

**SWIMMING
CANADA
NATATION**



**2023 SPEEDO EASTERN CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS DE L'EST SPEEDO 2023**

Thu 16 Mar 2023

Preliminaries Program

jeu 16 mars 2023

Programme préliminaires



Canada



**Championnat canadiens de l'est 2023 Speedo Eastern Canadian Championships
Windsor, March 16-19, 2023**

Horaire session n° 1- Jour 1 / Day 1

2023-03-16 9:00

9:00	301	200m Freestyle	Women	Prelim	Open	0:05	1	2
9:05	302	200m Freestyle	Men	Prelim	Open	0:04	1	5
9:09	1	200m Freestyle	Women	Prelim	13 +	0:12	4	40
9:21	2	200m Freestyle	Men	Prelim	14 +	0:14	5	45
9:35	303	100m Backstroke	Women	Prelim	Open	0:03	1	8
9:38	304	100m Backstroke	Men	Prelim	Open	0:03	1	9
9:41	3	100m Backstroke	Women	Prelim	13 +	0:08	4	38
9:49	4	100m Backstroke	Men	Prelim	14 +	0:10	5	42
9:59	5	200m Breaststroke	Women	Prelim	13 +	0:15	4	33
10:14	6	200m Breaststroke	Men	Prelim	14 +	0:16	5	48
10:30	7	4 x 100m Freestyle	Women	Slower Heats	13 +	0:16	2	20
10:41	8	4 x 100m Freestyle	Men	Slower Heats	14 +	0:09	2	17
10:50	9	800m Freestyle	Women	Slower Heats	13 +	0:10	Heat 1	10
11:00	10	1500m Freestyle	Men	Slower Heats	14 +	0:16	Heat 2	10
11:17	9	800m Freestyle	Women	Slower Heats	13 +	0:10	Heat 3	9
11:28	10	1500m Freestyle	Men	Slower Heats	14 +	0:16	Heat 4	5
11:47	9	800m Freestyle	Women	Slower Heats	13 +	0:10	Heat 5	3

11:59 End of Session Duration: **2:59**



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1 - Jour/Day 1 Prelims

16/03/2023 - 9:00

Event 301 Women, 200m Freestyle S1-S5, S14
16/03/2023 - 9:00 PARA Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0					
1					
2					
3					
4	HENAULT, Miori	28 CASE	S14	0	2:28.64 L
5	BURNS, Hannah	19 LAC	S4	A,3,4,12	4:27.59 L
6					
7					
8					
9					

SR

Event 302 Men, 200m Freestyle S1-S5, S14
16/03/2023 - 9:05 PARA Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0					
1					
2	DALEMAN, Austin	21 HHBF	S14	0	2:45.93 L
3	FRICANO, Antonio	21 GHAC	S14	0	2:34.91 L
4	CANNEY, Jesse	26 FAST	S14	0	2:12.08 L
5	KIERSTEAD, George	14 MUSAC	S14	0	2:32.68 L
6	LANDRY, Lucas	18 CNJO	S14	0	2:37.06 L
7					
8					
9					

AW



Championnat canadiens de l'est 2023 Speedo Eastern Canadian Championships
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Event 1 Women, 200m Freestyle 13 years and older
16/03/2023 - 9:09 Startlist Prelim

Canadian Senior Records	1:54.13	MCINTOSH, Summer	UNCAN	Fort Lauderdale (USA)	03/03/2023
Canadian Age Group Records 15 - 17	1:54.13	MCINTOSH, Summer	UNCAN	Fort Lauderdale (USA)	03/03/2023
Canadian Age Group Records 13 - 14	1:55.74	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	29/07/2021

