



TORONTO (CAN) 2022



FINA SWIMMING WORLD CUP OCTOBER 28-30, 2022

GENERAL INFORMATION

FINA rules govern this competition.

This meet is open to invited Swimming Canada registered swimmers and FINA registered foreign swimmers (swimmers registered with foreign swimming federations). Please reference [Swimming Canada Rulebook](#) for eligibility rules (CGR1.2.1 and CGR 1.3.1).

For information and updates to this document please refer to the Swimming Canada [website](#).

Competition hosts

FINA and Swimming Canada

Venue

Toronto Pan Am Sports Centre
875 Morningside Ave, Toronto

Pool

10-lane 25m competition pool
10-lane 50m warm-up pool

KEY DATES

Meet Entry Deadline	September 26, 2022		
Registration	October 25, 2022	October 26, 2022	October 27, 2022
	7:30 – 1:30	7:30 – 1:30	7:30 – 1:30
	15:30 – 19:30	15:30 – 19:30	15:30 – 19:30
	All club representatives are required to register their club at the registration desk to receive accreditation. All coaches and support staff must register themselves in person.		
Pre-Event Training	October 25, 2022	October 26, 2022	October 27, 2022
	8:00 – 14:00	8:00 – 14:00	8:00 – 14:00
	16:00 – 20:00	16:00 – 20:00	16:00 – 20:00
Technical Meeting	October 27, 2022, at 11:00 (Studio 2/3 – 3 rd Floor)		
Competition Start Times	Heats: 7:15 – 9:15 Warm up / 9:30 Start Finals: 15:15 – 17:45 Warm up / 18:00 Start		

ORGANIZING COMMITTEE

FINA Events Manager
Swimming Canada Events Manager
National Meet Director
National Meet Referee
Swimming Canada Meet Entry Coordinator

Namhee Cho
Jocelyn Jay
Suzanne Paulins
Louise Leblanc
Trevor Cowan

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SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.





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Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others. All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures, including but not limited to, the Code of Conduct and Professional Ethics, the Equity, Diversity and Inclusion Policy, and the Harassment Policy.

For Information regarding the Swimming Canada Safe Sport Program please visit the Swimming Canada [website](#).

QUALIFYING STANDARDS

[2022 Swimming Canada Standards](#)

A competitor's age is determined by their year of birth i.e. age as of December 31, 2022.

Time Period for Entry times

Times performed Long Course or Short Course since July 1, 2021 are eligible for use for entry times.

ENTRY FEES & INFORMATION

Entry Fees - \$125 CAD per Canadian Club Swimmers only

Following the meet entry deadline, all participating Canadian clubs, Unattached Canadian swimmers and foreign teams will receive a PayPal invoice via email for all fees owing. This invoice must be paid prior to October 24, 2022 in order for entries to be considered final. Please note: The team that enters the swimmer is responsible for paying that swimmer's fees.

Entry Process

All entries must be submitted via the online entry system- <https://www.swimming.ca/en/events-results/live-upcoming-meets/>. Canadian Club swimmers are permitted to enter up to 6 individual swims with a Canadian Swimming Championships standard. Short course standards have been developed for entry purposes only.

All Canadian club and varsity coaches attending the event must be included in the club entry submission to receive accreditation. Foreign coaches are asked to refer to the section on Coach Accreditation below to ensure you are registered.

Varsity swimmers must be registered in the Competitive Open, Competitive Open-Varsity or Varsity registration category and may represent their club team or their Varsity team at the World Cup. The University registration category 'Varsity' expires on April 30th.

All invited Unattached Canadian swimmers may go to the **entry page** and select "UNCAN" as their Province. This will allow them to enter coaches, support staff and upload an entry file. An invoice for all entries, as well as foreign coaches and support staff will be emailed to the entry contact after the entry deadline.

Bonus Swims

There are no bonus swims.

Late Entries

No late entries or changes will be permitted.





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Proof of Times

Individual Events: All entries will be proven via the on-line entry system. Any non-validated times in your meet entry submission report must be proven by the meet entry deadline. The Meet Entry Coordinator may challenge any entry time before or during the competition.

It is the responsibility of the Club entering the swimmers to validate any entry times, if requested. Non-validated entry times will result in swimmer's removal from the event.

Technical Meeting – Thursday, October 27, 2022, at 11:00 in Studio 2/3 (3rd Floor)

This will be the only opportunity for last minute entry changes (any withdrawals, but additional entries only for duly entered members of national teams - no additions for club representatives)

Scratches & Withdrawals

- a) Withdrawals for the first session of heats are due by the close of business of the Technical Meeting.
- b) Withdrawals for each subsequent session of heats are due one (1) hour prior to the start of finals the evening before.
- c) Withdrawals for each session of finals are due not later than **thirty (30) minutes** upon conclusion of the heats on that day.
- d) DNS will be fined according to FINA Rules.
- e) A positive check-in for time final races should be made not later than the conclusion of the Finals session on the day prior to the event in order to avoid open lanes in the finals.
- f) It is mandatory for one representative of each Federation to take part in the Technical Meeting. The competitors should be made aware of their responsibilities in attending the SWC and being represented.

