FEBRUARY 18 - 19, 2023

Updated January 21 – Entry File Submission Process Update

Updated February 11 – Warm-up Schedule & Para events / Team Awards

Feb 12 - Morning Warm-up schedule change



Presented by





ONTARIO WINTER FESTIVAL CHAMPIONSHIPS MARKHAM PAN AM CENTRE

MEET PACKAGE

HOSTED BY MARKHAM AQUATIC CLUB









GENERAL INFORMATION

- Sanctioned by Swim Ontario
- Hosted by Markham Aquatic Club
- Meet Format: Short Course Time Finals
- Markham Pan Am Centre 16 Main St Unionville, Unionville, ON L3R 2E4
- Facility: 2 x 10 lane 25m competition pools Swiss Timing electronic timing system.
- **Dates**: February 18-19, 2023
- Meet package: The only meet package that is considered valid is the most current one located at www.swimming.ca

PARTICIPANT SAFETY

Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click HERE.

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on the deck.
- NO OTHER PERSON IS PERMITTED on the deck unless expressly authorized by Swim Ontario.

SWIM ONTARIO CONCUSSION MANAGEMENT PROCEDURE (ROWAN'S LAW)

- The <u>Swim Ontario Concussion Management Procedure</u> is in effect at all Swim Ontario sanctioned events. It outlines the Swim Ontario Removal-from-Sport and Return-to-Sport protocols. Clubs and coaches must ensure athletes are aware of this procedure.
- Meet Management will have copies of the <u>Concussion Management procedure</u> at the competition.
- Any injury/incident resulting in a significant impact to the head, face, neck or body of any
 registered participant at any Swim Ontario member sanctioned event where concussion
 symptoms are present must be reported to the Chief Operating Officer of Swim Ontario within
 24 hours using the Swim Ontario Injury reporting form

Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

OPEN AND OBSERVABLE ENVIRONMENT

Swimming Canada and Swim Ontario are dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means avoiding situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.





EVENT PHOTOGRAPHY/VIDEOGRAPHY

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click HERE

PROCEDURE

- Only individuals that have made an application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so.
- Entry into this competition is at the sole discretion of Swim Ontario and can be withdrawn, with immediate effect, by Swim Ontario. Individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Ontario designated competition under the conditions and for the purposes now and hereafter authorized by Swim Ontario in relation to the promotion of Swimming Canada and Swim Ontario and the development of the sport of swimming.
- By accepting to attend you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Ontario designated event including those of athletes competing shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swimming Canada or Swim Ontario. The individual confirms that they fulfill the qualifications required by Swim Ontario and also agrees to information about themselves being collected by Swim Ontario and the Organizing Committee and such data being stored and used by them, and, where necessary, third parties, for the purposes of facilitating their participation in, and/or organizing the Swim Ontario Designated Competition.

ORGANIZING COMMITTEE

- Meet Managers: Stanley Liu + YY Wong officials@markhamaquaticclub.com
- Competition Coordinators: Lisa Chow + Lea Chen
- Officials Coordinator: YY Wong + May Loo officials@markhamaquaticclub.com
- Entries Coordinator: Nicole Parent meetentries@swimontario.com

MEET ENTRY INQUIRIES:

All inquiries regarding entries are to be directed to meetentries@swimontario.com

- Swim Ontario Meet Information Page: https://www.swimontario.com/athletes/competitions/2023-winter-ontario-festival-championships
- MAC Meet Information Page: https://www.teamunify.com/team/canmac/page/system/res/196885





ENTRY INFORMATION

ELIGIBILITY

All athletes must be registered as Competitive swimmers with Swimming Canada. A valid Swimming Canada registration number is required for all swimmers, and entries without a registration number will be declined. All swimmers must be registered with a Swim Ontario affiliated club. Out-of-province swimmers are not eligible to attend.

- A competitor's age is their age as of February 18, 2023
- A competitor is permitted to attend either the 2023 Ontario Winter Festival Championship or the 2023 Ontario Winter Youth-Junior Championship but not both.
- Relay-only swimmers will not be permitted at either the 2023 Ontario Winter Festival Championship or the 2023 Ontario Winter Youth-Junior Championship.

PARA SWIMMERS

- Para-swimmers must have a current Level 1 or higher classification with Swimming Canada
- Para swimming events are open (any age) and are subject to ineligibility for de-qualifying.
 - De-qualifying: A para-swimmer with 3 or more provincial para standard is not eligible to attend Festivals.

