



2020 Canadian Masters Swimming Championships  
May 22-24, 2020

**General Information**

FINA Masters Rules 2017-2021 rules govern this competition along with the Swimming Canada Rules 2018-2021 and **Swimming Canada Masters Rules**. Competition Rules or procedures contained in this Meet Information package supersede those found within the FINA Masters Rules 2017-2021, the Swimming Canada Rules 2018-2021 and **Swimming Canada Masters Rules**.

This meet is open to Swimming Canada registered, competitive, Masters swimmers and FINA registered foreign swimmers, (swimmers registered with foreign swimming federations) 18 years or older as of May 22, 2020.

International swimmers must provide proof of affiliation with their National FINA affiliated Masters organization when completing the entry process. US Masters Swimmers are asked to include their USMS # with registration.

This meet is also open to Para-swimmers. Para-swimmers, who are Swimming Canada registered, competitive, Masters swimmers are eligible to participate.

For information and updates to this document please refer to the Swimming Canada website [www.swimming.ca](http://www.swimming.ca)

**Safe Sport**

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others. All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures, including but not limited to, the General Code of Conduct, the Equity, Diversity and Inclusion Policy, and the Harassment Policy.

For more information regarding the Swimming Canada Safe Sport Program please visit [www.swimming.ca/safe-sport](http://www.swimming.ca/safe-sport)

## 2020 Canadian Masters Swimming Championships

May 22-24, 2020

### Competition Hosts

Swimming Canada and Etobicoke Olympium Masters Aquatic Club

### Venue

Etobicoke Olympium  
590 Rathburn Road, Etobicoke, ON M9C 3T3

### Pool

2 - 8 lane 25m competition pools  
6 lane 25 yd warm-up facility

### Organizing Committee

Swimming Canada Masters Swimming Coordinator  
Cynthia Pincott [cpincott@swimming.ca](mailto:cpincott@swimming.ca)

National Meet Referee

Clarissa Moldawa [cmoldyrun@gmail.com](mailto:cmoldyrun@gmail.com)

Meet Manager

Steve Goodwin [sdg9@rogers.com](mailto:sdg9@rogers.com)

Chair - Local Organizing Committee

Bud Seawright [bud@seawright.ca](mailto:bud@seawright.ca)

Swimming Canada Meet Entry Coordinator

Cynthia Pincott [cpincott@swimming.ca](mailto:cpincott@swimming.ca)

### Registration / Accreditation

Club representatives and coaches are required to sign their club in at the registration / accreditation desk to receive accreditation.

The registration / accreditation desk will be open:

Thursday May 21, 2020: 4:00 PM – 8:00 PM

Friday May 22, 2020: Starting at 7:00 AM

Saturday and Sunday please present yourselves to the Clerk of Course

### Entry Information

#### Meet Entry Deadline

Friday May 1, 2020 - 11:59 pm Pacific Time. For individual events

Monday May 11, 2020 - 11:59 pm Pacific Time. For relay events.

#### Entry Fees

\$100.00 CAD per Swimmer, maximum of 7 individual events + **THE 25M FREESTYLE EVENT**

\$50.00 CAD per Swimmer who wishes to compete in relays and must enter 1 individual event

\$25.00 CAD per Relay Team

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## Individual and Relay Entries

No Deck entries will be accepted, please review entry deadlines and penalties as stated below.

No manual entries will be accepted.

Long course times will be converted to short course for seeding purposes. Please do not convert your times.

All events must be entered with a time, NT (no times) will not be accepted.

## Entry Process

To be confirmed. Entries to open March 25<sup>th</sup> 2020.

## Changes and corrections

Changes and corrections may be made up to the meet entry deadline without penalty. Following the meet entry deadline, corrections and modifications to entries may be made up until May 15, 2020 there will be a \$25.00 CAD fee per change.

## Scratches

Emailed scratches will be accepted up until May 15, 2020 to the meet entries coordinator. Please note entry fees are non-refundable. We appreciate your scratches to better coordinate timelines.

## Late entries

Late entries for swimmers not entered by the meet entry deadline will be accepted up until May 15, 2020 at a fee of 200% the initial entry fee.

\$200.00 CAD per Swimmer, maximum of 7 individual events

\$100.00 CAD per Swimmer who wishes to compete in relays and must enter 1 individual event

\$50.00 CAD per Relay Team

Please communicate with the meet entries coordinator.

