

Stephen Forsey Masters Swim Meet

DATE(s):	March 5, 2023	REGION:	Central Region				
HOSTED BY:	Thornhill Masters Aquatic Club (THOR)						
LOCATION:	Markham, Ontario						
FACILITY:	Markham Pan Am Centre Pool						
PURPOSE & DESCRIPTION:	Masters Swim Meet						
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca						
COMPETITION COORDINATOR :	YY Wong	Level:	5				
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted						
MEET MANAGER:	Amanda Wilkins Entries: Krista Ferlatte	Email:	thormetmanager@gmail.com				
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.						
COMPETITION RULES:	<p>Sanctioned by Swim Ontario.</p> <p>All current Swimming Canada rules & FINA Masters rules will be followed. All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.</p> <p>Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows</p> <table border="1"> <tr> <td>FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2</td><td> <ul style="list-style-type: none"> Starting Platforms at </td><td>At one end only. Starting platforms are blocks</td></tr> </table>			FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	<ul style="list-style-type: none"> Starting Platforms at 	At one end only. Starting platforms are blocks	
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ELIGIBILITY:	<p>All athletes must be registered as Masters Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.</p> <table border="1"> <tr> <td>This event includes participants from the following clubs:</td><td>ALL Swimming Canada / Swim Ontario Masters Clubs</td></tr> <tr> <td> <ul style="list-style-type: none"> Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours. </td><td></td></tr> </table>			This event includes participants from the following clubs:	ALL Swimming Canada / Swim Ontario Masters Clubs	<ul style="list-style-type: none"> Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours. 	
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FOREIGN COMPETITORS:	<ul style="list-style-type: none"> Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition. 						

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AGE UP DATE:	Ages submitted are to be as	December 31, 2023
ENTRY LIMITS:	The maximum number of participants per session is	400 m Free and IM (20 Male, 20 Female swimmer limit)
	The maximum number of entries per swimmer is	5 individual and 2 relays
ENTRY SUBMISSIONS:	<p>Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca. Clubs can submit entries directly to the Entries Coordinator in Hy-Tek format. via the Entries Upload on the Swimming Canada site.</p> <p>Individual swimmer entries can be completed via the link – https://form.jotform.com/SwimOntario/stephen-forsey-masters-meet-entry</p> <p>Meet Management will not accept entries via email. Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p>	
ENTRY DEADLINE:	March 1, 2023	
	Changes to entries will be accepted until	March 1, 2023
ENTRY FEE:	•	Swimmer Fee: \$75.00
	Payment Method:	eTransfer to ian@thornhillmultisport.com
SEEDING:	•	Seeding will be in order of times entered, slowest to fastest, followed by swimmers entered with NT (no times).

Approximate SCHEDULE OF SESSIONS:

<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	March 5, 2023	Session #1 Morning	8:50 a.m.	10:30 a.m.	Time Final
	March 5, 2023	1 hour Break	10:30 a.m.	11:45 a.m.	Time Final
2	March 5, 2023	Session #2 Afternoon	11:45 a.m.	2:30 p.m.	Time Final

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>	
CHECKIN AND SCRATCHES:	•	Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session.
	•	There is a positive check in 30 minutes before the start of the session at the Clerk of Course for the following events:
		400 IM and 400 FREE RELAYS

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PENALTIES:	•	No scratch penalty shall be imposed for late or day of scratches or No-Shows
DECK ENTRIES:	•	No Deck Entries are permitted
OFFICIAL SPLIT TIMES:	•	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.
RECORDS:	•	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca	
	•	The meet program will be run on Hy-Tek Meet Manager.
	•	Results will be posted as quickly as possible at the meet.
	•	Live Results / Meet Mobile are available.
SCORING:	•	No Scoring
AWARDS:	•	The following will be awarded: 1st, 2nd, 3rd place - Men and Female by Masters Age Groups.

SCHEDULE OF EVENTS:

Session 1 Sunday, March 5, 2023 Warm-up: 8:00 AM -- Start: 8:50 AM			
Women		Men	
1	400m free (limited to 2 heats/20 entries of men and women)	2	8:50 a.m.
3	50m Breast	4	
5	100m Back - SUBMIT MORNING RELAY CHANGES	6	
7	200m IM	8	
9	100m Free	10	
11	200m Fly	12	
13	50m Back	14	
15	200m Breast	16	
17	4X50m IM Relay	18	
19	4X50m IM Relay MIXED	19	
	BREAK 1 + hour		10:30 a.m.
21	400m IM (limited to 2 heats/20 entries of men and women)	22	11:45 a.m.
23	50m Free – SUBMIT AFTERNOON RELAY CHANGES	24	
25	100m Fly	26	
27	100m Breast	28	
29	200m Free	30	
31	50m Fly	32	
33	200m Back	34	
35	100m IM	36	
37	4X50m Free Relay	38	
39	4X50m Free Relay MIXED	39	1:30 p.m.