



# 2022 SPEEDO CANADIAN JUNIOR & SENIOR SWIMMING CHAMPIONSHIPS

## TECHNICAL MEETING

July 24, 2022

Montreal, Qc

# INTRODUCTION



## Organizing Committee

Swimming Canada Events Managers:

Rebecca Cheverton / Jocelyn Jay

National Meet Directors:

Lyne Laprade / Danny Purcell

National Meet Referees:

Bill Hogan / Louise Leblanc

National Para-Swimming Meet Referee :

Jocelyne Mc Lean

Open Water Meet Referee:

Carole Thomas

Swimming Canada Meet Entry Coordinator:

Carole Thomas

Local Meet Manager:

Sylvie Potvin

Local Major Officials Coordinators:

Luc Bisailon / André Despatie

Local Minor Officials Coordinator:

Annie Gauthier

Swimming Canada Classification Lead:

Janet Dunn



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# MEET CONDUCT

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# COVID-19 MANAGEMENT



As Covid cases are increasing quickly, we recommend wearing a mask at all times

- Positive tests: Isolation required for 5 days + 5 days with mask
- Close contacts: **unmasked with known COVID positive for 15 minutes** or more
  - If someone in the Close Contact protocol develops symptoms, they should be presumed a COVID positive case and follow the protocol for self-isolation.
  - If close contact **can always be masked**, they aren't required to isolate & must do a Rapid antigen test daily for 7 days.
  - No need to isolate until symptomatic or test positive.

# SAFE SPORT



Throughout the week you will see postings and hear announcements about various Safe Sport initiatives and procedures including but not limited to:

- Event Photography and Videography Procedure
- Creating open and observable environment
- Accreditation and deck access

**“SEE something, SAY something”**

For more information please see: <http://www.swimming.ca/safe-sport>

# START TIMES



## Prelims (10 lanes):

Warm-up: 7:30 – 9:15 am (*Sprint lanes open at 8:30*)

Start Time: 9:30 am

## Finals (10 lanes):

Warm-up: 4:00 – 5:15 pm (*Sprint lanes open at 4:30*)

Start Time: 5:30 pm

One pace lane will be open during the entire warm-up period

# TIMELINES



	<b>Prelims finish</b>	<b>Finals finish</b>
DAY 1:	11:58	20:11
DAY 2:	11:53	20:11
DAY 3:	11:45	19:48
DAY 4:	11:38	19:55
DAY 5:	11:52	20:06
DAY 6:	10:55	19:20
DAY 7:	11:20	19:23

Timelines are estimates only....

# EVENT START



- 50m events – start on the turn end
- All other events – on start end (near dive tank)



# WARM-UP LANE BREAKDOWN



## Competition pool:

- Lane 0 → sprint lane - one way from the starting end – last 45 minutes
- Lane 1 → para swimmers
- Lane 8 → sprint lane - one way from the turning end - last 45 minutes except Tuesday and Saturday, where it will be from the starting end.
- Lane 9 → pace lane from starting end during all warm-up
- Backstroke ledges will be available during the last 45 minutes of the warm-up.

## Secondary pool:

- Lane 2 reserved for para-swimmers at all times

**ONLY SWIMMERS COMPETING IN THE SESSION SHOULD USE THE COMPETITION POOL**

# WARM-UP PROCEDURES



## Violation

- Swimmers witnessed entering the water in a dangerous fashion may be removed from their first individual event following the warm-up period in which the violation occurred and the **alternates** in that event notified, should that event be a final.
- In the case of a second offense during the same competition the swimmer may be removed from the competition.

## Permitted:

- Kick board, pull buoy, snorkel & ankle band in the competition pool during warm-ups and in secondary pool during competition.
- Fins, hand paddles and stretch cords in the secondary **ONLY**.

# COMPETITION MANAGEMENT INFORMATION



## OLYMPIC PROGRAM

- Age groups (pool)
  - Female: 13-14, 15-17, 18 & Over
  - Male: 14-15, 16-18, 19 & Over
  - **Relays and Stroke 50s: ALL OPEN**
- Preliminaries will be senior seeded
  - Last three heats circle seeded for 200m or less events
  - Last two heats circle seeded for 400m events
- Distance Events – 800 & 1500
  - Fastest to slowest
  - Fastest heat of **each age group** competing in finals

# COMPETITION MANAGEMENT INFORMATION



## OLYMPIC PROGRAM

- Relay events with 10 or less entries after the scratch deadline will swim in Finals only.
- Over-the-top starts for Preliminaries / Clearing of the pool during Finals
- Swim-offs – all swim-offs will take place during the preliminary session in which the tie occurred.
- **Finals**
  - A and B Finals for all individual events in the Olympic Program, for each age group.
  - A single A & B finals, regardless of age, for 50m backstroke, 50m breaststroke and 50m butterfly.
  - Finals sequence: B Final followed by A Final

