

2023 BELL CANADIAN SWIMMING TRIALS TECHNICAL MEETING

March 27, 2023

Toronto, ON

INTRODUCTION



Organizing Committee

- National Meet Director: Jim Fleury
- National Meet Referee: Louise Leblanc
- National Meet Referee Para-Swimming: Sheila Guenther
- Meet Manager: Nicole Parent
- Officials Coordinator: Sandra Rousseau
- Swimming Canada Event Manager: Jocelyn Jay
- Entries Coordinator: Rob Traynor



MEET CONDUCT

SAFE SPORT



Throughout the week you will see postings and hear announcements about various Safe Sport initiatives and procedures including but not limited to:

- Event Photography and Videography Procedure
- Creating open and observable environment
- Accreditation and deck access

For more information please see: <http://www.swimming.ca/safe-sport>

SELECTION



This competition will serve as the nomination or selection Trials for:

- 2023 World Aquatics Championships
- 2023 World Para Swimming Championships
- 2023 World Junior Swimming Championships
- 2023 Pan American Games

START TIMES



Preliminaries (10 lanes):

Warm-up: 7:30 – 9:15 am (*Sprint lanes open at 8:30*)
Start Time: 9:30 am

Finals (10 lanes) :

Warm-up: 4:30 – 5:45 pm (*Sprint lanes open at 5:00*)
Start Time: 6:00 pm

EVENT START



- Events will start at the *Start End* (near dive tank) for 100m, 200m, 400m, 800m and 1500m events
- Events will start at the *Turn End* (under video board) for 50m and 150m events

WARM-UPS LANE BREAKDOWN



Competition pool:

- Lane 0 → para swimmers
- Lane 9 → pace lane from start end during all warm-up
- Lane 1 & 8 → sprint lanes - one way swimming
 - Starting at 8:30 AM / 5:00 PM
 - Lane 1 from start end
 - Lane 8 from turn end
 - Backstroke ledge will be available during the last 45 minutes of the warm-up in lane 1. (Tues. & Wed.) and lane 8 (Sat. & Sun.)

ONLY SWIMMERS COMPETING IN THE SESSION SHOULD USE THE COMPETITION POOL DURING WARM-UP

WARM-UP/COOL DOWN LANES



The training tank is available for warmup and cool down during the competition

- Preliminary Sessions - open at 7:30 AM and close 1pm daily
- Finals - open at 4:30 PM and close 30 minutes after the end of each final session

Training Tank:

- Lane 0 reserved for para swimmers at all times
- **Lane 8 sprint at all times** (backstroke ledge available)
- Lane 9 reserved for pace at all times

Dive tank – Day 2 ONLY:

- **Open during Time Trials (Only Wednesday)**
- Circle swimming
- One lane reserved for para swimmers only

ONLY SWIMMERS COMPETING IN THE SESSION SHOULD USE THE COMPETITION POOL DURING WARM-UP

WARM-UP PROCEDURES



Violations:

- Swimmers witnessed entering the water in a dangerous fashion may be removed from their first event
- Second offense in same competition, may be removed from the remainder of the competition

Permitted:

- kick boards, pull buoy, snorkel and stretch cords (in secondary pool during w/u only)

Not permitted:

- fins, paddles, stretch cords in competition pool

TIMELINES (Estimates only)



DAY 1:

Preliminaries finish:	11:28 am	Finals finish:	8:01 pm
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DAY 2:

Preliminaries finish :	12:27 pm	Finals finish:	8:06 pm
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DAY 3:

Preliminaries finish :	11:02 am	Finals finish:	7:36 pm
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DAY 4:

Preliminaries finish:	10:48 am	Finals finish:	7:46 pm
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DAY 5:

Preliminaries finish:	11:21 am	Finals finish:	7:54 pm
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DAY 6:

Preliminaries finish:	12:03 am	Finals finish:	7:58 pm
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COMPETITION MANAGEMENT INFORMATION



- Swim-offs – during the preliminary session
- Finals will swim in the order: Junior, “B” and “A”
- Please refer to timeline provided in heat sheets
- Backstroke Flags will be removed when appropriate
- Backstroke Flags will remain in during the time trials

