



Provincial Trials SC

Sponsored by: Team Aquatic Supplies
February 24-26, 2023 – Calgary, AB

Purpose

The first stage of provincial heats and finals racing and a last chance qualifying event for the Swim Alberta Provincial Championships. All individual event winners qualify to attend the Provincial Championships.

Qualifying *	Up to February 13, 2023
Entry Deadline *	February 13, 2023
Scratch Deadlines	Swim Alberta Scratch Rule (Appendix A)
<i>* Withdrawals will not be refunded after the entry deadline</i>	

Facility

MNP Sport Centre, Calgary
2225 Macleod Trail SE

Two 8 x 25-meter pools with warm-up and cool down space available

	February 24	February 25	February 26
Preliminaries Warm-up / Start	2:00 pm / 3:00 pm	8:00 am / 9:00 am	8:00 am / 9:00 am
Finals Warm-up / Start		3:30 pm / 4:30pm	3:30 pm / 4:30 pm

Sanction

This meet is sanctioned by Swim Alberta.

Rules

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Hosts

Swim Alberta and the University of Calgary Swim Club

Meet Manager	Peter Lloyd	lloydswims@gmail.com
Officials Chair	Kerstin Clark	officials@calgaryswimming.com
Advisory Referee	Trevor Nicholson	trev.nicholson@gmail.com
Swim Alberta	Kevin Dennis	kevin@swimalberta.ca

Safe Sport

Swim Alberta provides a fun, healthy, inclusive and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment or discrimination. Swim Alberta further recommends that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

Eligibility

This meet is closed to swimmers currently registered with a Swim Alberta affiliated year-round club. Para swimmers must have a valid classification listed on the Swimming Canada website (www.swimming.ca).

Qualifying

Swimmers may qualify for the Provincial Trials SC by achieving one of the Provincial Trials time standards within the qualifying period. Swimmers are de-qualified from the Provincial Trials SC if they have achieved a Provincial Championship standard in two (2) events. Time standards are available on www.swimalberta.ca. Para swimmers classified at Level 2 who have not yet achieved a Provincial Para Swimming time standard may attend.

New Qualifiers

Entries for Swimmers who have qualified after the entry deadline will be accepted. Coaches must notify Swim Alberta by February 20, 2023.

Entries

Swimmers who have qualified in one (1) event may enter up to a maximum of seven (7) individual events. Swimmers may enter any 50m, 100m or 200m event. Swimmers who have achieved a Provincial Trials time standard in the 400m freestyle, 800m freestyle or 400 IM may enter any event 400m or longer. Swimmers who have one Provincial Championships time standard may swim that event in order to qualify for the Provincial Championships as an event winner. Entries must be submitted online at www.swimming.ca. Deck entries will not be permitted.

Age-Up Entries

When a swimmer's birthday falls between the Provincial Trials SC and the Provincial Championships, making them ineligible for either competition, the swimmer must be entered in the higher age category at Provincial Trials SC for all individual events. This can only occur if the swimmer has achieved the Provincial Trials time standard in the higher age category. Coaches must notify Swim Alberta at the time of entry with the swimmer's name for all age-up requests.

Entry Fees payable to Swim Alberta.

Entry Fees are \$15.00 per individual event and \$20.00 per relay event. Entry fees include Olympic Bonus and

are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition.

Entry Rules

Entries must be submitted using the athletes best Long Course or Short Course time. Meet Management will convert entry times for seeding.

No-Time (NT) entries will not be accepted, coaches must submit estimated times. Estimated times will not supersede any proven time in the fastest heat of a timed final event. Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition.

Any club submitting entries for de-qualified or non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta.

Scratches

The Swim Alberta Scratch Rule will be in effect for this competition. Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. (See appendix A)

Format

Individual Events: Age Categories
Female: 12 & Under, 13-14, 15 & Over
Male: 13 & Under, 14-15, 16 & Over

Relay Events: Age Categories
Female: 12 & Under, 14 & Under, Open
Male: 13 & Under, 15 & Under, Open

Diving

Starts will be conducted from Starting Platforms (blocks) as per FINA 2.3 and SW 4.1.

Preliminaries

There will be preliminaries and finals for all events 200m and shorter. All preliminaries will swim regardless of entries and will be senior seeded, fast to slow.

