

APPROVED
By Swim Ontario at 9:13 pm, Jan 24, 2023
Revised 24 Jan – event lineup and session times

DATE(s):	29 January 2023	REGION:	Central Region
HOSTED BY:	North York Aquatic Club		
LOCATION:	Toronto Pan Am Sports Centre, 875 Morningside Avenue, Toronto ON, M1C 0C7		
FACILITY:	10 lane x 25 meter, electronic timing		
PURPOSE & DESCRIPTION:	Racing experience, and official times for primarily novice swimmers.		
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca		
COMPETITION COORDINATOR:	Clarissa Moldawa	Level:	V
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted <input type="checkbox"/>		
MEET MANAGER:	Lynn Wong	Email:	officials@nyacswimming.ca
ENTRY & RESULTS MANAGEMENT:	RecTec Management Group – Charlotte Carroll & Steve Goodwin – rectecresults@gmail.com		
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.		
COMPETITION RULES:	Sanctioned by Swim Ontario.		
	All current Swimming Canada rules will be followed. All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows		
	FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at North end
		<input type="checkbox"/>	Deck or Bulkhead at
		<input type="checkbox"/>	In-Water at
ELIGIBILITY:	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.		
	This event includes participants from the following clubs:	Open Invitational	
	<input checked="" type="checkbox"/>	Preference will be given to the host club first.	
	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.	
	<input type="checkbox"/>	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition	

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FOREIGN COMPETITORS:	<input checked="" type="checkbox"/>	Foreign competitors' entries will not be accepted			
	<input type="checkbox"/>	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.			
AGE UP DATE:	Ages submitted are to be as		29 January 2023		
ENTRY LIMITS:	The maximum number of participants per session is		350		
	Each club is limited to the following number of swimmers		n/a		
	The maximum number of entries per swimmer is		4 individual events + 1 relay		
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email.				
	Entries must include all attending coaches.				
	<input type="checkbox"/>	NT entries are not permitted			
	<input type="checkbox"/>	Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".			
	<input type="checkbox"/>	Qualifying standard for entry is:			
	<input type="checkbox"/>	Qualifying period for entry to the meet is:			
	<input type="checkbox"/>	Relay swimmers must be entered in a non-relay event in order to compete.			
CONVERSION:	<input checked="" type="checkbox"/>	Entry times can be converted.			
	<input type="checkbox"/>	Entry times are not to be converted. Please submit times in course achieved.			
	<input type="checkbox"/>	Times will be converted by the host			
	<input type="checkbox"/>	Times will not be converted			
ENTRY DEADLINE:	13 January 2023				
	Changes to entries will be accepted until		23 January 2023		
ENTRY FEE:	<input checked="" type="checkbox"/>	Individual Events	\$12.00/event	Relay Events	\$16.00/event
	Payment Method:		Cheque payable to North York Aquatic Club (bring to clerk). Please contact Meet Management for electronic payment method.		

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COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.	
SEEDING:	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, slowest to fastest fast to slow, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).

SCHEDULE OF SESSIONS:					
<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	Sun 29 Jan 2023	7:00-7:30 am (20 lanes)	7:30 am	11:00 am	Time Final

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc. whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>		
CHECKIN AND SCRATCHES:	<input checked="" type="checkbox"/>	Scratches are to be made on the posted heat sheets without penalty	
PENALTIES:	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows	
DECK ENTRIES:	<input type="checkbox"/>	No Deck Entries are permitted	
	<input checked="" type="checkbox"/>	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).	
	<input checked="" type="checkbox"/>	Event Deck Entries are permitted for swimmers already entered in the competition.	
	<input checked="" type="checkbox"/>	Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.	
	<input type="checkbox"/>	<table border="0" style="width: 100%;"> <tr> <td style="width: 20%;">Fee</td> <td>\$ 15.00</td> </tr> </table>	Fee
Fee	\$ 15.00		
OFFICIAL SPLIT TIMES:	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.	
RECORDS:	<input checked="" type="checkbox"/>	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.	

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MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca	
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.
	<input checked="" type="checkbox"/>	Results will be posted electronically as quickly as possible at the meet.
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.
SCORING:	<input checked="" type="checkbox"/>	No Scoring
	<input type="checkbox"/>	The following will be scoring:
AWARDS:	<input type="checkbox"/>	No awards
	<input checked="" type="checkbox"/>	The following will be awarded: Ribbons for 1 st -3 rd in the following age groups: 8&U, 9, 10, 11, 12, 13&O. Awards must be picked up by coaches at end of the meet – ribbons will not be mailed.
ADDITIONAL INFORMATION:	See TPASC Dismissal Policy and TPASC Parking Information after the Schedule of Events.	

SCHEDULE OF EVENTS: ORDER OF EVENTS

Session 1 - Sunday 29 January 2023 – All Ages		
Warm-up: 7:00 am Start: 7:45 am End: 11:00 am		
<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	200 Free (limited to 2 heats girls, 2 heats boys)	2
3	100 IM	4
5	50 Free	6
7	100 Breast	8
9	50 Back	10
11	50 Fly	12
13	100 Free	14
15	50 Breast	16
17	100 Back	18
19	4x50 Free Relay – 12 & Over (mixed) CANCELLED	19
20	4x50 Free Relay – 11 & Under (mixed) CANCELLED	20

Mixed Relays:— A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a relay is not an official time. Requests for official splits are not allowed for mixed relays.