E/W 13: 2:17.48; 14: 2:14.08; 15: 2:12.41; 16 +: 2:10.12

Age Club Classification			Age Club Classification				
<u>Heat 1 of 4</u>			<u>Heat 2 of 4</u>				
0 COOPER, Isabella	13	LSC	2:16.67 L	0 ZHA, Alice	15	PCSC	2:11.72 L
1 ER, Rosalie	13	BAD	2:15.89 L	1 RYAN, Analise	13	NYAC	2:10.38 L
2 LEFSRUD, Reilly	13	PCSC	2:15.63 L	2 MASIC, Ema	17	ESWIM	2:09.65 L
3 TOMORY, Zoe	13	LSC	2:13.46 L	3 DREGHICI, Jessica	15	CVW	2:08.07 L
4 ANONYCHUK, A.	14	OAK	2:12.77 L	4 HUTCHISON, Taya R	15	WAC	2:06.37 L
5 ROBITAILLE, F.	14	ELITE	2:13.28 L	5 SHENG, Jessica Z	17	MAC	2:07.51 L
6 HARRISON, Ella A	13	CREST	2:15.50 L	6 TETU, A.	16	CNQ	2:09.16 L
7 STAFFORD, Elly R	13	MPM	2:15.82 L	7 MCGRATH, Eadaoin	16	HTAC	2:10.02 L
8 BOILY, Claudia	13	PCSC	2:16.46 L	8 NICHOLSON-JODOIN, A14	14	PCSC	2:11.04 L
9 PIEROG, Madeleine	13	LSC	2:16.97 L	9 MCNABB, Sara A	14	FAST	2:12.39 L
<u>Heat 3 of 4</u>			<u>Heat 4 of 4</u>				
0 FRICKLETON, A.	15	ESWIM	2:11.53 L	0 KRAUSS, Ellie	14	NG	2:11.09 L
1 THOMAS, Mia	14	PCSC	2:10.34 L	1 YOUNG, Sophia	13	ESWIM	2:10.22 L
2 TOEWS, Bevin	15	ESWIM	2:09.37 L	2 BLACKMORE, R.	17	DCSC	2:09.23 L
3 BOYD, Trinity	17	ESWIM	2:08.02 L	3 CAMPBELL, Lauren	17	LAC	2:07.90 L
4 WALTERS, Jenna	16	GMAC	2:04.46 L	4 STATKEVICIUS, S.	15	ESWIM	2:02.45 L
5 GORDON, Lindsay	16	PCSC	2:07.48 L	5 BESNER, Kaitlyn	17	PCSC	2:07.23 L
6 VROOM, Taira N	16	BTSC	2:08.22 L	6 ER, Melissa	16	BAD	2:08.10 L
7 CHEN, Sophia	17	MAC	2:09.88 L	7 TIAN, Amy Y	16	HAC	2:09.82 L
8 FIRTH, Kailyn C	15	PSW	2:10.82 L	8 REID, Annabelle	15	MUST	2:10.66 L
9 BENABDALLAH, K.	15	SAMAK	2:12.19 L	9 BERTELINK, Nicole	15	NYAC	2:11.80 L

SR

Event 2 Men, 200m Freestyle 14 years and older
16/03/2023 - 9:21 Startlist Prelim

Canadian Senior Records	1:46.40	HAYDEN, Brent	UBCDS	Beijing (CHN)	10/08/2008
Canadian Age Group Records 15 - 17	1:48.74	ABDEL-KHALIK, Hassaan	ESWIM	London (GBR)	01/08/2009
Canadian Age Group Records 13 - 14	1:54.04	PRATT, Cole	CASC	Winnipeg	10/08/2017

E/W 14: 2:07.16; 15: 2:03.83 / E/M 16: 2:01.70; 17 +: 1:58.80

Age Club Classification			Age Club Classification				
<u>Heat 1 of 5</u>			<u>Heat 2 of 5</u>				
0			0 PAQUET, Gabriel	15	NG	2:03.70 L	
1			1 TULLY, Emerson	15	VAC	2:03.56 L	
2 LAFRENIERE, T.	14	CNQ	2:07.03 L	2 KWON, Koen	15	OAK	2:02.97 L
3 LEE, Joseph	14	ROW	2:06.81 L	3 CHEN, Lucas O	15	RHAC	2:02.86 L
4 CLEARY, Evan	14	DDO	2:05.20 L	4 THIFAUULT, Emile	15	ELITE	2:02.51 L
5 ZHANG, Jerry Z	14	MAC	2:05.75 L	5 CAMPBELL, Trevor J	15	WS	2:02.56 L
6 KERSHAW, Ethan	14	SWAT	2:06.93 L	6 SKAVINSKI, Nicholas	14	ESWIM	2:02.88 L
7			7 HARRISON, Jaques R	15	CREST	2:03.52 L	
8			8 MATZ, Ethan T	15	MMST	2:03.67 L	
9			9 GEMMELL, Lucas M	14	OAK	2:03.93 L	

ABW



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Event 2, Men, 200m Freestyle, Prelim

Heat 3 of 5

0 SEMENYUK, Anton	14	NG
1 YANG, Paul	16	NYAC
2 DIETZ, Brian	16	ESWIM
3 HARRIS, Aiden	17	ESWIM
4 KIM, Laon	14	HYACK
5 WINTERBORN, B.	17	KBM
6 BUTLER, Darcy T	17	MPM
7 THOMAS, Evan	16	LAC
8 LIU, Fangbo	16	ROW
9 CARSWELL, Riley	15	WEST

Heat 4 of 5

0 VERDON, Laurent	16	MUST	2:01.04 L
1 ISSAKOV, Eitan	15	ELITE	1:59.89 L
2 CAO, Ray	16	PSW	1:59.00 L
3 LEVINE, Michael	18	PCSC	1:56.88 L
4 TICHY, Reid	19	RAMAC	1:53.97 L
5 ALLEN, Isaac	18	WS	1:56.05 L
6 JIBB, Owen A	18	MUSAC	1:58.18 L
7 STUCKLESS, Kyle	16	LAC	1:59.58 L
8 RADIC, George	15	OAK	2:00.83 L
9 WATSON, Scott	14	ESWIM	2:01.99 L

