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| DATE(s): | January 28 th , 2023 | | | REGION: | Western | |
| HOSTED BY: | Brock University Swim Club | | | | | |
| LOCATION: | Brock University | | | | | |
| FACILITY: | Elanor Misener Aquatics | Centre | | | | |
| PURPOSE & DESCRIPTION: | Duel Meet between the | universi | ty of waterloo ar | nd Brock Ba | dgeres | |
| MEET PACKAGE: | The only meet package v found on <u>www.swimmin</u> | | ll be considered | as valid mu | st be the most current version | |
| COMPETITION | Angela Taylor | | | Level: | 5 | |
| COORDINATOR: | If Level 3+ is serving as CC, p | lease indi | cate that ROR/Swin | n Ontario app | roval has been granted \Box | |
| MEET MANAGER: | Scott Taylor | | Email: | scott4sc | outs@gmail.com | |
| SAFETY AT COMPETITION: | Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <u>Swim Ontario</u> <u>Concussion Management</u> & <u>Swimming Canada Event Photography</u> procedures will be in effect. For complete details click <u>HERE</u> . Every club and its participants are responsible for ensuring all facility rules and requirements are followed. | | | | | |
| COMPETITION RULES: | Sanctioned by Swim Ontario.All current Swimming Canada rules will be followed.All swimmers participating in a provincially sanctioned meets shall be required to complywith swimwear rule GR 5. Click HERE to view full details. Advanced notification forexemption or for clarification of the rule please see the Competition Coordinator.Please note that Swimming Canada Competition Warm-Up Safety Procedures will be ineffect. As per the Facility Rules for Dive Starts, this competition will be conducted asfollows | | | | | |
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| | FINA FR 2.3 and SW | \boxtimes | Starting Platfor | ms at Dee | ep end | |
| | 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 | | Deck or Bulkhea | ad at | | |
| | & 4.1.2 | | In-Water at | | | |
| ELIGIBILITY: | All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club. | | | | | |
| | This event includes participants from the following clubs: Preference will be given to the host club first. | | | | | |
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| | Meet Management reserves the right to further limit individual swims per and to limit heats if necessary to keep session times to within 4.5 hours. | | | | - | |



| | Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition | | | | |
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| FOREIGN COMPETITORS: | \boxtimes | Foreign competitors' entries will not be accepted | | | |
| | | Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the <u>Proof of Residence and Registration Status form</u> to Swim Ontario no later than 7 days prior to start of competition. | | | |
| AGE UP DATE: | Ages s | ubmitted are to be as | Day of competition | (January 15 th) | |
| ENTRY LIMITS: | The m | aximum number of partici | pants per session is | | |
| | The m | ch club is limited to the following number of swimmers e maximum number of tries per swimmer is 3 Individual, no limits on relays | | | |
| ENTRY SUBMISSIONS: | | Entries must be submitted through the Swimming Canada online entries system at <u>www.swimming.ca</u> . Meet Management will not accept entries via email. | | | |
| | Entrie | Entries must include all attending coaches. | | | |
| | | NT entries are not permitted | | | |
| | | Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT". | | | |
| | | Qualifying standard for entry is: | | | |
| | | Qualifying period for entry to the meet is: | | | |
| | | Relay swimmers must be entered in a non-relay event in order to compete. | | | |
| CONVERSION: | | Entry times can be converted. | | | |
| | | Entry times are not to be converted. Please submit times in course achieved. | | | |
| | | Times will be converted by the host | | | |
| | \square | Times will not be converted | | | |
| ENTRY DEADLINE: | January 25 th ,2022 | | | | |
| | Chang | Changes to entries will be accepted until Changes can be finalized during warm-up no penalties | | | |
| ENTRY FEE: | \boxtimes | No Fee | | | |



| | | Individual Events | | Relay Events |
|--------------------------|-----------------------|---|--------------------------------------|--------------|
| | | Swimmer Fee | | |
| | Paym | ent Method: | | |
| COACH'S REGISTRATION: | comp mana coach | t management will cross reference the list of coaches submitted with entries at this betition with the <u>Swim Ontario Compliance lists</u> . If a coach is not on this list, meet agement is obligated to enforce the Swimming Canada policy and not permit that h to attend the meet. Meet management will forward Swim Ontario a list of coaches they have found to be in non-compliance. | | |
| SEEDING: | | Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times). | | |
| | | Preliminary heat events will be seeded as per SW3.1 with fastest 3 heats circle seeded. | | |
| | | Seeding will be in the | ding will be in the following order: | |

