

MONTHLY CHALLENGE - DÉFI DU MOIS

MASTERS SWIMMING - MAITRES NAGEURS



200m KICK CHALLENGE - JANAURY CHALLENGE DÉFI JANVIER - 200m BATTEMENTS DES JAMBES

RESULTS - RÉSULTATS

Participation Prize	Mathieu Louchard	CMNQ
Prix de participation	Steve Cropo	WRW
	Catherine Bernier	LLOU
	Terri MacDougall	MSM

RANK RANG					TIME / TEMPS (mm:ss.00)
	FAMILY NAME, NAME NOM, PRÉNOM	YOB (YYYY) ADN (AAAA)	Age Âge	CLUB	200m Kick 200m Battements des Jambes

WOMEN - FEMMES 18-24

1	Parker, Molly	1999	24	CGCSA	3:18.00
2	Lebreux-Gauthier, Claudia	1999	24	LLOU	3:38.50
3	Cooke, Kennedy	2003	20	MSM	3:39.34
4	Bepouang, Shannon	1999	24	BRO	3:53.37
5	Filiatrault, Malorie	2003	20	BRO	4:05.00
6	Trepanier, Marie	2000	23	BRO	4:10.00
7	St-Pierre, Audrey	1999	24	BRO	4:25.00

WOMEN - FEMMES 25-29

1	Trudel, Chloé	1997	26	LLOU	3:39.82
2	Baxter, Heather	1997	26	MSM	3:39.99
3	McAvoy, Sarah	1996	27	MMM	3:46.90
4	Choinière, Camille	1995	28	LLOU	3:50.68
5	Siino, Véronique	1998	25	CNMN	3:52.99
6	Grondin-Nadeau, Naomie	1996	27	CNMN	4:05.53
7	Gilbert, Roxanne	1995	28	CMNQ	4:08.00
8	Caissy, Laurence	1996	27	BRO	4:16.00
9	De Beaumont, Justine	1997	26	CMNQ	4:25.00
10	Graveline, Elisabeth	1994	29	CNMM	4:44.00
11	Germain, Noémie	1997	26	LLOU	4:55.66
12	Visser, Gina	1994	29	DRM	5:40.60
13	Chiang, Dawn	1997	26	DRM	8:25.90
14	Olenka, Fabiane	1998	25	DRM	10:50.00

WOMEN - FEMMES 30-34

1	Crowell, Paige	1993	30	HTACM	3:26.85
2	Marion Belliol-Duguay	1992	31	LLOU	3:29.65
3	He, Bonnie	1993	30	HTACM	3:44.65
4	David-Bélanger, Catherine	1992	31	CMNQ	3:56.00
5	Bouchard, Dorielle	1992	31	CNMM	3:58.00
6	Karkling, Morgan	1989	34	DRM	4:08.50
7	Andersen, Katelyn	1993	30	MSM	4:13.73
8	Bédard, Jessica	1991	32	LLOU	4:17.23
9	Bureau, Catherine	1992	31	LLOU	4:18.43
10	Olivier-Gosselin, Maude	1992	31	CMNQ	4:25.00
11	Bélanger, Marie-Michele	1992	31	CMNQ	4:38.00
12	Baker, Lia	1989	34	WRW	4:40.00
13	Garon, Isabelle	1993	30	LLOU	4:41.68
14	Esperance, Jade L	1993	30	BRO	4:45.00

WOMEN - FEMMES 35-39

1	Mckinley, Christine	1984	39	MMM	3:14.90
2	Genereux, Andree-Anne	1988	35	MMM	3:22.40
3	Lavoie, Isabelle	1985	38	CNJO	3:45.20
4	Eroglu, Biricik	1984	39	WRW	3:47.00
5	Bourgeois, Josée	1984	39	HTACM	4:02.81
6	Benn, Jaclyn	1987	36	MSM	4:05.62
7	Brisbin, Montana	1987	36	DRM	4:08.50
8	Rejminiak, Katharine	1988	35	WRW	4:15.00
9	Moreira, Chloe	1986	37	BRO	4:21.00
10	Salmon Moskal, Bailey	1988	35	MSM	4:22.15
11	Beaudoin, Marie-Eve	1987	36	LLOU	4:24.32
12	Lacroix, Amélie	1987	36	LLOU	4:47.01
13	Martin, Katy	1985	38	WRW	4:53.00
14	Brodie, Connor	1984	39	WRW	5:20.00

