



MASTERS SWIMMING BULLETIN – January 2020

Happy New Year to one and all! We hope 2020 will find you healthy, happy and swimming. Congratulations to all those who have “aged-up” this January 1st, welcome to your new age group for the next 5 years.

Swimming Canada will continue to share your journey in swimming, providing monthly challenges, Canadian Masters Swimming Championships, Canadian Masters Records, FINA Top 10 compilations, leadership and guidance to the provinces along with answers to your many queries. Please consult our Benefits of Membership [HERE](#)

CANADIAN RECORD RECOGNITION

Congratulations to the following swimmers for their Canadian record achievement;

Winskill Otters Masters	280-319	4 X 100 Medley Relay	LC 8:02.14
Team members:	Liz Smith, Sally Holland,	Kenna Papadopolous, Pauline Joly de Lotbinière	
Winskill Otters Masters	240-279	4 X 100 Medley Relay	LC 5:33.62
Team members:	Daniel Brimms, Christopher Dallin	Wayne Thompson Steve Rasmussen	

CANADIAN MASTERS RANKINGS

As we continue to perfect our systems to better suit all swimmers, including Masters Swimmers, please note that rankings are available [HERE](#). You will need to enter the competition season and the range for the years of birth. Please note that as of January 1st the year range will change. Please also note in the younger age groups that ALL swimmers are included and you may be ranked with our Olympians!

MAIL-IN CHALLENGES

January’s Mail-in challenge has been launched and is available in the resource section of the [Swimming Canada Masters](#) page. This month we are inviting you to complete 200m of kick using a push (in the water) start. Please submit time required to cover the distance.

The December challenge data is due back by January 6th so that results can be compiled and prizes awarded.

The November challenge results are available [HERE](#).



Congratulations to all our participating members and clubs.
Our participation prizes, a 25\$ gift certificate to the Swimming Canada on-line store, go to:

Sylvie Croteau	Club de Natation Bois-Franc
Colleen Jordan	Aurora Master Ducks
Alicia Dibben	Aurora Master Ducks
Sandra Lenko Weinhart	Cochrane Masters Swim Club

Each month a new challenge will be posted to be completed in the month, the details of which will be shared with each challenge. Swimmers/coaches will tabulate the results of the challenge and forward them to masters@swimming.ca. Results will be compiled using the age group distributions as per competitions. Prizes will be awarded each month.

2020 CANADIAN MASTERS SWIMMING CHAMPIONSHIPS

Please continue to follow the 2020 Canadian Masters Swimming Championships page [HERE](#) to see the meet package and familiarize yourself with the [meet web page](#) where all new information will appear.

Hotel information has been updated since December 1, 2019.

UNATTACHED SWIMMERS

Swimmers wishing to register without a Masters Swim Club, as an unattached swimmer, should contact their provincial association. Please see the links [HERE](#)

SWIMMER AND CLUB PROFILES

Please continue to send us your swimmer and club stories, we want to hear them, share them and inspire others with them.

Questionnaires are available on our web page and upon request at masters@swimming.ca . If you have a story to tell we would love to hear it! [Swimmer Profile](#) [Club Profile](#).

If you missed our previous bulletins, please consult them [HERE](#)

Any questions may be directed to masters@swimming.ca where we will endeavor to respond or direct you to the proper channels.

Happy Swimming!

To unsubscribe from receiving emails from Swimming/Natation Canada Inc., please log into your swimmer account and select DENY for email consent. You may also email masters@swimming.ca please include your name and email.