



2022 Speedo Canadian Masters Swimming Championships

TECHNICAL BULLETIN

May 20-22, 2022

Québec, Qc

INTRODUCTION



Organizing Committee

National Meet Director:

Sylvie Potvin

National Meet Referee:

Carole Thomas

Meet Manager:

Normand Boily

Chair Local Organizing Committee:

Johanne Girardin

Swimming Canada Meet Entry Coordinator

Carole Thomas

Officials Coordinator:

Martine Gagnon

Swimming Canada Events Manager:

Rebecca Cheverton



MEET CONDUCT

MEET FORMAT



Time finals

Short course (25m): Double-ended (10 lanes)

Competition pool A: Women's events

Competition pool B: Men's events and Mixed relays

Competition pools:

Warm-up: 8:00 – 8:55 am

(Sprint lanes 0&9, and pace lanes 1&8 in each competition pool, 8:40-8:55)

Start Time: 9:00 am

Warm-up pool (25m): 4 lanes available during the meet starting at 9am.

There will be breaks during the sessions as noted in the timelines where warm-down will be possible in the Competition pools.

COVID 19 SAFETY MEASURE



As per the Government of Quebec, protective face masks are not mandatory in the province as of May 14th. -except for public transportation and in Health care facilities.

However, Swimming Canada does recommend the use of face masks as an extra measure of precaution. Athletes, coaches, officials, volunteers, and staff may consider the use of protective masks or face covering. Masks should be considered when physical distancing isn't always possible.

- **Positive covid test:** Isolation requirements 5 days
- **Close contacts:** No need to isolate until symptomatic or test positive.
- **Please follow local Public Health guidelines**

COVID-19 – TESTING



Rapid Antigen Tests AVAILABLE from Swimming Canada

Room 1845-Z on the pool deck (administrative office)

Or email: masters@swimming.ca

SAFE SPORT



Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

- Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both ‘open’ and ‘observable’ to others.
- All participants in this event are reminded that they are bound by Swimming Canada’s Policies and Procedures, including but not limited, to the General Code of Conduct, the Equity, Diversity and Inclusion Policy, and the Harassment Policy.
- **“SEE something, SAY something”**
- For Information regarding the Swimming Canada Safe Sport Program please visit the Swimming Canada [website.](#)

TIMELINES



DAY 1: Women Pool A

Session start: 9:00

Session finish: 2:38

Men Pool B

Session start: 9:00

Session finish: 2:32

DAY 2:

Session start: 9:00

Session finish: 1:45

Session start: 9:00

Session finish: 1:31

DAY 3:

Session start: 9:00

Session finish: 1:39

Session start: 9:00

Session finish: 1:38

Breaks are incorporated into the sessions

These timelines are estimates only, you will find the most recent version with the live results at <https://www.swimming.ca/> or <https://live.swimrankings.net/32758/>

WARM-UP SAFETY PROCEDURES



- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed here: [Swimming-Canada-Competition-Warm-Up-Safety-Procedures-2020.pdf](#)

Permitted:

- Kick board, pull buoy, snorkel & ankle band in the competition pool during warm-ups and in secondary pool during competition.
- Fins, hand paddles and stretch cords are not permitted.
- Swimmers witnessed entering the water in a dangerous fashion may be removed from their first individual event following the warm-up period in which the violation occurred.

COMPETITION MANAGEMENT INFORMATION



Starts

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.

MSW 3.2 will also apply : When using the forward start, the referee's whistle shall indicate that the swimmers may take their position with at least one foot at the front of the starting platform or pool deck or in the water with one hand having contact with the start wall. For relays, swimmers may be allowed to remain in their lane while other swimmers are competing until directed by the referee to exit the pool.

Seeding

All events will be run slowest to fastest, all age groups combined.

Scratches

We invite swimmers and coaches to present all scratches to the Clerk of Course prior to the start of the session.

POSITIVE CHECK-IN FOR THE 800M AND 1500M FREESTYLE



- All swimmers participating in the 1500m freestyle on Friday May 20, 2022 must check-in prior to 08:00am, Friday May 20, 2022 at the registration desk or by email to meet entries coordinator (cthomas@swimming.ca).
- All swimmers participating in the 800m freestyle on Sunday May 22, 2022 must check-in prior to 10:00am Sunday May 22, 2022 at the Clerk of Course or by email to meet entries coordinator (cthomas@swimming.ca).

RELAYS



- Relay name changes must be submitted 30 minutes to the Clerk of Course prior to the start of the session in which they are swum; please enter on the forms available at the Clerk of Course. Relay name changes may not change the age category in which the relay was entered. Relays whose name changes result in age category changes will be scratched.
- All members of a relay team must be from the same club and must be entered in at least one individual event.
- A swimmer may swim only once in each relay event.
- Mixed relays must be composed of 2 women and 2 men.

