

APPROVED

By Swim Ontario at 3:54 pm, Feb 02, 2023

DATE(s):	February 3rd to 5th, 2023	REGION:	Huronia
HOSTED BY:	Orillia Channel Cats [CATS] & Orangeville Otters [OTTER]		
LOCATION:	Orillia Recreation Centre 255 West St. S. Orillia, ON L3V 5G9		
FACILITY:	25m 8 lane competition pool (3 m deep) + 3 lane 15m warm-up pool (1 m deep), Swiss Timing starting blocks & backstroke ledges, Quantum timing system, video scoreboard. 2nd level spectator seating.		
PURPOSE	To award Huronia region SC age group individual champions. To award a Huronia region SC team champion. To foster partnerships and friendships between Huronia region clubs and members.		
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca		
COMPETITION COORDINATOR:	Andrew Perry (lvl 5)	Email:	andrew-perry@rogers.com
MEET MANAGER:	Todd Nie Lisa Loewen	Email:	tnie@scdsb.on.ca channelcatsofficials@gmail.com
ENTRIES COORDINATOR:	Michael Raué	Email:	mraue77@gmail.com
OFFICIAL'S COORDINATOR:	Sean Smyth	Email:	stringersmyth@yahoo.ca
	We greatly appreciate the support of both our visiting and home officials! If you are able to volunteer during this meet, please signup online on SignUpGenius. Cut and paste this link to your browser. https://www.signupgenius.com/go/409044baeac2ba5f85-huronia		
SAFETY AT COMPETITION:	<p>Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE. Every club and its participants are responsible for ensuring all facility rules and requirements are followed.</p> <p>Open and Observable Environment</p> <p>Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.</p>		
DESCRIPTION:	<p>12&U all events will be Timed Finals.</p> <p>13&O Timed Final events: 400/800/1500 m FR, 50/200 m BK, 50/200 m BR, 50/200 m FL, 400 m IM & all relays.</p> <p>All other events will be swum prelims & finals. A Final only for 13, 14, & 15 year olds. 16&O will also run a consolation B final if there are more than 20 entries at the entry deadline.</p> <p>The fastest 8 male and female 800 m FR swimmers will swim in the evening finals session (no exceptions).</p> <p>Any 19&O swimmers will have their entries flagged as exhibition and not be ineligible for advancement to finals or scoring points for their team.</p>		
COMPETITION RULES:	<p>Sanctioned by Swim Ontario.</p> <p>All current Swimming Canada rules will be followed.</p>		

	<p>All swimmers participating in a provincially sanctioned meet shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.</p> <p>Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows</p>	
	<p>FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2 All Starts will be performed from starting platforms at the Start (Deep) End of the pool.</p>	
ELIGIBILITY:	<p>All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.</p>	
	<p>This event includes participants from the following clubs:</p>	<p>Barrie Trojan Swim Club [BTSC] Breakers Swim Team [BST] Collingwood Clippers Swim Club [CCSC] Hanover Swim Club [HSC] Lindsay Lightningbolts Swim Club [LLSC] Muskoka Aquatic Club [MUSAC] Orangeville Otters Swim Club [OTTER] Orillia Channel Cats Swim Club [CATS] Owen Sound Aquatic Club [OSAC] Trent Swim Club [TRENT]</p>
	<p>Meet Management reserves the right to further limit individual swims to 4 per session and to limit the number of heats in an event, if necessary, to keep session times to within 4.5 hours.</p>	
FOREIGN COMPETITORS:	<p>Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.</p>	
AGE UP DATE:	Ages submitted are to be as of:	February 3rd, 2023
AGE GROUPS:	<p>Individual events - 10&U, 11, 12, 13, 14, 15, 16&O (19&O - Exhibition swimmers only). Relay events - 12&U, 13&O (any 19&O swimmer on a relay designates that relay team as Exhibition)</p>	
ENTRY LIMITS:	The maximum number of participants per session is:	250
	Each club is limited to the following number of swimmers:	No Limit
	The maximum number of entries per swimmer is:	eight (8) individual + relays
ENTRY SUBMISSIONS:	<p>Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca. Meet Management will not accept entries via email.</p> <p>Classified PARA swimmers will be exempted from qualifying standards for events up to 200 m in distance. PARA swimmers are permitted to enter a maximum of eight (8) individual events.</p> <p>All non-PARA swimmers must meet at least one (1) time standard and enter in that qualified event in order to participate in the meet.</p>	

Every swimmer must meet the Qualifying Time to be entered in an event, unless that entry has been properly flagged as a Bonus Swim. Clubs using TeamUnify to prepare entries must provide a Bonus events report to the Entry Coordinator via email. Instructions to create that report can be found [HERE](#). Clubs using Team Manager to prepare entries must flag bonus swims within their entry file.