COMPETITION MANAGEMENT INFORMATION



FINALS – BACK-TO-BACK EVENTS (Within 30 minutes)

- A swimmer looking to use the Dive Tank to warm down is required to advise the Admin Desk 30 minutes prior to the start of Finals
- A window of time must be provided with this request
- This allows the organization of a guard during the time period requested

COMPETITION MANAGEMENT INFO



OLYMPIC PROGRAM (including stroke 50s)

- Preliminaries will be senior seeded
 - Last three heats circle seeded for 200m or less events
 - Last two heats circle seeded for 400m events
- Distance Events – 800 & 1500
 - Alternate gender events during the preliminary session (fastest to slowest)
 - Fastest heat competing in finals
- Over-the-top starts for Preliminaries / Clearing of the pool during Finals

COMPETITION MANAGEMENT INFORMATION



OLYMPIC PROGRAM (including stroke 50s)

- A FINAL (SUPER FINAL) – Top 10 Canadian swimmers, regardless of age
- JUNIOR FINAL (18 & UNDER A FINAL) – open to Canadian males and females born between 2005 and 2010, will take place for the fastest 10 Junior athletes not included in the A Final.
- B FINAL – next fastest 10 swimmers and up to 2 foreign swimmers including alternates
- STROKE 50s – There will only be a single, open “A” Final for the 50 butterfly, 50 backstroke and 50 breaststroke

COMPETITION MANAGEMENT INFORMATION



PARALYMPIC PROGRAM

- Seeding for prelims will be by time slowest to fastest (no circle seeding)
- All events will swim heats and finals regardless of number of entries
- All swimmers will clear the pool after each heat with two whistles by the referee
- Swim-offs – during the preliminary session
- A Finals – maximum of 3 swimmers per sport class will advance to finals as per meet package.
- Empty A Finals lanes - additional swimmers will be added according to points scores and swim exhibition
- Swimmers who cannot advance to finals will be listed as exhibition
- Swimming finalists will be determined using the 2022 Canadian Paralympic point system

CALL ROOM PROCEDURES



- Swimmers (all A, B & Junior finalists) report to ready room 15 minutes before scheduled start of their race
- Alternates are to report to the Admin Desk 15 minutes before their race
- A finalists & Junior finalists will be marched on and introduced before the start of race
- B finalists will be released from the call room for their event and they will be introduced during the race.

PARALYMPIC PROGRAM ATHLETES



- Tapping and starting devices must be deemed safe. They must be checked and issued with an approval sticker immediately following this Technical Meeting.
- Modified swimsuits must be checked prior to the start of the swim meet.
- All medical taping is to be approved by the Referee prior to the start of each session. Unapproved medical taping may lead to disqualification. A Referee will be available on poolside 15 minutes before the start of each session to check any medical taping.

FOREIGN ATHLETES



OLYMPIC PROGRAM (including stroke 50s)

- No foreign swimmers will be allowed to advance to an “A” Final, Junior Final OR seeded top 10 in a timed final event.
- A maximum of two (2) foreign swimmers will be permitted to advance to a “B” Final including alternates.

FOREIGN ATHLETES



PARALYMPIC PROGRAM

- No foreign swimmers will be allowed to advance to an A Final.

BACKSTROKE STARTING LEDGE



- FIELD OF PLAY will install the device
- The IT will also ensure the device is set at 0, initially
- The IT will check the strapping is free of any twists or knots and that the ledge is sitting flat against the wall.
- Once the athletes arrive behind the block the athlete may change the setting and ensure it is secured into position or may remove it from the water if they do not wish to use the device. The IT may be asked for assistance.
- A general warning will be given for toes not on touchpad

HEAT SHEETS & RESULTS



Preliminaries and Finals Heat Sheets:

- Available daily from the Admin Desk
- Posted on event website and Meet Mobile prior to each session.

Results:

- Posted after each event on the Swimming Canada website (Live Results).

