# NEOR 2 Invitational

**APPROVED**
*By Swim Ontario at 9:18 am, Mar 01, 2023*

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| **DATE(s):** | March 31, 2023 – April 2, 2023 | **REGION:** | North Eastern |
| **HOSTED BY:** | North Bay Titans | | |
| **LOCATION:** | YMCA North Bay, 186 Chippewa St, North Bay | | |
| **FACILITY:** | YMCA North Bay | | |
| **PURPOSE & DESCRIPTION:** | NEOR 2 Invitational – To offer competition opportunities for athletes in the NEOR region | | |
| **MEET PACKAGE:** | The only meet package which will be considered as valid must be the most current version found on www.swimming.ca | | |
| **COMPETITION COORDINATOR:** | Jim Kilroy | Level: | 5 |
| | If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted ☒ | | |
| **MEET MANAGER:** | Chris Hachkowski | Email: | nbtmeetmanager@gmail.com |
| **SAFETY AT COMPETITION:** | Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE. Every club and its participants are responsible for ensuring all facility rules and requirements are followed. | | |
| **COMPETITION RULES:** | **Sanctioned by Swim Ontario.** | | |
| | All current Swimming Canada rules will be followed.<br>All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.<br>Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows | | |
| | FINA FR 2.3 and SW 4.1, Swimming Canada CFR 2.3.1, CSW 4.1.1 & 4.1.2 | ☒ | Starting Platforms at Deep end |
| | | ☐ | Deck or Bulkhead at |
| | | ☐ | In-Water at |
| **ELIGIBILITY:** | All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club. | | |
| | This event includes participants from the following clubs: | Cochrane Great Whites, Elliot Lake Aquatic Club, Equipe de Natation Sturgeon Falls Swim Team, Hearst Swim Team, KapSwim, Kirkland Lake Aquatic club, Nickel City Aquatic club, North Bay Titans, Sault Surge Swim Team, Sudbury Laurentian Swim Club, Temiskaming Northern Loons Timmins Marlins Swim Club, Valley East Waves | |
| | ☒ | Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours. | |
| **FOREIGN COMPETITORS:** | ☒ | Foreign competitors are welcome, subject to the following provisions. All foreign competitors must be registered with an amateur swimming organization recognized by FINA. All foreign swimmers and coaches must be duly registered | |

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| | | and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All foreign swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition. | | | |
| **AGE UP DATE:** | Ages submitted are to be as | March 30, 2023 | | | |
| **ENTRY LIMITS:** | The maximum number of participants per session is | 300 | | | |
| | Each club is limited to the following number of swimmers | 80 | | | |
| | The maximum number of entries per swimmer is | 8 | | | |
| **ENTRY SUBMISSIONS:** | Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email. Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees. | | | | |
| | Entries must include all attending coaches. | | | | |
| | ☒ | Relay swimmers must be entered in a non-relay event in order to compete. | | | |
| **CONVERSION:** | ☒ | Entry times are not to be converted. Please submit times in course achieved. | | | |
| **ENTRY DEADLINE:** | **March 27, 2023** | | | | |
| | Changes to entries will be accepted until | March 27, 2023 | | | |
| **ENTRY FEE:** | | | | | |
| | ☒ | Individual Events | $11.00 | Relay Events | $12.00 |
| | Payment Method: Cheque | By cheque directly to club<br><br>North Bay Titans Swim Club | | | |
| **COACH'S REGISTRATION:** | Meet management will cross reference the **list of coaches submitted with entries** at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance. | | | | |
| **SEEDING:** | ☒ | Seeding will be in order of times entered, slowest to fastest, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times). | | | |

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**SCHEDULE OF SESSIONS:**

| Session # | Date | Warm-up period | Start of session | Approx. Finish of session | Time Final/Heats /Finals |
|---|---|---|---|---|---|
| 1 | March 31, 2023 | 4:30 – 5:30 | 5:40 | 8:00 | |
| 2 | April 1, 2023 | 7:30 – 8:30 | 8:40 | 11:00 | |
| 3 | April 1, 2023 | 12:00 – 1:00 | 1:10 | 4:30 | |
| 4 | April 2, 2023 | 7:30 – 8:30 | 8:40 | 11:00 | |
| 5 | April 2, 2023 | 12:00 – 1:00 | 1:10 | 4:30 | |