ENTRY FEES & PAYMENT

- **Swimmer Fee:** \$85 + HST (\$96.05)
- Relays: \$25 + HST (\$28.25)
- Entry Fees must be paid prior to arrival or at team registration
- Payment methods:
 - Etransfer: <u>treasurer@markhamaquaticclub.com</u> indicate 2023 FESTIVALS and Club
 Code
 - Cheque: Payable to Markham Aquatic Club
 - NO CASH PAYMENT ACCEPTED

ENTRY PROCESS & DEADLINE

- Entry Deadline: Wednesday, February 8, 2023
- Qualifying Period: September 1, 2021 February 8, 2023
- Qualifying Standards: 2023 Swim Ontario Festival Standards— PDF view
- All swimmers must achieve at least 1 (one) 2023 Swim Ontario Festival Standard
- In the 10&U category, swimmers must qualify for the 100m backstroke, breaststroke or butterfly to be considered qualified for the corresponding 50m events.
- All entries received shall be UNCONVERTED and must validate on Swim Rankings (paused: in the RTR). No converted times will be accepted. Yards times will not be accepted.
- No Time (NT) will not be accepted.
- Maximum of 6 individual events per swimmer provided they meet the qualifying times (QT).

ON

2023 ONTARIO WINTER FESTIVALS



BONUS SWIMS

- Structure
 - 1 QT = 3 Bonus swims
 - 2 QTs= 2 Bonus swims
 - o 3 QTs = 1 Bonus swim
 - 4 or more QTs = 0 Bonus swim
- 400/800 Free and 400 IM events are NOT ELIGIBLE AS BONUS SWIMS
- For 10&Unders: the 50m event may be entered as a Bonus event if no qualifying time in the corresponding 100m event.
- Bonus swims must be entered with actual times for seeding purposes
- Please indicate bonus events by the BONUS check in Hytek Team Manager and or provide a Team Unify report of Bonus Swims.

RELAYS

- Clubs may enter a maximum of two (2) relay teams per event.
- Relay-only swimmers are not permitted.
- Every member of every team must be properly entered in the meet in at least one individual event.

EVENT NUMBERING

- All able-bodied individual events: 1 199
- Relay events; 201 299
- All Para events: 401 499

PARA ENTRIES

- Entry Deadline: Wednesday, February 8, 2023
- Qualifying Period: September 1, 2021 February 8, 2023
- Para-swimmers must have a current Level 1 or higher classification with Swimming Canada
- Para swimming events are open to any age group
- Para-swimmers are subject to ineligibility for meet de-qualifying.
 - De-qualifying: A para-swimmer with 3 or more provincial para standard is not eligible to attend Festivals.
- All events are swum as OPEN in the MORNING sessions.
- Swimmers qualifying in an able-bodied event in their age category may choose to swim in that event, but cannot swim in the corresponding PARA event.
- Eligible PARA events (all classifications S1SB1SM1 S14SB14SM14)
 - o 50 Free, Back, Breast, & Fly
 - o 100 Free, IM
- There are NO BONUS SWIMS for para swimmers





SUBMISSION

- PAUSED: All entries must be submitted via the Meet List online entries system. https://www.swimming.ca
- PAUSED: Attending coaches must be listed when uploading the entries file to www.swimming.ca
 - INTERIM PROCESS: Use the Entry and Team Registration form to submit your Entry File making sure to indicate all attending coach and support staff. One submission for each competition is necessary.
- A successful entry file upload is only the confirmation of membership entry information against the national membership and entry confirmation does not guarantee a club's entries will be accepted by Swim Ontario.
- **PAUSED**: Once an entry file is uploaded, the RTR entry system will automatically email a confirmation of entries with an attached a validation report.

VALIDATION REPORT

- PAUSED: The validation report will list all entries for all swimmers and whether their entry time validates (see last column in the validation report).
- PAUSED: All entry times for individual events (including bonus events) must be validated in the RTR to be accepted.
 - INTERIM PROCESS: Entry time validation will be done via Swim Rankings.
- It is the club's responsibility to provide proof of time within the qualifying period for any non-validated times.
 - Unofficial split times will not be accepted as proof of time
 - Meet Mobile screenshots will not be accepted as proof of time
 - Best times reports will not be accepted as proof of time
 - Any official results document or website must be in English or French or translation provided by the club.
- Any non-validated entries without proof of time for qualifying events by the posting of final Psych Sheets will be removed or be designated as a bonus event if permissible under the bonus swim rules and seeded last.
 - Any non-validated entries without proof of time for qualifying events may result in the swimmer not being eligible to attend the competition.
- Any non-validated entries without proof of time for bonus events:
 - Will be removed or seeded last if validated time available.

