



MASTERS SWIMMING BULLETIN – October 2019

The 2019/2020 season is upon us and Masters Swimmers are back in the pools preparing themselves for a new season of competitions and personal challenges.

We have been busy at Swimming Canada preparing the new season and are pleased to announce several projects that are underway. We have been working with the [Masters Swimming Committee](#) who is guiding us with their combined knowledge and experience of Masters Swimming.

2020 CANADIAN MASTERS SWIMMING CHAMPIONSHIPS

We are pleased to announce our partnership with Etobicoke Olympium Masters Aquatic Club (EOMAC) for the hosting of the 2020 Canadian Masters Swimming Championships to be held at the Etobicoke Olympium from May 22nd to 24th. The meet package is in the final stages of preparation and will be available shortly.

MAIL-IN CHALLENGES

Monthly mail-in challenges are planned for this season. Each month a challenge will be posted to be completed in the month. Swimmers/coaches will tabulate the results of the challenge and forward them to masters@swimming.ca. Results will be compiled using the age group distributions as per competitions. Prizes will be awarded each month. The details will be elaborated with each challenge. The October challenge is launched and is available [here](#). Swimmers are invited to swim a timed 50m of each stroke which will be added together for a 200 individual medley time. The results will be compiled for the 200 IM add up. Record your results [here](#).

CANADIAN RECORDS

Christian Berger, better known as the Statman, has generously shared his compilation of Canadian Records. These records have been updated to September 2, 2019. We are appreciative for his participation in keeping Canadian Masters Swimming Records up to date for so many years and gratefully acknowledge his contribution to Canadian Masters Swimming for so many years.

Moving forward Canadian Records will be recognized from performances at any Provincial Section, Swimming Canada or FINA sanctioned Masters swim meets. Swimmers must be affiliated with Swimming Canada through their PSO or a Swimming Canada Swim Club to be eligible for a Canadian Record. Relay Team Swimmers must all be affiliated with the same Swimming Canada Swim Club.



Canadian Records will be recognized for the following events, both short course and long course;

Freestyle	50, 100, 200, 400, 800 and 1500 metres
Backstroke	50, 100 and 200 metres
Breaststroke	50, 100 and 200 metres
Butterfly	50, 100 and 200 metres
Individual Medley	200 and 400 metres (and 100 metres in 25m pools)
Freestyle Relays	4x50, 4x100 and 4x200 metres
Medley Relays	4x50, 4x100 and 4x200 metres
Mixed Relays	4x50, 4x100 and 4x200 metres Freestyle 4x50, 4x100 and 4x200 metres Medley

Canadian Records will be recognized for the following age groups for men and women;

Age Groups, individual events

18-24	40-44	60-64	80-84
25-29	45-49	65-69	85-89
30-34	50-54	70-74	90-94
35-39	55-59	75-79	etc. as required

Age Groups, relay events

72-99	160-199	280-319
100-119	200-239	320-359
120-159	240-279	etc. as required

Canadian Record applications must be submitted on the forms provided on the Swimming Canada web site <https://www.swimming.ca/en/national-record-application-procedure/>

Canadian Records will not be recognized for the first swimmer in a mixed relay.

The current Canadian Masters Records can be found [here](#) , we will continue to develop the platform with which the records are shared but in the interim, the records will be captured and displayed here.

Should discrepancies be noted between the published Swimming Canada Canadian Masters Swimming Records and other published results we ask that you bring them to our attention for investigation at masters@swimming.ca .

SWIMMER AND CLUB PROFILES

We will be profiling Masters Swimmers and Masters Swim Clubs from across the country on the Swimming Canada web site. Questionnaires are being forwarded to the Provincial Section Offices for distribution and will also be available on our web page and upon request at masters@swimming.ca . If you have a story to tell we would love to hear it! [Swimmer Profile](#) [Club Profile](#)

RULES



A concise explanation of Masters Swimming Rules in Canada will be produced so that Swimming Officials, trained through the Swimming Canada Certification Procedure, will have a brief summary of the few differences that exist. We gratefully acknowledge the work of Greg King in the production of these helpful tools. The rules and guidelines may be consulted [here](#)

COACHES

A reminder from the CSCTA that all master's coaches should be registered at the D level in the Swimming Canada registration system.

Any questions may be directed to masters@swimming.ca where we will endeavor to respond or direct you to the proper channels.