	04:25.82	04:25.82	08:52.82	08:52.82
	S5	04:50.67	04:50.67	06:09.75	06:09.75
	S14	02:19.00	02:27.19	02:52.68	03:09.80
400m Freestyle	S6	06:22.37	07:27.80	08:01.11	10:01.67
	S7	07:00.41	07:02.10	07:33.64	08:32.28
	S8	05:27.18	05:47.28	06:00.13	06:26.48
	S9	04:57.92	05:14.03	05:41.78	05:52.33
	S10	05:06.76	05:56.23	05:48.78	07:06.43
	S11	08:16.45	08:16.45	08:01.48	08:01.48
	S12	05:53.09	05:53.09	N/A	N/A
	S13	06:15.39	06:15.39	06:55.57	06:55.57

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SWIMMING CANADA NATATION

	Class	MQS	MET	MQS	MET
		Men		Women	
50m Backstroke	S2	No MQS	No MET	N/A	N/A
	S3	02:00.35	02:00.35	No MQS	No MET
	S4	01:28.65	01:28.65	02:17.23	02:17.23
	S5	01:42.46	01:42.46	02:01.81	02:01.81
100m Backstroke	S1-2	No MQS	No MET	No MQS	No MET
	S6	01:41.33	01:46.47	02:04.74	02:20.97
	S7	01:35.70	01:58.32	01:56.47	02:31.81
	S8	01:20.45	01:24.43	01:30.87	01:37.36
	S9	01:16.26	01:18.18	01:26.36	01:30.27
	S10	01:15.23	01:19.54	01:32.60	01:44.58
	S11	01:35.89	01:57.30	02:07.29	02:07.29
	S12	01:47.83	01:47.83	01:33.72	01:33.72
	S13	01:37.48	01:37.48	02:07.50	02:07.50
	S14	01:14.84	01:18.80	01:33.91	02:00.32
50m Breaststroke	SB1-2	No MQS	No MET	N/A	N/A
	SB3	01:38.09	01:38.09	No MQS	No MET
100m Breaststroke	SB4	03:30.57	03:42.17	04:28.97	04:28.97
	SB5	02:10.13	05:23.63	02:54.97	04:13.29
	SB6	01:52.57	02:08.13	02:26.62	02:44.52
	SB7	01:45.17	01:57.17	02:00.40	02:16.70
	SB8	01:32.80	01:42.30	01:51.43	01:57.56
	SB9	01:25.56	01:31.52	01:40.53	01:47.88
	SB11	01:47.19	05:38.92	03:03.62	03:03.62
	SB12	01:27.66	01:31.71	01:41.80	01:41.80
	SB13	02:00.10	02:00.10	02:10.71	02:10.71
	SB14	01:25.08	01:33.88	01:52.71	02:06.25
50m Butterfly	S1-4	No MQS	No MET	No MQS	No MET
	S5	01:13.67	01:13.67	02:51.14	02:51.14
	S6	00:36.40	00:40.20	01:01.37	01:48.82
	S7	00:39.85	00:50.82	00:49.64	01:14.90
100m Butterfly	S8	01:24.21	01:53.87	01:41.17	01:48.99
	S9	01:10.94	01:21.87	01:29.57	01:37.41
	S10	01:09.70	01:20.14	01:50.81	01:55.92
	S11	01:35.16	01:35.16	01:47.83	01:47.83
	S12	01:33.23	01:33.23	N/A	N/A
	S13	01:30.99	01:30.99	02:13.23	02:13.23
	S14	01:18.57	01:49.46	01:46.41	01:46.41

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SWIMMING CANADA NATATION

	Class	MQS	MET	MQS	MET
		Men		Womens	
150m Individual Medley	SM1-3	No MQS	No MET	N/A	N/A
	SM4	03:35.43	03:35.43	No MQS	No MET
200m Individual Medley	SM5	N/A	N/A	08:07.66	08:07.66
	SM6	04:14.36	04:28.50	04:31.19	06:18.52
	SM7	03:33.68	04:25.10	04:01.75	05:01.81
	SM8	02:57.27	03:07.20	03:19.00	03:30.77
	SM9	02:44.16	02:49.61	03:11.12	03:19.28
	SM10	02:42.36	03:01.24	03:28.61	03:50.58
	SM11	03:43.71	03:43.71	03:47.67	03:47.67
	SM12	03:19.48	03:19.48	N/A	N/A
	SM13	03:08.63	03:08.63	03:31.82	03:31.82
	SM14	02:39.44	02:51.07	03:28.49	03:57.32
Relays	**Mixed** 4x50m Freestyle 20 points	No MQS		No MET	
	Mixed 4x50m Medley 20 points	No MQS		No MET	
	Mixed 4x100m Freestyle S14	No MQS		No MET	
	Mixed 4 x 100m Freestyle 49 Points	No MQS		No MET	
	4x100m Freestyle 34 points	No MQS	No MQS	No MET	No MET
	4x100m Medley 34 points	No MQS	No MQS	No MET	No MET

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SWIMMING CANADA NATATION

APPENDIX "C"

Request for Consideration of Performance in Advance of Trials –

Athlete Name:_____Date of Submission:_____

Are you able to compete at the Trials: Y or N

Briefly describe the injury, illness, or unforeseen circumstance:

Please identify the team(s) for which you would like to be considered for nomination:
_____
Event(s) for consideration:_____

Event Best Time(s), please also include the date and location where the best time was achieved*:
**Note that for nomination to the 2019 World Para Swimming Championships only times posted between July 18,*

2018 and March 30, 2019 at a WPS Recognized Event

Athlete Signature:_____ Home Coach Signature: _____

Parent or Guardian Signature: _____
(if swimmer is under the age of 18 years)

Once complete, please submit this form along with requirements as outlined in V Request for Consideration of Performance

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Notice of Receipt
This form was received by Swimming Canada on (date and time): _____

Form received by: _____*Signature:* _____

SWIMMING CANADA NATATION

APPENDIX "C"

Request for Consideration of Performance during Trials

In the instance that the injury, illness, or unforeseen circumstance occurs at the Trials the following section must be completed by the Swimming Canada National Team Physician or their designate:

Doctor Notes:

Date & Time:_____

Name of Doctor:_____Signature:_____

Notice of Receipt
This form was received by Swimming Canada on (date and time): _____

Form received by: _____*Signature:* _____