CHANGES

- Clubs will have 48 hours after the entry deadline to review their entries (paused: the validation report) and make corrections/modifications to entries. After that time, fees will be calculated; no refunds will be granted for late scratches or missed swims.
- Following the 48 hours period, clubs requesting changes and corrections to entries may be made up until the final Psych Sheets are posted at a cost of \$100 per change or correction.
 - The per change cost is per swimmer, per event, per change; not per email sent.
 - Corrections or changes requested from the Swim Ontario Entries Coordinator are NOT subject to penalties.





- Late Entries for swimmers not entered by the 48 hours grace period will be accepted up until the final Psych Sheets are posted at a cost of double the meet entry fee.
- Late entries or changes are subject to the qualifying times and the qualifying period. Times achieved AFTER the entry deadline are not eligible for qualifying or upgrade of entry time.
- The Club Entries Contact person is required to complete an online form (link below) with Club Information for Swim Ontario and Meet Management. An auto-response will be sent to the person completing the form.
 - <u>Club Information Online Form</u> or copy and paste into browser <u>https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form</u>
- Entries submitted without the online form submission will not be accepted.
- Entries found to not be in compliance with entry requirements may result in individual swimmer and club being ineligible for entry into the competition.
- Psych Sheets will be posted online at <u>www.swimontario.com</u> no later than February 13, 2023
- All entries inquiries or request for changes to entries are to be directed to meetentries@swimontario.com
- Deck entries and time trial events will not be permitted at the competition

REGISTRATION INFORMATION

SWIMMING CANADA COACH REGISTRATION POLICY

The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. Swim Ontario has created a coach compliant list. All teams must submit a list of coaches attending at the time of entry. Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet.

 Athletes must have a coach or designated coach (coach representative) in attendance during the event.

TEAM REGISTRATION

- Team Registration will be done through an Online Team Registration Form https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form_ and in person.
 - All attending coaches, support staff contact information will be collected.
 - Support Staff will be limited and not all request will be granted
 - Any club or High Performance Centre with Para Support Staff must submit an application through the Online Team Registration Form
 https://form.jotform.com/SwimOntario/2023-provincial-meets-team-reg-form (complete before February 8).
- Onsite Team Registration location & times:
 - Meet Management office (across the universal changing room)
 - February 17, 2023 Friday afternoon 4PM 7PM
 - o February 18, 2023 Saturday morning 7AM onward





TRAINING SESSIONS

- No pre-meet training available. Warm-up / Cool down in secondary pool available
- Warm-up periods may be split by gender.

COACH MEETING

- There will be no onsite coaches meeting.
- Meet Management and Swim Ontario will provide technical meet format details via email and through the meet information page – click <u>HERE</u>

COMPETITION RULES

Swimming Canada and Swim Ontario rules govern this competition. Competition Rules and procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

WARM-UP SAFETY PROCEDURES

The Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed HERE.

SWIMWEAR

All swimmers shall be required to comply with swimwear rule GR 5. Click <u>HERE</u> to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

DIVE STARTS

As per the Facility Rules for Dive Starts, dive starts will be conducted from Starting Platforms (blocks) from both ends as per FINA FR 2.3 and SW 4.1.

BACKSTROKE LEDGES

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

AGE GROUPS

- A competitor's age is their age as of the first day of the competition (February 18, 2023).
- Individual events: 10&Under, 11, 12, 13
 - Para events: OPEN
- Relay events: 11&Under, 12-13





- After all times have been proven, entry times will be converted to SCM using Hy-Tek default conversion factor and seeded by time regardless of bonus swim designation.
- All events, except distance events, will be timed final seeded slowest to fastest by age category and gender.
- All distance events (800 Free) will be swum as timed finals seeded fastest to slowest by gender in following age category: 11, 12-13

Meet Management reserves the right to combine PARA events, combine heats or limit the number of heats should it be deemed necessary in order to comply with Swim Ontario competition sanctioning policies.

RELAYS

- All relays will be swum as timed final.
- Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.
- Coaches must have relay forms filled in and returned to the Clerk of the Course 30 minutes prior
 to the start of the session. No name changes will be accepted after this deadline unless
 approved by meet management.