## Age Groups, individual events

18-24	40-44	60-64	80-84
25-29	45-49	65-69	85-89
30-34	50-54	70-74	90-94
35-39	55-59	75-79	etc. as required

## Age Groups, relay events

72-99	160-199	280-319
100-119	200-239	320-359
120-159	240-279	etc. as required

## 25 m Freestyle event (#19 & #20)

The 25m freestyle event is back by popular demand.

Elimination round will be seeded by gender from slowest to fastest.

Championship round, of fastest 8 swimmers, will have 3 age groups per gender; 18-34, 35-49 and 50+. The Championship round will be swum prior to event 30.

Starts will be from the bulkhead in the center of the pool. Please note it is quite narrow.

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## Meet Standards

There are no qualifying times for this competition.

## Qualification Period

An official proof of time at registration is requested for 800m and 1500m freestyle events. Official time must be less than 24 months old, therefore performed between May 1, 2018 and May 1, 2020.

## Proof of Times

800m and 1500m freestyle events: All entries will be proven via the on-line entry system. Any non-validated times in your meet entry submission report must be proven by the meet entry deadline, May 1, 2020. The Meet Entry Coordinator may challenge any entry time before or during the competition.

It is the responsibility of the club to prove any entry times if requested. Unproven entry times will result with swimmer's removal from the event.

## Psych Sheets

Psych sheets will be posted on Swimming Canada's website following the May 11<sup>th</sup> 2020 meet entry deadline.

## Competition Information

### Meet Format

Time Finals

Short Course (25 m); double ended

### Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Additionally, it is prohibited to wear watches, jewelry which may be considered dangerous or sharp or any item which may be considered a safety hazard.

Medic alert accessories may be worn.

### Starts

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.

**MSW 3.2 will also apply to all starts.**

### Seeding

All events will be run slowest to fastest, all age groups combined. The 800m and 1500m freestyle events may be seeded to be swum two (2) per lane at the discretion of the Meet Manager.

Only front crawl will be permitted in any event that is swum 2 swimmers per lane.

### Positive Check-in

2020-02-05

**Update 2020-03-11**

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All swimmers participating in the 1500m freestyle on Friday May 22, 2020 must check-in prior to 08:00, Friday May 22, 2020 at the Clerk of Course.

All swimmers participating in the 800m freestyle on Sunday May 24, 2020 must check-in prior to 10:00 Sunday May 24, 2020 at the Clerk of Course.

**Swimmer who do not check it will be withdrawn from the event.** The event will be seeded after the check-in deadline.

### Scratches

We invite swimmers and coaches to present all scratches to the Clerk of Course prior to the start of the session.

### Relays

Relay name changes must be submitted 30 minutes prior to the start of the **session** in which they are swum. Relay name changes may not change the age category in which the relay was entered.

All members of a relay team must be from the same club and must be entered in at least one individual event.

A swimmer may swim only once in each relay event.

Mixed relays must be composed of 2 women and 2 men.

### Records

For the purposes pertaining to Masters World Records, the actual attained age of the competitor as of 31 December of the year of the meet shall determine their age for that competition and any record set during that competition. FINA does not recognize for World Records and FINA Masters Top ten tabulations swimmers under the age of 25 as of 31 December of the year of the meet. Therefore, relays including swimmers under the age of 25 as of 31 December of the year of the meet are NOT ELIGIBLE for Masters World Records.

For Canadian Masters Records, the age categories are as per those previously outlined in this meet package.

All swimmers attempting to set a record **MUST** inform the Clerk of Course prior to the start of the **session** in which their Canadian, World or foreign record attempt will occur. Information forms will be available.

### Intermediate time requests

All requests for official intermediate times must be presented to the Clerk of Course prior to the start of the **session** in which they are requesting an official split. Information forms will be available. Every attempt will be made to accommodate the request.

### Backstroke Ledges

Backstroke ledges will be available for use. The swimmers shall be responsible for setting the device.

### Competition Start Times

Friday: 8:00 am warmup/9:00 am start

Saturday: 8:00 am warmup/9:00 am start

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Sunday: 8:00 am warmup/9:00 am start

Timelines will be posted on Swimming Canada's website following May 15, 2020.

### Results

The official results will be published by event, gender and age group. The results will be posted on Swimming Canada's website.

Live results will be posted on the Meet Mobile and LiveResults app.

