

<b>DATE(s):</b>	March 5, 2023	<b>REGION:</b>	Western	
<b>HOSTED BY:</b>	St. Clair Current Swim Club and Aylmer Optimist Arrows			
<b>LOCATION:</b>	1166 Emily St., Mooretown, Ontario			
<b>FACILITY:</b>	Mooretown Sports Complex			
<b>PURPOSE &amp; DESCRIPTION:</b>	To provide opportunities for SEAL League swimmers to compete.			
<b>MEET PACKAGE:</b>	The only meet package which will be considered as valid must be the most current version found on <a href="http://www.swimming.ca">www.swimming.ca</a>			
<b>COMPETITION COORDINATOR:</b>	Marcel Broer	<b>Level:</b>	IV	
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted <input type="checkbox"/>			
<b>MEET MANAGER:</b>	Stephanie Lobsinger	<b>Email:</b>	Stephanie.lobsinger@cogeco.ca	
<b>SAFETY AT COMPETITION:</b>	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <a href="#">Swim Ontario Concussion Management</a> & <a href="#">Swimming Canada Event Photography</a> procedures will be in effect. For complete details click <a href="#">HERE</a> . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.			
<b>COMPETITION RULES:</b>	<b>Sanctioned by Swim Ontario.</b>			
	All current Swimming Canada rules will be followed. All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click <a href="#">HERE</a> to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Please note that <a href="#">Swimming Canada Competition Warm-Up Safety Procedures</a> will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows			
	FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2	<input checked="" type="checkbox"/>	Starting Platforms at	Deep
		<input type="checkbox"/>	Deck or Bulkhead at	
		<input type="checkbox"/>	In-Water at	
<b>ELIGIBILITY:</b>	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.			
	This event includes participants from the following clubs:	Aylmer Optimist Arrows, Blenheim Blast, Chatham Y Pool Sharks, St. Clair Current Swim Team		
	<input checked="" type="checkbox"/>	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition		
<b>FOREIGN COMPETITORS:</b>	<input checked="" type="checkbox"/>	Foreign competitors' entries will not be accepted		
<b>AGE UP DATE:</b>	Ages submitted are to be as	March 5, 2023		
<b>ENTRY LIMITS:</b>	The maximum number of participants per session is	125		
	The maximum number of entries per swimmer is	No limit		
<b>ENTRY SUBMISSIONS:</b>	Entries must be submitted through the Swimming Canada online entries system at <a href="http://www.swimming.ca">www.swimming.ca</a> . Meet Management will not accept entries via email.			

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	Entries must include all attending coaches.		
	<input checked="" type="checkbox"/>	Qualifying standard for entry is:	No Standard
<b>CONVERSION:</b>	<input checked="" type="checkbox"/>	Entry times can be converted.	
<b>ENTRY DEADLINE:</b>	<b>Thursday, February 23, 2023</b>		
	Changes to entries will be accepted until		Saturday, February 25, 2023
<b>ENTRY FEE:</b>			
	<input checked="" type="checkbox"/>	Swimmer Fee	\$30.00
	Payment Method:		Cheque to St. Clair Current Swim Club
<b>COACH'S REGISTRATION:</b>	Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition with the <a href="#">Swim Ontario Compliance lists</a> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.		
<b>SEEDING:</b>	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).	

### SCHEDULE OF SESSIONS:

<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	March 5, 2023	9am to 10am	10:15am	1:00pm	Time Final

<b>MIXED-GENDER:</b>	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p> <p>Any gender combination of swimmers is allowed for relays and the results will not be uploaded to Swimming Canada.</p>		
<b>CHECKIN AND SCRATCHES:</b>	<input checked="" type="checkbox"/>	There will be no scratch deadline for the following:	All events
<b>PENALTIES:</b>	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows	
<b>DECK ENTRIES:</b>	<input checked="" type="checkbox"/>	Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.	
	<input checked="" type="checkbox"/>	Fee	\$ 30.00

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<b>RECORDS:</b>	<input checked="" type="checkbox"/>	Swim times achieved at this competition will NOT be used for applications of provincial and national records.
<b>MEET RESULTS:</b>		Official Results will be posted within 48 hours of completion of the meet to <a href="http://www.swimming.ca">www.swimming.ca</a>
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.
	<input checked="" type="checkbox"/>	Results will be posted as quickly as possible at the meet.
<b>SCORING:</b>	<input checked="" type="checkbox"/>	No Scoring
<b>AWARDS:</b>	<input checked="" type="checkbox"/>	The following will be awarded: Ribbons in Individual and Relay Events – 1 <sup>st</sup> to 6 <sup>th</sup> .
<b>ADDITIONAL INFORMATION:</b>		

## SCHEDULE OF EVENTS:

Session 1 Sunday, March 5, 2023 Warm-up: -- 9:00am Start: 10:15am		
Mixed		
1	8/9	100 IM
2	10/11	100 IM
3	12/13	100 IM
4	14 and over	100 IM
5	OPEN	100 IM
6	7 and Under 25	Fly
7	8/9	25 Fly
8	10/11	50 Fly
9	12/13	50 Fly
10	14 and over	50 Fly
11	OPEN	100 Fly
12	7 and Under 25	back
13	8/9	50 Back
14	10/11	50 Back
15	12/13	100 Back
16	14 and over	100 Back
17	OPEN	100 Back
18	7 and under 100	Free Relay
19	8/9	100 Free Relay
20	10/11	200 Free Relay
21	12/13	200 Free Relay
22	14 and over	200 Free Relay
23	7 and Under 25	Breast
24	8/9	25 Breast
25	10/11	50 Breast
26	12/13	100 Breast
27	14 and over	100 Breast
28	OPEN	100 Breast
29	7 and Under 25	Free



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30	8/9 50 Free	
31	10/11 100 Free	
32	12/13 100 Free	
33	14 and over 100 Free	
34	OPEN 100 Free	