

SASKATOON LASERS SWIM CLUB

Lasers Class II SC Time Trial 2023



MEET MANAGER Candace Peace Peace_candace@hotmail.com (306) 227-0798	ENTRIES Tricia Weiland Tweiland518@gmail.com (306) 270-4574	OFFICIALS CO-ORDINATOR Jennifer Lutz lasersofficials@gmail.com (306) 850-7512
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REFEREE: Sharon Lyons



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Lasers Class II SC Time Trial 2023

SANCTION #: 38688

MEET INFORMATION:

Name: Lasers Class II SC Time Trial 2023

Date: February 25, 2023

Host Club: Saskatoon Lasers Swim Club

SESSION TIMES:

Saturday, February 25, 2023

Warm-up: 3:00 p.m. – 3:30 p.m.

Session 1 Start: 3:35 p.m.

Meet Management reserves the right to change session start times once entries are received. Coaches will be notified should session start times change.

The Coaches' Meeting for this meet will be held on Saturday, February 25 at 2:45 p.m. in the meeting room at the Shaw Centre.

There will be an official's meeting in the meeting room at Shaw Centre **30 minutes prior to the start of the session.**

LOCATION:

Name of Facility: Shaw Centre
Address: 122 Bowlt Crescent
Saskatoon, SK S7M 0L1
Phone Number: (306) 975-7744

FACILITY:

- a. This meet will take place in a 10-lane pool. **However, we will only be using 5 lanes for competition during the meet.**
- b. 25-meter competition pool
- c. All lanes will be made available for warm-up
- d. Daktronics Electronics system.
- e. Depth at start end of the pool is 3.02 m
- f. Depth at the Turn end of the pool is 3.05 m

MEET MANAGER:

Candace Peace
Peace_candace@hotmail.com
(306) 227-0798

OFFICIALS COORDINATOR

Jennifer Lutz
lasersofficials@gmail.com
(306) 850-7512

- i. Swimming Canada Warm-Up Competition Safety Procedures will be in effect at this competition. [LINK](#)
- ii. Current Swimming Canada Rules will apply except as specifically modified in this meet package. [Rules](#)
- iii. World Para Swimming Rules and Regulations will apply for Para swimmers. [Rules](#)

ELIGIBILITY:

Entries will only be accepted for Year-Round Age Group Club swimmers from the Saskatoon Lasers, The Prince Albert Sharks, [up to 30 swimmers from the Saskatoon Goldfins Swim Club](#) and the Battleford Kinsmen Swim Club, who are registered in the Swimming Canada registration database and have a Swimming Canada registration ID number which is 9-digits, unless the swimmer is registered with and representing a foreign World Aquatics (formerly FINA) affiliated federation.

Entries will not be allowed for any master's swimmers registered in the Masters-Open Category.

Swimmers must be a minimum of 7 years of age as of the 1st day of competition. Age group based on age of swimmer as of February 25, 2023

PARA swimmers who are registered with Swimming Canada or a World Aquatics (formerly FINA) affiliate are eligible to compete.

This is a closed meet only open to the Saskatoon Lasers, PA Sharks and Battleford Orcas

QUALIFYING TIMES:

There are no qualifying times for this Time Trial

ENTRY DEADLINE DATE:

Entries must be [emailed to Tricia Weiland at \[tweiland518@gmail.com\]\(mailto:tweiland518@gmail.com\)](#) no later than February 22 by [9:59 p.m. CST.](#)

All Attending coaches must be listed when uploading the entry file. If a coach from the same club as swimmers is not attending the meet, then you must inform the meet manager which coach and club will be responsible for coaching your swimmers.

ENTRY FEE:

Costs for entries are \$15.00 entry fee + \$10.00/swim

Deck entries are \$15.00 per entry

Cheques should be made payable to the Saskatoon Lasers Swim Club

Fees can also be paid by EFT to saskatoonlaserstreasurer@gmail.com

All entry fees must be received on the first day of the meet prior to warm-up. No swimmer/team will be allowed to start warm-up until entry fees have been paid.

ENTRIES REFUND POLICY:

As per Winter Swimming Policy WC-4 found [here](#)

If a swimmer needs to withdraw due to COVID-19 – entry fee will be refunded.

ENTRY LIMIT:

Any questions related to entries should be sent to Tricia Weiland at tweiland518@gmail.com

This Class II Time Trial is open to the Saskatoon Lasers, Prince Albert Sharks, up to 30 swimmers from the Saskatoon Goldfins & the Battleford Kinsmen Swim Club only.

Entries must be sent directly to the entries chair in the same format as would be loaded to the Swimming Canada Online Entries System.

Maximum of 3 entries per swimmer

Entries may be in either SC or LC times. Converted times will be accepted.

No times will NOT be accepted. Coach estimated times are acceptable.

DECK ENTRIES:

Deck entries will be allowed at the cost of \$15/swim. Deck Entries may be allowed at the discretion of Meet Management and only if space permits; additional heats will not be created.

Deck entries are for additional swims for swimmers already entered in the competition and have passed registration validation, to swim additional swims in empty lanes. Deck Entries are not for day of competition entries.

Deck entries are “exhibition” only.

MEET FORMAT/COMPETITION:

All events will be **Timed Finals** only.

Males and Females will compete separately.

Meet Management reserves the right to mix genders, if doing so will keep the meet on time. Coaches will be notified of any changes.

