



## Time Trials

As noted in the Meet Package, Time Trials will be offered every day, for the Olympic Program events only, with the events from the current day's prelim session offered. Swimmers are limited to one Time Trial event per day.

Para swimmers are permitted to enter Time Trials. However, no para swimming events will be accepted outside of the events listed in WPS 10.4.1.

Time Trial entries will be accepted using the [online entry form](#) beginning at the conclusion of the Technical Meeting at approximately 4pm. Entries may be submitted from this time until 9:30am on the day of the Time trial. Time Trials will be capped to the one-hour limit for each day.

Seeding will be based on submitted entry times.

Entries will be accepted on a first come basis based on the one-hour session time limit.

After entries close on each day, there will be a \$50 penalty for any swimmer who is a no show for their event. Fines will be invoiced at the close of the session. Entry into future national events will not be permitted without payment. Scratches will be accepted up until the Time Trials entry deadline without penalty.

Official split requests won't be accepted during Time Trials.

Swimming Canada reserves the right to adjust or cancel Time Trials events based on session lengths.

Monday, July 25, 2022	Tuesday, July 26, 2022	Wednesday, July 27, 2022	Thursday, July 28, 2022	Friday, July 29, 2022	Saturday, July 30, 2022	Sunday, July 31, 2022
M 200 IM W 100 Fly W 50 Back M 50 Back M 400 Free W 400 IM M 100 Breast	M 100 Back W 100 Back W 100 Breast W 400 Free M 200 Free	W 200 Free M 200 Fly W 50 Breast M 50 Breast W 200 IM M 800 Free	M 100 Free W 200 Fly M 200 Breast W 1500 Free	W 100 Free M 200 Back W 200 Breast M 400 IM W 50 Fly M 50 Fly	W 200 Back M 100 Fly W 800 Free	M 50 Free W 50 Free M 1500 Free
Lundi 25 juillet 2022	Mardi 26 juillet 2022	Mercredi 27 juillet 2022	Jeudi 28 juillet 2022	Vendredi 29 juillet 2022	Samedi 30 juillet 2022	Dimanche 31 juillet 2022
200 QNI H 100 papillon F 50 dos F 50 dos H 400 libre H 400 QNI F 100 brasse H	100 dos H 100 dos F 100 brasse F 400 libre F 200 libre H	200 libre F 200 papillon H 50 brasse F 50 brasse H 200 QNI F 800 libre H	100 libre H 200 papillon F 200 brasse H 1500 libre F	100 libre F 200 dos H 200 brasse F 400 QNI H 50 papillon F 50 papillon H	200 dos F 100 papillon H 800 libre F	50 libre H 50 libre F 1500 libre H