Heat 5 of 5

0 BEREZA, Justin V	16	SCAR	2:01.02 L
1 OROGO, Paul	16	HYACK	1:59.72 L
2 MAHER, Kevin	17	ESWIM	1:58.53 L
3 BARNARDO, Connor	16	LAC	1:56.41 L
4 VILCHEZ, Jordi	17	BTSC	1:53.29 L
5 COURCHESNE, E.	19	MEGO	1:55.00 L
6 QUEVEDO, Zergio	17	ELITE	1:58.13 L
7 SHEARER, Ewan	15	LAC	1:59.43 L
8 TRUDEL, Renaud	15	ELITE	2:00.27 L
9 KISSI, Jad	16	CNMN	2:01.47 L

ASW

Event 303
16/03/2023 - 9:35

Women, 100m Backstroke
PARA

S6-S14
Startlist Prelim

Heat 1 of 1

	Age	Team	Class	Exceptions	
0					
1	23	PCSC	S8	A,3,4,12,+	1:46.95 L
2	20	OAK	S7	A,3,5,12,+	1:32.78 L
3	25	VELOX	S14	0	1:18.45 L
4	17	OAK	S10	12,+	1:12.88 L
5	16	MUSAC	S10	12,+	1:15.75 L
6	28	CASE	S14	0	1:27.36 L
7	16	CASE	S6	A,3,5,12,+	1:41.82 L
8	18	SSCNB	S6	A,3,5,12,+	2:05.07 L
9					

SR



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Event 304 Men, 100m Backstroke S6-S14
16/03/2023 - 9:38 PARA Startlist Prelim

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0	18	PSW	S6	A,1,2,4,12,+	1:49.22 L
1	18	CNJO	S14	0	1:25.63 L
2	21	HHBF	S14	0	1:23.16 L
3	17	LAKER	S10	A,12+	1:19.13 L
4	26	FAST	S14	0	1:09.36 L
5	19	UMEX	S10		1:12.94 L
6	14	MUSAC	S14	0	1:20.10 L
7	21	GHAC	S14	0	1:23.98 L
8	17	GHAC	S9	A,3,5,12+	1:30.01 L
9					

ASW

Event 3 Women, 100m Backstroke 13 years and older
16/03/2023 - 9:41 Startlist Prelim

Canadian Senior Records	57.70	MASSE, Kylie	TSC	Toronto	19/06/2021
Canadian Age Group Records 15 - 17	58.97	RUCK, Taylor	SCAR	Gold Coast (AUS)	07/04/2018
Canadian Age Group Records 13 - 14	1:01.06	RUCK, Taylor	UNCAN	Toronto	01/04/2015
E/W 13: 1:11.60; 14: 1:09.63; 15: 1:08.75; 16 +: 1:07.29					

	Age	Club	Classification		Age	Club	Classification
Heat 1 of 4				Heat 2 of 4			
0				0	14	FAST	1:08.13 L
1	13	ESWIM	1:10.12 L	1	15	DCSC	1:07.65 L
2	13	VELOX	1:09.72 L	2	15	WS	1:06.92 L
3	14	APEX	1:09.20 L	3	17	MAC	1:05.91 L
4	14	OAK	1:08.76 L	4	17	LAC	1:05.60 L
5	13	PCSC	1:09.16 L	5	15	ESWIM	1:05.82 L
6	14	MUST	1:09.22 L	6	17	CNBO	1:06.58 L
7	13	ROW	1:10.09 L	7	15	MUSAC	1:07.25 L
8	13	ESWIM	1:10.94 L	8	15	WS	1:07.96 L
9				9	14	ELITE	1:08.68 L
Heat 3 of 4				Heat 4 of 4			
0	14	MMST	1:08.03 L	0	15	WAC	1:08.00 L
1	15	LSC	1:07.64 L	1	15	OAK	1:07.27 L
2	15	CNQ	1:06.89 L	2	16	GMAC	1:06.76 L
3	16	ESWIM	1:05.87 L	3	19	MUST	1:05.84 L
4	15	LAC	1:05.59 L	4	18	NEW	1:04.11 L
5	17	PCSC	1:05.68 L	5	16	WS	1:05.67 L
6	15	BTSC	1:06.33 L	6	15	HYACK	1:06.30 L
7	15	NYAC	1:06.98 L	7	15	MUST	1:06.95 L
8	15	PSW	1:07.79 L	8	15	ESWIM	1:07.68 L
9	15	RIKI	1:08.46 L	9	13	ROW	1:08.16 L

SR

Championnat canadiens de l'est 2023 Speedo Eastern Canadian Championships
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Event 4 Men, 100m Backstroke 14 years and older
16/03/2023 - 9:49 Startlist Prelim

Canadian Senior Records	53.35	THORMEYER, Markus	UBCSC	Toronto	03/04/2019
Canadian Age Group Records 15 - 17	54.63	PRATT, Cole	CASC	Budapest (HUN)	21/08/2019
Canadian Age Group Records 13 - 14	56.82	PRATT, Cole	CASC	Winnipeg	09/08/2017