WOMEN - FEMMES 40-44

1	Wedlake, Julie	1983	40	MSM	3:17.41
2	Ruel, Emmanuella	1980	43	CMNQ	3:22.00
3	Stenner, Julie	1981	42	NOMADS	3:38.00
4	Nawrot, Vanessa	1981	42	BRO	3:45.00
5	Bernier, Catherine	1981	42	LLOU	3:48.09
6	Kerkhof, Jennifer	1982	41	MSM	3:57.06
7	Giroux, Isabelle	1981	42	BRO	4:00.00
8	Farand, Majorlaine	1979	44	LLOU	4:07.02
9	Charbonneau, Mélissa	1981	42	CNMM	4:12.00
10	Simard, Anouk	1979	44	CMNQ	4:15.00
11	Nguyen-Tri, Marie-Claire	1979	44	BRO	4:16.00
12	Ankcom, Laura	1980	43	CGCSA	4:21.84
13	Beauregard, Melanie	1982	41	BRO	4:22.00
14	Ménard, Caroline	1982	41	CNMM	4:24.00
15	Surtees, Victoria	1983	40	WRW	4:29.00
16	Karim, Nafeesa	1981	42	WRW	4:35.25
17	Whiting, Leanne	1980	43	HTACM	4:36.77
18	Boivin, Mylène	1983	40	CMNQ	4:37.00
19	Tremblay, Sara	1983	40	CNMM	4:43.00
20	Fortin, Brigitte	1979	44	CNMM	4:46.00
21	Bejanaro, Sandra	1979	44	BRO	4:53.00
22	Genge, Leah	1981	42	HTACM	4:53.34
23	Bejanaro, Diana	1982	41	BRO	4:58.00
24	Cottineau, Émilie	1980	43	CNMM	5:20.00
25	MacLean, Rhea	1983	40	NYACM	5:25.00
26	Grenier, Julie	1981	42	CMNQ	5:25.00
27	Roch, Julie	1982	41	CNMM	5:48.00
28	MacDonald, Maria	1980	43	MSM	6:24.00
29	Morin, Annie	1980	43	BRO	6:29.00
30	Zheng, Susie	1980	43	MSM	6:52.00
31	Nguyen-Dang, Thuy-Tien	1981	42	CNDA	7:03.00
32	Proulx, Jaymin	1979	44	MSM	7:52.05

WOMEN - FEMMES 45-49

1	Leier-Blacher, Rhiannon	1977	46	MMM	3:36.90
2	Dumont, Kelly	1975	48	WRW	3:46.00
3	Levesque, Annie	1978	45	CMNQ	3:51.00
4	Sauvé, Marie-France	1974	49	CNMN	3:59.08
5	Menegon, Daniela	1977	46	CMNQ	4:00.00
6	Jean, Maud	1976	47	CNMN	4:00.87
7	Bayley, Natalie	1978	45	WRW	4:02.00
8	Middleton, Amy	1976	47	CGCSA	4:06.59
9	Tardif, Julie	1977	46	CMNQ	4:10.00
10	Tanguay, Véronique	1976	47	CNMN	4:11.18
11	Lee, Wendy	1976	47	NYACM	4:20.00
12	Hogue, Stéphanie	1978	45	CNMN	4:24.69
13	Baxter, Edie	1976	47	HTACM	4:28.34
14	Lavigne, Julie	1975	48	CMNQ	4:34.00

