



# WESTERN UNIVERSITY OPEN

Feb 9-10, 2023

**APPROVED**

*By Swim Ontario at 1:35 pm, Jan 21, 2023*

- Location:** Western Student Recreation Centre  
(North-east corner of Philip Aziz Avenue (Sarnia Road) and Western Road)  
Western University, London, Ontario, N6G 2Y9
- Date:** February 9-10, 2023
- Sessions:** 1: Thursday Timed Finals; Warm-up 1:00 – 1:25 p.m.; Start 1:30 p.m.  
2: Friday Timed Finals; Warm-up 1:00 – 1:25 p.m.; Start 1:30 p.m.  
Session times may be amended based on session length of OUA Championships.
- Meet Format:** Short Course
- Meet Package:** The only meet package which will be considered as valid will be the most current version found on <http://www.swimming.ca>.
- Facility:** Eight lane, 50 meter indoor tank, with “Keifer” type lane markers
- Facility Information:** Limited DAY-USE ONLY lockers will be available at this facility, on first-come-first-serve basis.  
Air circulation is provided through ventilation along the west and south walls around the pool deck. In order to preserve air quality, please be diligent about keeping personal items, swim bags and equipment away from these locations. This will be monitored and any items blocking the venting will be removed.  
Deck changes are not permitted.  
Swimmers are restricted from accessing the east side (officials office side) of the pool while the competition is in session.  
Massage tables are only permitted in squash courts located outside of the pool deck accessed by exiting the pool area at the shallow end and turning right.  
Footwear and shirts are mandatory outside the competition area.  
No glass containers are permitted on the pool deck.  
Any breach in facility regulations discovered by facility staff may result in expulsion from the facility for the duration of the meet.
- Timing:** Electronic timing will be used (along with manual backup)  
Swiss Timing Quantum Aquatics Timing System
- Meet Managers:** Paul & Sheri Cappa: [ssews@isp.ca](mailto:ssews@isp.ca); cellular phone: 519-719-4428.
- Competition Coordinator:** Suzanne Paulins: [Suzanne.paulins@gmail.com](mailto:Suzanne.paulins@gmail.com), Level V

**Championship Rules:** Sanctioned by Swim Ontario.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

All current Swimming Canada rules will be followed.

All swimmers participating shall be required to comply with swimwear rule GR 5.

Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

**Participating Teams:** All teams participating in the 2023 OUA Swimming Championships are invited.

**Eligibility:** Entry is restricted to swimmers registered with Swim Canada who have registered for the 2022-2023 season. Swimmers ID numbers must accompany entries. All university athletes must comply with USports regulations for entries.

**Events:** There are no event limits. The Meet Manager reserves the right to adjust events to ensure the session can be run on time. Maximum 50 swimmers per session.

**Scratches:** Changes, additions, deletions may be made during the OUA preliminary session.

**Entries:** All entries must be in Hy-tek format and submitted via [www.swimming.ca](http://www.swimming.ca). Entry deadline is **February 9, 2023**.

**Seeding/Scoring:** Events will be seeded slowest to fastest. Events will not be scored.

**Meet Results:** Official Results will be posted within 48 hours of completion of the meet to <http://www.swimming.ca>. The meet program will be run on Hy-Tek Meet Manager. Results will be posted as quickly as possible at the meet to Meet Mobile.

**Safety & Liability:** Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck. Swimming Canada and Swim Ontario believe that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click [HERE](#). Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

**Coach Compliance:** Meet management will cross reference the list of coaches submitted with entries at this competition with the [Swim Ontario Coach Compliance Lists](#). If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.



