

**NCCP Level:**

**Age Group Coach (level 2)**

**Coaching Association of  
Canada (CAC) Context:**

**Competition Introduction Advanced**

**OLD NCCP Level:**

Level 2

**Swimmer Level:**

Developing Provincial qualifier to Age National & East/West swimmer

**Athlete Development Stage:**

"Train to Train"

**Course Pre-Requisites:**

18 years old

Fundamentals Coach trained (Swimming 101) or equivalent

**Pre-course Training:**

(taken through your provincial or territorial coaching association)

**Step 1**

**Multi-Sport Modules**

(must be completed before attending Swimming 201)

1 - Design a Basic Sport Program

2 - Basic Mental Skills

3 - Teaching and Learning

**Pre-course work:**

**Step 2**

**Swimming 201 Pre-Course Online Workbook**

(must be completed before attending Swimming 201)

**NCCP status changes to:**

**Age Group Coach "In-Training"**

**Course work:**

**Step 3**

**Swimming 201 Course (in-person or online delivery)**

(20 hours)

**Make Ethical Decisions  
Training:**

**Step 4**

**Make Ethical Decisions (MED) Training Course (optional)**

*May be taken at any time in the training pathway. There is one MED training course for all contexts. Required for NCCP transcript "Trained" status.*

**NCCP status changes to:**

**Age Group Coach "Trained"**

**Required Evaluation:**

**Step 5**

**Age Group Coach Portfolio**

**Step 6**

**Evaluation at a Competition**

**Make Ethical Decisions  
Evaluation:**

**Step 7**

**Make Ethical Decisions Online Evaluation**

*Note: if you have not taken the MED training, you will be charged a fee when you take the online evaluation.*

**NCCP status changes to:**

**Age Group Coach "Certified"**