15	Seif, Kerry	1975	48	NYACM	4:42.00
16	Bélaïr, Karine	1978	45	CNMN	4:44.16
17	Desrosiers, Isabelle	1974	49	BRO	4:52.00
18	Fernandez, Rachel	1978	45	BRO	5:00.00
19	Ménard, Natatche	1974	49	CNMN	5:48.47
20	Perron, Vicky	1978	45	CNMM	5:50.00
21	White, Deborah	1978	45	WRW	6:03.00
22	Tétreault, Bénédicte	1977	46	CNMM	6:05.00
23	Meshi, Rezarta	1974	49	WRW	6:15.00
24	De Reus, Tanya	1974	49	MSM	7:13.69

WOMEN - FEMMES 50-54

1	Roberts, Keitha	1973	50	HTACM	3:15.69
2	Cassivi, Natasha	1970	53	BRO	4:14.00
3	Lindfors, Ann	1973	50	DRM	4:19.00
4	Garnett, Anna	1973	50	MSM	4:21.51
5	Bergeron, Patrice	1971	52	CMNQ	4:27.00
6	Khan, Marcy	1971	52	MSM	4:27.37
7	Hyang-Lee, Ki	1973	50	BRO	4:28.00
8	Defoy, Caroline	1971	52	CMNQ	4:31.00
9	Rayes, Christine	1971	52	BRO	4:37.00
10	Jorgensen, June	1972	51	CGCSA	4:52.00
11	Smith-Hudson, Heather	1973	50	MSM	5:03.61
12	Laul, Sarah	1972	51	WRW	5:13.55
13	Tremblay, Marie-Soleil	1973	50	CMNQ	5:21.00
14	Bégin, Marie-Josée	1971	52	CMNQ	5:27.00
15	Pitre, Jackie	1971	52	CNHR	5:30.00
16	Lebrun, Isabelle	1972	51	LLOU	6:02.19
17	Wedley, Niki H	1971	52	DRM	6:15.80
18	Fox, Elizabeth	1970	53	MSM	7:16.80
19	Stevens, Julie	1973	50	DRM	8:20.50

WOMEN - FEMMES 55-59

1	MacDougall, Terri	1964	59	MSM	3:48.80
2	Tremblay, Suzanne	1966	57	BRO	3:55.31
3	Grant, Patricia	1965	58	HTACM	3:57.01
4	Desruisseaux, Anne	1968	55	CMNQ	4:16.00
5	Bélangier, Jacynthe	1965	58	CMNQ	4:16.00
6	Beer, Heike	1968	55	WRW	4:21.00
7	Fry, Tamiko	1968	55	WRW	4:24.00
8	Gingras, Marie-Claude	1966	57	CMNQ	4:24.00
9	Sauriol, Josée	1965	58	CNMM	4:24.00
10	Chapdelaine, Josée	1967	56	CNMN	4:25.57
11	Lauze, Niki	1968	55	DRM	4:32.80
12	Benoit, Diane	1964	59	BRO	4:40.00
13	Easton, Wendy	1967	56	WRW	4:41.00
14	Gaviria-Velez, Claude	1965	58	BRO	4:41.00
15	Wright, Tracy	1965	58	WRW	4:50.50
16	Vallee, Louise	1965	58	BRO	4:54.00
17	Raven, Helen	1966	57	WRW	5:30.00
18	Daoust, Claire	1968	55	BRO	6:30.00
19	Tandan, Tara	1967	56	WRW	8:20.00
20	Boucher, Ginette	1965	58	BRO	8:26.00
21	Adams, Janice	1965	58	CNMN	8:42.84
22	McElvey, Denise	1965	58	DRM	8:45.00
23	Bell, Amanda	1966	57	MSM	9:11.52
24	Tanaka, Sarah	1965	58	DRM	9:50.90