Thursday, February 9, 2023

**Session 1-Timed Finals**

**Warm-up: 1:00 – 1:25 p.m.      Start Time: 1:30 p.m.**

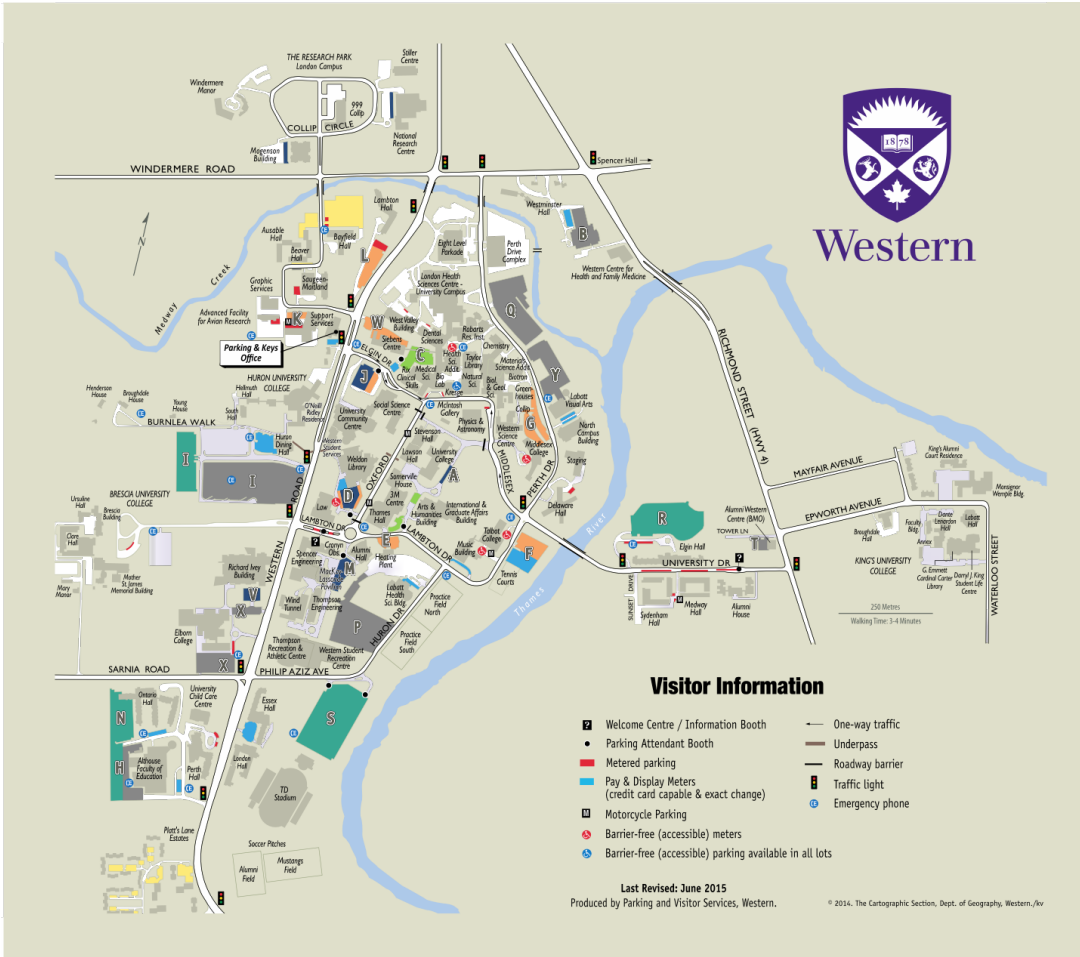
<b>Event #</b>	<b>Event Description</b>
<b>1</b>	<b>200 IM</b>
<b>2</b>	<b>50 Free</b>
<b>3</b>	<b>200 Back</b>
<b>4</b>	<b>400 Free</b>
<b>5</b>	<b>100 Fly</b>
<b>6</b>	<b>100 Breast</b>
<b>7</b>	<b>50 Back</b>
<b>8</b>	<b>100 Free</b>

Friday, February 10, 2023

**Session 2-Timed Finals**

**Warm-up: 1:00 – 1:25 p.m.      Start Time: 1:30 p.m.**

<b>Event #</b>	<b>Event Description</b>
<b>9</b>	<b>50 Breast</b>
<b>10</b>	<b>50 Fly</b>
<b>11</b>	<b>200 Free</b>
<b>12</b>	<b>100 Back</b>
<b>13</b>	<b>200 Breast</b>
<b>14</b>	<b>200 Fly</b>
<b>15</b>	<b>100 Free</b>
<b>16</b>	<b>400 IM</b>



# PARKING INFO

## Western Parking Permits

### CORE PARKING

- A** Kent Dr. (Reserved permits only)
- D** D.B. Weldon (Reserved permits only)
- E** Upper Heating
- F** Talbot
- G** Middlesex
- J** Social Science (Reserved permits only)
- K** Support Services
- L** Lambton
- W** Siebens (Reserved permits only)

### PERIMETER PARKING

- B** Westminster
- H** Althouse
- I** Springett
- P** South Valley
- Q** Chemistry
- T** Tower Lane
- X** Elborn College
- Y** Visual Arts

### STUDENT PARKING

- H** Althouse
- I** Springett
- N** Ontario
- R** Medway
- S** Huron Flats

### VISITOR PARKING

- A** Kent Drive
- D** D.B. Weldon
- J** Social Science
- M** Alumni / Thompson
- V** Ivey (RESTRICTED PARKING)

### PATIENT LOTS

- C** Medical Science
- Plus Fowler Clinic (Kent Dr.)

