

DATE(s):	Saturday, February 2	bruary 25, 2023				REGION	l:	Northwest		
HOSTED BY:	Thunder Bay Thunderbolts									
LOCATION:	Canada Games Complex 420 Winnipeg Avenue Thunder Bay, ON P7B 6B7									
FACILITY:	8 Lane 25 Metre Middle Tank of Pool with Manual Timing									
PURPOSE & DESCRIPTION:	To allow swimmers f	air op	pportunity to race a	nd obtai	n times					
MEET PACKAGE:	The only meet packa www.swimming.ca	ge wł	hich will be consider	red as va	ılid must l	oe the mos	st cu	urrent version f	ound on	
COMPETITION	Daryle Martin					Level:	5			
COORDINATOR:	If Level 3+ is serving as 0	CC, plea	ase indicate that ROR/	Swim Ont	ario approv	al has been	grar	nted		
MEET MANAGER:	Stephanie Smallwood Email: boltsmeets@gmail.com Rebecca Bourgois									
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The <a href="Swim Ontario Concussion Management">Swimming Canada Event</a> <a href="Photography">Photography</a> procedures will be in effect. For complete details click <a href="HERE">HERE</a> . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.									
COMPETITION	Sanctioned by Swim Ontario.									
RULES:	All current Swimming Canada rules will be followed.  All swimmers participating in provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click <a href="HERE">HERE</a> to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.  Please note that <a href="Swimming Canada Competition Warm-Up Safety Procedures">Swimming Canada Competition Warm-Up Safety Procedures</a> will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows:									
	FINA FR 2.3 and SW	$\checkmark$	Starting	g Platform	ns at	deep end bulkhead middle to				
	4.1, Swimming Canad CFR 2.3.1, CSW 4.1.1			Deck or	Bulkhead	d at				
	4.1.2	☐ In-Water at								
ELIGIBILITY:	All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation in this meet is at the full discretion of the host club.									
	This event includes participants from the following clubs:  TBT, CSC, KEETA									
	$\checkmark$	Preference will be given to the host club first.								
	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.									
	$\square$	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition								
FOREIGN COMPETITORS:	Foreign competitors' entries will not be accepted									
AGE UP DATE:	Ages submitted are to be as February 25, 2023									

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# NTARIO Thunderbolts SC Meet

ENTRY LIMITS:	The maximum nu	The maximum number of participants per session is 110						
	Each club is limited to the following number of swimmers				75			
		mber of entries per	3					
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at <a href="www.swimming.ca">www.swimming.ca</a> .  Meet Management will not accept entries via email. Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.							
	Entries must include all attending coaches.							
	V	Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".						
CONVERSION:		Entry times can be con	Entry times can be converted.					
ENTRY DEADLINE:	i February 20. 2023							
	Changes to entrie	s will be accepted until		February 20, 2023				
ENTRY FEE:		Individual Events	5.00		elay vents			
	Payment Method:		By Cheque upon registering the morning of the race or by e-transfer to finance@thunderbolts.ca					
COACH'S REGISTRATION:	Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition with the <u>Swim Ontario Compliance lists</u> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.							
SEEDING:	V	Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, starting with NT entries, if permitted.						

### **SCHEDULE OF SESSIONS:**

Session #	<u>Date</u>	Warm-up period	Start of session	Approx. Finish of session	<u>Time</u> <u>Final/Heats</u> <u>/Finals</u>
1	February 25, 2023	9:00 to 9:30 am	9:35am	2:00pm	

### MIXED-GENDER:

gender of swimmers.

An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted, the results must still be posted separately by

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CHECKIN AND SCRATCHES:	$\searrow$	Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session.				
PENALTIES:	N	No scratch	No scratch penalty shall be imposed for late or day of scratches or No-Shows			
DECK ENTRIES:	$\supset$		Deck Entries are Exhibition Only. They are not eligible for scoring or awards.  Deck entries will be accepted for empty lanes only (no new heats will be created).			
	$\triangleright$		Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.			
	V	Fee				
OFFICIAL SPLIT TIMES:	N	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.				
RECORDS:	Ŋ	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.				
MEET RESULTS:	Official Res	cial Results will be posted within 48 hours of completion of the meet to www.swimming.ca				
	$\searrow$	The meet program will be run on Hy-Tek Meet Manager.				
	V	Results will be posted as quickly as possible at the meet.				
	V	Live Results / Meet Mobile are available.				
SCORING:	V	No Scoring				
AWARDS:	$\vee$	No awards				

## **SCHEDULE OF EVENTS:**

Session 1 –
Saturday, February 25, 2023
Warm-up: 9:00 AM Start: 9:35 AM
Event 1 100 Free SC Mixed
Event 2 200 Breast SC Mixed
Event 3 50 Back SC Mixed
Event 4 200 IM SC Mixed
Event 5 100 Fly SC Mixed
Event 6 50 Free SC Mixed
Event 7 200 Free SC Mixed
Event 8 50 Breast SC Mixed
Event 9 100 Back SC Mixed
Event 10 50 Fly SC Mixed
Event 11 100 Breast SC Mixed
Event 12 200 Back SC Mixed
Event 13 100 IM SC Mixed
Event 14 400 Free SC Mixed

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