Penalty

The registered club of any competitor who withdraws from the heats/preliminary rounds after the Technical Meeting or from a final more than **thirty (30) minutes** after the preliminaries of the event in which qualification was earned, shall pay without excuse to the National Meet Director, via issued Square invoice, the sum of one-hundred (100) Swiss francs or \$135.00 CAD.

COMPETITION INFORMATION

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#). Warm-up Safety Procedures will be in effect during the designated warm-up times.

Starts

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.

Backstroke Ledges

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

Official Splits

No official splits are permitted.

Preliminaries

Preliminary heats will be swum in 10 lanes, senior seeded.





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Preliminary Event Seeding

All entries must be submitted using proven long course (LCM) or short course (SCM) times. Conversion will not be accepted. Preliminary and Time Final events will be seeded using short course entries first followed by all long course entries.

The 800m freestyle, 1500m freestyle and 400 IM will be swum as an open time final with the fastest heat (8 swimmers) competing in the Finals session. All other heats shall be swum “seeded” in the preliminary session, swimming fastest to slowest heat.

Preliminary heats of the 400m freestyle will be seeded slowest to fastest. The top 2 heats in each event will be swum circle seeded in accordance with SW 3.1.1.2.

Meet Management reserve the right to create “Overflow Heats” of these events based on timelines and entry numbers. Should this take place, specific events will be announced at the Technical Meeting.

Finals

Finals will be swum in 8 lanes for all events.

There will be an “A” Final only for all events, consisting of the fastest 8 athletes regardless of age.

Swim-offs

All swim-offs are to be run by the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

Call Room

For heats/preliminaries and finals, swimmers shall report to the First Call Room at a time determined by the event management. After inspection, swimmers proceed to the final call-room.

ACCREDITATIONS

Accreditations

Accreditation Cards are NON-TRANSFERABLE

Club accreditations (including coaches, team manager and support staff) will be assigned based on submitted coaches and support staff, into the Online Entry System, during the entry process.

All individuals are required to submit a photo, per the [FINA Photo Requirements](#). In order to be assigned an accreditation to access the facility. Please upload the required photo to the following [link](#).

Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

Coach Accreditation

Canadian coaches must be registered with the CSCA and Swimming Canada as an “A1” or “B” member to receive accreditation. All coaches are responsible for checking in and collecting their own accreditation at the competition.

All Canadian club & varsity coaches attending the meet **must** have their name and information submitted in the club’s entry submission. If a varsity coach will not be submitting entries for their athletes but will be attending the meet, please contact jjay@swimming.ca.

Support Staff Accreditation

Clubs requiring Support Staff (i.e. massage therapist, physiologist, doctor, mental performance coach or team manager only) are required to add them into the Registration Tracking and Results System (RTR). The Club Registrar





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is responsible for adding Support Staff to the RTR for the purpose of **being permitted on deck at the FINA Swimming World Cup**. **Support Staff who are not registered with event entry upload will not be permitted on deck or penalized a \$50.00 fee for late entry.**

Swimmers Accreditation

Swimmers will be provided an accreditation card for venue access. This card must be displayed at all times. Access to the pool will be through the turnstile using the barcode on the accreditations and past the main security checkpoint.

The Deck Accreditation Card remains the property of Swimming Canada and can be withdrawn at Swimming Canada’s sole discretion. By using this Card, individuals agree to be filmed, televised, photographed, and otherwise recorded during the Competition for purposes relating to the promotion of Swimming Canada and the development of the sport of swimming.

AWARD INFORMATON

Gifts to be awarded for first, second and third placed swimmers. No medal ceremonies will be conducted.

SCORING & PRIZE MONEY

Scoring System

The total score that an athlete can earn from an event is the sum of points inversely related to the position at the finals and additional points based on performance. For scoring performance, the valid FINA Points system is used. FINA Points system is based on the previous year's world record.