Competition Dismissal Policy

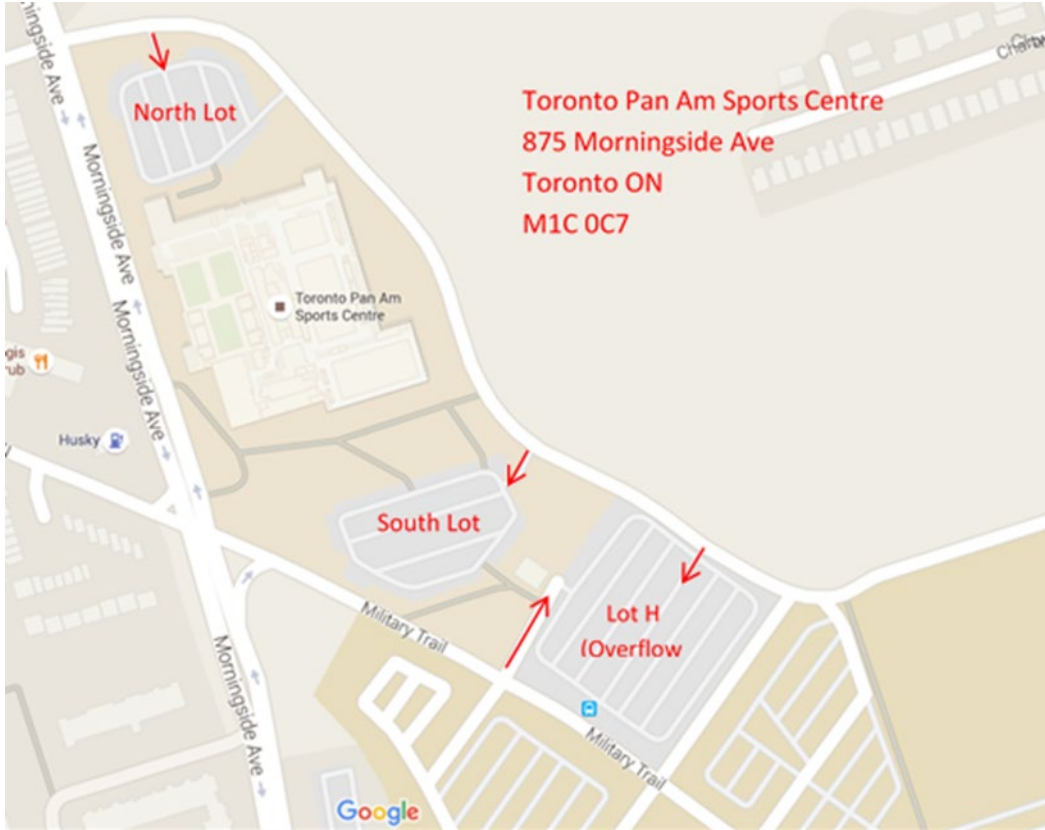
As outlined in the policies and procedures during competitions it is the responsibility of the participants (coaches and swimmers) to abide by pool rules. In the event that a participant is not following the provided rules and regulations, TPASC reserves the right to dismiss a participant from continuing in the event.

Patron Behaviour

- Socializing with or distracting pool staff, including lifeguards, is prohibited.
- No person within the pool area shall behave in such a manner as to jeopardize the safety and health of himself/herself and others. Such behavior, including abusive or profane language, may result in being asked to leave.
- Running, boisterous or rough play, pushing, acrobatics, dunking, wrestling, offensive or disruptive splashing or yelling, diving or jumping without care and caution, snapping of towels, improper conduct causing undue disturbances on or about the pool area or any acts which would endanger any patron are prohibited.
- Spitting, spouting water, blowing nose, urinating or defecating in the pool is prohibited.
- **No food or drinks on deck. No gum.**
 - All minor rule infractions warrant a verbal warning along with a brief explanation of why the rule is enforced.
 - If a swimmer repeatedly breaks rules or regulations, making it absolutely necessary for discipline purposes to send him/her home for a period of time, the Deck Supervisor must document the situation on an Incident Report Form.
 - Should there be any instances where longer suspensions are recommended, the Deck Supervisor is to discuss details with Aquatics Management staff who shall decide the appropriate course of action.
 - In the event that a participant is repeatedly breaking a pool rule there will be a three strike rule in the following order:
 - 1) Lifeguard speaks to participant and deck supervisor/management is notified.
 - 2) Lifeguard/deck supervisor will identify participant to coaches and have coach speak to swimmer
 - Meet Manager will be made aware of this step.
 - 3) Aquatics Management and Meet Manager dismiss swimmer after being warned.
 - 4) TPASC requests that all participants involved in the event are made aware of all facility policies and procedures and that the Competition Dismissal Policy is known and understood by all participants.

We appreciate your cooperation and understanding to keep our facility as safe and pristine as possible.

Toronto Pan Am Sports Centre (TPASC) Parking Info



TPASC Daily Parking Rates

Monday – Sunday **0-2 hours complimentary (no charge)**

Over and above the first 2 hours:

Monday – Friday	12:00 am – 4:00 pm	\$9.50
Monday – Friday	4:00 pm – 12:00 am	\$5.00
Weekends	Sat 12:00 am – Mon 12:00 am (All day)	\$5.00

Daily parking rates do not include in-and-out privileges (all rates include HST)

UTSC Lot H Daily Parking Rates (“Overflow Lot”) –

details - <https://www.utsc.utoronto.ca/parking/dailyvisitor-parking-rates>

NO COMPLIMENTARY 2 HOURS

Friday	Midnight – 4:00 pm	\$11.00
Friday	4:00 pm – midnight (valid to Sun midnight)	\$5.50
Saturday/Sunday	Anytime	\$5:50

Daily parking rates do not include in-and-out privileges (all rates include HST)