



**2023 Speedo Canadian Masters Swimming Championships
May 26-28, 2023**

GENERAL INFORMATION

FINA Masters Rules 2017-2021 rules govern this competition along with the Swimming Canada Rules 2018-2021 and Swimming Canada Masters Rules. Competition Rules or procedures contained in this Meet Information package supersede those found within the FINA Masters Rules 2017-2021, the Swimming Canada Rules 2018-2021 and Swimming Canada Masters Rules.

This meet is open to Swimming Canada Masters Swimmers, registered as competitive, and FINA registered foreign swimmers, (swimmers registered with foreign swimming federations) 18 years or older as of May 26, 2023.

Para-swimmers, registered Swimming Canada Masters swimmers, registered as competitive are eligible to participate.

For information and updates to this document please refer to the Swimming Canada website www.swimming.ca

Competition Hosts

Swimming Canada and Calgary Masters Swim Club

Venue

MNP Community & Sports Centre
2225 MacLeod Trail South, Calgary, Alberta
T2G 5B6

Pool

2 – 8 lane 25m competition pools
20m Dive tank warm-up facility
Stands with room for spectators

KEY DATES

Meet Entry Deadline	Individual Events; Wednesday, May 3, 2023 @11:59pm Pacific Time. Relay Events; Friday May 12, 2023 @11:59pm Pacific Time. Changes/Corrections with penalty; Friday May 12, 2022 @11:59pm Pacific Time.	
Registration	Thursday, May 25, 2023	Friday, May 26, 2023
	3:30pm – 7:30pm	Starting at 7:00am
	All club representatives are required to register their club at the registration / accreditation desk to receive accreditation. Saturday and Sunday, please present yourselves to the Clerk of Course.	
Pre-Event Training	Thursday, May 25, 2023 4:00-8:00pm	
Competition Start Times	8:00 am warmup/9:00 am start	



ORGANIZING COMMITTEE

Swimming Canada Events Manager	Rebecca Cheverton	rcheverton@swimming.ca
National Meet Director	Teresa Stauff	tstauff@shaw.ca
National Meet Referee	Iris Jackson	iris.jackson@albertacoach.ca
Meet Entry Coordinator	Rob Traynor	RTraynor@swimming.ca
Meet Manager	Sue Hill	meetmanager@cmssc.ab.ca
Local Officials Coordinator	Sue Hill	meetmanager@cmssc.ab.ca

SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures, including but not limited, to the General Code of Conduct, the Equity, Diversity and Inclusion Policy, and the Harassment Policy.

For Information regarding the Swimming Canada Safe Sport Program, please visit the Swimming Canada [website](#).

ENTRY FEES & INFORMATION

Entry Fees

\$100.00 CAD per Swimmer, maximum of 7 individual events

\$50.00 CAD per Swimmer who wishes to compete in relays only, these swimmers must enter 1 individual event

\$25.00 CAD per Relay Team

Individual and Relay Entries

The 800 m freestyle will be limited to 80 men and 80 women. Entries will be accepted on a first come first served basis.

The 1500 m freestyle will be limited to 70 men and 70 women. Entries will be accepted on a first come first served basis.

Should your entry/entries for the 800 m and/or 1500 m freestyle be refused you will be invited to enter another event or other events.

No deck entries will be accepted, please review entry deadlines and penalties stated below.
No manual entries will be accepted.



Long course times will be converted to short course for seeding purposes. Please do not convert your times.

All events must be entered with a time; NT (no times) will not be accepted.

Entry Process

Entries will open Wednesday, March 1, 2023.

Please see Appendix A at the end of this document for the detailed instructions on how to enter.

Changes and corrections

Changes and corrections may be made up to the meet entry deadline without penalty. Following the meet entry deadline, corrections and modifications to entries may be made up until May 12, 2023; there will be a \$25.00 CAD fee per change.

Late entries

Late entries for swimmers not entered by the meet entry deadline will be accepted up until May 12, 2023 at a fee of 200% the initial entry fee.

\$200.00 CAD per Swimmer, maximum of 7 individual events

\$100.00 CAD per Swimmer who wishes to compete in relays only, these swimmers must enter 1 individual event

\$50.00 CAD per Relay Team

Please communicate with the meet entries coordinator (RTraynor@swimming.ca)

Age Groups, individual events

18-24	40-44	60-64	80-84
25-29	45-49	65-69	85-89
30-34	50-54	70-74	90-94
35-39	55-59	75-79	etc. as required

Age Groups, relay events

72-99	160-199	280-319
100-119	200-239	320-359
120-159	240-279	etc. as required

Meet Standards

There are no qualifying times for this competition.

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must provide a letter from their National Federation confirming their registration status. The letter must be submitted to Rebecca Cheverton (masters@swimming.ca) prior to the meet entry deadline.

Psych Sheets

Psych sheets will be posted on Swimming Canada's website following the meet entry deadline.



