

APPROVED

By Swim Ontario at 9:55 pm, Jan 19, 2023

DATE(s):	January 27-29, 2023		REGION:	Western
HOSTED BY:	Brantford Aquatic Club			
LOCATION:	Wayne Gretzky Sports Centre, 254 North Park St., Brantford, ON N3R 4L1			
FACILITY:	8-lane 50m pool, OMEGA Quantum timing system			
PURPOSE & DESCRIPTION:	Regional Competition			
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca			
COMPETITION COORDINATOR:	Crosby Gibson	Level:	5	
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted			
MEET MANAGER:	Shannon Scheffel	Email:	bacshannon@gmail.com	
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.			
COMPETITION RULES:	Sanctioned by Swim Ontario.			
	All current Swimming Canada rules will be followed.			
	All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.			
	Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows			
	FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at	Deep End
		<input type="checkbox"/>	Deck or Bulkhead at	
		<input type="checkbox"/>	In-Water at	
ELIGIBILITY:	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.			
	This event includes participants from the following clubs:		All clubs within Western Region	
	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.		
FOREIGN COMPETITORS:	<input checked="" type="checkbox"/>	Foreign competitors' entries will not be accepted		
AGE UP DATE:	Ages submitted are to be as		January 27, 2023	

ENTRY LIMITS:	The maximum number of participants per session is		350	
	The maximum number of entries per swimmer is		8	
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email. Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.			
	Entries must include all attending coaches.			
	<input type="checkbox"/>	Qualifying standard for entry is:		
CONVERSION:	<input checked="" type="checkbox"/>	Entry times are not to be converted. Please submit times in course achieved.		
ENTRY DEADLINE:	January 21, 2023			
	Changes to entries will be accepted until			January 22, 2023
ENTRY FEE:	<input checked="" type="checkbox"/>	Individual Events	\$12	Relay Events
	Payment Method:		Cheque payable to Brantford Aquatic Club	
COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.			
SEEDING:	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, starting with NT entries, if permitted.		
	<input checked="" type="checkbox"/>	Preliminary heat events will be seeded as per SW3.1 with fastest 3 heats circle seeded.		

SCHEDULE OF SESSIONS:

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	Jan. 27, 2023	4:00-4:50 pm	5:00 pm	8:30 pm	Timed Final
2	Jan. 28, 2023	8:00-8:50 am	9:00 am	12:30 pm	Heats
3	Jan. 28, 2023	1:00-1:50 pm	2:00 pm	4:30 pm	Timed Final
4	Jan. 28, 2023	5:00-5:50 pm	6:00 pm	8:30 pm	Finals
5	Jan. 29, 2023	8:00-8:50 am	9:00 am	11:30 am	Timed Final
6	Jan. 29, 2021	12:00-12:50 pm	1:00 pm	3:30 pm	Timed Final

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>		
CHECKIN AND SCRATCHES:	<input checked="" type="checkbox"/>	There will be no scratch deadline for prelims and time final events.	
	<input checked="" type="checkbox"/>	A scratch deadline will apply for finals.	
	<input checked="" type="checkbox"/>	30 minutes following the posting of results of last event of prelims sessions	
PENALTIES:	<input checked="" type="checkbox"/>	Failure to participate in an event with a scratch or checkin deadline will result in following penalty:	\$50
DECK ENTRIES:	<input checked="" type="checkbox"/>	No Deck Entries are permitted	
OFFICIAL SPLIT TIMES:	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.	
RECORDS:	<input checked="" type="checkbox"/>	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.	
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca		
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.	
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.	
SCORING:	<input checked="" type="checkbox"/>	No Scoring	
AWARDS:	<input checked="" type="checkbox"/>	<p>The following will be awarded:</p> <p>12 & Under Meet: Ribbons for 1st-3rd place for 10 & Under, 11, and 12</p>	
ADDITIONAL INFORMATION:	<p>For 13 & Over: No age categories. All events are open and senior seeded with A-B-C finals on Saturday night, except for 400 free which has an A final only.</p> <p>For 12 & Under: All ages will be swum together and separated out 10&U, 11, 12 for results.</p> <p>Para Athletes: Will swim with their able bodied peers</p>		

SCHEDULE OF EVENTS:

Session 1 - Timed Final Friday, January 27, 2023 Warm-up: 4:00 PM -- Start: 5:00 PM		
Women		Men
1	13 & Over 200 Free	2
3	13 & Over 100 Fly	4
5	13 & Over 200 Back	6
7	13 & Over 100 Breast	8
9	13 & Over 200 IM	10

Session 2 - Preliminaries Saturday, January 28, 2023 Warm-up: 8:00 AM -- Start: 9:00 AM		
Women		Men
11	13 & Over 100 Free	12
13	13 & Over 200 Breast	14
15	13 & Over 100 Back	16
17	13 & Over 200 Fly	18
19	13 & Over 400 Free	20

Session 3 - Timed Final Saturday, January 28, 2023 Warm-up: 1:00 PM -- Start: 2:00 PM		
Women		Men
21	12 & Under 100 Free	22
23	11 - 12 200 Breast	24
25	12 & Under 100 Back	26
27	11 - 12 200 Fly	28
29	12 & Under 400 Free	30

Session 4 - Finals Saturday, January 28, 2023 Warm-up: 5:00 PM -- Start: 6:00 PM		
Women		Men
11	13 & Over 100 Free	12
13	13 & Over 200 Breast	14
15	13 & Over 100 Back	16
17	13 & Over 200 Fly	18
19	13 & Over 400 Free	20

Session 5 - Timed Final Sunday, January 29, 2023 Warm-up: 8:00 AM -- Start: 9:00 AM		
Women		Men
31	13 & Over 50 Fly	32
33	13 & Over 50 Back	34
35	13 & Over 50 Breast	36
37	13 & Over 50 Free	38
39	13 & Over 400 IM	40

Session 6 - Timed Final Sunday, January 29, 2023 Warm-up: 12:00 PM -- Start: 1:00 PM		
Women		Men
41	12 & Under 100 Fly	42
43	12 & Under 200 Back	44
45	12 & Under 100 Breast	46
47	12 & Under 200 Free	48
49	12 & Under 200 IM	50
51	12 & Under 50 Free	52