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| **MIXED-GENDER:** | An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.<br>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers. | | |
| **CHECKIN AND SCRATCHES:** | ☒ | Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session. | |
| **PENALTIES:** | ☒ | No scratch penalty shall be imposed for late or day of scratches or No-Shows | |
| **DECK ENTRIES:** | ☒ | Deck Entries are Exhibition Only. They are not eligible for scoring or awards.<br>Deck entries will be accepted for empty lanes only (no new heats will be created). | |
| | ☒ | Event Deck Entries are permitted for swimmers already entered in the competition. | |
| | ☒ | Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management. | |
| | ☒ | Fee | $ 20.00 |
| **OFFICIAL SPLIT TIMES:** | ☒ | Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. | |
| **RECORDS:** | ☒ | Swim times achieved at this competition will NOT be used for applications of provincial and national records. | |
| **MEET RESULTS:** | Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca | | |
| | ☒ | The meet program will be run on Hy-Tek Meet Manager. | |
| | ☒ | Results will be posted as quickly as possible at the meet. | |
| | ☐ | Live Results / Meet Mobile are available. | |
| **SCORING:** | ☒ | No Scoring | |
| **AWARDS:** | ☐ | No awards | |
| | ☒ | The following will be awarded: First to sixth place in each even | |

# NEOR 2 INVITATIONAL (Regional Invitation)

**Date(s):** March 31st - April 2nd
**Age Categories:** 10&U, 11-12-13-14,15&O **Awards:** 1-3 Medals, 4-6 Ribbons
**Maximum Entries:** 6 **Individual Event Fee:** $11 **Relay:** $12

| **Session 1**<br>**13 & Over - Timed Final**<br>**Friday, March 31st**<br>**Warm up: 4:30-5:30 PM**<br>**Start: 5:40 PM**<br>**EST. Finish 8:00 PM** | | |
|---|---|---|
| FEMALE | EVENT | MALE |
| 1 | 50 FR | 2 |
| 3 | 400 IM | 4 |
| 5 | 800 FR | 6 |
| 7 | 1500 FR | 8 |

| **Session 2**<br>**13 & Over - Timed Final**<br>**Saturday, April 1st**<br>**Warm Up: 7:30-8:30 AM**<br>**Start: 8:40 AM**<br>**EST. Finish 11:00 AM** | | |
|---|---|---|
| FEMALE | EVENT | MALE |
| 9 | 200 FR | 10 |
| 11 | 100 BR | 12 |
| 13 | 200 BK | 14 |
| 15 | 100 FLY | 16 |
| 17 | 200 IM | 18 |
| 19 | MIXED 200 FR RELAY (13-14) | 19 |
| 20 | MIXED 200 FR RELAY (15 & Over) | 20 |

| Session 3<br>12 & Under - Timed Final<br>Saturday, April 1st<br>Warm Up: 12:00-1:00 PM<br>Start: 1:10 PM<br>EST Finish: 4:30PM | | |
|---|---|---|
| FEMALE | EVENT | MALE |
| 21 | 50 BK | 22 |
| 23 | 200 FR | 24 |
| 25 | 100 BR | 26 |
| 27 | 200 BK | 28 |
| 29 | 100 FLY | 30 |
| 31 | 50 FR | 32 |
| 33 | 100 IM | 34 |
| 35 | 200 IM | 36 |
| 37 | MIXED 200 FR RELAY (10 & U) | 37 |
| 38 | MIXED 200 FR RELAY (11-12) | 38 |

| Session 4<br>13 & Over - Timed Final<br>Sunday, April 2nd<br>Warm Up: 7:30-8:30 AM<br>Start: 8:40 AM<br>EST Finish: 11:00 AM | | |
|---|---|---|
| FEMALE | EVENT | MALE |
| 39 | 100 FR | 40 |
| 41 | 200 BR | 42 |
| 43 | 100 BK | 44 |
| 45 | 200 FLY | 46 |
| 47 | 400 FR | 48 |
| 49 | MIXED 200 MED RELAY (13-14) | 49 |
| 50 | MIXED 200 MED RELAY (15 &Over) | 50 |

**Session 5**
**12 & Under - Timed Final**
**Sunday, April 2nd**
**Warm Up: 12:00-1:00 PM**
**Start: 1:10 PM**
**EST Finish 4:30 PM**

| FEMALE | EVENT | MALE |
|---|---|---|
| 51 | 100 BK | 52 |
| 53 | 50 FLY | 54 |
| 55 | 200 BR | 56 |
| 57 | 100 FR | 58 |
| 59 | 200 FLY | 60 |
| 61 | 50 BR | 62 |
| 63 | 400 FR | 64 |
| 65 | MIXED 200 MED RELAY (10 & Under) | 65 |
| 66 | MIXED 200 MED RELAY (11-12) | 66 |