<u>Table 1</u>	# of QTs	Total number of individual events permitted
Scenario A	8	8
Scenario B	7	7
Scenario C	6	6
Scenario D	5	5
Scenario E	4	4
Scenario F	3	4 (1 Bonus Swim)
Scenario G	2	4 (2 Bonus Swims)
Scenario H	1	4 (3 Bonus Swims)

The following events ARE NOT ELIGIBLE to be selected as bonus events for any swimmer:
800 m Free, 1500 m Free, 400 m IM.

All Swimmers are eligible to enter relay events.

NT entries are not permitted. All entries including bonus swims must have validated times.

PROOF OF TIMES: Entries must be submitted using provable times, recorded during the qualifying period. Meet Management may challenge any entry time before or during the competition. Any unproven times will not be accepted. It is the responsibility of the swimmers's club to prove entry times, if requested. A club unable to prove an entry time when challenged will be fined \$50 per unproven time, payable to the Orillia Channel Cats Swim Club. Entry time upgrades will not be accepted after the entry deadline.

Qualifying standards for this championship can be viewed [HERE](#).

Qualifying period for entry to the meet is: Jan 01, 2021 to Jan 22, 2023

Relay swimmers must also be entered in an individual event in order to participate in the meet.

CONVERSION:

Entry times are not to be converted. Please submit times in the course achieved.

Times will be converted by the host, using the Hy-tek default conversion factor.

ENTRY DEADLINE:

Preliminary Entries are due: January 11, 2023
(failure to provide a preliminary entry file may exclude a club from participation in the meet)

Final Entry Deadline: January 25, 2023

	Changes to entries will not be accepted after January 25, 2023 After that time, fees will be calculated and no refunds for missed swims will be provided.	
ENTRY FEE:	Individual Events: 800/1500 m FR - \$18.00 each, all other events - \$15.00 each Relay Events: \$20.00 each	
	Payment Methods: Cheque or e-transfer	Please make cheques payable to Orillia Channel Cats or e-transfer to channelcatstreasurer@gmail.com . If paying by e-transfer, please indicate what the payment is for and your club's name. Payment must be received by Wednesday Feb 1, 2023 if paying by e-transfer.
COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.	
COACH'S MEETING:	<p>A coaches meeting will be held via zoom on Wednesday Feb 1st, 2023 at 7:00 pm. Details will be distributed via email. Please ensure all attending coaches are identified when uploading your entries.</p> <p>Paperwork will be available at the Clerk of Course's table on deck.</p> <p>Please pick up your club's awards in the classroom off the pool deck after the meet. Awards not collected on Sun Feb 5, 2023 will be forfeited. Awards will not be shipped to clubs that depart early and fail to pickup at the pool.</p> <p>A positive check-in with the Clerk of Course is required prior to all events of 400 m and longer.</p> <p>For all heats swum in the finals (sessions 3 & 6), all seeded and alternate swimmers must report to the Clerk of Course at least 10 minutes before the scheduled start of the event.</p>	
SEEDING:	Timed Final seeding will be in order of times entered, as converted pursuant to the conversion process noted above. 800 m and 1500 m FR events will be seeded fastest to slowest, alternating heats between female & male events.	
	Preliminary heat events will be seeded as per SW3.1 with fastest 3 heats circle seeded.	

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>
MIXED-GENDER RELAYS:	Each relay team must have 2 girls and 2 boys. Times obtained for the first leg of a relay will not be considered official times. Requests for official splits will be denied.
CHECKIN, SCRATCHES, AND RELAY SWIMMER CHANGES:	<p>Scratches from <u>all events</u> must be submitted to the Clerk of Course table <u>30 minutes prior to the start of each session</u>.</p> <p>Scratches from the 800 m FR must be completed Friday morning during prelims. No shows in the fastest heat in finals will result in a fine.</p> <p>The Finals Scratch Deadline is 30 Minutes after the posting of the final event of the morning session for those finals.</p>

