



AMANDA REASON INVITATIONAL 2023



APPROVED

By Swim Ontario at 6:06 pm, Jan 23, 2023

DATE(s):	May 5-7 2023		REGION:	Western
HOSTED BY:	Windsor Essex Swim Team			
LOCATION:	401 Pitt Street West, Windsor, Ontario			
FACILITY:	<p>The pool is a 10 lane 72 meter indoor facility. Bulkhead divided will include a 50 meter competition pool, and a warm down pool.</p> <p>Omega Quantum Electronic Timing System and 10 lane display. Scoreboard with Hytek Meet Manager for scoring. Touchpads will be at both ends of the pool. Spectator seating will be upstairs on mezzanine level. No glass containers or outdoor shoes allowed on deck.</p>			
PURPOSE & DESCRIPTION:	To provide swimmers opportunities to obtain qualification times in a long course format. Will have prelims and finals for 13 & over age categories.			
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca			
COMPETITION COORDINATOR:	Dave Denyer	Level:	5	
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted <input type="checkbox"/>			
MEET MANAGER:	Shawn Taylor	Email:	meetmanager@westmeets.ca	
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.			
COMPETITION RULES:	Sanctioned by Swim Ontario.			
	All current Swimming Canada rules will be followed.			
	All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.			
	Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows			
FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at	Start and Turn Ends	
	<input type="checkbox"/>	Deck or Bulkhead at		
	<input type="checkbox"/>	In-Water at		
ELIGIBILITY:	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.			
	This event includes participants from the following clubs:	Open		
	<input checked="" type="checkbox"/>	Preference will be given to the host club first.		
	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.		



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FOREIGN COMPETITORS:	<input checked="" type="checkbox"/>	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.			
AGE UP DATE:	Ages submitted are to be as		May 5, 2023		
ENTRY LIMITS:	The maximum number of participants per session			400	
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email.				
	Entries must include all attending coaches.				
	<input checked="" type="checkbox"/>	NT entries are not permitted for 400 Free, 400 IM, 800 Free and 1500 Free			
	<input checked="" type="checkbox"/>	Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".			
	<input checked="" type="checkbox"/>	Qualifying standard for entry is:	No Qualifying times are required		
<input checked="" type="checkbox"/>	Relay swimmers must be entered in a non-relay event in order to compete.				
CONVERSION:	<input checked="" type="checkbox"/>	Entry times can be converted.			
	<input checked="" type="checkbox"/>	Times will be converted by the host			
ENTRY DEADLINE:	April 28, 2023				
	Changes to entries will be accepted until			May 1, 2023	
ENTRY FEE:	<input checked="" type="checkbox"/>	Individual Events	\$15.00 for 50, 100 and 200 M events. \$18.00 for 400, 800 and 1500 M events	Relay Events	\$20.00
	<input checked="" type="checkbox"/>	Swimmer Fee	\$5.00		
	Payment Method:		Cheque payable to 'WEST MEETS'. Please contact meet manager to arrange for etransfer if needed.		
COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.				
SEEDING:	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).			
	<input checked="" type="checkbox"/>	Preliminary heat events will be seeded as per SW3.1 with fastest 3 heats circle seeded.			



SCHEDULE OF SESSIONS:					
Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	May 5	12:00 pm – 12:50 pm	1:00 pm	4:00 pm	Finals
2	May 5	4:00 pm – 4:50 pm	5:00 pm	8:00 pm	Prelims / Timed Finals
3	May 6	7:00 am – 7:50 am	8:00 am	12:00 pm	13 & Over Prelims
4	May 6	12:00 pm – 12:50 pm	1:00 pm	5:00 pm	12 & Under Timed Finals
5	May 6	5:00 pm – 5:50 pm	6:00 pm	8:00 pm	13 & Over Finals
6	May 7	7:00 am – 7:50 am	8:00 am	12:00 pm	13 & Over Prelims
7	May 7	12:00 pm – 12:50 pm	1:00 pm	5:00 pm	12 & Under Finals
8	May 7	5:00 pm – 5:50 pm	6:00 pm	8:00 pm	13 & Over Finals

