



# 46<sup>th</sup> Chinook Invitational

April 21-23, 2023

Hosted by: Calgary Patriots Swim Club

Brookfield Residential YMCA at Seton  
 4995 Market Street SE, Calgary, AB, T3M 2P9  
 50m Long Course Format / 10 lanes  
 2 x 20m warm-up/cool down space  
 Electronic Timing System will be utilized

**Advisory Referee:** Teresa Stauff

**Meet Managers:** Erin Cameron & Kristen Severn (meet\_management@calgarypatriots.com)

**Officials Coordinators:** Sherri Les (officials@calgarypatriots.com)

## ELIGIBILITY

This is a multi-club competition open to swimmers currently registered with Swimming Canada or a FINA affiliated year-round club. No-Time (NT) entries will not be accepted.

## KEY DATES

Entry Deadline: Friday, March 31st, 2023

Scratch Deadline: Sunday, April 16th, 2023

Fees Due: Friday, April 21st, 2023

## SCHEDULE

Friday, April 21<sup>st</sup> (ALL AGES): Warm-up 3:00pm, Start 4:00pm  
 Saturday, April 22<sup>nd</sup> (12 & Under): Warm-up 7:30am, Start 8:15am  
 Saturday, April 22<sup>nd</sup> (13 & Over): Warm-up 1:00pm, Start 1:45pm  
 Sunday, April 23<sup>rd</sup> (ALL AGES): Warm-up 7:30am, Start 8:15am

## SESSIONS

Friday, April 21st Session #1 All Ages	Saturday AM, April 22nd Session # 2 12 & Under	Saturday PM, April 22nd Session # 3 13 & Over	Sunday, April 23rd Session #4 All Ages
50m Free Eliminator Prelims	50m Free Eliminator (Top 8)	50m Free Eliminator (Top 8)	50 m Free Eliminator Final (Top 4)
200 IM	200 Back	400 IM	100 Fly
50 Fly	50 Breast	200 Free	100 Breast
200 Breast(13&O)	200 Free	50 Breast	100 Free
200 Back (13&O)	50 Back	200 Fly	100 Back
400 Free (11&O)	50 Free Eliminator (Top 6)	50 Back	4x50m Free Relay
	4x50 Medley Relay	50 Free Eliminator (Top 6)	
		4x50 Medley Relay	

## AGE GROUPS

- Age groups:
    - Individual events: 10&Under, 11-12, 13-14, 15&Over (both genders).
    - Relays: 10&Under, 11-12, 13-14, 15&Over (both genders)
- \*Swimmers age will be determined as of the first day of the meet.*

## FORMAT

- All events, except for the 50 Free Eliminator, will be senior seeded, timed finals swum fastest to slowest
- Saturday AM: session is restricted to athletes 12 & Under
- Saturday PM: session is restricted to athletes 13 & Over
- 400 Freestyle is limited to 11&O swimmers. This event may be restricted by the number of heats created. Positive check-in will be required.
- 200 Breaststroke & 200 Backstroke on Friday night will be open to 13 & Over only.
- Relays will be timed finals, seeded **fastest to slowest**. **Relay cards with complete swimmer names are due to the Clerk of Course at least 90 minutes prior to the posted start time of the first relay event of that session. Age group and/or genders may be combined for efficiency.**

## ELIMINATOR

- Hosted in memory of James Goodway, an accomplished 50 Metre Freestyler with Calgary Patriots Swim Club, the 50m Free Eliminator will be held throughout the weekend. **The age categories will be 12 & under and 13 & over for both genders.**
- Preliminary heats will be held Friday.
- The top 8 swimmers from preliminaries will race at the beginning of the Saturday session and 2 swimmers will be eliminated. The top 6 swimmers will race again at the end of the Saturday session with 2 more swimmers being eliminated. **12 & under will race in the AM session. 13 & Over will race in the afternoon session.**
- The top 4 in all age groups will race Sunday. Prizes will be awarded to the top 4 swimmers of each gender for 12 & under and 13 & over.

## ENTRIES

### ENTRY RULES

- Swimmers are limited to a maximum of 6 individual events, 2 per session.
- All entries must be made using Hy-Tek and submitted through the Swimming Canada online system ([www.swimming.ca](http://www.swimming.ca)) before entry deadline.
- Entries with no time (NT) will not be accepted
- Deck entries will be accepted up to 60 minutes prior to the start of each session and will be accepted provided that extra heats are not created. Deck entries are limited to swimmers who have registered for the competition through the Swimming Canada online system. **\*Deck entries will be considered exhibition swims and will not be scored. Payment for deck entries must be provided at the time of request.**
- Entries will be limited to a maximum of 400 swimmers with a minimum of 200 swimmers required to proceed with the meet. Meet management reserves the right to modify the meet program and/or entry numbers to allow for the maximum number of swims within the time allotted as per Swim Alberta's session guidelines. In case of over subscription, preference will be given to Calgary Patriot swimmers first and then to clubs competing on all days.
- Coaches will be advised of any changes to the program via email.

### FEES

Individual events:	\$16.00
Relays:	\$25.00
Deck entry:	\$25/Individual

E-transfers are preferred and can be sent to [office@calgarypatriots.com](mailto:office@calgarypatriots.com). Cheques can be made payable to: Calgary Patriots Swim Club (2225 Macleod Trail South, Calgary, AB. T2G 5B6).

### ENTRY DEADLINE

- Entries **due by 5:00 PM on Friday, March 31st, 2023**. The meet will fill prior to the deadline. Please send preliminary entries early to avoid disappointment.

## SCRATCH DEADLINE

- Scratch deadline: **5:00 p.m. on Sunday, April 16<sup>th</sup>, 2023**. No refunds provided for scratches received after this date.
- Event day scratches will be accepted up to 30 minutes prior to the start of each session. There will be no penalties for swimmers who 'no show' or submit a late scratch for their event.

## MEET GUIDELINES

### SAFE SPORT

All interactions between an athlete and an individual who is in a position of trust should normally and wherever possible, be in an environment or space that is both "open" and "observable" to others.

### MEET RULES

- The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- SNC Warm up procedures will be in effect at this meet.
- The Swim Alberta scratch rule will be in effect for this competition.
- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.2.
- **Competition and Diving Readiness Standards** - Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

### MODESTY WEAR

All swimmers are permitted to race with modesty wear at all competitions sanctioned by Swim Alberta. It is not required to declare the use of modesty wear to the Referee. Modesty wear is considered additional body coverage using a fabric that is a permeable open mesh textile and would not reasonably be seen to be creating a technical advantage, meaning it does not aid buoyancy, strength, speed, or endurance.

### AWARDS

- Awards will be handed out to the top 3 swimmers in all age categories for individual events only.

### PRIZE TABLE

- Calgary Patriots' popular and substantial raffle prize table will be back! Swimmers will receive tokens/entries for each personal best that they swim. Tokens can be used to enter for their choice of prizes. New prizes will be out for every session.

### HOSPITALITY

Hospitality will be provided throughout the sessions for coaches, volunteers and officials. All individuals should bring their own water bottle and/or coffee cup with a lid to be filled to omit excess waster and prevent spills on deck.

### OFFICIALS

As the unexpected can occur, participating clubs are asked to provide additional officiating support each session. Names and contact information can be sent to Sherri Les at [officials@calgarypatriots.com](mailto:officials@calgarypatriots.com).

