

**SWIMMING CANADA EASTERNS / WESTERNS 2021 MALE MINIMUM QUALIFYING STANDARDS - SHORT COURSE METRES**

SportClass	50 BK	100 BK	50 BR	100 BR	50 FL	100 FL	50 FR	100 FR	200 FR	400 FR	150 IM	200 IM
1	2:30.18	5:11.20	4:37.26		1:20.76		2:00.54	4:31.24	10:08.76		13:39.70	
2	1:38.86	3:32.39	4:23.04		1:12.33		1:27.62	3:13.60	7:15.11		11:15.06	
3	1:18.32		1:14.79		1:05.70		1:12.30	2:42.74	6:16.19		6:15.22	
4	1:09.84			2:36.72	0:59.07		0:56.98	2:09.51	4:48.05		4:11.55	
5	0:54.70			2:21.44	0:52.79		0:47.50	1:44.91	3:56.90			6:05.50
6		1:50.42		1:55.13	0:45.45		0:40.77	1:32.92		7:20.10		4:01.57
7		1:43.40		1:52.46	0:42.77		0:38.92	1:26.27		6:41.67		3:42.81
8		1:32.75		1:40.47		1:24.68	0:36.50	1:18.75		6:09.92		3:16.54
9		1:24.55		1:33.65		1:20.81	0:34.08	1:14.74		5:43.86		3:06.72
10		1:21.36				1:17.71	0:32.46	1:10.45		5:31.94		2:57.11
11		1:44.69		1:53.42		1:46.38	0:37.84	1:21.37		7:09.31		3:45.32
12		1:27.91		1:37.25		1:20.81	0:34.47	1:13.86		5:36.01		3:06.08
13		1:22.30		1:34.49		1:18.33	0:32.57	1:09.52		5:49.99		3:00.33
14		1:22.08		1:29.42		1:16.30	0:33.24	1:11.47	2:34.59			2:55.47

SWIMMING CANADA EASTERNS / WESTERNS 2021 MALE MINIMUM QUALIFYING STANDARDS - LONG COURSE METRES

SportClass	50 BK	100 BK	50 BR	100 BR	50 FL	100 FL	50 FR	100 FR	200 FR	400 FR	150 IM	200 IM
1	02:27.24	05:05.10	04:31.82		01:19.18		01:58.18	04:25.92	09:56.82		13:23.63	
2	01:36.92	03:28.23	04:17.88		01:10.91		01:25.90	03:09.80	07:06.58		11:01.82	
3	01:16.78		01:13.32		01:04.41		01:10.88	02:39.55	06:08.81		06:07.86	
4	01:08.47			02:33.65	00:57.91		00:55.86	02:06.97	04:42.40		04:06.62	
5	00:54.70			02:21.44	00:52.79		00:47.50	01:44.91	03:56.90			06:05.50
6		01:50.42		01:55.13	00:45.45		00:40.77	01:32.92		07:20.10		04:01.57
7		01:43.40		01:52.46	00:42.77		00:38.92	01:26.27		06:41.67		03:42.81
8		01:34.61		01:42.48		01:26.37	00:37.23	01:20.33		06:17.32		03:20.47
9		01:26.24		01:35.52		01:22.43	00:34.76	01:16.23		05:50.74		03:10.45
10		01:22.99				01:19.26	00:33.11	01:11.86		05:38.58		03:00.65
11		01:42.64		01:51.20		01:44.29	00:37.10	01:19.77		07:00.89		03:40.90
12		01:29.67		01:39.20		01:22.43	00:35.16	01:15.34		05:42.73		03:09.80
13		01:23.95		01:36.38		01:19.90	00:33.22	01:10.91		05:56.99		03:03.94
14		01:23.72		01:31.21		01:17.83	00:33.90	01:12.90	02:37.68			02:58.98



SWIMMING CANADA EASTERNS / WESTERNS 2021 FEMALE MINIMUM QUALIFYING STANDARDS - SHORT COURSE METRES												
SportClass	50 BK	100 BK	50 BR	100 BR	50 FL	100 FL	50 FR	100 FR	200 FR	400 FR	150 IM	200 IM
1	3:00.82	6:01.64	3:36.98		2:54.80		2:36.70	5:37.54	12:21.36		11:27.10	
2	2:30.60	4:47.74	2:07.40		2:36.70		1:47.28	3:55.06	8:26.30		9:38.62	
3	1:39.06		1:30.69		1:54.52		1:25.60	3:23.91	7:32.04		6:01.64	
4	1:24.46			3:11.60	1:36.44		1:03.43	2:36.70	6:32.50		4:56.43	
5	1:06.40			2:34.97	1:13.57		0:55.55	2:03.32	4:37.86			6:05.50
6		2:03.17		2:22.69	0:55.24		0:49.11	1:52.27		7:42.70		4:25.55
7		1:57.80		2:16.55	0:52.33		0:46.38	1:41.37		7:30.83		4:22.81
8		1:47.05		1:57.88		1:43.90	0:42.83	1:31.54		6:49.98		3:58.46
9		1:37.18		1:48.63		1:32.65	0:39.97	1:23.91		6:27.54		3:32.25
10		1:34.98				1:29.66	0:36.95	1:20.78		6:08.51		3:19.71
11		1:57.05		2:14.07		1:54.52	0:44.72	1:40.08		7:54.06		4:12.53
12		1:44.47		1:56.63		1:40.80	0:39.97	1:26.74		7:02.91		3:45.93
13		1:33.08		1:49.19		1:35.05	0:36.80	1:20.52		6:21.11		3:24.53
14		1:35.05		1:49.71		1:31.74	0:37.08	1:21.11	2:56.15			3:25.04

SWIMMING CANADA EASTERNS / WESTERNS 2021 FEMALE MINIMUM QUALIFYING STANDARDS - LONG COURSE METRES												
SportClass	50 BK	100 BK	50 BR	100 BR	50 FL	100 FL	50 FR	100 FR	200 FR	400 FR	150 IM	200 IM
1	02:57.27	05:54.55	03:32.73		02:51.37		02:33.63	05:30.92	12:06.82		11:13.63	
2	02:27.65	04:42.10	02:04.90		02:33.63		01:45.18	03:50.45	08:16.37		09:27.27	
3	01:37.12		01:28.91		01:52.27		01:23.92	03:19.91	07:23.18		05:54.55	
4	01:22.80			03:07.84	01:34.55		01:02.19	02:33.63	06:24.80		04:50.62	
5	01:06.40			02:34.97	01:13.57		00:55.55	02:03.32	04:37.86			06:05.50
6		02:03.17		02:22.69	00:55.24		00:49.11	01:52.27		07:42.70		04:25.55
7		01:57.80		02:16.55	00:52.33		00:46.38	01:41.37		07:30.83		04:22.81
8		01:49.19		02:00.24		01:45.98	00:43.69	01:33.37		06:58.18		04:03.23
9		01:39.12		01:50.80		01:34.50	00:40.77	01:25.59		06:35.29		03:36.49
10		01:36.88				01:31.45	00:37.69	01:22.40		06:15.88		03:23.70
11		01:54.75		02:11.44		01:52.27	00:43.84	01:38.12		07:44.76		04:07.58
12		01:46.56		01:58.96		01:42.82	00:40.77	01:28.47		07:11.37		03:50.45
13		01:34.94		01:51.37		01:36.95	00:37.54	01:22.13		06:28.73		03:28.62
14		01:36.95		01:51.90		01:33.57	00:37.82	01:22.73	02:59.67			03:29.14