E/W 14: 1:05.87; 15: 1:04.12 / E/M 16: 1:03.33; 17 +: 1:01.31

	Age	Club	Classification		Age	Club	Classification
<u>Heat 1 of 5</u>				<u>Heat 2 of 5</u>			
0				0	RUSU, Robert	14	NEW 1:04.12 L
1				1	REYES, Bryce	15	MMST 1:03.93 L
2				2	GEMMELL, Lucas M	14	OAK 1:03.81 L
3	LEE, Luke	14	NYAC 1:05.42 L	3	MATZ, Ethan T	15	MMST 1:03.12 L
4	WANG, Adam	14	OAK 1:04.60 L	4	DANDA, Patryk A	16	BTSC 1:03.05 L
5	WARAIN, Izyndro	14	NG 1:05.17 L	5	TRICHILO, Keaton J	16	BTSC 1:03.07 L
6				6	WATSON, Scott	14	ESWIM 1:03.29 L
7				7	HARRISON, Jaques R	15	CREST 1:03.85 L
8				8	KAY, Declan E	15	SCAR 1:04.09 L
9				9			
<u>Heat 3 of 5</u>				<u>Heat 4 of 5</u>			
0	UYANGA, Temuun	16	CSLA 1:02.69 L	0	KIM, Laon	14	HYACK 1:02.62 L
1	YIN, Louie	16	YORK 1:01.86 L	1	SACHADE, Nicolas	16	ESWIM 1:01.83 L
2	BAILEY, Damien	16	NYAC 1:01.57 L	2	LEGAULT, Justin	18	CASE 1:01.25 L
3	DUONG, Kale	17	ESWIM 1:00.67 L	3	FONTAINE, Justin	16	PCSC 1:00.53 L
4	AL BAWWAB, Yazan	23	SWOTT 58.77 L	4	LACKOVIC, A.	17	WAC 58.19 L
5	BROCK, Holden	16	NYAC 1:00.27 L	5	DUONG, Kaedin	17	ESWIM 59.99 L
6	WINTERBORN, B.	17	KBM 1:01.19 L	6	KIM, Eun-Woo D	15	NYAC 1:01.19 L
7	GALLACHER, J.	15	UCRO 1:01.67 L	7	CHAWKY, Matisse	15	MUST 1:01.60 L
8	DIETZ, Brian	16	ESWIM 1:02.24 L	8	DU, Samuel Jinyang	15	MST 1:02.20 L
9	SHEARER, Ewan	15	LAC 1:02.87 L	9	JUNG, Justin	16	HYACK 1:02.81 L
<u>Heat 5 of 5</u>							
0	LORTIE, Justin	16	CNQ 1:02.52 L				
1	TRAVERSE, James C	14	SJL 1:01.79 L				
2	VIDRASCU, Cristian	17	ELITE 1:01.20 L				
3	JACQUES, William	16	CNQ 1:00.31 L				
4	OROGO, Paul	16	HYACK 57.56 L				
5	KONG, Kevin	16	HYACK 59.17 L				
6	HARTAL, Ronnie	16	CSLA 1:01.16 L				
7	KILLAM, Ethan	16	NYAC 1:01.57 L				
8	FARROW, Malachi	15	BLEN 1:01.95 L				
9	LOEWEN, Jack P	16	CREST 1:02.79 L				

ASW



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Event 5 Women, 200m Breaststroke 13 years and older
16/03/2023 - 9:59 Startlist Prelim

Canadian Senior Records	2:20.12	PIERSE, Annamay	UBCDS	Rome (ITA)	30/07/2009
Canadian Age Group Records 15 - 17	2:25.37	HARVEY, Mary-Sophie	NN	Rome (ITA)	09/08/2017
Canadian Age Group Records 13 - 14	2:29.18	CHUY, Courtenay	HYACK	Etobicoke	08/08/1998

E/W 13: 2:56.58; 14: 2:51.49; 15: 2:50.18; 16 +: 2:46.06

Age Club			Classification	Age Club			Classification	
<u>Heat 1 of 4</u>				<u>Heat 2 of 4</u>				
0				0	SNIVELY, Quinn A	14	MANTA	2:51.20 L
1				1	DENES, Julia	15	BTSC	2:48.51 L
2				2	RUSSELL, Madison	17	NEW	2:44.90 L
3	LETENDRE, Emma	13 SHER	2:55.36 L	3	BLANCHARD, K.	15	PCSC	2:43.22 L
4	WARKENTIN, K.	13 ESWIM	2:54.27 L	4	NOLAN-MCCARTHY, J.	15	HTAC	2:38.69 L
5	STOKLEY, Grier	13 LAC	2:55.07 L	5	THOMSON, Ava	16	MANTA	2:40.72 L
6				6	O'LEARY, Niamh	16	LAC	2:43.90 L
7				7	BALL, Alyssa	18	PCSC	2:45.82 L
8				8	MEZEI, Gemma E	13	OAK	2:49.06 L
9				9	BASSERMANN, E.	13	DSC	2:53.63 L
<u>Heat 3 of 4</u>				<u>Heat 4 of 4</u>				
0	STOKLEY, Lauren	13 LAC	2:51.06 L	0	KUDINOV, Catherine	14	CSLA	2:49.93 L
1	KOGON, Kiera	14 MAC	2:47.99 L	1	KORBELY, Paige	15	HYACK	2:47.71 L
2	YUEN, Abigail	14 NYAC	2:44.41 L	2	TOFFLEMIRE, Riley	17	OAK	2:44.10 L
3	DURANOVICH, X.	16 WAC	2:41.97 L	3	LAU, Nicole P	18	DUCKS	2:41.59 L
4	NEFSI, R.	25 ELITE	2:38.14 L	4	BANTON, Paige E	20	SSAT	2:38.01 L
5	TREMBLAY, Sandy	20 RIKI	2:40.34 L	5	MERCIER, Juliette	17	HTAC	2:39.86 L
6	COOPER-KELLY, C.	18 NG	2:43.65 L	6	RICE, Ariana	17	WAC	2:43.64 L
7	BEAUDOIN, Shanelle	15 SAMAK	2:45.60 L	7	COBURN, Willow R	15	CW	2:45.52 L
8	EDGAR, Victoria	14 ESWIM	2:48.91 L	8	BUI, Veanna	14	RHAC	2:48.51 L
9	BROUILLARD, C.	13 MEGO	2:52.12 L	9	ARHONTOUDIS, Ava	14	NYAC	2:51.30 L