HEAT SHEETS & RESULTS LINKS



Event website

WATCH LIVE

<https://www.swimming.ca/>

Meet Mobile App search for “2023 Bell Canadian Swimming Trials”

Live Results -

LIVE RESULTS

<https://www.swimming.ca/>

TIME TRIALS



- Entries are first-come, first serve
- Entries will be accepted via the [online form](#) on the event page starting at 4pm after the Technical Meeting
- Distance events will be swum mixed gender (Fri 1500, Sat 800)
- Each swimmer is permitted a maximum of one entry per day
- **Duration of 1 Hour Maximum**
- Events closely resemble the events of the day. Please review the small changes made – no Time trials on Sunday
- No official split requests
- Time Trials event heat sheets: available at Admin Desk after entry deadline, an announcement and SMS alert to advise of posting.
- After entries close at 9:30 am daily, any swimmer that is a late scratch/no-show for their time trial event will be fined \$50.00 and be subject to all penalties guidelines as outlined in the meet package.

SCRATCH PROCEDURE



Deadlines:

Tuesday Preliminaries:

- 30 minutes after the end Technical Meeting

Wednesday–Sunday Preliminaries (6:30 PM):

- 30 minutes following the start of Finals of the previous evening

Finals:

- 30 minutes following Preliminary events of the day (excluding time final events)

Email scratches are NOT accepted

Meet Scratch cards ([online form](#)) is required.

PENALTIES



- Penalties for no show (prelims and finals)
- Penalties incurred in prelims must be paid by the end of session
- Penalties incurred in finals must be paid immediately. Swimmer shall not swim subsequent event (in any session) until the fine has been paid

DQ'S AND PROTESTS



Disqualifications:

- Disqualifications will be announced and include event number, heat number and lane number.

Procedure for protests:

- Please discuss the disqualification with the session Referee.
- If not resolved, a written protest may be presented to the Referee. A written protest must be presented within 30 minutes of the conclusion of the **event** (protest forms will be available at the Admin Desk)
- If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.

JURY OF APPEAL



- Chaired by: National Meet Director
- 1 appointed coach among the following coaches (least biased to the swimmer involved in the appeal and no vested interest):
 - Olivier Renaud
 - Jy Lawrence
 - Cathy Pardy
 - Craig Neiuwstad
- 2 or 4 officials