# COMPETITION MANAGEMENT INFORMATION



## PARALYMPIC PROGRAM

- Seeding for prelims will be by time, slowest to fastest (no circle seeding)
- All para-swimmers will clear the pool after each heat with two short whistles by the referee
- Swim-offs – during the preliminary session
- A Finals only for para-swimmers – maximum of 3 swimmers per sport class will advance to finals. Should empty lanes exist following the maximum of three (3) swimmers per sport class, additional swimmers will be added to fill the “A” final according to the points scores. The additional swimmers added will swim as exhibition in finals and not be eligible for awards.
- Para-swimming finalist will be determined using the 2021 Canadian Paralympic point system

# CALL ROOM PROCEDURES



- Swimmers (all A & B finalists) report to the call room 15 minutes before scheduled start of their race
- Alternates should also report to the call room 15 minutes before scheduled start of their race
- A finalists will be marched on and introduced while marching
- The fastest qualifier can choose the music for the march on. They need to inform the announcer of their march out song during warm-ups.
- B finalists will not be marched on, and they will be introduced during the race.

# PARA-SWIMMING DEVICES



- Tapping and starting devices must be deemed safe. They must be checked and issued with an approval sticker immediately following this Technical Meeting.
- All medical taping is to be approved by the National Para Swimming Meet Referee prior to the start of each session. Unapproved medical taping may lead to disqualifications. The National Para Swimming Meet Referee will be available on poolside 15 minutes before the start of each session to check any medical taping.
- Any altered suit needs to be approved by the National Para Swimming Meet Referee.

# BACKSTROKE DEVICES



- Field of Play will install the device
- The IT will ensure the device is set at 0, initially
- The IT will check the strapping is free of any twists or knots and that the ledge is sitting flat against the wall.
- Once the athletes arrive behind the block the athlete may change the setting and ensure it is secured into position or may remove it from the water if they do not wish to use the device. The IT may be asked for assistance.
- A general warning will be given for toes not on touchpad



# HEAT SHEETS & RESULTS



## Prelims and Final Sheets:

- Available daily at the Clerk of Course table
- Posted on the web as soon as they are ready
- SMS alert will advise when posted

## Results:

- Available on SplashMe
- Posted after each event on the Swimming Canada website (live results)
- <https://live.swimrankings.net/34421/>

# HEAT SHEETS & RESULTS LINKS



**Event website** - <https://www.swimming.ca/>

WATCH LIVE

**Splashme App**



**Live Results** - <https://www.swimming.ca/>

LIVE RESULTS

# SCRATCH PROCEDURE



## OLYMPIC & PARALYMPIC PROGRAMS

### **Deadlines:**

Monday Preliminaries (including timed final events):

30 minutes post Technical Meeting

Tuesday to Sunday Preliminaries (including timed final events) :

30 minutes following the start of Finals the previous evening (6:00)

Finals:

30 minutes following preliminary events of the day, excluding timed final events and before Time Trial events.

**Email scratches are not accepted** as of the start of this meeting. Scratches shall be made via the [ONLINE SCRATCH FORM](#) which will be sent out with the scratch deadline in SMS alerts.

# PENALTIES



- Penalties for no shows (heats and finals) - \$50 for any late scratches, step-downs, unexcused incomplete swims.
- Prelims: fine must be paid during or at the end of the session at the latest
- Finals: fine must be paid immediately. Swimmer shall not swim subsequent events (in any session) until the penalty has been paid.
- Time Trials: fine must be paid during or at the end of the session at the latest.
- Coaches will receive an invoice from Swimming Canada for late scratches/No shows, step-downs, unexcused incomplete swims. That invoice is due on receipt and can be paid via credit card on deck.

# RELAYS



- 4 X 100m Free Relays will be prelims in the morning and A final at night.
- 4 X 100m Medley Relays will be prelims in the morning and A final at night.
- 4 X 200m Free Relay and all Mixed Relays will be time finals in the morning with the fastest heat swimming at night.
- Completed relay forms will be available at the Clerk of Course table during the scratch period. All relay forms must be returned before the scratch deadline even if no changes from initial entries. Name changes can be made up to 30 minutes from the start of the session during which they will be swum.