Scratches

Emailed scratches will be accepted up until May 12, 2023 to the meet entries coordinator (RTraynor@swimming.ca). Please note entry fees are non-refundable. We appreciate your scratches to better coordinate timelines.

COMPETITION INFORMATION

Meet Format

Timed Finals

Short Course (25 m); double ended

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Additionally, it is prohibited to wear watches, jewelry that may be considered dangerous or sharp or any item that may be considered a safety hazard. Medic alert accessories may be worn.

Starts

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. MSW 3.2 will also apply to all starts.

Seeding

All events will be run slowest to fastest, all age groups combined.

Positive Check-in for the 800m and 1500m freestyle

All swimmers participating in the 1500m freestyle on Friday May 26, 2023 must check-in prior to 08:00, Friday May 26, 2023 at the Clerk of Course or by email to meet entries coordinator (RTraynor@swimming.ca).

All swimmers participating in the 800m freestyle on Sunday May 28, 2023 must check-in prior to 10:00 Sunday May 28, 2023 at the Clerk of Course or by email to meet entries coordinator (RTraynor@swimming.ca).

Swimmer who do not check-in will be withdrawn from the event. The event will be seeded after the check-in deadline.

Scratches

We invite swimmers and coaches to present all scratches to the Clerk of Course prior to the start of the session.



Relays

Relay name changes must be submitted 30 minutes prior to the start of the **session** in which they are swum. Relay name changes may not change the age category in which the relay was entered. Relays whose name changes result in age category changes will be scratched.

All members of a relay team must be from the same club and must be entered in at least one individual event.

A swimmer may swim only once in each relay event.

Mixed relays must be composed of 2 women and 2 men.

Records

For the purposes pertaining to Masters World Records, the actual attained age of the competitor as of 31 December of the year of the meet shall determine their age for that competition and any record set during that competition. FINA does not recognize for World Records and FINA Masters Top ten tabulations swimmers under the age of 25 as of 31 December of the year of the meet. Therefore, relays including swimmers under the age of 25 as of 31 December of the year of the meet are NOT ELIGIBLE for Masters World Records nor Top ten tabulations.

For Canadian Masters Records, the age categories are as per those previously outlined in this meet package.

All swimmers attempting to set a record **MUST** inform the Clerk of Course prior to the start of the **session** in which their Canadian, World or foreign record attempt will occur. Information forms will be available.

Intermediate time requests

All requests for official intermediate times must be presented to the Clerk of Course prior to the start of the **session** in which they are requesting an official split. Intermediate time request forms will be available at the Clerk of Course

Every attempt will be made to accommodate the request made by the swimmer.

Competition Start Times

Friday: 8:00 am warmup/9:00 am start

Saturday: 8:00 am warmup/9:00 am start

Sunday: 8:00 am warmup/9:00 am start

Timelines will be posted on Swimming Canada's website following May 12, 2023.

Results

The official results will be published by event, gender and age group. The results will be posted on Swimming Canada's website.



Meet Scoring

Individual events, places 1 – 8:
9-7-6-5-4-3-2-1

Relays events, places 1 – 8:
18-14-12-10-8-6-4-2

AWARD INFORMATION

Individual

Medals for first, second and third placed swimmers representing Canadian Swim Clubs.

Ribbons for swimmers placing 4th to 8th.

A commemorative medal will be awarded to swimmers representing Foreign Swim Clubs placing in the top 3.

Relays

Ribbons for first, second and third placed teams representing Canadian Swim Clubs.

Ribbons for any relays placing 4th to 8th.

A commemorative ribbon will be awarded to Relays representing Foreign Swim Clubs placing in the top 3.

Note

Individual and relay awards must be collected at the awards table throughout the meet.

Unclaimed awards will NOT be mailed. Relay awards will be given to one team member for distribution.

Team

A banner will be awarded to the highest scoring Canadian Swim Club participating in the Canadian Masters Swimming Championships.

A banner will be awarded to the highest scoring Canadian Swim Club with 15 to 40 swimmers registered in the Canadian Masters Swimming Championships.

A banner will be awarded to the highest scoring Canadian Swim Club with 14 or fewer swimmers registered in the Canadian Masters Swimming Championships.

A banner will be awarded to the Canadian Swim Club with a minimum of 4 swimmers with the highest average number of points for individual events only per swimmer registered in the Canadian Masters Swimming Championships.

Note

Swimming Canada reserves, the right to adjust the parameters of club sizes for the distribution of banners after final entries have been received.



SITE INFORMATION

Hospitality–Officials

A hospitality room will be available for officials

Parking

Free parking is available at the facility.

Lockers

Lockers are available; please bring your own locks.

Banners

Team banners are welcome. They may be displayed in the seating areas throughout the competition pool.

Swimmer Hospitality

Light snacks for swimmers will be offered during the meet.