OFFICIAL SPLITS & DECK ENTRIES

- Meet Management requires that any coach wishing to rely on a time achieved by the swimmer
 for an interval shorter than the total distance of the event must advise the Referee prior to the
 commencement of the event in question on the "Official Split Request" form prior to the race.
- The Official Split Request forms are available at the Clerk of Course.
- Deck entries and time trial events will not be permitted.

SCRATCH RULES

ALL EVENTS

The deadline for scratches for all events (including relays) is 30 minutes before the start of the session to allow meet management the opportunity to ensure a full complement of swimmers in the fastest heat of each event.

PENALTY

Failure to participate in the **FASTEST HEAT** of an event without meet management's knowledge and consent will result in a **\$50** fine for each offence payable to Swim Ontario.

 All fines for "No-Shows", "step-downs" and "unexcused incomplete swims" will be recorded by the Clerk of Course. Unexcused incomplete swims shall be the sole determination of the Referee.





- Fines will apply to all swimmers listed on the finals program no matter which position the swimmer placed in the preliminaries.
- A club representative must make payment for the fine.
- All unpaid fines will be invoiced by Swim Ontario.
- **Individual Events**: Failure to pay the fine before the swimmer's next individual event will exclude the swimmer from any further participation in individual events at the meet.
- **Relay Events**: Failure to pay before the next session will exclude the team from any further participation in relay events at the meet.
- Accepted payment is via the Online Penalty Form via Credit Card https://form.jotform.com/SwimOntario/2023-provincial-meet-penalty-form
- All penalties must be paid to Swim Ontario before a Club entry file is accepted for the next Swim Ontario Provincial Championship meet

RECORDS

- Swim Ontario has a completed certified pool length survey and swim times achieved at this competition will be eligible for provincial or national records.
- Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.

SCORING AND AWARDS

EVENT SCORING

- Only the top ten (10) individual events and relays score
 - o Individual Events: 12,10,8,7,6,5,4,3,2,1
 - o Relay Events: 24,20,16,14,12,10,8,6,4,2
- Both able-bodied and PARA contribute to team scoring.
- The Hy-Tek Para British Points System points charts shall be used to determine awards and scoring for para events. In the event of a points tie with swimmers of the same class in a race, the swimmer who touched first will be given that position. Level 1 classified swimmers will not be ranked or scored.
- Only times that meet the festival qualifying standard count towards team scoring.
- Reverse scoring will be in effect for any able-bodied or PARA event in which there are less than
 swimmers or teams:
 - o 10 swimmers/teams per final: 12-10-8-7-6-5-4-3-2-1 / 24-20-16-14-12-10-8-6-4-2
 - o 9 swimmers/teams per final: 10-8-7-6-5-4-3-2-1 / 20-16-14-12-10-8-6-4-2
 - 8 swimmers/teams per final: 8-7-6-5-4-3-2-1 / 16-14-12-10-8-6-4-2
 - o 7 swimmers/teams per final: 7-6-5-4-3-2-1 / 14-12-10-8-6-4-2
 - o 6 swimmers/teams per final: 6-5-4-3-2-1 / 12-10-8-6-4-2
 - o 5 swimmers/teams per final: 5-4-3-2-1 / 10-8-6-4-2
 - 4 swimmers/teams per final: 4-3-2-1 / 8-6-4-2
 - o 3 swimmers/teams per final: 3-2-1 / 6-4-2
 - o 2 swimmers/teams per final: 2-1 / 4-2
 - 1 swimmer/team per final: 1 / 2





EVENT AWARDS

- Medals: first through third (individual and relay events)
- **Ribbons**: Fourth through eight (individual events)
- Only times that meet the festival qualifying standard are eligible for awards

TEAM AWARDS

- Due to the Cyber-Attack on the registration system, Team Awards at our Winter Series events will not be awarded. A modified Overall and Small Team award that will awarded or announced at the Summer series meets.
- **High Point Team-Overall**: The club with the highest points, including all Able-Bodied and PARA swimmer points will be awarded a high point team banner
- Small Team Award: The small team banner will be awarded to the highest scoring team having 50 or fewer Ontario registered competitive swimmers based on Swim Ontario club registration statistics as of one day prior to the start of the competition – February 17, 2023