# TIME TRIALS



- Entries are first-come, first served
- Entries will be accepted using the [Online Form](https://forms.swimming.ca/machform/view.php?id=195799) (<https://forms.swimming.ca/machform/view.php?id=195799>) beginning at the end of the Technical Meeting and until 9:30 am on the day of the event.
- Each swimmer is permitted a maximum of one entry per day
- **Duration of 1 Hour Maximum – Will start immediately after last heat of prelims.**
- Events will mirror the events of the preliminary session, including distance.
- Para swimmers are permitted to enter. However, no para swimming events will be accepted outside of the events listed in WPS 10.4.1
- Seeding will be based on submitted entry times. No official splits requests allowed.
- Time Trials event heat sheets: available at clerk of course after entry deadline; an announcement will be made.
- After entries close at 9:30 AM, any swimmer that is a no-show for their Time Trial event will be fined \$50.00.

Note: Time Trials may be cancelled or adjusted based on session length

# DQ'S AND PROTESTS



## Disqualifications:

- Disqualifications will be announced and include event number, heat number and lane number.

## Procedure for protests:

- Discuss DQ with the session Referee
- If not resolved, a written protest may be presented to the Referee within 30 minutes after the conclusion of the **event** (protest forms will be available at the Clerk of Course)
- If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.

# JURY OF APPEAL



- Chaired by: National Meet Director
- 1 appointed coach among the following coaches (least biased to the swimmer involved in the appeal and no vested interest):
  - Jonathan Blouin (Québec)
  - Cathy Pardy (Ontario)
  - Sierra Moores (British Columbia)
  - Ryan Jones (Saskatchewan)
- 2 or 4 officials



# OPEN WATER



Waiver: signed waiver forms must be in by the OW Technical Meeting at the latest. Failure to do so will result in removal.

Open Water Technical Meeting: July 31, 2022, at 3:30 (studio 1)

Scratch deadline: 30 minutes following the OW Technical Meeting

Penalties for late scratches and no shows: \$50

No Wetsuits – Anticipated water temperature: 24C

# OPEN WATER CHECK-IN



- A bathing cap will be provided by the organizing committee and must be worn at the start (maximum 2 bathing caps).
- Swimmers should not be greased or have applied sunscreen before marked upon their arrival.
- Reminder: fingernails and toenails must be trimmed; no jewelry of any kind (including piercing); watches may not be worn (OWS 3.48)
- Swimsuits will be checked by the clerk of course.

# OPEN WATER COURSE



## Schedule

- Registration: 6:30 AM
- Warm up: 7:00 AM
- Race Briefing: 8:00 AM
- First Race Start: 8:30 AM
- End: 11:15 AM approx

Course: 750m loop

Distances: 1.5 km (2 loops)  
3 km (4 loops)





**OPERATIONS &  
ADMINISTRATIVE  
CONDUCT**

# ACCREDITATION / SECURITY



- Accreditation will be required to gain access to the locker rooms and then pool deck.
- Access to the pool will be through the locker rooms and past the main security checkpoint.
- ALL athletes, coaching staff and support staff must have accreditation. Individual without accreditation will not be permitted pool access.
- Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