### Meet Scoring

Individual events, places 1 – 8:

9-7-6-5-4-3-2-1

Relays events, places 1 – 8:

18-14-12-10-8-6-4-2

### Awards

#### Individual

Medals for first, second and third placed swimmers representing Canadian Swim Clubs.

Ribbons for swimmers placing 4<sup>th</sup> to 8<sup>th</sup>.

A commemorative medal will be awarded to swimmers representing Foreign Swim Clubs placing in the top 3.

#### Relays

Ribbons for first, second and third placed Relays of Canadian Swim Clubs.

Ribbons for relays placing 4<sup>th</sup> to 8<sup>th</sup>.

A commemorative ribbon will be awarded to Relays representing Foreign Swim Clubs placing in the top 3.

#### Note

Individual and relay awards must be collected at the awards table throughout the meet. Unclaimed awards will NOT be mailed.

#### Team

A banner will be awarded to the highest scoring Canadian Swim Club participating in the Canadian Masters Swimming Championships.

A banner will be awarded to the highest scoring Canadian Swim Club with 15 to 40 swimmers registered in the Canadian Masters Swimming Championships.

A banner will be awarded to the highest scoring Canadian Swim Club with 14 or fewer swimmers registered in the Canadian Masters Swimming Championships.

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A banner will be awarded to the Canadian Swim Club with a minimum of 4 swimmers with the highest average number of points for individual events only per swimmer registered in the Canadian Masters Swimming Championships.

### **Note**

Swimming Canada reserves the right to adjust the parameters of club sizes for the distribution of banners after final entries have been received.

### **Site Information**

#### **Hospitality–Officials**

A hospitality room will be available for officials

#### **Parking**

Free parking is available at the facility.

#### **Lockers**

Lockers are pay per use at the pool in the change rooms, 0.50\$ per use, personal locks cannot be used.

#### **Banners**

Team banners are welcome. They may be displayed in the seating areas throughout the competition pool.

#### **Swimmer Hospitality**

Light snacks for swimmers will be offered during the meet. No food is permitted on pool deck.

#### **Public transportation**

**TCC Information:** Travel to Royal York Station. Board the 48 Rathburn and travel to 590 Rathburn Road, Etobicoke Olympium.

### **Travel Information**

#### **Hotel Accommodations – Please check after December 2<sup>nd</sup> for the activated links**

Hotel lists for this competition can be found at:

<https://www.swimming.ca/en/resources/miscellaneous/hotels/>

#### **Swimming Canada Rental Car Partner**

National Rent a Car / Enterprise Rent a Car – for bookings visit

<https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



**MEET PROGRAM**  
**2020 Canadian Masters Swimming Championships**

**Friday May 22nd**

Warm up: 8:00 am– 8:50 am

Start Time: 9:00 am

Women	Events	Men
1	1500 FREESTYLE	2
	Break	
3 mixed	4 x 50 MIXED MEDLEY RELAY	
5	200 FREESTYLE	6
7	100 BREASTSTROKE	8
9	100 BUTTERFLY	10
	Break	
11 mixed	4 x 50 FREE MIXED RELAY	
13	200 IM	14
15	50 BACKSTROKE	16

**Saturday May 23rd**

Warm up: 8:00 am– 8:50 am

Start Time: 9:00 am

Women	Events	Men
17	400 FREESTYLE	18
19	25 FREESTYLE – ELIMINATION ROUND	20
21	100 IM	22
23	200 BREASTROKE	24
25	50 BUTTERFLY	26
27	4 x 50 FREESTYLE RELAY	28
	Break – Awards Presentations	
<b>19 FINAL</b>	25 FREESTYLE – CHAMPIONSHIP ROUND	<b>20 FINAL</b>
30 mixed	4 x 100 MIXED MEDLEY RELAY	
31	4 x 100 MEDLEY RELAY	32
33	200 BACKSTROKE	34
35	100 FREESTYLE	36

**Sunday May 24th**

Warm up: 8:00 am– 8:50 am

Start time: 9:00 am

Women	Events	Men
37	400 IM	38
39	100 BACKSTROKE	40
41	50 FREESTYLE	42
43	4x50 MEDLEY RELAY	44
	Break	
45 mixed	4x100 MIXED FREESTYLE RELAY	
47	4x100 FREESTYLE RELAY	48
49	200 BUTTERFLY	50
51	50 BREASTSTROKE	52
53	800 FREESTYLE	54