SR

Event 6 Men, 200m Breaststroke 14 years and older
16/03/2023 - 10:14 Startlist Prelim

Canadian Senior Records	2:08.84	BROWN, Mike	UCSC	Beijing (CHN)	13/08/2008
Canadian Age Group Records 15 - 17	2:14.30	MASTROMATTEO, Gabe	KSS	Budapest (HUN)	23/08/2019
Canadian Age Group Records 13 - 14	2:19.95	HUANG, Matthew	PDSA	Victoria	20/03/1999

E/W 14: 2:42.11; 15: 2:37.50 / E/M 16: 2:34.79; 17 +: 2:31.71

Age Club			Classification	Age Club			Classification	
<u>Heat 1 of 5</u>				<u>Heat 2 of 5</u>				
0				0	FEDOROVSKIY, M.	14	OAK	2:35.49 L
1	LEI, Leo	14 WAC	2:40.89 L	1	MANCINI, Matteo	14	NEW	2:34.76 L
2	TAYLOR, Waylon W	14 BTSC	2:40.37 L	2	STEFFLER, B.	15	MAC	2:34.61 L
3	YE, Siuyin	14 RHAC	2:39.66 L	3	CHEN, Lucas O	15	RHAC	2:34.00 L
4	MORRISSEY, C.	15 CW	2:37.26 L	4	COURCHENE-CARTER,	16	BROCK	2:33.72 L
5	WANG, Adam	14 OAK	2:39.16 L	5	DAIGLE, C.	15	ELITE	2:33.84 L
6	INGLIS, Owen C	14 CW	2:39.77 L	6	LAI, Jonathan J	16	PSW	2:34.43 L
7	LOW, Louis J	14 MMST	2:40.63 L	7	BAILEY, Damien	16	NYAC	2:34.70 L
8	BOYD, Dylan	14 ESWIM	2:41.82 L	8	ZHANG, Tyler	15	RHAC	2:35.14 L
9				9	LI, Max C	14	MAC	2:36.39 L

BSW



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Event 6, Men, 200m Breaststroke, Prelim

Heat 3 of 5

0 LANCA, Samuel	15	SWOTT
1 CESCONE, B.	14	CREST
2 PSALLIDI, Jack	18	DCSC
3 KIM, Laon	14	HYACK
4 KETCHIN, Matthew	24	WES
5 LI YING PIN, Hans	18	SAMAK
6 MOAVRO, Lucas A	17	WAC
7 LATIMER, Thomas	18	PCSC
8 WALKER, Alexander	17	MMST
9 EMMERTON, Drew	16	MMST

Heat 4 of 5

0 SAFTA, Lucas	16	WEST	2:32.76 L
1 MACNEIL, Noah	14	ESWIM	2:29.99 L
2 BELLIS, Keilen	18	HTAC	2:29.46 L
3 MCKAY, Caleb	20	PCSC	2:26.90 L
4 JUNG, Justin	16	HYACK	2:20.48 L
5 UY, Rowen	18	NYAC	2:25.15 L
6 WARAIN, Isidore	16	NG	2:27.40 L
7 WU, Ian	15	ESWIM	2:29.77 L
8 DANDA, Patryk A	16	BTSC	2:31.18 L
9 KONG, Jordan	15	NYAC	2:33.37 L

Heat 5 of 5

0 CASTONGUAY, C.	15	ELITE	2:31.84 L
1 CLAWSON-HONEYMAN15+	GO	2:29.94 L	
2 PERRON, Victor	20	CNQ	2:28.95 L
3 MATZ, Joshua J	19	MMST	2:26.79 L
4 BALAMANE, M.	21	ELITE	2:17.06 L
5 DUFORT, Audrick	18	SAMAK	2:23.04 L
6 JIBB, Owen A	18	MUSAC	2:27.08 L
7 BERTRAND, Charles	18	GO	2:29.59 L
8 SWEETNAM, Declan	14	SWOTT	2:30.73 L
9 SAUVE, Antoine	15	NG	2:33.16 L