# GENERAL FACILITY INFORMATION



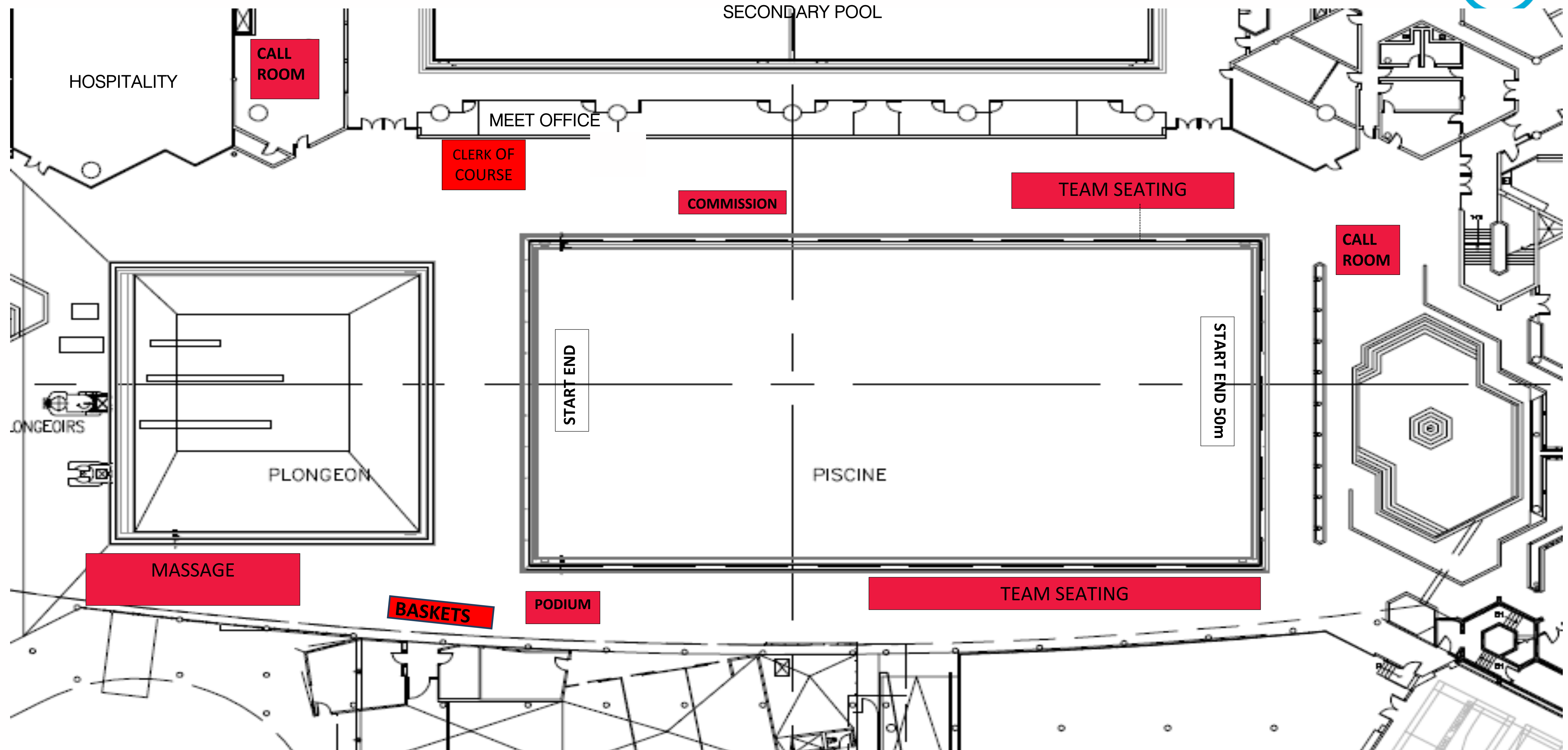
## Facilities Rules

- No outdoor shoes allowed on deck
- No water bottles will be provided – please bring refillable bottles
- All locks need to be removed every night

## Hospitality –

- Light Refreshments will be served throughout the meet.
- No meals will be served to coaches

# FACILITY LAYOUT



# EVACUATION PROCEDURE



- Follow instructions from the lifeguards.



# MEET SCORING



- Individual events, per age group and multiclass, places 1 – 20:
  - A final: 50-30-20-19-18-17-16-15-14-13
  - B final: 12-9-8-7-6-5-4-3-2-1
- Relays events, places 1 – 10:
  - A final: 100-60-40-38-36-34-32-30-28-26
- Foreign swimmers are not eligible to score points

# AWARDS



- Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place for Canadian
- Commemorative medals for Foreign Swimmers placing in top 3
- Canadian Women's Team Championship banner (pool and open water)
- Canadian Men's Team Championship banner (pool and open water)
- Canadian Junior Team Banner (pool and open water)
  - 17 & under Women and 18 & under Men
  - 50m backstroke, breaststroke and butterfly as well as relays will not score for this award.
- Canadian combined Team Championship banner (pool and open water)
- Canadian Male and Female High Point Aggregate by age group (5-2-1) – Olympic program
- Canadian Para Male and Canadian Para Female Top Swim of the Meet
  - Based on World Records using the Swimming Canada Para Swimming Points chart.
- Timeline for medal ceremony will be noted on the Finals timeline.

*If a swimmer is unable to attend their award ceremony, please send a fully uniformed substitute swimmer in their place.*

*Team Banners will be presented at the end of the Open Water Session.*

# DOPING CONTROL



- The CCES will be conducting Doping Control during the meet
- All swimmers selected for Doping Control are required to have photo ID. Coaches are asked to instruct swimmers to bring photo ID to the competition.
- The CCES will also be conducting awareness and education activities during the competition
- Swimmers are strongly encouraged to present with an advocate.

# SMS MESSAGING SERVICE



- To subscribe text **SWIMJSC** at **1-833-286-7395**

# INTERNET ACCESS



- Network: StadePremium
- Password: 73gH41cn

# QUESTIONS AND CONCERNS



- Questions and concerns related to the facility or technical delivery of the competition - National Meet Directors: Lyne Laprade & Danny Purcell
- Questions related to a disqualification: Session Referee
- Questions not related to the competition: email [questions@swimming.ca](mailto:questions@swimming.ca)



**HAVE A GREAT MEET!**



[SWIMMING.CA](http://SWIMMING.CA) | [NATATION.CA](http://NATATION.CA)