Finals

There will be A-finals for each age category in all events 200m or shorter.

Individual Timed Final Events

The 400 freestyle, 800 freestyle, 400 IM will be time final events. The 400 freestyle and 400 IM will be seeded by

age category, fast to slow. The 800 freestyle will be senior seeded, fast to slow and may be seeded with two swimmers per lane at the discretion of Swim Alberta and the meet manager.

The 400 freestyle, 800 freestyle and 400 IM require positive check-in. Positive check-in deadlines are listed below.

Positive Check-in Deadlines

400 IM	February 24	2:30 pm
400 Free	February 24	2:30 pm
800 Free (Male)	February 25	9:00 am
800 Free (Female)	February 26	9:00 am

Relays

Relay events are time final and will be swum by category, seeded slow to fast. Teams may enter one (1) 'relay only' swimmer for the 'A' relay. 'Relay Only' entries must be done using Hy-Tek and Swim Alberta notified when entries are submitted. This is only permitted if the team has three (3) swimmers eligible for the relay who are entered in at least one individual event.

Individual names must be submitted to the Clerk of Course by the deadlines listed below.

4x50 Free	February 24	2:30 pm
4x50 Medley	February 25	4:30 pm

Media

Club photographers are not permitted.

Awards

Individual Events

Medals will be awarded to the top three swimmers in each event.

Relay Events

Medals will be awarded to the top three teams in each event.

Draw Prizes

Each heat winner will be eligible for a draw prize. Draw prizes will be selected prior to the start of the final session.

Time Trials

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

Proof of Time

Swim Alberta may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. If a Club is unable to prove an entry time the entry may be removed (events 400m or longer) or seeded last (events 200m or shorter).

Official Splits

Must be requested prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

Psych Sheets

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

Accreditation

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations must be requested prior to the competition.

Modesty Wear

All swimmers are permitted to race with modesty wear at all competitions sanctioned by Swim Alberta. It is not required to declare the use of modesty wear to the Referee.

Modesty wear is considered additional body coverage using a fabric that is a permeable open mesh textile and would not reasonably be seen to be creating a technical advantage, meaning it does not aid buoyancy, strength, speed, or endurance.

Friday February 24

Preliminaries

Warm-up: 2:00 pm / Start: 3:00 pm

100 Butterfly
50 Freestyle
400 IM (Time Final)
50 Backstroke
100 Breaststroke
400 Freestyle (Time Final)
4x50 Freestyle Relay

Saturday February 25

Preliminaries

Warm-up: 8:00 am / Start: 9:00 am

200 IM
50 Butterfly
200 Backstroke
100 Freestyle
200 Butterfly
800 Freestyle (Male Time Final)

Finals

Warm-up: 3:30 pm / Start: 4:30 pm

200 IM
50 Butterfly
200 Backstroke
100 Freestyle
200 Butterfly
50 Backstroke
100 Breaststroke
4x50 Medley

Sunday February 26

Preliminaries

Warm-up: 8:00 am / Start: 9:00 am

200 Breaststroke
100 Backstroke
50 Breaststroke
200 Freestyle
100 IM
800 Freestyle (Female Time Final)

Finals

Warm-up: 3:30 pm / Start: 4:30 pm

100 Butterfly
50 Freestyle
200 Breaststroke
100 Backstroke
50 Breaststroke
200 Freestyle
100 IM



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Appendix A

Alberta provincial meets will use the Swim Alberta Scratch Rule.

<http://www.swimalberta.ca/officials/meet-manager-information>

SWIM ALBERTA SCRATCH RULE

Heats & Final Meets including Short Course & Long Course Provincials, Spring & Summer Championships

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course according to the information detailed below:

Scratch Deadline and Penalties for Preliminaries:

- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

Scratch Deadline for Time Final Events (including relays):

- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining finals, including relays, scheduled for that session.

Scratch Deadline for Time Final Events utilizing Positive Check-in

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked-in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining finals, including relays, scheduled for that session and any other session in which the event in question is swum.

Scratch Deadline and Penalties for Finals:

- Scratches are to be submitted to the clerk of course 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final race of the session or when the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.

- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final and qualify, would be provided the opportunity.

Deadlines for Relays

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.