WOMEN - FEMMES 60-64

1	Heintz, Gretta	1961	62	WRW	3:54.05
2	Marceau, Marie-Josée	1962	61	CMNQ	4:05.00
3	Piccinini-Vallis, Helena	1959	64	CGCSA	4:05.94
4	Lam, Joanna	1962	61	WRW	4:14.00
5	Laberge, Johanne	1962	61	CMNQ	4:20.00
6	Guillou, Michelle	1961	62	CMNQ	4:35.00
7	Christopherson, Joanne	1962	61	WRW	4:52.00

8	McCutcheon, Jennifer	1962	61	WRW	5:27.00
9	Biron, Guylaine	1962	61	CNMM	5:33.00
10	Bonnaufous, Helene	1960	63	BRO	5:58.00
11	Lee, Diane	1963	60	DRM	6:38.40
12	Karkling, Alenka	1960	63	DRM	8:10.50

WOMEN - FEMMES 65-69

1	Stanley Wilson, Linda	1958	65	WRW	4:11.00
2	Dyer, Cindy	1958	65	CGCSA	5:05.72
3	Grondin, Celine	1954	69	BRO	5:13.00
4	Lethiecq, Monique	1955	68	BRO	5:21.00
5	Desroches, Francine	1956	67	CNMN	5:22.10
6	Clarkson, Rita	1954	69	WRW	5:25.30
7	Rogers, Jan	1956	67	DRM	5:42.90
8	Lemay, Michele	1955	68	BRO	5:43.00
9	Ferris, Anne	1957	66	WRW	6:00.00
10	Maisey, Judy	1956	67	DRM	6:51.50
11	Moreau, Nicole	1954	69	BRO	6:58.54
12	Riggs, Sheila	1957	66	DRM	7:00.30

WOMEN - FEMMES 70-74

1	Poulton, Sue	1949	74	WRW	6:01.00
2	Morel, Denise	1951	72	BRO	6:13.00
3	Rinfret, Monique	1950	73	BRO	6:30.00
4	Benn, Lydia	1953	70	UNATT	7:15.00
5	Southière, Angèle	1950	73	CNMM	7:25.00

WOMEN - FEMMES 80-84

1	Brichon, Alida	1941	82	WRW	5:56.00
2	Schemmer, Sandy	1942	81	WRW	6:06.00

MEN - HOMMES 18-24

1	Turcotte, Thierry	2003	20	CNMM	3:54.00
2	Burési, Rémi	1999	24	CNMM	4:17.00
3	Srinathan, Hamish	2001	22	MMM	4:26.30
4	Walsh, Liam	2004	19	NYACM	4:32.00
5	Achouri, Rayan	2002	21	BRO	4:55.00
6	Wong, Andrew	2004	19	MSM	4:55.25

MEN - HOMMES 25-29

1	Fry, Darian	1997	26	WRW	2:45.00
2	Erickson, Ashton	1998	25	DRM	3:05.50
3	Cholette, Vincent	1998	25	BRO	3:13.70
4	Paquet, Antoine	1996	27	CMNQ	3:20.00
5	Mbarki, Haithem	1998	25	CMNQ	3:36.00
6	Miron, Xavier	1996	27	CNMN	4:15.59
7	Hseuh, Eric	1995	28	DRM	4:43.50
8	Laganière, Jérémie	1994	29	CMNQ	4:47.00
9	Justin Breton	1997	26	LLOU	5:11.10
10	Mans, Kris	1994	29	DRM	5:44.30

MEN - HOMMES 30-34

1	Best, Adam	1991	32	EMSC	2:14.91
2	Salmon, Mackenzie	1992	31	MSM	2:32.75
3	Salmon, Brayden	1993	30	MSM	2:38.65
4	Dalpe-Turcotte, Philippe	1990	33	CNMN	2:57.49
5	Staps, Anas	1992	31	CNO	3:00.00
6	Salmon, Dayton	1990	33	MSM	3:06.55
7	MacKenzie, Robyn	1992	31	MSM	3:21.66
8	Steeves, Ryan	1991	32	HTACM	3:33.06
9	de Tonnancour, Andre	1990	33	BRO	3:43.00
10	Ramirez-Romo, Sergio	1992	31	CNMN	4:00.08
11	Liu, ZeZhou	1993	30	BRO	4:16.03
12	Trépanier, Alexandre	1989	34	CMNQ	4:35.00
13	Lee, Andrew	1989	34	MSM	4:52.07
14	Lefebvre, Marc-Etienne	1990	33	LLOU	4:52.56

