



PERSONAL COACH PROGRAM – PROCEDURE & RULES

Introduction:

Swimming Canada invites personal coaches of selected swimmers to all selected National teams, to participate with their athlete in camps and competitions under the following circumstances:

Travel:

- All travel and accommodation logistics shall be the responsibility of the personal coach.
- Contacts for hotels / accommodation and flight numbers etc. may be obtained upon request from Swimming Canada – Manager, High Performance Programs, Manager, National Para-swimming Teams or Coordinator, National Development Teams.
- Personal coaches are requested to seek accommodation other than the team hotel.
- **All** expenses are the responsibility of the personal coach

Participation - Training:

- The assigned selected Team Head Coach shall be the primary coach.
- The personal coach's role will be assigned by the Team coaches when required.
- The personal coach will be able to consult with their swimmer's assigned coach but will not be directly responsible for their swimmer.
- Personal coaches work under the authority of the assigned coach, the Team Head coach and the Team Leader.
- There may be closed workouts or training sessions from time to time. In such instances personal coaches (and other visitors) will not be able to attend the session.
- Meals, team meetings and other non-training sessions shall be by invitation to the personal coach only.
- All requests for outings (meals, meetings, etc.) must be approved by the Team Head coach and/or the Team Leader.

Participation - Competition:

- In some instances the Team Leader may wish to bring the team together and focus their preparation prior to the competition. From that time forward the swimmer will be working solely under the Team coach's jurisdiction.
- During the competition the personal coach will assume observer status in the public area. From time to time the Team Leader may request the personal coach's assistance. Access to the swimmer will be coordinated with the Team Manager and the Team Head Coach.
- Tickets / seating for competition are the personal coach's responsibility.

Conditions:

- The personal coach, is an invitee of Swimming Canada and as such is expected to conduct themselves in a respectful and professional manner. Should a personal coach's behaviour be contrary to the terms and conditions that the selected coaches are held to and which are viewed to negatively impact the team or Swimming Canada's reputation, then the personal coach's interaction with the team may be restricted at the discretion of the Team Head coach(es) and/or the Team Leader
- Personal coaches will not be provided national team outfitting.



Declaration of intent to participate:

- A personal coach planning to participate with their athlete in camps and/or competitions as outlined above must declare their intent to participate in writing, using the form attached, to the Swimming Canada High Performance Director and the appointed Team Head Coach at least 60 days prior to the start of the tour (or immediately following selection if the competition is within 60 days).

Team Leader Discretion:

- In the interest of performance, the Team Leader at their discretion may adjust the application of the Personal Coach Program procedures and rules as needed based on the circumstances with any given tour.

The Personal Coach Program will be reviewed when required. Swimming Canada's primary interest in managing the personal coach relationship is to assist in the development of self-sufficient and independent athletes as a key component of peak performance.

Swimming Canada is committed to creating open and observable environments at all national Team events, training camps and competitions. Teams staff, including personal coaches must commit to ensuring that all interactions between an athlete and an individual who is in a position of trust should normally and wherever possible be in an environment or space that is both open and observable to others.

Personal Coaches: Complete the form below.



PERSONAL COACH PROGRAM – Declaration of Intent to Participate Form

Complete and submit by email to: khahto@swimming.ca

Coach Name: _____

Email address: _____ Club: _____

Athlete(s) Name(s): _____

Which event(s) do you intend to participate at?

- 1.
- 2.
- 3.

Will you participate at the staging camp and/or the competition? (please circle the appropriate option)

Staging Camp only

Competition only

Both staging camp and competition

Please provide a brief description of your plans?

Signature: _____

Date of submission: _____

Date form received by Swimming Canada: _____

Form received by: _____ Signature: _____

Participation Approved by (name): _____

Signature: _____ Date: _____