

2022 Speedo Canadian Masters Swimming Championships
Championnats canadiens de natation des maitres Speedo 2022

Schedule Session No. 1 - Bassin/Pool A: Femmes - Women

2022-05-20 - 9:00

Warmup: 8:00 until 8:55

08:58 Cérémonies d'ouverture et hymne national - Opening Ceremonies and National anthem

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|-------|-----|---|-------|-------------|----------------|------|---------|----|
| 9:00 | 1. | 1500m Freestyle | Women | Timed Final | 18 + | 2:06 | 4 Heats | 37 |
| 11:06 | | Pause relais échauffement-dénagement / Break for relays warmup-cooldown | | | | 0:54 | | |
| 12:00 | 5. | 200m Freestyle | Women | Timed Final | 18 + | 0:42 | 9 Heats | 81 |
| 12:42 | 7. | 100m Breaststroke | Women | Timed Final | 18 + | 0:19 | 7 Heats | 68 |
| 13:01 | 9. | 100m Butterfly | Women | Timed Final | 18 + | 0:12 | 4 Heats | 40 |
| 13:13 | | Pause relais échauffement-dénagement / Break for relays warmup-cooldown | | | | 0:32 | | |
| 13:45 | 13. | 200m Medley | Women | Timed Final | 18 + | 0:37 | 8 Heats | 73 |
| 14:22 | 15. | 50m Backstroke | Women | Timed Final | 18 + | 0:16 | 7 Heats | 67 |
| 14:38 | | End of session | | | Total duration | 5:38 | | |

Schedule Session No. 2 - Bassin/Pool B: Hommes - Men & Relais mixtes - Mixed Relay events 2022-05-20 - 9:00

Warmup: 8:00 until 8:55

08:58 Cérémonies d'ouverture et hymne national - Opening Ceremonies and National anthem

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|-------|-----|--|-------|-------------|----------------|------|---------|----|
| 9:00 | 2. | 1500m Freestyle | Men | Timed Final | 18 + | 2:27 | 5 Heats | 43 |
| 11:27 | 3. | 4 x 50m Medley | Mixed | Timed Final | 72 - 399 | 0:17 | 4 Heats | 31 |
| 11:44 | | Pause après relais 4x50m | | | | 0:16 | | |
| 12:00 | 6. | 200m Freestyle | Men | Timed Final | 18 + | 0:32 | 8 Heats | 74 |
| 12:32 | 8. | 100m Breaststroke | Men | Timed Final | 18 + | 0:19 | 7 Heats | 67 |
| 12:51 | 10. | 100m Butterfly | Men | Timed Final | 18 + | 0:13 | 6 Heats | 56 |
| 13:04 | | Pause avant relais / Break before relays | | | | 0:11 | | |
| 13:15 | 11. | 4 x 50m Freestyle | Mixed | Timed Final | 72 - 399 | 0:11 | 3 Heats | 29 |
| 13:26 | | Pause avant 200m QNI - Break before 200m IM starts | | | | 0:19 | | |
| 13:45 | 14. | 200m Medley | Men | Timed Final | 18 + | 0:34 | 8 Heats | 74 |
| 14:19 | 16. | 50m Backstroke | Men | Timed Final | 18 + | 0:16 | 8 Heats | 71 |
| 14:35 | | End of session | | | Total duration | 5:35 | | |



2022 Speedo Canadian Masters Swimming Championships
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Schedule Session No. 3 - Bassin/Pool A: Femmes - Women

2022-05-21 - 9:00

Warmup: 8:00 until 8:55

08:58 Cérémonies d'ouverture et hymne national - Opening Ceremonies and National anthem

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|-------|---|-------------------|-------|-------------|----------------|------|----------|-----|
| 9:00 | 17. | 400m Freestyle | Women | Timed Final | 18 + | 1:05 | 8 Heats | 77 |
| 10:05 | 19. | 100m Medley | Women | Timed Final | 18 + | 0:32 | 12 Heats | 117 |
| 10:37 | 21. | 200m Breaststroke | Women | Timed Final | 18 + | 0:30 | 6 Heats | 58 |
| 11:07 | 23. | 50m Butterfly | Women | Timed Final | 18 + | 0:16 | 10 Heats | 95 |
| 11:23 | 25. | 4 x 50m Freestyle | Women | Timed Final | 72 - 399 | 0:11 | 3 Heats | 26 |
| 11:34 | Pause relais- Remises des prix Bassin B / Relay break and Awards presentation in B Pool | | | | | | 0:57 | |
| 12:31 | 29. | 4 x 100m Medley | Women | Timed Final | 72 - 399 | 0:18 | 2 Heats | 12 |
| 12:49 | 31. | 200m Backstroke | Women | Timed Final | 18 + | 0:26 | 5 Heats | 46 |
| 13:15 | 33. | 100m Freestyle | Women | Timed Final | 18 + | 0:31 | 13 Heats | 125 |
| 13:46 | End of session | | | | Total duration | 4:46 | | |

Schedule Session No. 4 - Bassin/Pool B: Hommes - Men

2022-05-21 - 9:00

Warmup: 8:00 until 8:55

08:58 Cérémonies d'ouverture et hymne national - Opening Ceremonies and National anthem