MEN - HOMMES 35-39

1	Fiore, Marco	1984	39	CNMN	4:02.28
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2	Tobon, Luis	1984	39	BRO	4:47.70
3	Nguyen, Vu	1984	39	DRM	7:32.40
MEN - HOMMES 40-44					
1	Biss, Marc	1979	44	CNMN	3:22.69
2	Peatling, Andy	1983	40	WRW	3:24.00
3	Schaufele, Brandon	1979	44	MSM	3:30.14
4	Squire-Smith, Tristan	1981	42	MSM	3:33.46
5	Pena-Montoya, Diego	1980	43	LLOU	3:36.10
6	Hébert, Gabriel	1983	40	LLOU	3:41.85
7	Raymond, Benoit	1982	41	BRO	3:44.78
8	Saucier, Luc	1979	44	CMNQ	3:56.00
9	Farand, Marc	1979	44	LLOU	3:58.85
10	Louchard, Mathieu	1981	42	CMNQ	4:03.00
11	Aubert, Sébastien	1981	42	CNMM	4:10.00
12	Siu Chong, Shaun	1979	44	NYACM	4:22.00
13	Roesch, Xavier	1983	40	LLOU	4:28.91
14	Lacroix, Frederic	1983	40	CMNQ	4:35.00
15	Barret, Kevin	1982	41	MSM	4:39.37
16	Gagné, Jean-François	1980	43	CNMN	4:48.75
17	Robitaille, Jasmin	1980	43	CMNQ	4:50.00
18	Gouin, Alexandre	1979	44	CMNQ	5:27.00
19	Pothier, Maxime	1980	43	CNMM	6:15.00
MEN - HOMMES 45-49					
1	Scofield, Trevor	1974	49	WRW	3:15.05
2	Ball, Ian	1975	48	MSM	3:15.32
3	Mujoondar, Amol	1977	46	MSM	3:16.65
4	Roy, Jerome	1975	48	BRO	3:34.00
5	Beaudoin, Mathieu	1977	46	BRO	3:51.00
6	Caisse, Simon	1977	46	BRO	4:13.00
7	Vargas, Jesus	1978	45	BRO	4:20.00
8	Hexter, Paul	1974	49	WRW	4:21.00
9	Beaudry, David	1977	46	CNMM	4:32.00
10	Gosselin, Benoit	1974	49	BRO	5:00.00
11	Perreault, Fred	1977	46	LLOU	5:11.16
MEN - HOMMES 50-54					
1	Cropo, Steve	1972	51	WRW	3:11.99
2	Chambers, Michael	1971	52	MMM	3:53.00
3	Dann, Cliff	1972	51	MMM	3:58.90
4	Greenwood, Rob	1972	51	WRW	4:03.72
5	Bernier, David	1970	53	LLOU	4:09.21
6	Vaillancourt, François	1972	51	LLOU	4:10.06
7	Garnier, Fabrice	1970	53	LLOU	4:10.52
8	Tremblay, Sylvain	1971	52	CMNQ	4:11.00
9	Finlay, Craig	1969	54	MMM	4:13.70
10	Stowe, Jason	1972	51	MMM	4:26.30
11	Bourret, Sylvain	1972	51	BRO	4:28.00
12	Villeneuve, Yan	1970	53	CMNQ	4:33.00
13	Latulippe, Louis	1973	50	CMNQ	4:35.00
14	Seiden, Edgar	1972	51	NYACM	4:40.00
15	Wilson, Russ	1969	54	WRW	4:40.00
16	Westdal, Christopher	1972	51	MMM	4:48.20
17	St-Amour, Martin	1970	53	LLOU	4:49.51
18	Charest, Dave	1973	50	BRO	5:03.00
19	Gaudreau, Francis	1970	53	LLOU	5:17.70
20	Forero, John	1973	50	BRO	5:38.00
21	Nelson, Charles	1972	51	LLOU	6:09.49
22	Diedrichsen, Jorn	1972	51	MSM	6:13.07
23	Martin, Frederick	1969	54	BRO	6:17.00
MEN - HOMMES 55-59					
1	Delpech, Benoit	1966	57	BRO	4:05.00
2	Richer, Luc	1965	58	CMNQ	4:07.00
3	Labbe, Denis	1964	59	BRO	4:12.00