HEAT SHEETS & RESULTS



Heat Sheets:

- Some copies available for clubs at the Clerk of Course table and posted on the pool.
- Posted on the web as soon as they are ready (swimming.ca, live results and Splash Me)

Results:

- Available on SplashMe
- Posted after each event on the Swimming Canada website (live results)

LIVE RESULTS

Splashme App search for “**Canadian Masters Swimming Championships 2022**”



Live Results – <https://live.swimrankings.net/32758/> |



SPLASH ME: A MOBILE APP FOR SWIM MEETS



SPLASHME is available for as little as 2.79\$ yearly and free for the first year. For more information and to get the application, use the QR code below.

IOS	ANDROID
	

DQ'S AND PROTESTS



Disqualifications:

- Disqualifications will be announced and include event number, heat number and lane number. and posted with the coded reason in the results list.

Procedure for protests:

- Discuss DQ with the session Referee
- If not resolved, a written protest may be presented to the Referee within 30 minutes after the conclusion of the event (protest forms will be available at the Clerk of Course)
- If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.

OTHER INFO:



- Lap counters:
 - Available if needed. They will be at the turn end of the pool. Swimmers must bring a person with them to use the lap counters. These counters should not touch the water.
- Backstroke devices (ledges):
 - These will be available during the meet.
- Pre-meet training times:
 - For those arriving early, there are lanes available to train with the public everyday from 7am to 8pm in 25m or 50m, at the cost of 11\$ per day.



**OPERATIONS &
ADMINISTRATIVE
CONDUCT**

ACCREDITATION / REGISTRATION



- **REGISTRATION:**

- On Thursday May 19th and Friday May 20th, registration will be in the entrance to the PEPS at the following times:
 - Thursday 4pm to 8pm / Friday 7am to 3pm
- On Saturday May 21st and Sunday May 22nd, registration will be on the pool deck near the Clerk of Course during competition hours.

- **ACCREDITATION:**

- Accreditation will be required to gain access to the locker rooms and the pool deck. ALL athletes, coaching staff and support staff must have accreditation. Individual without accreditation will not be permitted pool access. Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

