



2023 CANADIAN OPEN WATER FESTIVAL

TECHNICAL MEETING

3km, 1.5km, 750m

August 10th,
2023

Welland, Ontario

INTRODUCTION



Organizing Committee

Swimming Canada Events Manager:

Rebecca Cheverton

National Open Water Meet Referee:

Carole Thomas

National Meet Director:

Sylvie Potvin

Swimming Canada Meet Entry Coordinator:

Carole Thomas

Local Lead (Swim Ontario):

Christy Yaremczuk

Officials / Volunteer Coordinator:

Carole Thomas

SCRATCH PROCEDURE



Scratch deadlines:

Saturday 6:30pm

Scratches must be sent by email to Carole Thomas:
cthomas@swimming.ca

WHAT TO BRING



- Bathing cap, goggles, Vaseline, zinc cream, water bottle, etc.
- Drinks and snacks (no vendors on site)
- Ice
- Chairs
- Water repellant Sunscreen (to be applied only after body marking)
- Towel
- Warm clothes

Note: Competitors are responsible for their belongings.

SWIMMERS CHECK-IN



- A bathing cap provided by the organizing committee must be worn at the start (maximum 2 bathing caps) (III.4.1)
- Competitors should present or wear the swimsuit they will be swimming with during the race at the marshalling area and should not be greased or have applied sunscreen before being marked upon their arrival.
- Swimsuit and caps will be checked at your arrival by the Clerk of the Course assisted by the assistants.
- REMINDER : fingernails and toenails must be trimmed; no jewelry of any kind (including piercing); watches may not be worn (III 3.15.2)
- Swimmers must be present in the starting area at the indicated time.

Expected Weather-water conditions




<

SUNDAY, AUGUST 13

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Day

8/13



75°

Hi

RealFeel® 78°

RealFeel Shade™ 72°

Mostly sunny

Max UV Index

8 Very High

Probability of Thunderstorms

5%

Wind

NNE 8 mph

Precipitation

0.00 in

Wind Gusts

18 mph

Cloud Cover

23%

Probability of Precipitation

25%

SAFETY



- Designated Warm-up area – Swimmers also allowed in the race area
- Emergency Rescue Team and First Aid:
- First Aid trained personnel and medical tent available
- 8 Lifeguards on Sunday– on kayaks and paddle boards;1 on shore
- Hospitals nearby are St. Catharines and Niagara Falls
- Emergency boat – 1 Zodiac
- Referees – 2 Zodiacs
- Water temperature : 25 C / 77 F

Program and timelines SUNDAY



	Time	Subject	Location	Equipment
	7:00-10:30 AM	Registration- Numbering	Main Building	
	7:30-8:20 AM	Warm-Up	North Course	
	8:30 AM	Check in deadline for 3km	Main Building	
	8:30 AM	3km Swimmer Safety Briefing	North Course	
	8:50 AM	3km swimmer gathering	North Course	
	9:00 AM	3km Race Start	North Course	
Sunday August 13	10:30 AM	Check in deadline for 1.5km & 750m	Main Building	
	10:30 AM	1.5km & 750m Pre-Race Safety Briefing	North Course	
	10:50 AM	1.5km & 750m swimmer Gathering	North Course	
	11:00 AM	1.5km & 750m Race Start	North Course	
	11:30 AM	Hospitality Lunch- Officials	Main Building	
	11:30 AM	Awards- 3KM	North Course	Podium
	12:00 PM	Awards- 1.5km	North Course	Podium

****No contingency plan for the 3km, 1.5km and 750m, if rain or storm event might be delayed on the same day or cancelled**

START PROCEDURES



- Warning 15 min, 10 min, 5 min, 1 min
- One hand must hold the rope.
- The Chief Referee will blow their whistle to warn the swimmers
- The Chief Referee points the flag towards the Starter
- The Starter will say « Take your marks », will raise their flag and when they will lower their flag with the sound of the fog horn, the start will be given.

COURSE PROCEDURES



- The Referees will be following the swimmers.
- The boats will stay nearby at a safe distance from the swimmers.
- A competitor who wishes to abandon must raise their hand; a lifeguard or official will assist the competitor back to the medical area.
- Any competitor who leaves the course on their own must report immediately to an official.
- There will be turn judges at each turn.
- First Aid service will be on hand.

