

DATE(s):	Sunday, February 12, 2023				REGION	l:	Northeastern	
HOSTED BY:	Valley East Waves							
LOCATION:	4040 EI	mview Drive, Har	nmer, ON	N P3P 1	LR9			
FACILITY:	Howard	Armstrong Recr	eation C	entre				
PURPOSE & DESCRIPTION:	Regional tier Top Fish Meet for entry level swimmers age 12 and under.							
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca							
COMPETITION	Linda Tenhunen Level: 4							
COORDINATOR:	If Level 3	+ is serving as CC, p	olease indicate that ROR/Sw			m Ontario approval has been granted \Box		
MEET MANAGER:	Sharon Leger			Emai		bsleger@personainternet.com		personainternet.com
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.							
COMPETITION RULES:	Sanctioned by Swim Ontario.							
	All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows							
	FINA FR 2.3 and SW		\boxtimes	Starti	ng Platfori	ms at De	еер	End
	4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2			Deck	or Bulkhea	ad at		
				In-Wa	ater at			
ELIGIBILITY:	athletes must be registere valid Swimming Canada re registration number and re meet. Participation of this			istered as Competitive swimmers with Swimming Canada. All red as Competitive swimmers with Swimming Canada and have a registration number. Entries without a valid Swimming Canada I registered status will be declined entry. This is an invitational his meet is at the full discretion of the host club.				
	This event includes participants from the following clubs:			NCA, ND	11,	SLSC, SSAT, VLVV		
	\boxtimes	Preference will be given to the host club first.						
	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.							
				ers are	rs are welcome to attend without exceeding the on. Pre-competitive swimmers will compete as Exhibition			
		maximum of 1	competit				nme	ers will compete as Exhibition



		competitors must recognized by FI and residents of and coaches must body. All foreign the province /staresidency may bother document with the Proof of	Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.				
AGE UP DATE:	Ages	Ages submitted are to be as February 12,2023					
ENTRY LIMITS:	The r	The maximum number of participants per session is 125					
	Each	club is limited to the f	ollowing number of swimn	ners 40			
	_	naximum number of es per swimmer is	4				
ENTRY SUBMISSIONS:		Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email.					
	Entri	Entries must include all attending coaches.					
CONVERSION:	\boxtimes						
ENTRY DEADLINE:	Feb	February 1, 2023					
	Chan	ges to entries will be a	entries will be accepted until		3		
	\boxtimes	Individual Events	\$8.50	Relay Events	\$12.00		
	Paym	ent Method:	Cheque payable to Valley East Waves Or E-transfer could be sent to valleyeastwavespmt@outlook.com mention Fees for Top Fish and indicate team please.				
COACH'S REGISTRATION:	comp mana coach	Meet management will cross reference the list of coaches submitted with entries at this competition with the <u>Swim Ontario Compliance lists</u> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.					
SEEDING:	\boxtimes	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).					



Session #	<u>Date</u>	Warm-up period	Start of session	Approx. Finish of session	<u>Time</u> <u>Final/Heats</u> <u>/Finals</u>
1	February 12	11:00 am to 11:55 am	12:00 pm	4:00 pm	

MIXED-GENDER:	time, on ar gend In spi recog will r of the still the still recognized t	An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat. In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.		
Scratches	\boxtimes	Scratches are to be made at the clerk of course desk 30 minutes prior to the start of easession.		
PENALTIES:	\boxtimes	No scratch penalty shall be imposed for late or day of scratches or No-Shows		
	\boxtimes	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).		
	\boxtimes	Event Deck Entries are permitted for swimmers already entered in the competition.		
		Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.		
	\boxtimes	Fee \$ 10.00		
OFFICIAL SPLIT TIMES:		Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.		
RECORDS:		Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.		
	\boxtimes	Swim times achieved at this competition will NOT be used for applications of provincial and national records.		
MEET RESULTS:	Offici	al Results will be posted within 48 hours of completion of the meet to www.swimming.ca		
	\boxtimes	The meet program will be run on Hy-Tek Meet Manager.		
		Results will be posted as quickly as possible at the meet.		
	\boxtimes	Live Results / Meet Mobile are available.		
SCORING:	\boxtimes	No Scoring		
AWARDS:		No awards		
		The following will be awarded: bell prizes and participation award given to each swimmer.		
ADDITIONAL INFORMATION:		Warmup may be split into local clubs at 11 am and out of town clubs at 11:30 am, more details to follow.		



SCHEDULE OF EVENTS:

Event #	Event Name
1	Mixed 12 & Under 100 IM
2	Mixed 9 & Under 50 Breast
3	Mixe10 - 12 50 Breast
4	Mixed 12 & Under 25 Back
5	Mixed 9 & Under 50 Fly
6	Mixed 10 - 12 50 Fly
7	Mixed 9 & Under 50 Free
8	Mixed 10 - 12 50 Free
9	Mixed 12 & Under 100 Breast
10	Mixed 9 & Under 50 Back
11	Mixed 10 - 12 50 Back
12	Mixed 12 & Under 25 Kick
13	Mixed 12 & Under 100 Free
14	Mixed 12 & Under 25 Free
15	Mixed 12 & Under 25 Breast
16	Mixed 12 & Under 100 Back
17	Mixed 9 & Under 4 x 25 Free Relay
18	Mixed 10 - 12 4 x 25 Free relay