



2023 CANADIAN OPEN WATER FESTIVAL

3km, 1.5km & 750m Events

AUGUST 12-13, 2023

GENERAL INFORMATION

Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook. For information and updates to this document, please refer to the Swimming Canada [web site](#).

This meet is open to qualified Swimming Canada registered swimmers, limited event registrants (registered through online form) and World Aquatics (formerly FINA) registered foreign swimmers (swimmers registered with foreign swimming federations). Please reference [Swimming Canada Rulebook](#) for eligibility rules (CGR 1.2.1 and CGR 1.3.1).

COMPETITION HOST

Swimming Canada and Swim Ontario

VENUE

Welland International Flatwater Centre

ORGANIZING COMMITTEE

Swimming Canada Events Manager	Rebecca Cheverton	rcheverton@swimming.ca
National Meet Director	Sylvie Potvin	Sylvie.Potvin@pfizer.com
National Meet Referee	Carole Thomas	cthomas@swimming.ca
Meet Entry Coordinator	Carole Thomas	cthomas@swimming.ca
LOC Lead	Christy Yaremczuk	christy@swimontario.com

KEY DATES

Meet Entry Deadline	Monday, August 7, 2023		
Technical Meeting	Virtual- Thursday, August 10, 2023 at 6:00pm. Zoom link will be sent after the entry deadline.		
Open Water Officials Clinic	Saturday, August 12, 2023 from 8:00-10:00am Sign up form: https://www.jotform.com/build/230265841660252		
10km Start Times (Saturday)	Please see separate meet package regarding the 10km for more information.		
Festival BBQ (Saturday)	BBQ onsite at the Flatwater Centre at 5:00pm. Dinner for purchase. Specific details and menu to follow.		
3km & 1.5km & 750m (Sunday)	Registration – 7:00-12:00pm		
	3km Start – 9:00am	1.5km Start – 11:00am	Try Open Water- 750m – 12:00pm

SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures, including but not limited, to the General Code of Conduct, the Equity, Diversity and Inclusion Policy, and the



Harassment Policy. For more information regarding the Swimming Canada Safe Sport Program please visit www.swimming.ca/safe-sport

EVENT QUALIFICATION

Swimming Canada Registration: limited event (through online form below) or club affiliation.

Swimming Canada Age Limitations:

- Swimmers 11 years of age or older can participate in the 750m and 1.5km event only.
- Swimmers 13 years of age or older may participate in open water swimming events of any distance;

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must provide a letter from their National Federation confirming their registration status. The letter must be submitted to Rebecca Cheverton (rcheverton@swimming.ca) prior to the meet entry deadline.

Events and Age Category

Try an Open Water Race- 750m: 11+

1.5km: 11-12; 13-15; 16-18; 19-29; 30-39; 40-49; 50-59; 60 & over

3km: 13-15; 16-18; 19-29; 30-39; 40-49; 50-59; 60 & over

ENTRY FEES & INFORMATION

Entry Fees by deadline: \$75.00 CAD per swimmer (+\$5.00 for non-registered Swimming Canada members)

Entry Fees after deadline: \$100.00 CAD per swimmer (+\$5.00 for non-registered Swimming Canada members)

Please note that swimmers entered and charged for the 10km will not be charged again to participate in the 3km, 1.5km or 750m events.

All registrants will receive an email invoice for all entry fees. Invoices will be sent out at the beginning of each month leading up to the event. This invoice must be paid prior to **August 10, 2023** in order for entries to be considered final, and therefore, no fees will be accepted on site.

Registration Process

To enter please register use the online form: - [REGISTRATION FORM](#)

Swimmers who are entered in the 10km event can participate in the 3km, 1.5km events & 750m events.

Please review the meet package for the 10km to find information on how to enter the 10km. Sunday's event must be registered through the online form above.

Waivers & Assumption of Risk Form

Consent and Assumption of Risk Form forms will be available and can be found at: [WAIVER FORM](#)

Changes and corrections

Changes and corrections may be made up to the meet entry deadline without penalty. Following the meet entry deadline, changes and corrections may be made up until the start of the technical meeting at a cost of **\$100 per change** or correction. (The per change cost is per swimmer, per event, per change; not per email sent).

Late Entries

Late entries for swimmers not entered by the meet entry deadline will be accepted up until the start of technical meeting at a cost of \$100. Once late entries have been accepted, any changes or corrections will be assessed the \$100 per change or correction fee, as per above.



COMPETITION INFORMATION

SUNDAY	Registration/Medical Check	Check In Deadline	Warm up Starts	
3km	7:00am	8:30am	7:00am	
	Pre-Race Briefing	Swimmer Gathering	Race Starts	Awards
	8:30am *All swimmers & coaches	8:50am	9:00am	11:30am
1.5km	Registration/Medical Check	Check In Deadline	Warm up Starts	
	7:00am	10:30am	10:00am	
	Pre-Race Briefing	Swimmer Gathering	Race Starts	Awards
10:30am *All swimmers & coaches	10:50am	11:00am	12:00pm	
750m – Try an Open Water Race	Registration/Medical Check	Check In Deadline	Warm up Starts	
	7:00am	11:30am	11:00am	
	Pre-Race Briefing	Swimmer Gathering	Race Starts	Awards
11:30am *All swimmers & coaches	11:50am	12:00pm	1:00pm	

RACE DETAILS

Timing: Timing will be electronic by Chip Timing. All swimmers will wear a timing chip on their wrist.
Race course & Venue layout TBC.

Try an Open Water Race- 750m: Open Water swimming buoy and flotation devices are permitted in this race

RACE RULES

Swimming Canada Open Water Rules can be found [here](#).

Wetsuits are not allowed unless the water temperature is less than 18°C.

Fingernails and toenails must be trimmed short.

No jewelry (earrings, rings, necklaces, etc., including watches) is permitted.

AWARDS AND RESULTS INFORMATION

Awards - Medals for Top 3 Canadian finishers per gender per age category

1.5km: 11-12; 13-15; 16-18; 19-29; 30-39; 40-49; 50-59; 60 & over

3km: 13-15; 16-18; 19-29; 30-39; 40-49; 50-59; 60 & over

750m- Try an Open Water Race: Participation Prize

Race Results - Results will be posted on the Swimming Canada Website.

SITE INFORMATION

Hospitality-Officials

A hospitality room will be available for officials

Parking

Free parking is available onsite.

Spectators:

The courses' sloped banks make for great viewing setting, allowing for thousands of spectators in addition to the



venues' 500 plus permanent seating.

Food on site:

Festival BBQ on Saturday, August 12 at 5:00pm.
Food trucks on site to purchase food Sunday, August 13.

TRAVEL INFORMATION

Hotels – <https://www.swimming.ca/en/resources/miscellaneous/hotels/>

Swimming Canada Rental Car Partner - AVIS Rent a Car - for bookings visit

<https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.