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|-------|--|-------------------|-------|-------------|----------------|------|----------|-----|
| 9:00 | 18. | 400m Freestyle | Men | Timed Final | 18 + | 0:57 | 8 Heats | 73 |
| 9:57 | 20. | 100m Medley | Men | Timed Final | 18 + | 0:24 | 10 Heats | 91 |
| 10:21 | 22. | 200m Breaststroke | Men | Timed Final | 18 + | 0:31 | 6 Heats | 52 |
| 10:52 | 24. | 50m Butterfly | Men | Timed Final | 18 + | 0:16 | 11 Heats | 104 |
| 11:08 | 26. | 4 x 50m Freestyle | Men | Timed Final | 72 - 399 | 0:10 | 3 Heats | 23 |
| 11:18 | Pause Remise de prix / Awards presentation | | | | | | 0:27 | |
| 11:45 | 27. | 4 x 100m Medley | Mixed | Timed Final | 72 - 399 | 0:25 | 3 Heats | 23 |
| 12:10 | Pause relais / Relay break | | | | | | 0:21 | |
| 12:31 | 30. | 4 x 100m Medley | Men | Timed Final | 72 - 399 | 0:09 | 1 Heat | 8 |
| 12:40 | 32. | 200m Backstroke | Men | Timed Final | 18 + | 0:24 | 5 Heats | 50 |
| 13:04 | 34. | 100m Freestyle | Men | Timed Final | 18 + | 0:27 | 13 Heats | 127 |
| 13:31 | End of session | | | | Total duration | 4:31 | | |

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Schedule Session No. 5 - Bassin/Pool A: Femmes - Women

2022-05-22 - 9:00

Warmup: 8:00 until 8:55

08:58 Cérémonies d'ouverture et hymne national - Opening Ceremonies and National anthem

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|-------|---|--------------------|-------|--------------|----------------|------|----------|-----|
| 9:00 | 35. | 400m Medley | Women | Timed Final | 18 + | 0:41 | 4 Heats | 34 |
| 9:41 | 37. | 100m Backstroke | Women | Timed Final | 18 + | 0:18 | 6 Heats | 59 |
| 9:59 | 39. | 50m Freestyle | Women | Timed Final | 18 + | 0:17 | 12 Heats | 117 |
| 10:16 | 41. | 4 x 50m Medley | Women | Timed Final | 72 - 399 | 0:14 | 3 Heats | 23 |
| 10:30 | Pause relais mixtes dans Bassin B / Break before mixed relays in B Pool | | | | | | 0:45 | |
| 11:15 | 45. | 4 x 100m Freestyle | Women | Timed Final | 72 - 399 | 0:16 | 2 Heats | 14 |
| 11:31 | 47. | 200m Butterfly | Women | Timed Final | 18 + | 0:18 | 3 Heats | 23 |
| 11:49 | 49. | 50m Breaststroke | Women | Timed Final | 18 + | 0:16 | 9 Heats | 82 |
| 12:05 | 51. | 800m Freestyle | Women | Slower Heats | 18 + | 1:34 | 5 Heats | 41 |
| 13:39 | Présentation des prix d'équipes - Team Awards | | | | | | 0:09 | |
| 13:48 | End of session | | | | Total duration | 4:48 | | |

Schedule Session No. 6 - Bassin/Pool B: Hommes - Men

2022-05-22 - 9:00

Warmup: 8:00 until 8:55

08:58 Cérémonies d'ouverture et hymne national - Opening Ceremonies and National anthem

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|-------|---|--------------------|-------|--------------|----------------|------|----------|-----|
| 9:00 | 36. | 400m Medley | Men | Timed Final | 18 + | 0:43 | 5 Heats | 43 |
| 9:43 | 38. | 100m Backstroke | Men | Timed Final | 18 + | 0:14 | 5 Heats | 50 |
| 9:57 | 40. | 50m Freestyle | Men | Timed Final | 18 + | 0:19 | 14 Heats | 131 |
| 10:16 | 42. | 4 x 50m Medley | Men | Timed Final | 72 - 399 | 0:13 | 3 Heats | 22 |
| 10:29 | Pause avant relais mixtes / Break before mixed relays | | | | | | 0:14 | |
| 10:43 | 43. | 4 x 100m Freestyle | Mixed | Timed Final | 72 - 399 | 0:14 | 2 Heats | 18 |
| 10:57 | Pause avant relais / Break before relays | | | | | | 0:18 | |
| 11:15 | 46. | 4 x 100m Freestyle | Men | Timed Final | 72 - 399 | 0:13 | 2 Heats | 12 |
| 11:28 | 48. | 200m Butterfly | Men | Timed Final | 18 + | 0:14 | 3 Heats | 24 |
| 11:42 | 50. | 50m Breaststroke | Men | Timed Final | 18 + | 0:16 | 10 Heats | 94 |
| 11:58 | 52. | 800m Freestyle | Men | Timed Final | 18 + | 1:15 | 5 Heats | 46 |
| 13:13 | 51. | 800m Freestyle | Women | Fastest Heat | 18 + | 0:25 | 2 Heats | 20 |
| 13:38 | Présentation des prix d'équipes - Teams Awards | | | | | | 0:10 | |
| 13:48 | End of session | | | | Total duration | 4:48 | | |