	<p><u>Relay Name Changes</u> must be submitted to the Clerk of Course table <u>60 minutes after the start of each session</u> in which relays occur.</p> <p>Entry reports will be provided to each club for your convenience in reporting scratches and relay changes. Please indicate scratches and relay changes on this report then sign and return to the Clerk of Course's table.</p>
	Swimmers are responsible for being behind the blocks for their races.
PENALTIES:	<p>A swimmer who fails to report to the Clerk of Course for positive check for distance events (400/800/1500 m) or for a Final event 10 minutes prior to it's scheduled start time will be scratched from that event (CSW 2.4.2.1). Once a substitution is made for a Final event, no further changes will be permitted.</p> <p>Failure to participate in any finals session heat without meet management's knowledge and consent <u>will</u> result in a \$50 fine for each offense payable to Orillia Channel Cats. Payment is due immediately, and failure to pay will exclude the swimmer from any further participation in the meet.</p>
DECK ENTRIES:	No Deck Entries are permitted
OFFICIAL SPLIT TIMES:	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee <u>prior to the commencement of the session</u> in question.
RECORDS:	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.
MEET RESULTS:	<p>Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca</p> <p>The meet program will be run on Hy-Tek Meet Manager.</p> <p>Results will be posted as quickly as possible at the meet.</p> <p>Live Results / Meet Mobile are available.</p>
SCORING:	<p>Individual 1st through 8th place will be scored as follows: 20, 17, 16, 15, 14, 13, 12, 11</p> <p>Relays 1st through 8th will be scored as follows: 40, 34, 32, 30, 28, 26, 24, 22</p> <p>Except for exhibition swims, all of the above placings will score, even if the qualifying time for the event is not achieved.</p>
AWARDS:	<p>Awards will be provided in the following age groups: Individual Events: 10 & Under, 11, 12, 13, 14, 15, 16&Over Relay Events: 12&Under, 13& Over</p> <p>Medals: Individual 1st – 3rd place, Relays 1st place, PARA Swim of the Meet Ribbons: Individual 4 – 8 Place "Finalist" Ribbons, Relays 2nd and 3rd place Banner: Overall High Point Team winner</p> <p>The PARA Swim of the Meet will be awarded to the swimmer who scores the most Canadian Paralympic Points in an individual event performance</p>
ADDITIONAL INFORMATION:	The following hotels have blocks of rooms available for families to book, include Huronia Regional Swim Meet to receive discount: Quality Inn and Conference Centre- book by Dec 16; Comfort Inn- book by Dec 18; Knights Inn.

SCHEDULE OF EVENTS:

Session #	Date	Prelim/Finals	Warm Up	Start	Finish	Estimated Duration
1	Fri. Feb 3	13&O Prelims	7:00 – 7:55 AM	8:00 AM	11:30 AM	3.5 hrs
2	Fri. Feb 3	12&U Timed Finals	12:30-1:25PM	1:30 PM	3:30 PM	2 hrs
3	Fri. Feb 3	13&O Finals	4:30-5:25 PM	5:30 PM	7:30 PM	2 hrs
4	Sat. Feb 4	13&O Prelims	7:00-7:55 AM	8:00 AM	11:30 AM	3.5 hrs
5	Sat. Feb 4	12&U Timed Finals	1:00-1:55 PM	2:00 PM	3:45 PM	1:45
6	Sat. Feb 4	13&O Finals	4:30-5:25 PM	5:30 PM	7:30 PM	2 hrs
7	Sun. Feb 5	13&O Timed Finals	7:00-7:55 AM	8:00 AM	11:30 PM	3.5 hrs
8	Sun. Feb 5	12&U Timed Finals	12:00-12:55 PM	1:00 PM	3:00 PM	2 hrs

Session 1 - 13&O Prelims + Timed Finals*		Friday Feb. 3, 2023	Warm-up: 7:00am	Start: 8:00am
Women Event #	Age and Event	Men Event #		
1	13&O 100 m Back	2		
3	13&O 200 m Free	4		
5	13&O 100 m Breast	6		
7	13&O 50 m Free	8		
9	13&O 800 m Free* (slower heats)	10		
11	13&O 200 m IM	12		
101	13&O 200 m (4x50 m) Free Relay*	102		

