



August 10, 2022

The [results](#) of the July Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Siubhan Drinnan Edmonton Masters Swim Club

Laura Ankcorn Canada Games Centre Swim Academy

Remember to participate in the [August Challenge](#) and submit your results by September 5th, 2022.

July 13, 2022

The [results](#) of the June Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Jillian Best Middlesex Swimming Masters

Susan Ryan Saskatoon Goldfins Swim Club

Robert Laniel Greenwood Dolphins Swim Club

Sergio Ramirez-Romo Club de natation Montréal-Nord

Remember to participate in the [July Challenge](#) and submit your results by August 5th, 2022.

June 20, 2022

A reminder that the new dates for the FINA World Masters Championships are Wednesday, August 2 to Friday, August 11, 2023, in Kyushu, Japan. For more information regarding the event, please check out the event website: <https://www.fina-fukuoka2022.org/en/masters/>, as well as their social media channels.

We are pleased to coordinate Masters Swimmers wishing to participate in the event. Swimmers may join the True North team for this event and participate in relays under this team name.



June 14, 2022

The [results](#) of the May Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Eric Hsueh Delta Retreads Masters
Alison Kirk Brandon Bluefins Swim Club
Shelley Luckasavitch Cochrane Masters Swim Club
Dayton Salmon Middlesex Swimming Masters

Remember to participate in the [June Challenge](#) and submit your results by July 5th, 2022.

Congratulations to the Masters Swimmers who are ranked in the 2021 FINA Top 10 Rankings. FINA Compiles these lists from performances at meets formally sanctioned by a FINA member federation and conducted under the rules of FINA, by swimmers registered in a club that is a member of a FINA member Federation.

Swimmers in the Top 10 ranking:

Maia Brundage- UBC Masters Swim Club
Marie-Ève D'Amboise- Club des maitres de St-Laurent
Jennifer Campbell – Maîtres-Nageurs du Québec
Cindy Mabee – Victoria Masters Swim Club
Ilka Lowensteyn- Côte St-Luc Aquatics Swim Team
Lynn Marshall- Carleton University Masters
Nicole Branchaud- Club de natation Mégophias de Trois-Rivières
Madeleine Sevigny – Club de natation Mont-Tremblant
Mae Waldie- Maitres Pointe-Claire



Betty Brussel – White Rock Wave

Detlev Grabs- Club de natation Mégophias de Trois-Rivières

Relays:

Club Aquatique Montreal – Women 200m Free & 200m Medley Relay

- Janine Boivin, Ginette Boivin, Nicole Branchaud, Anita Masbourian

Maîtres À Contre-Courant- Men 200m Free Relay

- Francois Gauvin, Simon Fortier, Tarek Raafat, Brent Darrach

Club Aquatique Montreal – Men 200m Medley Relay

- Abdeltif Benhaddad, Marco Veilleux, Marc Samson, Alexandre Leduc

Congratulations to all!

The complete FINA Top 10 Rankings for Long Course and Short Course can be found on the FINA webpage in the [Masters](#) section under Rankings.

May 9, 2022

The [results](#) of the April Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Philippe Dalpé-Turcotte Club de natation Montréal-Nord

Ahmed Zaki Middlesex Swimming Masters

Kirsty Gurney Saskatoon Goldfins Swim Club

Jan Rogers Delta Retreads Masters

Remember to participate in the [May Challenge](#) and submit your results by June 5th, 2022.



April 8, 2022

The [results](#) of the March Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Michael Chambers Manitoba Marlins

Catherine Benoit Club Campbellton Aquatika Club

Andrew Lee Middlesex Swimming Masters

Margaret Forster UNB Masters Swim Club

Remember to participate in the [April Challenge](#) and submit your results by May 5th, 2022.

March 15, 2022

Please note that entries are open for the 2022 Canadian Masters Swimming Championships. Information regarding the entry process can be found in the meet package on the [Swimming Canada website here](#).

The 800 m freestyle will be limited to 80 men and 80 women. Entries will be accepted on a first come first served basis.

The 1500 m freestyle will be limited to 70 men and 70 women. Entries will be accepted on a first come first served basis.

March 8, 2022

The [results](#) of the February Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Catherine Cavouras Winskill Otters Masters

David Albert White Rock Wave

Florian Edelenbosch Edmonton Masters Swim Club



Amy Chamberlin Club Campbellton Aquatika Club

Remember to participate in the [March Challenge](#) and submit your results by April 5th, 2022.

February 25, 2022

Please note the entry period for the 2022 Canadian Masters Swimming Championships will open on Monday, March 7th, 2022.

We are accepting nominations for the [Swimming Canada Masters Swimming Awards for 2022](#). The deadline to submit is Monday, March 7th, 2022. You can find the nomination form [here](#).

February 11, 2022

Please note that [FINA has confirmed new dates for the FINA World Masters Championships 2022](#). The 19th FINA World Masters Championships 2022 in Kyushu, Japan, have been rescheduled for August 2-11, 2023.