OPERATIONS & ADMINISTRATIVE CONDUCT

ACCREDITATION INFORMATION

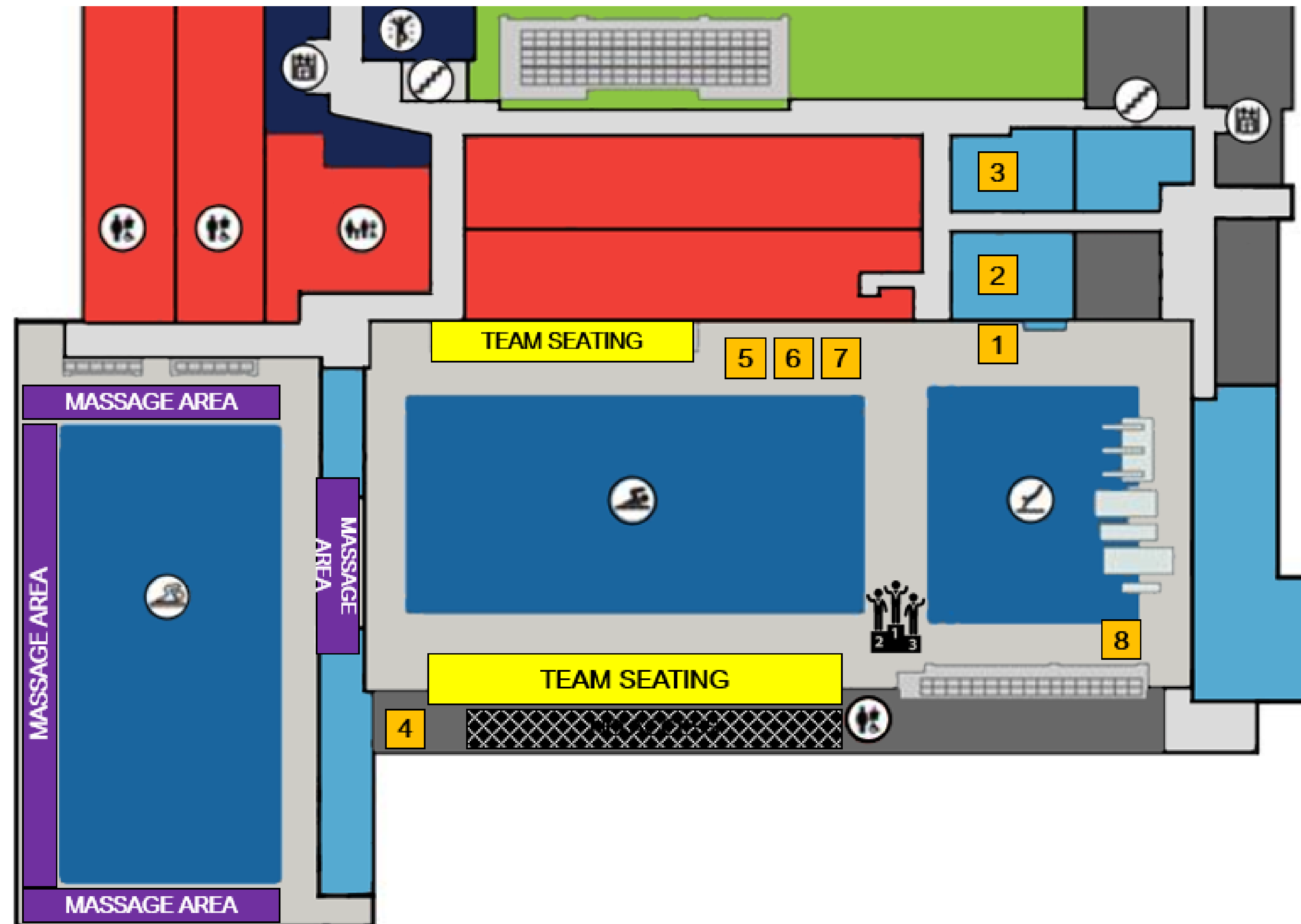


- Accreditation will be required to gain access to the pool deck
- All pool access points will be controlled
- ALL athletes, coaching staff and support staff must have accreditation, individuals without accreditation will not be permitted access
- Lost accreditation will be replaced at a cost of \$60.00 per accreditation

DECK LAYOUT



- 1** ADMIN DESK
- 2** OFFICIALS MEETING ROOM & READY ROOM / CALL ROOM
- 3** COACHES & OFFICIALS HOSPITALITY ROOM
- 4** READY ROOM / CALL ROOM (50M EVENTS ONLY)
- 5** ANNOUNCER
- 6** COMMISSION
- 7** REFEREES & STARTERS
- 8** MEDIA ZONE



DOPING CONTROL



- The CCES will be conducting Doping Control during the meet
- All swimmers selected for Doping Control are required to have photo ID. Coaches are asked to instruct swimmers to bring photo ID to the competition.
- All 18&U athletes must be accompanied by a team representative.

AWARDS



OLYMPIC PROGRAM

- Medals for 1st, 2nd, 3rd place Canadian
- Canadian Male and Female Swim of the Meet (based on 2022 world rankings)

JUNIORS

- Medals for 1st, 2nd, 3rd place to the three highest ranked Canadian swimmers (including Junior swimmers in A Final)

If a swimmer is unable to attend their awards ceremony, please send a fully uniformed substitute swimmer in their place

AWARDS



PARALYMPIC PROGRAM

- Medals for 1st, 2nd, 3rd place
- Canadian Male and Female Swim of the Meet
(based on 2022 Canadian Paralympic Points System)

If a swimmer is unable to attend their award ceremony, please send a fully uniformed substitute swimmer in their place.