Session 2 - 12&U Timed Finals*		Friday Feb. 3, 2023	Warm-up: 12:30 pm	Start: 1:30 pm
Women Event #	Age and Event	Men Event #		
51	12&U 100 m Back*	52		
53	12&U 200 m Free*	54		
55	12&U 100 m Breast*	56		
57	12&U 50 m Free*	58		
59	11-12 800 m Free*	60		
61	12&U 200 m IM*	62		
151	12&U 200 m (4x50 m) Free Relay*	152		

Session 3 - 13&O Finals		Friday, Feb. 3, 2023	Warm-up: 4:30 pm	Start: 5:30 pm
Women Event #	Age and Event	Men Event #		
1	13yr 100 m Back A Final 14yr 100 m Back A Final 15yr 100 m Back A Final 16&O 100 m Back A&B Final	2		
3	13yr 200 m Free A Final 14yr 200 m Free A Final 15yr 200 m Free A Final 16&O 200 m Free A&B Final	4		
5	13yr 100 m Breast A Final 14yr 100 m Breast A Final 15yr 100 m Breast A Final 16&O 100 m Breast A&B Final	6		
7	13yr 50 m Free A Final 14yr 50 m Free A Final 15yr 50 m Free A Final 16&O 50 m Free A&B Final	8		
9	13&O 800 m Free (fastest heat)	10		
11	13yr 200 m IM A Final 14yr 200 m IM A Final 15yr 200 m IM A Final 16&O 200 m IM A&B Final	12		

Session 4 - 13&O Prelims + Timed Finals*		Saturday Feb. 4, 2023	Warm-up: 7:00 am Start: 8:00am
Women Event #	Age and Event	Men Event #	
13	13&O 200 m Back	14	
15	13&O 50 m Breast	16	
17	13&O 100 m Free	18	
19	13&O 50 m Back	20	
21	14&O 1500 m Free*	22	
23	13&O 100 m Fly	24	
201	13&O 200 m (4x50 m) Medley Relay*	202	

Session 5 - 12&U Timed Finals*		Saturday, Feb. 4, 2023	Warm-up: 1:00 pm Start: 2:00 pm
Women Event #	Age and Event	Men Event #	
63	12&U 200 m Back*	64	
65	12&U 50 m Breast*	66	
67	12&U 100 m Free*	68	
69	12&U 50 m Back*	70	
73	12&U 100 m Fly*	74	
251	12&U 200 m (4x50 m) Medley Relay*	252	

Session 6 - 13&O Finals		Saturday, Feb. 4, 2023	Warm-up: 4:30 pm Start: 5:30 pm
Women Event #	Age and Event	Men Event #	
13	13yr 200 m Back A Final 14yr 200 m Back A Final 15yr 200 m Back A Final 16&O 200 m Back A&B Final	14	
15	13yr 50 m Breast A Final 14yr 50 m Breast A Final 15yr 50 m Breast A Final 16&O 50 m Breast A&B Final	16	
17	13yr 100 m Free A Final 14yr 100 m Free A Final 15yr 100 m Free A Final 16&O 100 m Free A&B Final	18	
19	13yr 50 m Back A Final 14yr 50 m Back A Final 15yr 50 m Back A Final 16&O 50 m Back A&B Final	20	
23	13yr 100 m Fly A Final 14yr 100 m Fly A Final 15yr 100 m Fly A Final 16&O 100 m Fly A&B Final	24	

Session 7 - 13&O Timed Finals*		Sunday, Feb. 5, 2023	Warm-up: 7:00 am Start: 8:00am
Women Event #	Age and Event	Men Event #	
25	13&O 200 m Breast*	26	
27	13&O 50 m Fly*	28	
31	13&O 400 m IM*	32	
33	13&O 200 m Fly*	34	
35	13&O 400 m Free*	36	
301	13&O 200 m (4x50 m) Mixed Free Relay*	301	
303	13&O 200 m (4x50 m) Mixed Medley Relay*	303	

Session 8 - 12&U Timed Finals*		Sunday, Feb. 5, 2023	Warm-up: 12:00 pm Start: 1:00 pm
Women Event #	Age and Event	Men Event #	
75	11-12 200 m Breast*	76	
77	12&U 50 m Fly*	78	
79	10&U 100 m IM*	80	
81	11-12 400 m IM*	82	
83	11-12 200 m Fly*	84	
85	12&U 400 m Free*	86	
351	12&U 200 m (4x50m) Mixed Free Relay	351	
353	12&U 200 m (4x50 m) Mixed Medley Relay	353	