Check out this great story on B.C. Masters swimmer Betty Brussel from the White Rock Wave Swim Team. [‘Late bloomer’: 97-year-old B.C. resident smashes swimming records](#)

February 8, 2022

The [results](#) of the January Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#).

Candace Murray Delta Retreads Masters

Jennifer Seaman Regina Masters Swim Club

Darcy Pawlik Saskatoon Goldfins Swim Club

Sue Chafe Edmonton Masters Swim Club

Remember to participate in the [February Challenge](#) and submit your results by March 5th, 2022.

February 4, 2022

FINA has announced that the 19th FINA World Masters Championships have been [postponed](#). Revised dates will be announced soon.



Swimming Canada will continue coordinating Masters Swimmers wishing to participate in the [UANA Pan American Masters Championships](#) scheduled for July 21-28 in Medellin Columbia. Swimmers may join the True North Team for this event and participate in relays under this team name.

Please contact us at masters@swimming.ca

January 6, 2022

The [results](#) of the December Challenge are now available.

Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#) .

Eddie Hilts Regina Masters Swim Club

Jim Douglas Windsor-Essex Swim Team

David Zayonc Delta Retreads Masters

Susan Selby Manitoba Masters Aquatic Club

Remember to participate in the [January Challenge](#) and submit you results by February 5th, 2022.

January 1, 2022

Happy New Year to all! We hope 2022 will find you healthy, happy and swimming. Congratulations to all those who have "aged-up" this January 1st, welcome to your new age group for the next 5 years.

January's Mail-in challenge has been launched and is available in the [challenges](#) section of the Swimming Canada Masters page. Swimmers are invited to swim a timed 50m of each stroke, which will be added together for a 200 individual medley time. The results will be compiled for the 200 IM add-up.

The December challenge data is due back by January 6th so that results can be compiled and prizes awarded.

December 6, 2021

The [results](#) of the November Challenge are now available.



Congratulations to our participation prize winners of a 25\$ gift certificate to the Swimming Canada [Store](#) .

Meaghan McBride	Dartmouth Whalers
Hossein Fani	Windsor Essex Swim Team
Philippe Paquin	Club Aquatique Fouiqs Anjou
Linda Stanley Wilson	White Rock Waves

Remember to participate in the [December Challenge](#) and submit your results by January 5th, 2022.

November 19, 2021

RECORD ALERT

Congratulations to the following new **Canadian Record** holders

Mae Waldie, MPC, 85-89, 50 m Freestyle 47.00
Lynn Marshall, CARMA, 60-64, 200 m Freestyle 2:21.90
Lynn Marshall, CARMA, 60-64, 400 m Freestyle 5:00.22
Lynn Marshall, CARMA, 60-64, 800 m Freestyle 9:59.85
Lynn Marshall, CARMA, 60-64, 200 m Backstroke 2:39.80
Lynn Marshall, CARMA, 60-64, 200 m IM 2:45.96
Detlev Grabs, MEGO, 60-64, 200 m Backstroke 2:35.43

Lynn Marshall also broke the **World Record** for ladies 60-64 in the 800 m Freestyle, we are awaiting the ratification of this record by FINA.

November 1, 2021

After many starts and stops for most Swimmers during the 2020-2021 season we can happily say that the 2021-2022 season looks much more promising. We hope that you have had the chance to get back in the pool and find some of the technique and well-being that may have been lost over the past 18 months.

Swimming Canada is pleased to launch the first challenge of the season with a 15-minute swim. Record how far you swim in this time and submit your results to us using the form found [HERE](#) or have your coach submit your team's results using the excel form found [HERE](#). Full instructions about the challenge are available on the first page of the excel form. You will have until the 5th of December to submit November results, which will be published on the Swimming Canada web site. A drawing will take place for the Swimming Canada [Store](#) gift cards.



Swimming Canada will be creating exclusive t-shirts for Masters Swimmers which will be available soon. Please follow the [Masters web site](#) for more information.

We are pleased to be coordinating Masters Swimmers wishing to participate in the [19th FINA World Masters Championships 2022](#) from May 31 to June 9, 2022 across the Island of Kyushu, Japan. Swimmers may join the True North team for this event and participate in relays under this team name.

Swimming Canada will provide the same service for the [UANA Pan American Masters Championships](#) scheduled for July 21-28 in Medellin Columbia.

Please contact us at masters@swimming.ca

The meet information has now been posted for the 2022 Canadian Masters Swimming Championships in Quebec City, May 20-22, 2022. Please consult the [meet page](#) for more information.

Please reach out and tell us what you are doing, in and out of the water. We are always looking for Swimmers and Clubs to profile on the [Masters page](#) of the Swimming Canada web site.

We wish you all a wonderful fall season with many opportunities to get in the pool. Stay well, stay safe.