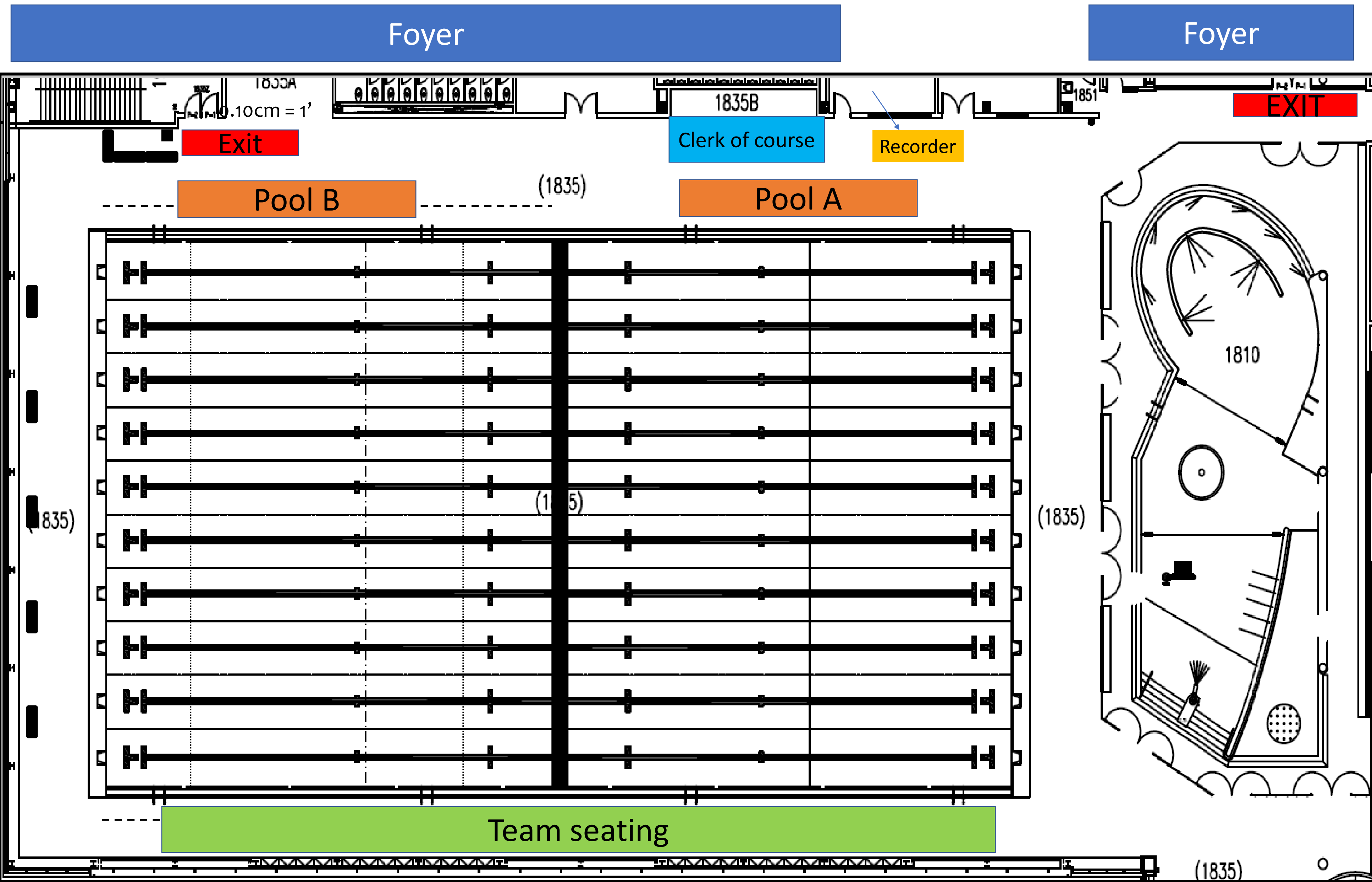
GENERAL FACILITY INFORMATION



- Swimmers can use the **main locker rooms**. All locks need to be removed every night
- To access the competition pool, you must pass by the security desk to the right of the lobby; you can then access locker rooms situated below the stairs to the left. Persons with mobility issues can use the Family locker room located on the same floor as reception once you pass the security desk.
- No water bottles will be sold at the venue; water bottle fill stations are situated on the competition pool and in the area between the two pools.
- **Hospitality**
 - Light Refreshments will be served throughout the meet for swimmers and coaches in the foyer. A canteen (\$) will also be available in the foyer.
 - Lunch will be available for officials.