4	Tremblay, Stephane	1966	57	CMNQ	4:16.00
5	Brassard, Eric	1964	59	CNMN	4:29.00
6	Kribs, Stewart	1965	58	MSM	4:29.32
7	Albert, David	1967	56	WRW	4:40.00
8	Fitz, Steven	1964	59	CNMN	4:41.59
9	Davies, Owen	1967	56	WRW	5:16.00
10	Paquet, Jacques	1964	59	CMNQ	5:25.00
11	Szedlascek, Steven	1967	56	BRO	7:15.00

MEN - HOMMES 60-64

1	Marsh, Ian	1962	61	DRM	3:28.80
2	Weltzin, Garry	1959	64	WRW	3:29.00
3	Veilleux, Marco	1962	61	CAMO	3:40.00
4	Slater, Craig	1960	63	WRW	3:41.00
5	Salmon, Brock	1962	61	MSM	4:27.12
6	Zayone, David	1962	61	DRM	4:30.00
7	Plum, Roland	1960	63	MSM	5:06.73
8	Hamm, Doug	1961	62	DRM	5:07.50
9	Agresti, Pierre	1961	62	BRO	5:13.00
10	Boulangier, Nicolas	1962	61	CMNQ	5:16.00
11	Hunter, James	1963	60	WRW	7:10.00
12	Jo, Changkun Chris	1962	61	WRW	7:10.00
13	Takaoka, James	1963	60	DRM	7:45.00
14	Azlag, Ayad	1959	64	CNMN	8:42.84

MEN - HOMMES 65-69

1	Houde, Jean-Claude	1955	68	CMNQ	4:27.00
2	Chase, John	1955	68	DRM	5:03.80
3	Dion, Jean-Luc	1955	68	CMNQ	5:10.00
4	Turcot, Claude	1954	69	BRO	5:15.00
5	Lacombe, Jean	1954	69	BRO	5:30.00
6	Bourdages, Sylvain	1958	65	BRO	5:51.00

MEN - HOMMES 70-74

1	Morneau, Damien	1951	72	CMNQ	4:22.00
2	Delisle, Richard	1953	70	BRO	5:13.00
3	Bouchard, Michel	1951	72	BRO	5:13.00
4	Lachance, Bruno	1952	71	CMNQ	5:58.00
5	Spence, David	1949	74	MSM	6:29.35

MEN - HOMMES 75-79

1	Lacombe, David	1944	79	BRO	4:15.00
2	Dussault, Pierre	1945	78	BRO	5:08.00
3	Vallee, Herman	1944	79	BRO	5:28.00
4	Gawlik, Bucar	1947	76	UNATT	5:42.56
5	Castonguay, Yvon	1947	76	BRO	7:00.00
6	Riggs, Wayne	1948	75	DRM	7:50.00
7	Berger, Christian	1944	79	BRO	9:30.00
8	Visser, Syd	1948	75	DRM	10:00.20

MEN - HOMMES 80-84

1	Ray, Skip (Arthur)	1941	82	DRM	5:07.00
2	Pease, Tony	1939	84	WRW	5:25.50