RULES



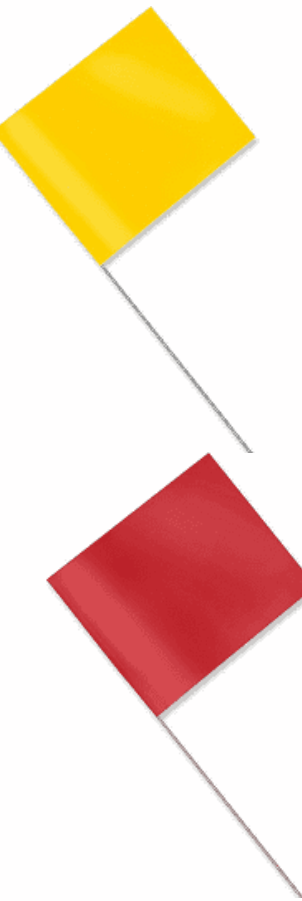
No swimmer shall be allowed to obstruct another participant

- **III 5.6** Standing on the bottom during the race will not disqualify a competitor but they may not walk or jump
- **III 5.7** Competitors shall not receive support from any fixed or floating object and shall not intentionally touch or be touched by their escort safety craft or crew therein.
- Turning buoys must be passed with the right shoulder

DISQUALIFICATION PROCEDURE



- **III.5.3.1** If in the opinion of the Chief Referee or Referees, any competitor, or competitor's approved representative, or escort safety craft, takes advantage by committing any violation of the rules or by making intentional contact with any competitor, the following procedure shall apply:
 - **III.5.3.1.1** 1st Infringement: A yellow flag and a card bearing the competitor's number shall be raised to indicate and to inform the competitor that she/he is in violation of the Rules.
 - **III.5.3.1.2** 2nd Infringement: A red flag and a card bearing the competitor's number shall be raised by the Referee (III.3.1.6) to indicate and to inform the competitor that she/he is for the second time in violation of the Rules. The competitor shall be disqualified.
- **III.5.3.2** If in the opinion of a Referee, an action of a competitor or an escort safety craft, or a competitor's approved representative is deemed to be 'unsporting' the Referee shall disqualify the competitor concerned immediately. She/He must leave the water immediately and be placed in an escort craft and take no further part in the race.



THE WATER



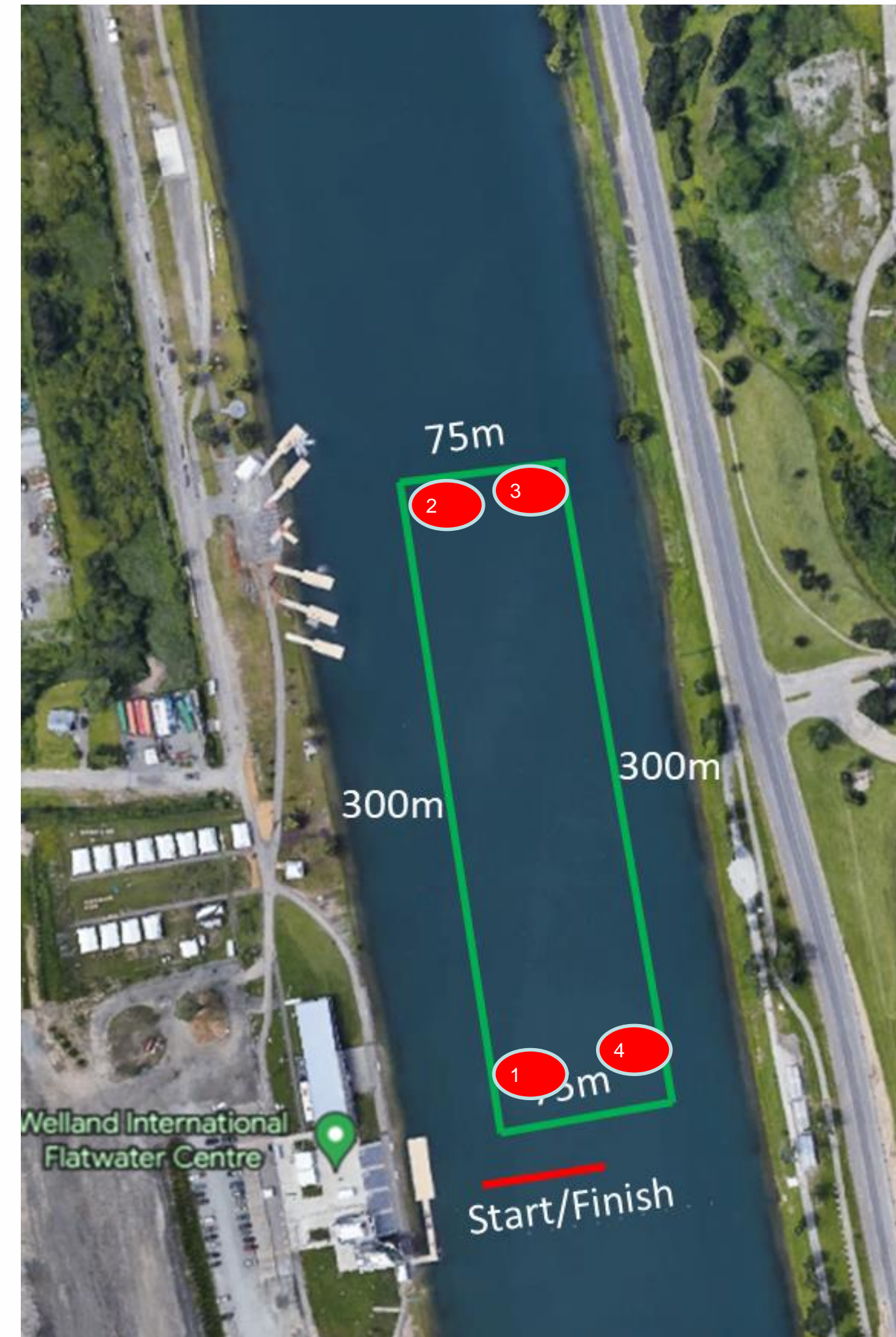
- Welland International Flatwater Centre is a rowing basin designed for boat races as well as swimming
- There is 1 dock secured in the water
- The depth of the water exceeds the 1.4 meter requirement - Rowing basin is a dug out channel that is 35 feet deep
- The water temperature when measured on the course is greater than 20 degrees when taken at 40 cm below the surface (No Wetsuits)
- The water is regularly tested for bacteria and reported – the most recent test results will be on site
- The water on the course is free of any hazards and weed base.