ASW

Event 7

Women, 4 x 100m Freestyle

13 years and older

16/03/2023 - 10:30

Startlist

Canadian Senior Records	3:42.76	C.N. Piscine du Parc Olympique	PPO	Victoria	30/07/2010
Canadian Age Group Records 15 - 17	3:43.62	Etobicoke Swim Club	ESWIM	Montreal	10/07/2009
Canadian Age Group Records 13 - 14	3:55.50	Etobicoke Swim Club	ESWIM	Toronto	19/10/2008

	Club	Classification		Club	Classification
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>		
0 Les Dauphins de Rimouski	RIKI	4:26.15 L	0 Whitby Swimming 1	WS	4:11.09 L
1 Natation Gatineau 2	NG	4:21.92 L	1 Newmarket Stingrays Swim (NEVI)		4:10.45 L
2 Lakeshore Swim Club 1	LSC	4:16.04 L	2 Markham Aquatic Club 1	MAC	4:09.19 L
3 Etobicoke Swimming 3	ESWIM	4:15.28 L	3 Natation Gatineau 1	NG	4:06.60 L
4 Oakville Aquatic Club 2	OAK	4:11.41 L	4 London Aquatic Club 1	LAC	4:05.73 L
5 Aurora Ducks Swimming 1	DUCKS	4:11.97 L	5 Etobicoke Swimming 2	ESWIM	4:05.81 L
6 Club de natation Mégophias	1MEGO	4:15.54 L	6 Club de Natation Samak 1	SAMAK	4:06.97 L
7 Oakville Aquatic Club 3	OAK	4:18.20 L	7 Manta Swim Club 1	MANTA	4:09.39 L
8 Region Of Waterloo Swim Cl	ROW	4:23.30 L	8 Swim Ottawa 1	SWOTT	4:10.54 L
9 Cnq 2	CNQ	NT	9 Halifax Trojan Aquatic Club 2	HTAC	4:11.10 L

Heat 3 of 3, **scheduled in session 2** at 19:46

0 Oakville Aquatic Club 1	OAK	4:05.43 L
1 Halifax Trojan Aquatic Club 1	HTAC	4:04.21 L
2 Cnq 1	CNQ	4:01.11 L
3 Barrie Trojan Swim Club 1	BTSC	4:00.45 L
4 Etobicoke Swimming 1	ESWIM	3:57.16 L
5 Windsor Aquatic Club 1	WAC	4:00.12 L
6 North York Aquatic Club 1	NYAC	4:00.85 L
7 Pointe-Claire Swim Club 1	PCSC	4:03.34 L
8 Dartmouth Crusaders Swim	CDSC	4:05.00 L
9 Pointe-Claire Swim Club 2	PCSC	4:05.57 L

SR



Championnat canadiens de l'est 2023 Speedo Eastern Canadian Championships
Windsor, March 16-19, 2023

Event 8 Men, 4 x 100m Freestyle 14 years and older
16/03/2023 - 10:41 Startlist

Canadian Senior Records	3:19.65	UBC Dolphins Swim Club	UBCDS	Winnipeg	18/07/2008
Canadian Age Group Records 15 - 17	3:26.62	North York Aquatic Club	NYAC	Quebec	11/04/2019
Canadian Age Group Records 13 - 14	3:43.07	Oakville Aquatic Club	OAK	Toronto	28/06/2019

	Club	Classification		Club	Classification
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>		
0			0	Etobicoke Swimming 2	ESWIM 3:46.86 L
1	Cnq 4	CNQ NT	1	Milton Marlin Swim Team 1	MMST 3:44.85 L
2	Mustang Boucherville 1	MUST 3:57.08 L	2	Windsor Aquatic Club 1	WAC 3:44.35 L
3	CREST Swimming 1	CREST 3:50.01 L	3	Barrie Trojan Swim Club 1	BTSC 3:43.81 L
4	Region Of Waterloo Swim CluROW	3:48.76 L	4	Windsor Essex Swim Team 1WEST	3:43.55 L
5	Oakville Aquatic Club 2	OAK 3:49.58 L	5	Swim APEX Aquatic Club 1	APEX 3:43.63 L
6	Etobicoke Swimming 3	ESWIM 3:55.27 L	6	Pointe-Claire Swim Club 1	PCSC 3:43.81 L
7	Natation Gatineau 2	NG 3:58.38 L	7	Natation Gatineau 1	NG 3:44.35 L
8			8	Mount Pearl Marlins 1	MFM 3:46.78 L
9			9	Swim Ottawa 1	SWOTT 3:48.54 L