Lane 0 will be kept empty.

Lane 1 – 5 will be used for the swim meet.

Lanes 7 – 9 can be used for warm-up/cool down throughout the course of the meet.

Lane 9 will be reserved for PARA swimmers (during ½ hour warm up only).

There are no Para specific events or entry standards.

SEEDING:

Events will be seeded via age categories.

Age Categories will be as follows:

Females: 11 & under, 12 & over

Males: 12 & under, 13 & over

All events will be pre-seeded according to entry times and will swim slowest to fastest.

Heats may be combined as necessary.

PARA swimmers will be fully integrated into the meet based on their entry time.

START:

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.

SCRATCH RULE:

Scratches from heats may be made at any time without penalty except for loss of entry fee.

Clubs are requested to report any scratches no later than ½ hour before the scheduled start time of the session.

SCORING:

There will be no scoring.

AWARDS:

There are no awards for this meet.

RESULTS:

Results will be reported in the following age groups:

Females: 11 & under, 12 & over

Males: 12 & under, 13 & over

Unofficial results will be made available on Meet Mobile. Heat Sheets will also be available through Meet Mobile.

We will maintain a signed copy of official results (for one year), and the matching electronic file is then uploaded in the Swimming Canada System.

MEET SAFETY RULES:

Safety Marshalls will be stationed around the pool deck.

15 minutes into each warm-up session, lanes 0,1, & 8 will become dive lanes, only one-way swimming is allowed.

Lane 0 will be kept empty.

Lane 1 – 5 will be used for the swim meet.

Lanes 7 – 9 can be used for warm-up/cool down throughout the course of the meet.

Lane 9 will be reserved for PARA swimmers (during ½ hour warm-up only)

1. No Running is permitted on the deck.
2. No fins or paddles during the warm-up.
3. Footwear must be worn at all times when not on deck.
4. No glass or glass bottles are allowed anywhere in the pool or other sections of the building.

NOTE: It is the Coach's RESPONSIBILITY to inform the swimmers and to ensure their discipline and adherence to the MEET SAFETY RULES

Any individual who is sick or symptomatic MUST NOT participate!

GENERAL INFORMATION:

There is no deck-changing allowed. All participants must use change rooms.

All Clubs are requested to clean up and supervise their own areas. Any swimmer caught vandalizing, using offensive language, or otherwise causing a disturbance shall at the discretion of the Referee be disqualified from the meet and asked to leave. The referee's decision shall be final.

Footwear must be worn at all times when not on deck.

OFFICIALS:

Please consider signing up to help officiate the meet. Any interested officials can contact **Jennifer Lutz** at lasersofficials@gmail.com

Officials should bring their own water bottles marked with their names.

There will be an **Official's Briefing 30 minutes prior to the start of the session**. This briefing will take place in the meeting room attached to the pool.

COVID-19 SAFETY:

Covid 19 Safety Protocols will follow any current provincial, municipal, facility and Swim Sask guidelines, and will be subject to change. Changes will be communicated with clubs as needed.

Swimmers, coaches, officials, and volunteers are not to participate if sick or symptomatic.

Swimmers, coaches, officials, and volunteers are encouraged to follow SHA guidance and the [Living with COVID \(Government of Sask\)](#) :

Know your Risk – personal risk assessment

- Self-Monitor
- Practice frequent hand washing and cough/sneeze etiquette.
- Get fully vaccinated (and get a booster when eligible)
- Wearing a mask is an added layer of protection.
- Test and self-isolate if you test positive
- physically distance whenever possible
- Stay home even with mild symptoms.

Masking

Swim Sask supports a mask friendly environment. Mask use is a personal choice. Everyone must be kind and respectful of individuals' choices.

Rapid Tests

If not feeling well, even if it is just cold symptoms, then all swimmers, coaches, officials and volunteers are asked to administer a home rapid test prior to attending a swim meet and stay home if test is positive. If test is negative but are feeling sick/symptomatic, then please stay home.

Swim meets will prioritize athletes, coaches and officials on the pool deck.

Spectators will be allowed upstairs in the spectator area of SHAW Centre. There will be no spectators allowed on deck.

PHOTOGRAPHY/VIDEOGRAPHY:

- a) In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Saskatchewan sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- b) For full details see the Event Photography and Videography Procedure Policy found [HERE](#)
- c) Clubs may appoint one official photographer for their club to be granted access to a designated area/working deck. Please contact Meet Manager prior to the competition for permission. Meet Management will issue an accreditation/name tag identifying such person. This tag must be worn at all times.

SAFE SPORT:

- a) Swimming Canada and Swim Saskatchewan believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination.
Swimming Canada Safe Sport Policy found [HERE](#) and other Safe Sport Resources [HERE](#).
- b) Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
- c) Swim Saskatchewan and Swimming Canada have signed onto the Responsible Coaching Movement, which means that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment that is both “open” and “observable” to others.

LASERS Class II SC Time Trial 2023

Saturday, February 25 2023

Session 1

Warm-Up: 3:00 p.m.

Start Time: 3:35 p.m.

Female Event #	Event Description	Male Event #
1	200m Free	2
3	50m Breast	4
5	100m Back	6
7	50m Fly	8
9	100m Free	10
11	200m IM	12
13	100m Breast	14
15	50m Back	16
17	100m Fly	18
19	50m Free	20

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