COURSE MAP SUNDAY

Course: 750m, 1.5km, 3km race:
750m loops; 4 red turn buoys.

Departure: Start in the water hand on rope, go straight to turn buoy #2. Rotate clockwise.

Finish: Swim inside the lane and touch the top of the finish mat. Only swimmers can enter the funnel area.



FINISH

Horizontal finish mat on the dock.

Must touch the Finish mat with the right hand that has the transponder, on top of the mat.

Clear the way for the other swimmers.

After the race: exit water and report to the Clerk of the Course who will take the transponder and conduct a primary medical evaluation of the swimmer.



MICROCHIP TRANSPONDERS



- For the 3km, 1.5km and 750m, competitors will wear a transponder on the right wrist.
- **III.6.2** It is mandatory for all competitors to wear a microchip transponder on each wrist throughout the race. If a competitor loses a transponder the Race Judge or other authorized Official, will immediately inform the Chief Referee who will instruct the responsible Official on the water to issue a replacement transponder. Any competitor who finishes the race without at least one transponder will be disqualified.

EMERGENCY EVACUATION



- Lifeguards on the water will whistle (3 long whistles). They will then direct everyone out of the water and, if possible, towards a safe place.
- **5.18.1** In cases of emergency abandonment of races of 10 km or less, the race will be restarted from the beginning at the earliest possible moment.
- There will be no stopping except for unsafe conditions such as, thunder and lightning and in this case only, swimmers will be escorted by the rescue team.
- **III 5.18.3** If, for any reason, a race is abandoned with no possibility to restart that race, the final ranking will be as reported by the Chief Referee

SITE LAYOUT



WELLAND INTERNATIONAL FLATWATER CENTRE

16 TOWNLINE TUNNEL RD,
WELLAND ONTARIO L3C 2T4



AWARDS PRESENTATION



Awards presentation will be done at the venue as soon as possible after the events.

INFORMATION - START LISTS AND RESULTS



MEET INFORMATION: [2023 Canadian Open Water Festival –
Swimming Canada](#)

START LISTS: <https://live.swimrankings.net/39056/>

RESULTS: <https://chiptimeresults.com/race-results/>

CONTACT INFO



- Rebecca: +1 (613) 402-1466

THANK YOU TO OUR PARTNER





Have a great safe meet!



SWIMMING.CA | NATATION.CA