



MASTERS SWIMMING BULLETIN - June 2020

Welcome to the final edition of the Masters Swimming Bulletin for the 2019-2020 season. This truncated season has produced many new opportunities to explore new ways of presenting our sport. Swimming Canada has created a Return to Swimming Resource document which will help guide provincial sections, clubs, coaches and swimmers as we head back to our pools. You can find the resource here along with FAQ here. Swimming may have a new look and we will all have to continue to work together, following all government and health recommendations, so we can get back into the water to the sport we love.

Follow the <u>Swimming Canada COVID-19 Resource Hub</u> where will continue to communicate to our members to encourage a healthy lifestyle during these challenging times.

We encourage all of you to continue practicing government safety measures including self-isolation, physical distancing, hand washing and all other recommendations.

Be well, be safe and look out for one another. WE WILL SWIM AGAIN

2020 SWIMMING CANADA MASTERS SWIMMING AWARDS

The recipient of the Long-term contribution to Masters Swimming in Canada is Charlie Lane of the Etobicoke Olympium Masters Aquatic Club. Charlie has contributed since 1983 helping to shape masters swimming in Canada. He is an avid statistician and record-keeper for EOMAC. An award is named after him and presented annually in recognition of loyalty and devotion to the sport, attendance and effort at workouts and participation in competitions.

The recipient of the Excellence in Coaching Award for an exceptional coach is Gaël Chaubet of the Downtown Swim Club. Gaël has motivating and encouraging his swimmers in and out of the pool since 2016 and has promoted DSC emphasis on diversity, inclusion and acceptance.

The recipients of the **Masters Swimming Excellence** award in recognition of Masters Swimmers who have demonstrated consistent and outstanding results at the highest level of competition in Masters Swimming are **Kalis Rasmussen** of the Etobicoke Olympium Masters Aquatic Club and **Pablo Conde** of Maitres à Contre-Courant.

Kalis has been swimming competitively since 2000 and currently holds 8 World Records in the 95-99 age group. She is one in a million. Very focused and determined while in the pool and always optimistic and tenacious, no matter what she does.

Pablo has been swimming competitively since childhood and transitioned successfully to masters swimming where he has been awarded Quebec male swimmer of excellence for 6 of the past 10 years.





He is deeply involved in his club's administration and motivates teammates to participate in workouts and competitions.

Please join us in congratulating them for their achievement.

2021 CANADIAN MASTERS SWIMMING CHAMPIONSHIPS

We are pleased to announce that the 2021 Canadian Masters Swimming Championships will be held May 21st to 23rd in Quebec City. We are excited to be returning to Quebec City for this event last hosted there in 2017. The PEPS of the Université de Laval is a beautiful facility with two 25 m, 10 lane competition pools and a warm-up/cool down pool.

The <u>City of Quebec</u> provides spectacular scenery in the historic old city, a UNESCO World Heritage treasure. It is the only fortified city north of Mexico with over 400 years of history. The renowned restaurants of the City are sure to please all palates and the surrounding countryside is breathtaking and worth taking extra time to visit and enjoy.

OPEN WATER SWIMMING

As public pools have closed due to Covid-19, Swimming Natation Canada (SNC) has had multiple inquiries regarding open water swimming. Please be advised that SNC does not regulate, supervise, sanction or recommend training activities by individuals in an open water setting. Any registrant who chooses to swim in an open water setting does so of their own volition and at their own risk. SNC does not assume any liability for injuries or death related to any non-sanctioned open water activity.

Swimming Canada has published Open Water Safety Considerations for Individuals which provides important information for those individuals who choose to engage in open water activities. This document presents considerations to assist in the development of your own personal risk assessment. You can find the document on the Covid-19 Resource Hub here.

MASTERS SWIMMER SURVEY

Swimming Canada is looking for your feedback on the services that have been offered this season and the projects that have been completed. We invite you to complete it HERE

MAIL-IN CHALLENGES





The May challenge data is due back by June 5th so that results can be compiled and prizes awarded. Remember May results can be submitted individually <u>HERE</u>. This was our last challenge of the 2019-2020 season. We hope you have enjoyed them and we look forward to presenting them again during the 2020-2021 season.

The April challenge results are available HERE.

Congratulations to all our participating members and clubs. A special mention to the 6 Swimmers who completed all of the events along with the Manitoba Marlins who completed the events in a long course pool! Our participation prizes, a 25\$ gift certificate to the Swimming Canada on-line store, go to:

Julie Stenner YMCA Calgary Masters
Patricia Grant Halifax Chronos Masters

Hélène Jacques Club Natation Maitres Nageurs Québec

Shannon Roen YMCA Calgary Masters

CANADIAN RECORD RECOGNITION

Canadian Masters Records for individual and relay events are now available on with the <u>Swimrankings records page</u>, look for Canada in the record list and Canadian Masters Records subsequently.

CANADIAN RANKINGS

Canadian rankings are now available on the Swimming Canada web page <u>HERE</u>. Select the age group to see top times in each event in the selected age group.

Clicking on the event will display all rankings. Clicking on a time will display time details and ranking details. Clicking on a name will display the swimmer's best times.

SwimRankings also displays Canadian rankings <u>HERE</u>. You can view provincial rankings and club rankings as well. Just add the province/club to the url like this:

https://www.swimrankings.net/index.php?page=rankingDetail&club=CAN.ON (Change the last 2 letters to your provincial code).

https://www.swimrankings.net/index.php?page=rankingDetail&club=CAN.EOMAC (Change the last letters to your club code).

FOREIGN SWIM MEET RESULTS





Results from swim meets which are not Swimming Canada sanctioned do not appear automatically in our results and rankings. When competing at a meet, while representing your Canadian swim team, sanctioned by a foreign federation, recognized by FINA, it is important to communicate your participation to us. We will require the results files produced by the meet management software. Please provide these files or a meet contact so that they can be requested.

If you missed our previous bulletins, please consult them HERE

Any questions may be directed to masters@swimming.ca where we will endeavor to respond or direct you to the proper channels.

To unsubscribe from receiving emails from Swimming/Natation Canada Inc., please log into your swimmer account and select DENY for email consent. You may also email masters@swimming.ca, please include your name and email.