TRAVEL INFORMATION

Hotel Accommodations

Hotel lists for this competition can be found at:

<https://www.swimming.ca/en/resources/miscellaneous/hotels/>

Swimming Canada Rental Car Partner

Avis Rent a Car - for bookings visit:

<https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



Friday May 26th

Warm up: 8:00 am– 8:50 am Start Time: 9:00 am

Women	Events	Men
1	1500 FREESTYLE	2
	Break	
3 mixed	4 x 50 MIXED MEDLEY RELAY	
5	200 FREESTYLE	6
7	100 BREASTSTROKE	8
9	100 BUTTERFLY	10
11	200 IM	12
13	50 BACKSTROKE	14
15 mixed	4 x 50 FREE MIXED RELAY	

Saturday May 27th

Warm up: 8:00 am– 8:50 am Start Time: 9:00am

Women	Events	Men
	Awards Presentations	
17 mixed	4 x 100 MIXED MEDLEY RELAY	
19	400 FREESTYLE	20
21	100 IM	22
23	200 BREASTROKE	24
25	50 BUTTERFLY	26
	Break	
27	4 x 50 FREESTYLE RELAY	28
29	200 BACKSTROKE	30
31	100 FREESTYLE	32
33	4 x 100 MEDLEY RELAY	34

Sunday May 28th

Warm up: 8:00 am– 8:50 am Start time: 9:00 am

Women	Events	Men
35 mixed	4x100 MIXED FREESTYLE RELAY	
37	400 IM	38
39	100 BACKSTROKE	40
41	50 FREESTYLE	42
43	4x50 MEDLEY RELAY	44
	Break	
45	4x100 FREESTYLE RELAY	46
47	200 BUTTERFLY	48
49	50 BREASTSTROKE	50
51	800 FREESTYLE	52

***Please note additional breaks may be added in once entries are submitted**



APPENDIX A

Entry Process for the 2023 Speedo Canadian Masters Swimming Championships

Entries will open Wednesday, March 1 2023.

Club Entries:

All clubs are encouraged to use their Team Management software to produce their entry files. The meet entry file may be downloaded [HERE](#) (Link to come). Files containing swimmer entries must be submitted by May 3, 2023.

If your file contains **relay only swimmers**, please email RTraynor@swimming.ca indicating the names of these swimmers in order to ensure the correct total on your invoice.

A revised file containing swimmers and relays must be submitted by May 12th, 2023. Swimmers who were not in the original file submitted by May 3, but included in the subsequent file will be charged the late entry fee of 200% of the initial entry fee. We request a single file, which includes all individual swimmer entries and all relay entries. Clubs will be invoiced after the entry deadline, once entries are submitted and approved. All fees must be paid prior to May 19 2023. Accepted methods of payment, through Square, include VISA, MASTER CARD and debit. Checks will not be accepted at the meet.

Individual Swimmer Entries

Individual Canadian and Foreign Swimmers may complete their registration using the Swimming Canada meet entry management system [HERE](#). (Link to come)

Swimming Canada Registered Swimmers:

The step-by-step procedure for Swimming Canada registered swimmers can be found [HERE](#).

In order to submit your entries, you will be required to log in to the system with your login credentials for your **Swimmer Account** in the Registration, Tracking and Results System (RTR). For login support, please use the *Forgot Username/Password* feature or email support@swimming.ca. Emails will receive replies Monday to Friday from 8h00-4h00 Eastern time.

Entries must be paid in full to complete the entry process. Swimmers will be invoiced after the entry deadline, once entries are submitted and approved. All fees must be paid prior to May 19 2023. Accepted methods of payment through Square include VISA, MASTER CARD and debit. Checks will not be accepted at the meet.



Foreign Swimmers

The step-by-step procedure for Foreign swimmers can be found [HERE](#).

In order to submit your entries, you will be required to include your foreign federation ID number. All foreign swimmers, other than those from the USA, must provide a letter from their National Federation confirming their registration status. The letter must be submitted to Rebecca Cheverton (masters@swimming.ca) prior to the meet entry deadline.

Entries must be paid in full to complete the entry process. Swimmers will be invoiced after the entry deadline, once entries are submitted and approved. All fees must be paid prior to May 19 2023. Accepted methods of payment through Square include VISA, MASTER CARD and debit. Checks will not be accepted at the meet.

Relay Entries:

Relay entries may be completed using our online entry form [HERE](#). (Link to come)

Clubs submitting **more than 10 relays** must use their Team Management software. Please note the age group in which you are entering the relay team and team entry time.

Age Groups, relay events

72-99	160-199	280-319
100-119	200-239	320-359
120-159	240-279	etc. as required

Clubs entering relays via the online entry form will be invoiced once relay entries are submitted. All fees must be paid prior to May 19th. Accepted methods of payment through Square include VISA, MASTER CARD and debit. Checks will not be accepted at the meet.