



## MASTERS SWIMMING BULLETIN – April 2020

In these quickly evolving times please note that Swimming Canada is following the directives from the Government of Canada and provincial governments restricting gatherings. To respond to this directive Swimming Canada has cancelled all of their national events in 2020 including the Canadian Masters Swimming Championships in May. Please see the official press release [HERE](#).

In the interim, we continue planning for our Masters Community; monthly challenges, the 2020-2021 season, new events, an updated web page, club and pool locator along with a distance tracker.

We encourage all of you to practice government safety measures including self-isolation, physical distancing, hand washing and all other recommendations.

Swimming Canada will continue to communicate with it's members encouraging a healthy lifestyle during these difficult times.

Be well, be safe and look out for one another.

### CANADIAN RECORD RECOGNITION

Canadian Masters Records for individual and relay events are now available on with the [Swimrankings records page](#), look for Canada in the record list and Canadian Masters Records subsequently.

Congratulations to the following swimmers for their Canadian record achievements;

Hella Versfeld	70-74	200 m freestyle (LC)	3:05.97
Sarah MacDonald	60-64	50 m butterfly (SC)	33.10
Sarah MacDonald	60-64	100 m breaststroke (SC)	1:25.09
Sarah MacDonald	60-64	50 m freestyle (SC)	29.21
Sarah MacDonald	60-64	100 m individual medley(SC)	1:14.23
Chris Daniel	60-64	200 m freestyle (SC)	1:08.49
Chris Daniel	60-64	400 m freestyle (SC)	2:29.54
Peter O'Brien	70-74	100 m backstroke (SC)	1:19.94
Peter O'Brien	70-74	100 m backstroke (SC)	1:17.16
Ron Armstrong	70-74	400 m freestyle (SC)	5:21.27
Carl Waterer	70-74	100 m freestyle (SC)	1:05.09



## CANADIAN RANKINGS

Canadian rankings are now available on the Swimming Canada web page [HERE](#) . Select the age group to see top times in each event in the selected age group.

### RANKINGS

Top Times

Men

Long Course

2020

Athlete Age
17-18 years
18 years
18-24 years
25-29 years
30-34 years
35-39 years
40-44 years
45-49 years
50-54 years
55-59 years

To view Power Rankings – Click [Here](#)  
To view U SPORTS Rankings – Click [Here](#)

Not all features are currently implemented. Visit [swimrankings.net](http://swimrankings.net) to access missing features.

**CANADA**  
**MEN, OPEN**  
LAST CHANGED 29 MAR 2020

**TOP TIMES**

**LONG COURSE**  
**SEASON 2020**  
1 SEP-31 AUG 2020

ATHLETES	YOB	CLUB	TIME	DATE	CITY (NATION)
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FREESTYLE

Clicking on the event will display all rankings. Clicking on a time will display time details and ranking details. Clicking on a name will display the swimmer's best times.

CANADA					LONG COURSE		
MEN, 50-54 YEARS			TOP TIMES		SEASON 2020		
LAST CHANGED 30 MAR 2020			1 SEP-31 AUG 2020				
ATHLETES		YOB	CLUB	TIME	DATE	CITY (NATION)	MASTERS
FREESTYLE							
50m	COSPER Scott	1969	Victoria Masters Swim Club	27.29	NEW 2 Feb 2020	Victoria	1
100m	SCARTH Brian	1968	White Rock Wave	1:07.12	3 Nov 2019	Richmond	
200m	WILLIAMS Gareth	1967	English Bay Swim Club	2:40.82	NEW 2 Feb 2020	Victoria	1
400m	CHRISTENSEN Glen	1969	Comox Valley Masters	5:20.82	NEW 2 Feb 2020	Victoria	1