FACILITY RULES

- Onsite Parking is limited. Extra parking space will be available at Unionville GO Station.
- All swimmers, coaches and volunteers/ officials are to wear footwear when in the hallways and to wear indoor/deck shoes when in pool area.
- Masks: All participants (swimmers, coaches, officials etc) and spectators have the option of wearing a mask when in the facility and on deck.
 - o Extra masks are available at Clerk of Course table if needed.
- Lockers are available but limited; please bring your own lock.
- Grab and go bagged lunches will be provided to those coaches and officials working adjacent sessions
- NO FOOD or DRINK ON DECK except for water. There are 2 fill stations and fountains on the pool deck. Concession vendor is available at the Lobby.
- Nearby Amenities:
 - Restaurants
 - Grocery Stores (T&T and Whole Foods have readymade food)
 - Tim Hortons

OFFICIALS

If any registered officials from each attending clubs are interested in officiating, please send an email to officials@markhamaquaticclub.com

PROGRAM EVENT LIST

Meet Management reserves the right to change warm-up session times and to allocate team or gender warm-up schedules.

Meet Management reserves the right to change event order, limit 400 and 800 events to ensure reasonable session timelines





		DAY 1 -	SATURDA	Y, FEBRUAR	Y 18, 2023			
	12-13 - N	Norning Session		11&Under Afternoon Session				
Warmup: 8:00 am - Start: 9:00 am				W	Warmup: 1:30 pm - Start: 2:30 pm			
201	12-13	400 Medley	202	205	11&U	400 Medley	206	
		Relay				Relay		
	OPEN PARA	50 Free	402	<mark>401</mark>	OPEN PARA	50 Free		
1	12	50 Free	2	27	10&U	50 Free	28	
3	13	50 Free	4	29	11	50 Free	30	
5	12	400 IM	6	<mark>411</mark>	OPEN PARA	100 IM		
7	13	400 IM	8	31	10&U	100 IM	32	
	OPEN PARA	50 Back	404	33	11	400 IM	34	
9	12	100 Back	10	35	10&U	100 Back	36	
11	13	100 Back	12	37	11	100 Back	38	
13	12	200 Breast	14	<mark>409</mark>	OPEN PARA	50 Breast		
15	13	200 Breast	16	39	10&U	50 Breast	40	
17	12	200 Free	18	41	11	200 Breast	42	
19	13	200 Free	20	43	10&U	200 Free	44	
	OPEN PARA	50 Fly	406	45	11	200 Free	46	
21	12	100 Fly	22	47	10&U	100 Fly	48	
23	13	100 Fly	24	49	11	100 Fly	50	
25	12-13	800 Free	26	51	11	800 Free	52	
203	12-13	200 Free Relay	204	207	11&U	200 Free Relay	208	
		DAV 2	CHAIDAY	=====				
		DATZ-	- SUNDAY,	FEBRUARY	19, 2023			
	12 -13 - N	Morning Session	- SUNDAY,		19, 2023 11&Under - Afte	ernoon Session		
					11&Under - Afte	ernoon Session - Start: 2:30 pm		
209		Morning Session			11&Under - Afte		214	
209	Warmup: 8:00	Morning Session om - Start: 9:00	am	W	11&Under - Afte armup: 1:30 pm	- Start: 2:30 pm	214	
209	Warmup: 8:00	Morning Session am - Start: 9:00 200 Medley	am	W	11&Under - Afte armup: 1:30 pm	- Start: 2:30 pm 200 Medley	214	
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53 55 57	12-13 12 13 OPEN PARA 12	Morning Session Dam - Start: 9:00 200 Medley Relay 200 Fly 200 Fly 100 Free 100 Free	am 210 54 56 408 58	213 405 77 79 407	11&Under - Afte armup: 1:30 pm 11&U OPEN PARA 10&U 11 OPEN PARA	- Start: 2:30 pm 200 Medley Relay 50 Fly 50 Fly 200 Fly 100 Free	78 80	
53 55 57 59	12-13 12 13 OPEN PARA 12 13	Morning Session lam - Start: 9:00 200 Medley Relay 200 Fly 200 Fly 100 Free 100 Free	am 210 54 56 408 58 60	213 405 77 79 407 81	11&Under - After armup: 1:30 pm 11&U 11&U 11&U 11&U 11&U 11&U 11&U 11&	- Start: 2:30 pm 200 Medley Relay 50 Fly 50 Fly 200 Fly 100 Free 100 Free	78 80 82	
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