SMS SERVICE



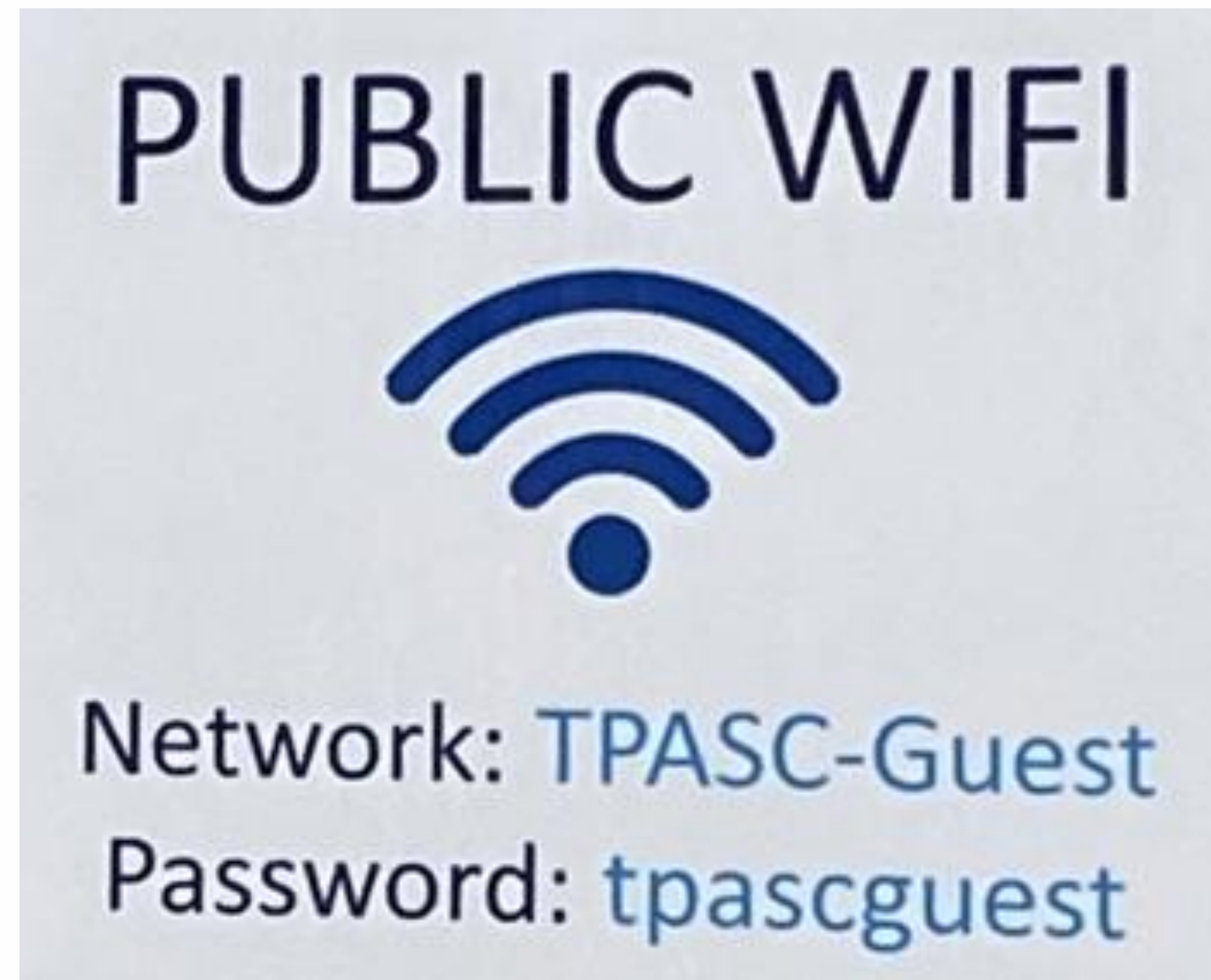
- To subscribe text:
SWIMBELL



GENERAL FACILITY INFORMATION



- Public WiFi access



QUESTIONS AND CONCERNS



- Questions and concerns related to the facility or technical delivery of the competition - National Meet Director: Jim Fleury
- Questions related to a disqualification: Session Referee
- Questions not related to the competition: email questions@swimming.ca

HAVE A GREAT MEET!



SWIMMING.CA | NATATION.CA