



Nova Tech Aqua Kids #4 South

Sunday February 19th, 2023

3:00pm Meet Warm-Up

3:30pm Meet Start

Hosted by: Wolfville Tritons Swim Club

Sanctioned By: Swim Nova Scotia

Meet Manager & Head Official:

Sue Jackson suejack01@yahoo.com

Location: Acadia Pool

Eligibility: All competitive registered Nova Tech swimmers with Swim Nova Scotia OR pre-competitive swimmers on trial for 1 swim meet as exhibition.

Entry Fees: \$25.00 per swimmer.
Maximum 4 individual events.

Please make cheque payable to Wolfville Tritons or
e-transfer: finance@tritons.ca
All e-transfers should include the club name sending the transfer.
Entry fees are non-refundable.

Entries: Submitted via
<https://www.swimming.ca/en/events-results/live-upcoming-meets/> no later than
February 10, 2023

Meet Rules: SNC rules and [warm-up procedures](#) will be in effect.

A coaches meeting may take place 30 minutes prior to start.

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. Swimmers may choose to start in the water or enter from a dive next to the blocks.

Scratch Procedure: All scratches are to be submitted to the meet office. Please submit the swimmer's name, events, and club. No deck entries.

Officials: The names of the officials should be emailed directly to Sue Jackson. Officials must be fully registered with Swim Nova Scotia.

Warm-Ups: 30 minutes, sprint lanes will be open at Coaches discretion.

Facility Rules: Registered swimmers, coaches and officials participating in the meet are allowed on deck.

ORDER OF EVENTS:

February 19th, 2023	
Warm-Up 3:00pm	
3:30pm Meet Start	
Event #	Event
101	100 IM – LEVEL 1
201	200 IM – LEVEL 2
102	50 FREE – LEVEL 1
202	50 FREE – LEVEL 2
103	50 FLY - LEVEL 1
203	50 FLY - LEVEL 2
204	100 FLY LEVEL 2
105	50 BACK LEVEL 1
205	50 BACK LEVEL 2
206	100 BACK LEVEL 2
207	200 FREE LEVEL 2
108	50 BREAST LEVEL 1
208	50 BREAST LEVEL 2
209	100 BREAST LEVEL 2
210	100 FREE LEVEL 2

- All events will be swum as mixed genders and seeded by time only
- Warnings by Officials for Level 1 (educational opportunity)
- DQ's Level 2 only
- 75m & 150m IM for PARA Swimmers can be made available if requested by a Coach.
- Host Clubs will post on a display board (or chalk board) which event/heats are being marshalled
- Breaks may be added throughout the session if necessary