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>			
CHECKIN AND SCRATCHES:	<input checked="" type="checkbox"/>	Scratches from prelims are to be made at the clerk of course desk 30 minutes after the session has been completed. Coaches, please scratch to the 30 th place for finals.		
	<input checked="" type="checkbox"/>	<table border="1"> <tr> <td>There is a positive check in 30 minutes before the start of the session at the Clerk of Course for the following events:</td> <td> 400 Free 400 IM 800 Free 1500 Free </td> </tr> </table>	There is a positive check in 30 minutes before the start of the session at the Clerk of Course for the following events:	400 Free 400 IM 800 Free 1500 Free
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	<input checked="" type="checkbox"/>	A scratch deadline will apply for finals.		
<input checked="" type="checkbox"/>	30 minutes following the posting of results of last event of prelims sessions			
PENALTIES:	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows		
DECK ENTRIES:	<input checked="" type="checkbox"/>	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).		
	<input checked="" type="checkbox"/>	Event Deck Entries are permitted for swimmers already entered in the competition.		
	<input checked="" type="checkbox"/>	<table border="1"> <tr> <td>Fee</td> <td>\$ 20.00 per event.</td> </tr> </table>	Fee	\$ 20.00 per event.
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OFFICIAL SPLIT TIMES:	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. The coach must supply 3 timekeepers and they are to report to the timing office a minimum of 15 minutes prior to the start of the event(not the heat in question)
RECORDS:	<input checked="" type="checkbox"/>	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca	
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.
	<input checked="" type="checkbox"/>	Results will be posted as quickly as possible at the meet.
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.
SCORING:	<input checked="" type="checkbox"/>	No Scoring
AWARDS:	<input checked="" type="checkbox"/>	The following will be awarded:
	<input checked="" type="checkbox"/>	Individual Events: Medals 1 st thru 3 rd , ribbons for 4 th thru 10 th . Relays: Ribbons for 1 st thru 3 rd . Age categories: 8 & Under, 9-10, 11-12, 13-14, 15-16, 17 & Over (Individual events) 10 & Under, 11-12, 13-14, 15 & Over (Relays)
ADDITIONAL INFORMATION:	<p>Guest officials are always appreciated, so please email the officials coordinator if you would like to volunteer. officials@westmeets.ca</p> <p>Please note that as the COVID-19 pandemic is a continuous evolving situation, facility capacity limits and safety requirements may change with limited notice. Meet Management will inform participants & coaches as soon as possible to any changes to warm times, session lengths and event adjustments. Final approval of entries is at the discretion of Meet Management. Entries will be approved on a first come first served bases.</p> <p>Backstroke ledges will be available for use for 13 & Over age categories. Swimmers shall be responsible for setting the device.</p> <p>WIATC entrance doors will be open for a 30 minute period prior to the start of warm up. Spectators are asked give priority entrance to athletes, coaches and officials. Spectators will not be allowed on deck or in changerooms at anytime during warm up or the competition. Athletes are encouraged to arrive dress in their competition suits.</p> <p>No FOOD is allowed on deck. Athletes may eat in the lobby at the WIATC. Beverages are allowed.</p> <p>There will A & B finals for all Stroke 50's, 100's and 200's as long as there are a minimum of 25 swimmers pre-registered in the events. Additional deck entries will not be taken into consideration when determining numbers for A & B finals. A & B finals are only available for 13 & Over age categories.</p> <p>Coaches: For 13 & over age categories, please scratch from Finals up to the 30 th place.</p>	



SCHEDULE OF EVENTS:

Session 1 Friday May 6, All Ages Warm Up 12-12:50 pm Start 1 pm

Women		Event		Men	
1	Open	800 Free	Timed Finals	Open	2
3	Open	1500 Free	Timed Finals	Open	4
5	12 & Under	400 IM	Timed Finals	12 & Under	6
7	13 & Over	400 IM	Timed Finals	13 & Over	8