POOL AND INSTALLATIONS LAYOUT





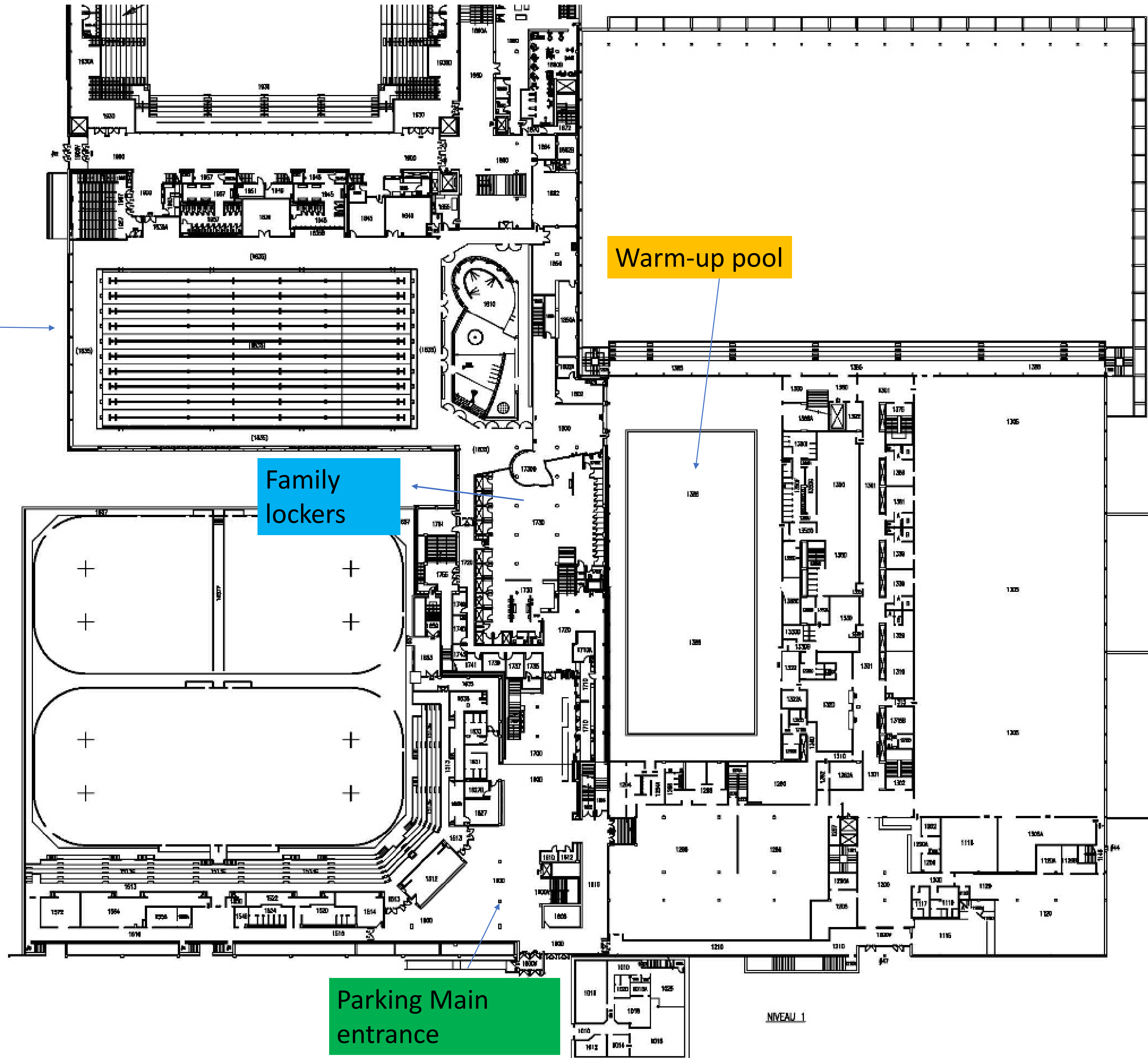
Family lockers/ Warm-up Pool

Competition pool

Warm-up pool

Family lockers

Parking Main entrance



EVACUATION PROCEDURE



- Lifeguards are responsible for the evacuation procedures, please follow their instructions.
- Two emergency exits are located by the windows of the competition B pool and by the kiddie pool near the competition A pool. (see Pool layout)

MEET SCORING



- Individual events, places 1 – 8:
 - 9-7-6-5-4-3-2-1
- Relays events, places 1 – 8:
 - 18-14-12-10-8-6-4-2
 - Foreign and unattached swimmers are not eligible to score points

AWARDS



- **Individual**
 - Medals for first, second and third placed swimmers representing Canadian Swim Clubs.
 - Ribbons for swimmers placing 4th to 8th.
 - A commemorative medal will be awarded to swimmers representing Foreign Swim Clubs placing in the top 3.
- **Relays**
 - Ribbons for first, second and third placed Relays of Canadian Swim Clubs.
 - Ribbons for relays placing 4th to 8th.
 - A commemorative ribbon will be awarded to Relays representing Foreign Swim Clubs placing in the top 3.

Individual and relay awards must be collected at the awards table in the foyer throughout the meet. Unclaimed awards will NOT be mailed. Relay awards will be given to 1 team member for distribution.

TEAM AWARDS



- A banner will be awarded to the highest scoring Canadian Swim Club participating in the Canadian Masters Swimming Championships.
- A banner will be awarded to the highest scoring Canadian Swim Club with 15 to 40 swimmers registered in the Canadian Masters Swimming Championships.
- A banner will be awarded to the highest scoring Canadian Swim Club with 14 or fewer swimmers registered in the Canadian Masters Swimming Championships.
- A banner will be awarded to the Canadian Swim Club with a minimum of 4 swimmers with the highest average number of points for individual events only per swimmer registered in the Canadian Masters Swimming Championships.

SWIMMING CANADA RECOGNITION AWARDS



- Recognition awards will be distributed by Swimming Canada on the pool deck on the Saturday during the break before relays (around 11am)

RECORDS AND OFFICIAL TIME REQUESTS



- **Records**
 - All swimmers attempting to set a record **MUST** inform the Clerk of Course prior to the start of the session in which their Canadian, World or foreign record attempt will occur. Information forms will be available.
- **Official Split Requests**
 - All requests for official splits must be presented to the Clerk of Course prior to the start of the session in which they are requesting an official split. Official Split request forms will be available at the Clerk of Course

OTHER INFO:



- **Internet access:**
 - Free for guests to the PEPs
 - No password needed
- **Parking:**
 - Parking at the PEPS will be free during the duration of the meet, no passes needed
- **Spectators:**
 - Spectators are permitted; there is no fee to access the stands. Capacity of 1000 people.

QUESTIONS AND CONCERNS



- Questions and concerns related to the facility or technical delivery of the competition - Sylvie Potvin, Normand Boily or Johanne Girardin
- Questions related to a disqualification: Session Referee
- Questions not related to the competition: email questions@swimming.ca



HAVE A GREAT MEET!



SWIMMING.CA | NATATION.CA