Heat 3 of 3, **scheduled in session 2** at 19:51

0	Newmarket Stingrays Swim (NEW)	3:43.09 L
1	Oakville Aquatic Club 1	OAK 3:41.76 L
2	Etobicoke Swimming 1	ESWIM 3:40.58 L
3	North York Aquatic Club 1	NYAC 3:37.40 L
4	Hyack Swim Club 1	HYACK 3:35.52 L
5	Elite 1	ELITE 3:36.42 L
6	Cnq 3	CNQ 3:38.36 L
7	London Aquatic Club 1	LAC 3:41.46 L
8	Club de Natation Samak 1	SAMAK 3:43.05 L
9	North York Aquatic Club 2	NYAC 3:43.55 L

ASW

Event 9 Women, 800m Freestyle 13 years and older
16/03/2023 - 10:50 **ALTERNATING 800-1500 HEATS** Startlist

Canadian Senior Records	8:20.02	MACLEAN, Brittany	ESWIM	Gold Coast (AUS)	21/08/2014
Canadian Age Group Records 15 - 17	8:20.19	MCINTOSH, Summer	UNCAN	Orlando (USA)	09/02/2023
Canadian Age Group Records 13 - 14	8:25.04	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	29/07/2021

E/W 13: 9:57.39; 14: 9:49.52; 15: 9:40.96; 16 +: 9:32.66

	Age	Club	Classification		Age	Club	Classification
<u>Heat 1 of 4, scheduled in session 2 at 19:18</u>				<u>Heat 2 of 4</u>			
0	NEFSI, R.	25	ELITE 9:20.25 L	0	TANCON, Tiffany	18	HYACK 9:32.19 L
1	VADEIKA, Robin	17	MAC 9:19.03 L	1	MICHAUD, Maelie	16	ELITE 9:31.27 L
2	BOYD, Trinity	17	ESWIM 9:16.32 L	2	THOMAS, Mia	14	PCSC 9:29.29 L
3	CAMPBELL, Lauren	17	LAC 9:11.77 L	3	PIATERA MERCIER, D.	14	SHER 9:25.44 L
4	ORAVSKY, Laila M	16	BTSC 8:49.33 L	4	ER, Melissa	16	BAD 9:23.06 L
5	BESNER, Kaitlyn	17	PCSC 9:11.48 L	5	MARQUIS, Jade	18	SAMAK 9:23.71 L
6	VROOM, Taira N	16	BTSC 9:14.05 L	6	SCHWINDT, Jessica	18	OAK 9:29.12 L
7	DREGHICI, Jessica	15	CW 9:16.45 L	7	RYAN, Analise	13	NYAC 9:30.12 L
8	STANOJLOVIC, K.	18	PCSC 9:19.50 L	8	TOMORY, Zoe	13	LSC 9:31.82 L
9	NARDUZZO, Amelia	21	WES 9:21.91 L	9	BROWN, Gabrielle	18	PCSC 9:32.63 L

1

SR

Championnat canadiens de l'est 2023 Speedo Eastern Canadian Championships
Windsor, March 16-19, 2023

Event 9, Women, 800m Freestyle

Heat 3 of 4

0	KRAUSS, Ellie	14	NG
1	TURCOTTE, A.	13	CNQ
2	GONGORA GAYTAN, E	15	OAK
3	ROBITAILLE, F.	14	ELITE
4	TURTON-SUGDEN, E.	14	OAK
5	NICHOLSON-JODOIN, A	14	PCSC
6	BLANCHARD, K.	15	PCSC
7	MCBRIDE, Isobel	15	HTAC
8	RASHOTTE-GARCIA, P	14	PCSC
9			

3

Heat 4 of 4

0								
1								
2								
3	DAGSAAN, Jady	13	PCSC	9:53.28	L			
4	BOILY, Claudia	13	PCSC	9:51.41	L			
5	HARRISON, Ella A	13	CREST	9:53.03	L			
6								
7								
8								
9								

5

SR

Event 10

Men, 1500m Freestyle

14 years and older

16/03/2023 - 11:22

800-1500 LIBRE SE NAGERONT EN ALTERNANCE DE SÉRIES

Startlist

Canadian Senior Records	14:39.63	COCHRANE, Ryan	VASC	London (GBR)	04/08/2012
Canadian Age Group Records 15 - 17	15:12.70	HURD, Andrew	TO*	Montreal	04/06/2000
Canadian Age Group Records 13 - 14	16:00.93	BAUMANN, Alex	LUSC	St. John's	15/04/1979