CANADA						LONG COURSE	
MEN, 50-54 YEARS						SEASON 2020	
LAST CHANGED 19 MAR 2020						1 SEP-31 AUG 2020	
400M FREESTYLE							
POS.	ATHLETES	YOB	CLUB	TIME	DATE	CITY (NATION)	MASTERS
1	CHRISTENSEN Glen	1969	Comox Valley Masters	5:20.82	NEW 2 Feb 2020	Victoria	1
2	DENEFLE Regis	1967	Victoria Masters Swim Club	5:42.80	NEW 2 Feb 2020	Victoria	1
3	WILLIAMS Gareth	1967	English Bay Swim Club	6:23.81	NEW 2 Feb 2020	Victoria	1
4	PERRON Rory	1968	Sask Masters Swimming	6:57.16	NEW 8 Feb 2020	Saskatoon	1
5	MANZON Richard	1970	Regina Masters Swim Club	7:06.74	NEW 8 Feb 2020	Saskatoon	1
6	ZAZUBEK Brent	1968	Semiahmoo Masters Swim Club	7:15.12	NEW 2 Feb 2020	Victoria	1

SwimRankings also displays Canadian rankings [HERE](#) . You can view provincial rankings and club rankings as well. Just add the province/club to the url like this:

<https://www.swimrankings.net/index.php?page=rankingDetail&club=CAN.ON> (Change the last 2 letters to your provincial code).

<https://www.swimrankings.net/index.php?page=rankingDetail&club=CAN.EOMAC> (Change the last letters to your club code).

## FOREIGN SWIM MEET RESULTS

Results from swim meets which are not Swimming Canada sanctioned do not appear automatically in our results and rankings. When competing at a meet, while representing your Canadian swim team, sanctioned by a foreign federation, recognized by FINA, it is important to communicate your participation to us. We will require the results files produced by the meet management software. Please provide these files or a meet contact so that they can be requested.

## MAIL-IN CHALLENGES

Each month a new challenge will be posted to be completed within the month, the details of which will be shared with each challenge. Swimmers/coaches will tabulate the results of the



challenge and forward them to [masters@swimming.ca](mailto:masters@swimming.ca). Prizes will be awarded, keep up the good work!

April's Mail-in challenge has been launched and is available in the resource section of the [Swimming Canada Masters](#) page. This month we are inviting you to complete the activities listed, while maintaining physical distancing, to help keep you active and maybe bring a smile to your face. Check off that you have completed as many of the activities as possible and submit your participation.

The March challenge data is due back by April 5th so that results can be compiled and prizes awarded. Remember March results can be submitted individually [HERE](#).

The February challenge results are available [HERE](#).

Congratulations to all our participating members and clubs.

Our participation prizes, a 25\$ gift certificate to the Swimming Canada on-line store, go to:

Carolyn Peppin	UNB Masters Swim Club
Emily Flowers	Edmonton Masters Swim Club
Christine Ridenour	Edmonton Masters Swim Club
Lam Nguyen	Manitoba Marlins

## 2020 SWIMMING CANADA MASTERS SWIMMING AWARDS

Nominations are open for the 2020 [Swimming Canada Masters Swimming Awards](#) including the Award for **Long-term contribution** to Masters Swimming in Canada. The **Excellence in Coaching** Award for an exceptional coach. **Masters Swimming Excellence** award in recognition of Masters Swimmers who have demonstrated consistent and outstanding results at the highest level of competition in Masters Swimming. The nomination documents are available [HERE](#) or through your [Provincial Association](#). The deadline for nomination has been extended to April 15, 2020. Don't let deserving members of our community go unrecognized.

## 2021 CANADIAN MASTERS SWIMMING CHAMPIONSHIPS

The bidding is open for the 2021 Canadian Masters Swimming Championships. If your organisation is interested in hosting, please refer to the information [HERE](#), and the [bid forms](#). Please submit all questions to [masters@swimming.ca](mailto:masters@swimming.ca). The deadline for submissions has been extended to April 15, 2020.

If you missed our previous bulletins, please consult them [HERE](#)



Any questions may be directed to [masters@swimming.ca](mailto:masters@swimming.ca) where we will endeavor to respond or direct you to the proper channels.

*"Logic clearly dictates that the needs of the many outweigh the needs of the few"*  
*Spock, The Wrath of Khan (1982)*

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