



MASTERS SWIMMING BULLETIN – March 2020

We are pleased to present our monthly bulletin and update. We are launching the Swimming Canada meet entry management system for your use for the Swim Alberta Masters Provincials and the Swim Ontario Masters Provincials in April and the Canadian Masters Swimming Championships in May. This will be of particular help for those swimmers entering the meet individually and not as part of a team. A complete user guide has been prepared to assist you through the meet entry process. Teams are encouraged to continue using their team management programs to create Hy-tek and Splash files for their entries.

CANADIAN RECORD RECOGNITION

Since September 1, 2019, Swimming Canada has been the official recorder of all Canadian Masters Swimming records. While there continues to be other information "out there", the official records are on the Swimming Canada web site. Please consult them [HERE](#) . All applications for Canadian and World records **MUST** pass through Swimming Canada for validation.

Canadian Masters Records for individual events are now available on with the [Swimrankings records page](#) , look for Canada in the record list and Canadian Masters Records subsequently. Relay records are being finalized for display on Swimrankings

Congratulations to the following swimmers for their Canadian record achievements;

Madeleine Sévigny	75-79	100 m freestyle (LC)	1:23.45
Madeleine Sévigny	75-79	200 m freestyle (LC)	3:09.33
Hella Versfeld	70-74	50 m backstroke (LC)	42.27
Hella Versfeld	70-74	100 m backstroke (LC)	1:31.37
Hella Versfeld	70-74	50 m butterfly (LC)	43.35
Hella Versfeld	70-74	400 m freestyle (LC)	6:15.45
Sarah MacDonald	60-64	50 m butterfly (LC)	32.79
Sarah MacDonald	60-64	50 m breaststroke (LC)	39.16
Sarah MacDonald	60-64	50 m freestyle (LC)	29.44
Sarah MacDonald	60-64	100 m freestyle (LC)	1:06.67
Karl Donoghue	80-84	50 m backstroke (LC)	42.43
Karl Donoghue	80-84	100 m backstroke (LC)	1:35.98
Karl Donoghue	80-84	200 m backstroke (LC)	3:23.94
Karl Donoghue	80-84	400 m freestyle (LC)	6:48.29
Jack Kelso	80-84	50 m breaststroke (LC)	44.27
Jack Kelso	80-84	50 m freestyle (LC)	33.88



Jack Kelso	80-84	100 m freestyle (LC)	1:17.47
Aldert Dykstra	80-84	200 m butterfly (LC)	5:39.85
Detlev Grabs	60-64	200 m freestyle (LC)	2:15.71
Detlev Grabs	60-64	200 m backstroke (LC)	2:38.04
Chris Daniel	60-64	100 m IM (SC)	1:08.49
Chris Daniel	60-64	200 m IM (SC)	2:29.54
Mae Waldie	85-89	50 m backstroke (SC)	53.50

Hera Blue Swim Club	120-159	4 X 50 Medley Relay (LC)	1:52.05
Team members:	Craig Brazier	Vlad Shirokov	
	Gabrio Mannucci	Mark Kennedy	

Maîtres Pointe-Claire	280-319	4 X 50 Freestyle Relay (SC)	1:56.80
Team members:	Pierre Decary	Ken Ransom	
	Ross Holden	Peter Marzell	

MAIL-IN CHALLENGES

Each month a new challenge will be posted to be completed within the month, the details of which will be shared with each challenge. Swimmers/coaches will tabulate the results of the challenge and forward them to masters@swimming.ca. Results will be compiled using the age group distributions as per competitions. Prizes will be awarded each month. Twenty-Six Swimmers are on track to complete each challenge this season along with 9 Clubs. Prizes will be awarded, keep up the good work!

March's Mail-in challenge has been launched and is available in the resource section of the [Swimming Canada Masters](#) page. This month we are inviting you to complete each of the events that will be swum at the 2020 Olympic and Paralympic Swimming Trials, presented by Bell, to be held in Toronto from March 30th to April 5th, 2020. Check off that you have completed as many of the events as possible and submit your participation.

The February challenge data is due back by March 5th so that results can be compiled and prizes awarded. Remember February results can be submitted individually [HERE](#)

The January challenge results are available [HERE](#).

Congratulations to all our participating members and clubs.

Our participation prizes, a 25\$ gift certificate to the Swimming Canada on-line store, go to:

Claude Charland	Club Natation Bois-Franc
Tom Kerber	YMCA Calgary Masters



Quinton Collister
Doug Lennox

Brandon Bluefins Masters Swim Club
Aurora Master Ducks

2020 OLYMPIC AND PARALYMPIC SWIMMING TRIALS, PRESENTED BY BELL

The Olympic and Paralympic Swimming Trials, presented by Bell, will be hosted at the beautiful Toronto Pan Am Sports Center from March 30th to April 5th, 2020. Preliminaries will run every morning starting at 9:30 am and finals each evening starting at 5:45 pm **EXCEPT** Saturday when finals will start at 5:00 pm.

Come out and cheer on our future Olympians and Paralympians. Morning, evening, full day and club tickets are available in limited quantities, for more information see [HERE](#) . All tickets can be purchased via [HERE](#).

Event sponsorship opportunities are available, for [information](#). The **deadline** to purchase sponsorships is **MARCH 1 2020**. Act quickly to not miss this opportunity.

2020 CANADIAN MASTERS SWIMMING CHAMPIONSHIPS

Please continue to follow the 2020 Canadian Masters Swimming Championships page [HERE](#) to see the meet package and familiarize yourself with the [meet web page](#) where all new information will appear.

Meet entries will open at the end of March. Full details will be available to guide you through the entry process.

Back by popular demand, ribbons will be awarded for relays placing 1st to 8th as well as swimmers placing 4th to 8th.

The officials and volunteers sign-up form is available [HERE](#) . We can't put on these wonderful events without the support and encouragement of our volunteers and volunteer officials. Thank you for your generosity.

2020 SWIMMING CANADA MASTERS SWIMMING AWARDS

Nominations are open for the 2020 [Swimming Canada Masters Swimming Awards](#) including the Award for **Long-term contribution** to Masters Swimming in Canada. The **Excellence in Coaching Award** for an exceptional coach. **Masters Swimming Excellence** award in recognition of Masters Swimmers who have demonstrated consistent and outstanding results at the highest level of competition in Masters Swimming. The nomination documents are available [HERE](#) or through your [Provincial Association](#). The deadline for nomination is March 31, 2020. Don't let deserving members of our community go unrecognized.



2020 UANA VIII PAN AMERICAN MASTERS CHAMPIONSHIP

Medellin, Colombia will be hosting the VIII Pan American Masters Championships. Swimming events, including open water, run from June 18th to June 25th 2020. Entry deadline is May 9th 2020. Information can be found [HERE](#). Swimmers attending and wishing to participate in relays are asked to contact masters@swimming.ca for information by March 29th, 2020 and prior to their entry into the competition.

2021 CANADIAN MASTERS SWIMMING CHAMPIONSHIPS

The bidding is open for the 2021 Canadian Masters Swimming Championships. If your organisation is interested in hosting, please refer to the information [HERE](#), and the [bid forms](#). Please submit all questions to masters@swimming.ca. The deadline for submissions is March 31, 2020.

If you missed our previous bulletins, please consult them [HERE](#)

Any questions may be directed to masters@swimming.ca where we will endeavor to respond or direct you to the proper channels.

Happy Swimming!

"What you get by achieving your goals is not as important as what you become by achieving your goals" - Goethe

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