

GMAC Spring Skills and Thrills

APPROVED

By Swim Ontario at 11:38 pm, Feb 11, 2023

DATE(s):	April 16 2023	REGION:	Western						
HOSTED BY:	Guelph Marlin Aquatic Club								
LOCATION:	Athletic Centre, University of Guelph, 50 Stone Rd. E. N1G 2W1								
FACILITY:	Gold pool								
PURPOSE & DESCRIPTION:	Competition for swimmers new to swimming								
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca								
COMPETITION COORDINATOR:	Mary Gerrard Email: gmacswimclub@gmail.com	Level:	4						
MEET MANAGER:	Dawn Larson	Email:	dlarson@uoguelph.ca						
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.								
COMPETITION RULES:	<p>Sanctioned by Swim Ontario.</p> <p>All current Swimming Canada rules will be followed.</p> <p>All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.</p> <p>Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows: rules FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2 with starting platforms at the bulkhead.</p>								
ELIGIBILITY:	<p>All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.</p> <table border="1"> <tr> <td>This event includes participants from the following clubs:</td><td>Open to all clubs</td></tr> <tr> <td><input checked="" type="checkbox"/></td><td>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.</td></tr> <tr> <td><input checked="" type="checkbox"/></td><td>Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition</td></tr> </table>			This event includes participants from the following clubs:	Open to all clubs	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.	<input checked="" type="checkbox"/>	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition
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FOREIGN COMPETITORS:	<input checked="" type="checkbox"/>	<p>Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with</p>							

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	the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.			
AGE UP DATE:	Ages submitted are to be as		April 16 2023	
ENTRY LIMITS:	The maximum number of participants per session is		250	
	Each club is limited to the following number of swimmers		80	
	The maximum number of entries per swimmer is		3 individual entries; no limit to the number of relays	
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email. Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.			
	Entries must include all attending coaches.			
CONVERSION:	<input checked="" type="checkbox"/>	Entry times can be converted.		
ENTRY DEADLINE:	April 6 2023. Minor changes, less than 10%, accepted until April 10			
ENTRY FEE:	<input type="checkbox"/>	No Fee		
	<input checked="" type="checkbox"/>	Individual Events	\$15	Relay Events \$15
	<input checked="" type="checkbox"/>	Swimmer Fee	\$2	
	Payment Method:		Cheques made payable to Guelph Marlin Aquatic Club or etransfer to gmacswimclub@gmail.com using the password swimming	
COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.			
SEEDING:	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).			
OFFICIALS:	If you are interested in officiating, please sign up at this link: https://forms.gle/g2H6NV9GsEZD1Hst5			

SCHEDULE OF SESSIONS

<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	Sun April 16	7:30am-8:20am	8:30am	11:00pm	Time Finals
2	Sun April 16	11:00-11:50pm	12:00pm	2:30pm	Time Finals

Please note that session 1 and 2 are identical and may be combined or the start of session 2 may be adjusted.

SCHEDULE OF EVENTS

Session # 1

Sessions 1 and 2 are identical in the order of events. Please submit entries based on the session that you want to attend. If a session becomes full, you will be contacted about switching to the other session.

4x25 male, female, and mixed free relay age groups: 8 and under, 9-10, 11-12, 13 and over

Event #	Event	Gender	Event #	Event	Gender	Event #	Event	Gender
101	100 Free	Girls	111	100 IM	Girls	121	50 back	Girls
102	100 free	Boys	112	100 IM	Boys	122	50 back	Boys
103	25 free	Girls	113	4x25 free relay	Girls	123	100 back	Girls
104	25 free	Boys	114	4x25 free relay	Boys	124	100 back	Boys
105	100 breast	Girls	115	4x25 free relay	Mixed	125	25 back	Girls
106	100 breast	Boys				126	25 back	Boys
107	50 breast	Girls	117	50 fly	Girls	127	50 free	Girls
108	50 breast	Boys	118	50 fly	Boys	128	50 free	Boys
109	25 breast	Girls	119	25 fly	Girls			
110	25 breast	Boys	120	25 fly	Boys			

Session # 2

Sessions 1 and 2 are identical in the order of events. Please submit entries based on the session that you want to attend. If a session becomes full, you will be contacted about switching to the other session.

4x25 male, female, and mixed free relay age groups: 8 and under, 9-10, 11-12, 13 and over

Event #	Event	Gender	Event #	Event	Gender	Event #	Event	Gender
201	100 Free	Girls	211	100 IM	Girls	221	50 back	Girls
202	100 free	Boys	212	100 IM	Boys	222	50 back	Boys
203	25 free	Girls	213	4x25 free relay	Girls	223	100 back	Girls
204	25 free	Boys	214	4x25 free relay	Boys	224	100 back	Boys
205	100 breast	Girls	215	4x25 free relay	Mixed	225	25 back	Girls
206	100 breast	Boys				226	25 back	Boys
207	50 breast	Girls	217	50 fly	Girls	227	50 free	Girls
208	50 breast	Boys	218	50 fly	Boys	228	50 free	Boys
209	25 breast	Girls	219	25 fly	Girls			
210	25 breast	Boys	220	25 fly	Boys			

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MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>	
MIXED RELAYS:	<p>A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a relay is not an official time. Requests for official splits are not allowed for mixed relays.</p>	
CHECKIN AND SCRATCHES:	<input checked="" type="checkbox"/>	Please provide scratches to meet manager during warm-up and to the Clerk of Course at the start of the meet. The Clerk of course will marshall all heats.
PENALTIES:	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows
DECK ENTRIES:	<input checked="" type="checkbox"/>	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).
	<input checked="" type="checkbox"/>	Event Deck Entries are permitted for swimmers already entered in the competition.
	<input checked="" type="checkbox"/>	Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.
	<input checked="" type="checkbox"/>	Fee \$ 15
OFFICIAL SPLIT TIMES:	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.
RECORDS:	<input checked="" type="checkbox"/>	Swim times achieved at this competition will NOT be used for applications of provincial and national records.
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca	
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.
	<input checked="" type="checkbox"/>	Results will be posted as quickly as possible at the meet.
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available.
SCORING:	<input checked="" type="checkbox"/>	No Scoring
AWARDS:	<input checked="" type="checkbox"/>	Ribbons for 1 st to 8 th place for 8 and under, 9-10, 11-12, 13 and over
ADDITIONAL INFORMATION:	<p>If you are interested in officiating, please sign up at this link: https://forms.gle/g2H6NV9GsEZD1Hst5</p>	