E/W 14: 17:54.69; 15: 17:37.53 / E/M 16: 17:19.17; 17 +: 17:08.48

Age	Club	Classification	Age	Club	Classification			
Heat 1 of 3, scheduled in session 2 at 19:28								
0	SHEPPARD, Felix	17 MPM	16:49.96	L	0 METWALLY, Reda	16 PCSC	17:12.30	L
1	ISSAKOV, Eitan	15 ELITE	16:44.99	L	1 HIRSESCU, Cezar	18 CREST	17:08.44	L
2	DEBROUX, W.	17 BTSC	16:43.41	L	2 LACASSE, Philippe	20 CNQ	17:02.84	L
3	TRUDEL, Renaud	15 ELITE	16:34.43	L	3 HOU, Eric	15 ESWIM	16:57.12	L
4	QUEVEDO, Zergio	17 ELITE	16:14.08	L	4 PURDY, Nicholas	16 NG	16:53.20	L
5	LANGLOIS, Thomas	18 ELITE	16:25.75	L	5 BENABDALLAH, K.	19 SAMAK	16:56.93	L
6	DIETZ, Brian	16 ESWIM	16:37.60	L	6 HARVIE, David	17 PICK	17:02.22	L
7	LECAVALIER, M.	19 SAMAK	16:44.23	L	7 LEPINE, Alexandre	15 ELITE	17:04.62	L
8	MILLS, Jack	18 NYAC	16:48.10	L	8 SKAVINSKI, Nicholas	14 ESWIM	17:11.24	L
9	ALLEN, Isaac	18 WS	16:50.83	L	9 LAVOIE, Xavier	15 NG	17:15.42	L

2

AW

Heat 3 of 3

0					
1					
2	KERSHAW, Ethan	14	SWAT	17:49.56	L
3	RADIC, George	15	OAK	17:21.46	L
4	PAQUET, Gabriel	15	NG	17:18.09	L
5	THIFALT, Emile	15	ELITE	17:20.76	L
6	THOMPSON, Oliver	15	OAK	17:29.19	L
7					
8					
9					

4





2023 SPEEDO EASTERN CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS DE L'EST SPEEDO 2023



Estimated Timelines / Horaire estimé - Finals Day 1 / Finales Jour 1

Thu 16 Mar 2023 / jeudi 16 mars 2023

End of Warm-Up / Fin de l'échauffement

17:45

Officlas on-deck positions / Officiels prennent place

17:52

O Canada & Introductions: Referees/Juges-Arbitres & Starters

17:55

#	EVENT/EPREUVE		MARCH ON	INTRO	START	FINISH
301	200 m FREE/LIBRE (W/F) PARA		18:00	18:01	18:02	18:07
302	200 m FREE/LIBRE (M/H) PARA		18:08	18:09	18:10	18:13
1	200 m FREE/LIBRE (W/F) Youth/Jeunesse	A Final	18:14	18:15	18:16	18:18
1	200 m FREE/LIBRE (W/F) Youth/Jeunesse	B Final			18:19	18:21
1	200 m FREE/LIBRE (W/F) Senior	A Final	18:22	18:23	18:24	18:26
1	200 m FREE/LIBRE (W/F) Senior	B Final			18:27	18:29
2	200 m FREE/LIBRE (M/H) Youth/Jeunesse	A Final	18:30	18:31	18:32	18:34
2	200 m FREE/LIBRE (M/H) Youth/Jeunesse	B Final			18:35	18:37
2	200 m FREE/LIBRE (M/H) Senior	A Final	18:38	18:39	18:40	18:42
2	200 m FREE/LIBRE (M/H) Senior	B Final			18:43	18:45
303	100 m BACK/DOS (W/F) PARA		18:46	18:47	18:48	18:50
304	100 m BACK/DOS (M/H) PARA		18:51	18:52	18:53	18:55
3	100 m BACK/DOS (W/F) Youth/Jeunesse	A Final	18:56	18:57	18:58	19:00
3	100 m BACK/DOS (W/F) Youth/Jeunesse	B Final			19:01	19:03
3	100 m BACK/DOS (W/F) Senior	A Final	19:04	19:05	19:06	19:07
4	100 m BACK/DOS (M/H) Youth/Jeunesse	A Final	19:08	19:09	19:10	19:12
4	100 m BACK/DOS (M/H) Youth/Jeunesse	B Final			19:13	19:15
4	100 m BACK/DOS (M/H) Senior	A Final	19:16	19:17	19:18	19:19
5	200 m BREAST/BRASSE (W/F) Youth/Jeunesse	A Final	19:20	19:21	19:22	19:25
5	200 m BREAST/BRASSE (W/F) Youth/Jeunesse	B Final			19:26	19:29
5	200 m BREAST/BRASSE (W/F) Senior	A Final	19:30	19:31	19:32	19:35
5	200 m BREAST/BRASSE (W/F) Senior	B Final			19:36	19:39
6	200 m BREAST/BRASSE (M/H) Youth/Jeunesse	A Final	19:40	19:41	19:42	19:45
6	200 m BREAST/BRASSE (M/H) Youth/Jeunesse	B Final			19:46	19:49
6	200 m BREAST/BRASSE (M/H) Senior	A Final	19:50	19:51	19:52	19:55
6	200 m BREAST/BRASSE (M/H) Senior	B Final			19:56	19:59
9	800 m FREE/LIBRE (W/F) (FH/SR)		20:00	20:01	20:02	20:12
10	1500 m FREE/LIBRE (M/H) (FH/SR)		20:13	20:14	20:15	20:32
7	4x100 m FREE/LIBRE (W/F) (FH/SR)		20:33	20:34	20:35	20:39
8	4x100 m FREE/LIBRE (M/H) (FH/SR)		20:40	20:41	20:42	20:46
	AWARDS / PRIX: Relays / Relais				20:47	20:50



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