| SCHEDULE OF SESSIONS: | | | | | | |
|-----------------------|--------------------------|----------------|----------------------------|--|---|--|
| Session # | <u>Date</u> | Warm-up period | <u>Start of</u> session | <u>Approx.</u> <u>Finish of</u> <u>session</u> | <u>Time</u> <u>Final/Heats</u> <u>/Finals</u> | |
| 1 | January 28 th | 4:00 PM | 5:00 PM | 7:00 PM | | |
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| the swimmer competes with competitors of the same gender for his/her heat. |
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| | | e event that mixed gender swims are permitted, the results must still be posted separately ender of swimmers. | | |
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| CHECKIN AND SCRATCHES: | | scrate | e will be no ch deadline for ollowing: | |
| | \boxtimes | Scrate sessio | | de at the clerk of course desk 30 minutes prior to the start of each |
| | | All sw sessio | | red to check in with the Clerk of Course 30 minutes prior to each |
| | | befor | e is a positive checl re the start of the s of Course for the f ts: | session at the |
| | | A scra | atch deadline will a | apply for finals. |
| | | | 30 minutes follow | wing the posting of results of last event of prelims sessions |
| | | | 30 minutes follow | wing the posting of results of respective event |
| PENALTIES: | | No sc | ratch penalty shall | be imposed for late or day of scratches or No-Shows |
| | | in an scrato dead | re to participate event with a ch or checkin line will results in wing penalty: | |
| DECK ENTRIES: | | No D | eck Entries are per | mitted |
| | \boxtimes | | | ion Only. They are not eligible for scoring or awards. epted for empty lanes only (no new heats will be created). |
| | | Event | t Deck Entries are p | permitted for swimmers already entered in the competition. |
| | | Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management. | | |
| | | Fee \$ | | |
| OFFICIAL SPLIT TIMES: | | Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. | | |
| RECORDS: | | Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records. | | |
| | | Swim times achieved at this competition will NOT be used for applications of provincial and national records. | | |
| MEET RESULTS: | Offici | al Resu | ults will be posted | within 48 hours of completion of the meet to www.swimming.ca |
| | \boxtimes | The meet program will be run on Hy-Tek Meet Manager. | | |



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| | \boxtimes | Results will be posted as quickly as possible at the meet. |
| | \boxtimes | Live Results / Meet Mobile are available. |
| SCORING: | | No Scoring |
| | \boxtimes | The following will be scoring: |
| | | 1 st 20PTS, 2 nd 17PTS, 3 rd 15PTS,4 th 14PTS,5 th 13PTS, 6 th 12PTS,7 th 11PTS,8 th 10PTS, 9 th 9PTS, 10 th 7PTS, 11 th 6PTS, 12 th 5PTS, 13 th 4PTS, 14 th 3PTS, 15 th 2PTS, 16 th 1PTS Relays are double points |
| AWARDS: | \boxtimes | No awards |
| | | The following will be awarded: |
| ADDITIONAL INFORMATION: | | |

SCHEDULE OF EVENTS:

| | Session 1 Saturday, January 1, 2015 Warm-up: 7:30 AM Start: 8:30 AM | |
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| Women | | Men |
| 1 | 4x50 Mixed Medley Relay | |
| 2 | 100 Butterfly | 3 |
| 4 | 100 Backstroke | 5 |
| 6 | 100 Breaststroke | 7 |



| 8 | 100 Freestyle | 9 |
|----|----------------------------|----|
| 10 | 100 Individual Medley | 11 |
| 12 | 800 Freestyle | 13 |
| | BREAK | |
| 14 | 4x50 Mixed Freestyle relay | |
| 15 | 200 Butterfly | 16 |
| 17 | 200 Backstroke | 18 |
| 19 | 200 Breaststroke | 20 |
| 21 | 200 Freestyle | 22 |
| 23 | 200 Individual Medley | 24 |
| 25 | 50 Butterfly | 26 |
| 27 | 50 Backstroke | 28 |
| 29 | 50 Breaststroke | 30 |
| 31 | 50 Freestyle | 32 |
| 33 | 4x50 Medley Relay | 34 |