For every event, points are awarded to the finalists:

Position	1st	2nd	3rd	4th	5th	6th	7th	8th
Points	10	8	6	5	4	3	2	1

The following additional scoring are awarded based on performances:

Up to	<... 999	989	979	969	959	949	939	929	919	909	899	889	879	869	859
Starting from	<... 990	980	970	960	950	940	930	920	910	900	890	880	870	860	850
Points	<... 9.9	9.8	9.7	9.6	9.5	9.4	9.3	9.2	9.1	9	8.9	8.8	8.7	8.6	8.5
Up to	849	839	829	819	809	799	789	779	769	759	749	739	729	719	709 ...>
Starting from	840	830	820	810	800	790	780	770	760	750	740	730	720	710	700 ...>
Points	8.4	8.3	8.2	8.1	8	7.9	7.8	7.7	7.6	7.5	7.4	7.3	7.2	7.1	7 ...>



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For example, an athlete who placed 2nd with a time of 55.49 in the Women's 100m Butterfly (which totals 953 points) will earn a total score of 17.5, a sum of 8 points for the 2nd place position and 9.5 points based on the performance.

Prize Money by Meet

There is no limit to the number of individual events each athlete representing CANADA can compete in per meet but only the best three (3) results (sum of points for position and performance) are counted in the score for the meet. *Canadian Club swimmers are permitted to enter up to 6 individual swims with a Canadian Swimming Championships standard. Short course standards have been developed for entry purposes only.*

A ranking shall be established per gender at each World Cup meet.

Ranking position at Meet	Total	Ranking Position at Meet	Total
1	US\$ 12'000	11	US\$ 4'900
2	US\$ 10'000	12	US\$ 4'800
3	US\$ 8'000	13	US\$ 4'700
4	US\$ 6'000	14	US\$ 4'600
5	US\$ 5'500	15	US\$ 4'500
6	US\$ 5'400	16	US\$ 4'400
7	US\$ 5'300	17	US\$ 4'300
8	US\$ 5'200	18	US\$ 4'200
9	US\$ 5'100	19	US\$ 4'100
10	US\$ 5'000	20	US\$ 4'000

SWIMWEAR AND ADVERTISING

All competitors of the FINA Swimming World Cup shall abide by the relevant FINA Rules and regulations pertaining to swimwear and advertising:

1. [GR 5 SWIMWEAR](#)
2. [GR 6 ADVERTISING](#)
3. [BL 7 ADVERTISING AT FINA WORLD CHAMPIONSHIPS AND FINA COMPETITIONS](#)
4. [BL 8 SWIMWEAR](#)

DOPING CONTROL

Participants registered for this event must be aware that doping control may be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with the Canadian Anti-Doping Program.

To avoid a positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- **Check your medications:** Use the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments you are using are banned by the WADA Prohibited List.



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- **Review your medical exemption requirements:** If you require the use of a banned medication for a legitimate medical reason visit (<http://cces.ca/medical-exemptions>) to obtain information and instructions about how to apply for a medical exemption.
- **Learn about the doping risks associated with supplements:** Do not use supplements, or take significant precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Find out more at <http://cces.ca/supplements>.
- **Review the sample collection procedures:** This short video will take you step-by-step through doping control (<http://cces.ca/sample-collection-procedures>).
- **Contact the CCES with any questions:**
 - Email: info@cces.ca
 - Call toll-free: 1-800-672-7775
 - Online: www.cces.ca/athletezone

SITE INFORMATION

Hospitality – Officials & Coaches

A hospitality room may be available for officials and coaches. Decision to be made closer to the competition.

Parking

Pay parking will be available at the facility. See [HERE](#) for more information.

Lockers

Lockers are available at the pool in the change rooms.

TRAVEL INFORMATION

Hotel Accommodations

Hotel lists for this competition can be found at: <https://www.swimming.ca/fina-swimming-world-cup-toronto/>

Swimming Canada Rental Car Partner

Avis Rent a Car - for bookings visit <https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.





MEET PROGRAM

	Day 1 - 12 EVENTS			Day 2 - 11 EVENTS			Day 3 - 11 EVENTS		
25m Pool	400m	Freestyle	W	400m	Ind. Medley	W	400m	Ind. Medley	M
	400m	Freestyle	M	1500m	Freestyle	W	800m	Freestyle	M
	50m	Backstroke	W	50m	Backstroke	M	100m	Butterfly	W
	200m	Backstroke	M	200m	Freestyle	W	50m	Butterfly	M
	200m	Butterfly	W	200m	Ind. Medley	M	200m	Backstroke	W
	100m	Butterfly	M	100m	Backstroke	W	100m	Backstroke	M
	200m	Breaststroke	W	50m	Breaststroke	M	50m	Breaststroke	W
	100m	Breaststroke	M	50m	Butterfly	W	200m	Breaststroke	M
	50m	Freestyle	W	100m	Freestyle	M	100m	Freestyle	W
	50m	Freestyle	M	100m	Breaststroke	W	200m	Freestyle	M
	100m	Ind. Medley	W	200m	Butterfly	M	200m	Ind. Medley	W
	100m	Ind. Medley	M						
							Meet Ceremony		