### UNIVERSITY APARTMENT PARKING

An apartment permit is required.

### WEEKEND FREE PARKING

Lots identified by the **Ⓜ** icon have free parking from Fridays at 5pm to Mondays at 7am. \*\*The Siebens free parking begins Fridays at 7pm.

### Visitor Information

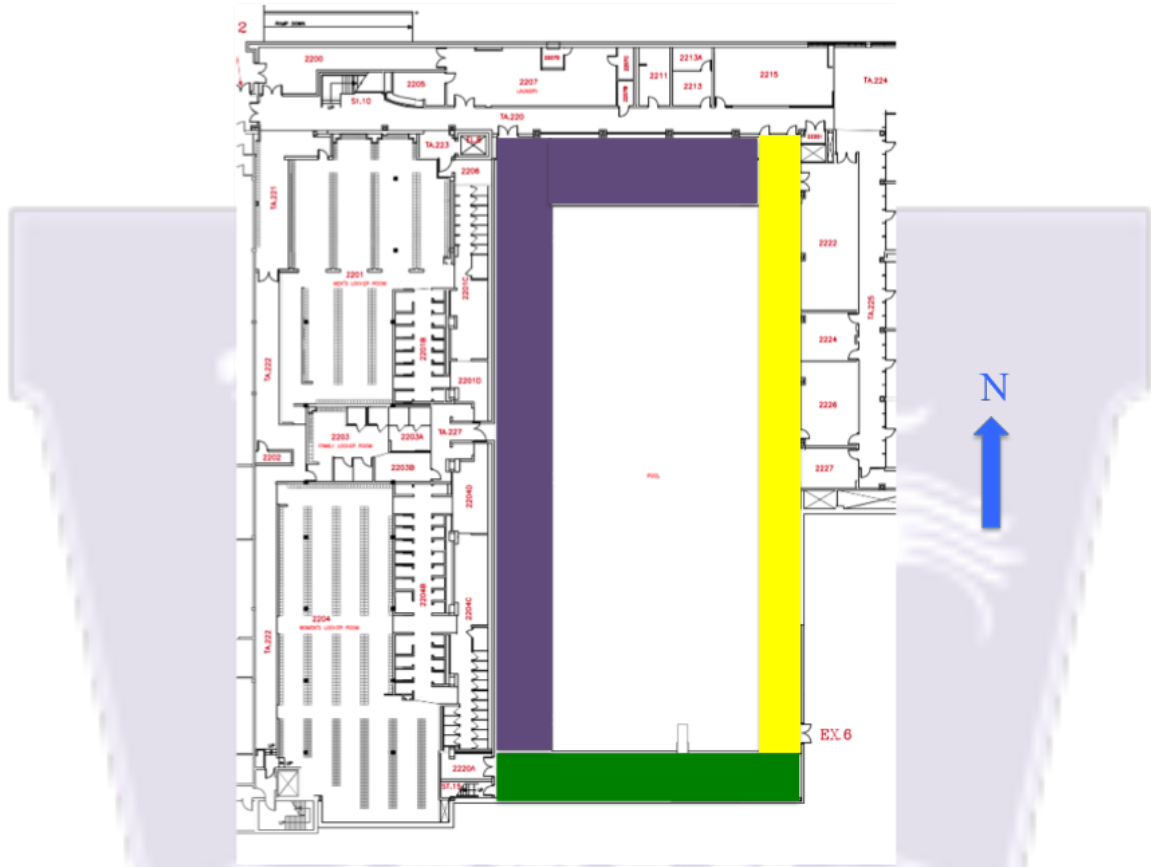
- W** Welcome Centre / Information Booth
- P** Parking Attendant Booth
- M** Metered parking
- Ⓜ** Pay & Display Meters (credit card capable & exact change)
- Ⓜ** Motorcycle Parking
- ♿** Barrier-free (accessible) meters
- ♿** Barrier-free (accessible) parking available in all lots
- One-way traffic
- Underpass
- Roadway barrier
- T** Traffic light
- Ⓜ** Emergency phone

Last Revised: June 2015  
 Produced by Parking and Visitor Services, Western. © 2014. The Cartographic Section, Dept. of Geography, Western, /v




Visitor Parking is available at Huron Flats (S) lots using the HONK app.



### Ontario University Swimming Championships – WSRC – lower level configuration



Key:

-  Officials and Staff only
-  Race start area
-  Team Areas (additional space will be provided in the upper level stands with access from the pool deck via the enclosed stairwell in the south-west corner)