Session 2 Friday May 6, All ages Warm up 4 – 4:50 pm Start 5:00 pm

Women		Event		Men	
9	12 & Under	200 Free	Finals	12 & Under	10
11	13 & Over	200 Free	Prelims	13 & Over	12
13	12 & Under	50 Back	Finals	12 & under	14
15	13 & Over	50 Back	Prelims	13 & Over	16
17	12 & Under	50 Breast	Finals	12 & Under	18
19	13 & Over	50 Breast	Prelims	13 & Over	20
21	12 & Under	50 Fly	Finals	12 & Under	22
23	13 & Over	50 Fly	Prelims	13 & Over	24

Session 3 Saturday May 7, 13 & Over Prelims. Warm Ups 7-7:50 am. Start 8:00 am

Women		Event		Men	
25	13 & Over	200 Breast	Prelims	13 & Over	26
27	13 & Over	50 Free	Prelims	13 & Over	28
29	13 & Over	200 Back	Prelims	13 & Over	30
31	13 & Over	100 Fly	Prelims	13 & Over	32
33	13 & Over	400 Free	Finals	13 & Over	34
101	13 – 14	200 Medley Relay	Finals	13 – 14	102
103	15 & Over	200 Medley Relay	Finals	15 & Over	104

Session 4 Saturday May 7, 12 & Under Finals Warm up 12-12:50 pm Start 1:00pm

Women		Event		Men	
35	12 & Under	200 Breast	Finals	12 & Under	36
37	12 & Under	50 Free	Finals	12 & Under	38
39	12 & Under	200 Back	Finals	12 & Under	40
41	12 & Under	100 Fly	Finals	12 & Under	42
43	12 & Under	400 Free	Finals	12 & Under	44
105	10 & Under	200 Medley Relay	Finals	10 & Under	106
107	11 – 12	200 Medley Relay	Finals	11 – 12	108

Session 5 Saturday May 7, 13 & Over Finals, Warm up 5-5:50 pm Start 6:00 pm

Women		Event		Men	
25	13 & Over	200 Breast	Finals	13 & Over	26
27	13 & Over	50 Free	Finals	13 & Over	28
29	13 & Over	200 Back	Finals	13 & Over	30
19	13 & Over	50 Breast	Finals	13 & Over	20
31	13 & Over	100 Fly	Finals	13 & Over	32
11	13 & Over	200 Free	Finals	13 & Over	12



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Session 6 Sunday May 8 13 & Over Prelims Warm Ups 7-7:50 am Start 8:00 am

Women		Event			Men
45	13 & Over	200 IM	Prelims	13 & Over	46
47	13 & Over	100 Back	Prelims	13 & Over	48
49	13 & Over	200 Fly	Prelims	13 & Over	50
51	13 & Over	100 Free	Prelims	13 & Over	52
53	13 & Over	100 Breast	Prelims	13 & Over	54
109	13 -14	200 Free Relay	Finals	13 – 14	110
111	15 & Over	200 Free Relay	Finals	15 & Over	112

Session 7 Sunday May 8 12 & Under Finals Warm Up 12-12:50 pm Start 1:00 pm

Women		Event			Men
55	12 & Under	200 IM	Finals	12 & Under	56
57	12 & Under	100 Back	Finals	12 & Under	58
59	12 & Under	200 Fly	Finals	12 & Under	60
61	12 & Under	100 Free	Finals	12 & Under	62
63	12 & Under	100 Breast	Finals	12 & Under	64
113	10 & Under	200 Free Relay	Finals	10 & Under	114
115	11 – 12	200 Free Relay	Finals	11 – 12	116

Session 8 Sunday May 8 13 & Over Finals Warm Ups 5-6:50 pm Start 6:00 pm

Women		Event			Men
45	13 & Over	200 IM	Finals	13 & Over	46
47	13 & Over	100 Back	Finals	13 & Over	48
49	13 & Over	200 Fly	Finals	13 & Over	50
51	13 & Over	100 Free	Finals	13 & Over	52
15	13 & Over	50 Back	Finals	13 & Over	16
53	13 & Over	100 Breast	Finals	13 & Over	54
23	13 & Over	50 Fly	Finals	13 & Over	24