

MONTHLY CHALLENGE - DÉFI DU MOIS

MASTERS SWIMMING - MAITRES NAGEURS



INDIVIDUAL MEDLEY ADD-UP - FEBRUARY CHALLENGE

DÉFI FEVRIER- SOMME ÉPREUVES QUATRE-NAGES INDIVIDUEL

RESULTS - RÉSULTATS

Participation Prize Sébastien Aubert CNMM
 Prix de participation Keitha Robert HTAC
 Marie-Michele Bélanger CMNQ
 Andrew Lee MSM

| RANK RANG | FAMILY NAME, NAME NOM, PRÉNOM | YOB (YYYY) ADN (AAAA) | Age Âge | CLUB | TIME / TEMPS (mm:ss.00) | | | | TOTAL |
|-----------------------------|----------------------------------|--------------------------|------------|-------|-------------------------------|---------------------------|--------------------------------|----------------------------|----------|
| | | | | | 50m butterfly 50m papillon | 50m backstroke 50m dos | 50m breaststroke 50m brasse | 50m freestyle 50m libre | |
| WOMEN - FEMMES 18-24 | | | | | | | | | |
| 1 | Ryan, Brigette | 1999 | 24 | HTAC | 21:36.00 | 28:48.00 | 26:24.00 | 55:12.00 | 02:16.80 |
| 2 | Lebreux-Gauthier, Claudia | 1999 | 24 | LLOU | 00:35.75 | 00:40.05 | 00:43.13 | 00:31.19 | 02:30.12 |
| 3 | Lewis, Rachel | 2001 | 22 | HTAC | 40:48.00 | 36:00.00 | 16:48.00 | 36:00.00 | 02:49.09 |
| 4 | Kyra Lalonde | 2003 | 20 | BRO | | | | | 02:53.00 |
| 5 | Lemonnier, Lydia | 2002 | 21 | ELITE | 00:46.06 | 00:54.63 | 00:45.64 | 00:36.47 | 03:02.80 |
| 6 | Audrey St-Pierre | 1999 | 24 | BRO | | | | | 03:21.00 |
| 7 | Melanie Lefebvre | 2001 | 22 | BRO | | | | | 03:40.25 |
| WOMEN - FEMMES 25-29 | | | | | | | | | |
| 1 | Siino, Véronique | 1998 | 25 | CNMM | 00:37.22 | 00:39.53 | 00:43.12 | 00:33.53 | 02:33.40 |
| 2 | Trudel, Chloé | 1997 | 26 | LLOU | 00:41.00 | 00:38.79 | 00:45.34 | 00:35.05 | 02:40.18 |
| 3 | Baxter, Heather | 1997 | 26 | MSM | 00:41.30 | 00:41.92 | 00:46.74 | 00:36.24 | 02:46.20 |
| 4 | Choinière, Camille | 1995 | 28 | LLOU | 00:39.73 | 00:41.84 | 00:50.01 | 00:36.59 | 02:48.17 |
| 5 | McAVOY, Sarah | 1996 | 27 | MMM | 00:41.50 | 00:40.80 | 00:50.30 | 00:38.00 | 02:50.60 |
| 6 | Groncin-Nadeau, Naomie | 1996 | 27 | CNMM | 00:43.04 | 00:46.11 | 00:47.17 | 00:40.14 | 02:56.46 |
| 7 | Chloe Moreira | 1998 | 25 | BRO | | | | | 03:06.62 |
| 8 | Foster, Sophie | 1996 | 27 | MSM | 00:51.42 | 00:48.72 | 00:52.68 | 00:44.31 | 03:17.13 |
| 9 | Graveline, Elisabeth | 1994 | 29 | CNMM | 00:52.80 | 00:57.50 | 00:54.20 | 00:46.10 | 03:30.60 |
| 10 | Visser, Gina | 1994 | 29 | DRM | 00:59.50 | 00:55.50 | 01:05.00 | 00:50.80 | 03:50.80 |
| 11 | Sheard, Emily | 1994 | 29 | WRW | 00:58.21 | 1:01.00 | 1:10.39 | 00:49.38 | 03:58.98 |
| 12 | Charlotte Lacourse | 1996 | 27 | BRO | | | | | 04:54.39 |
| 13 | Campbell, Jessica | 1997 | 26 | MSM | 02:25.87 | 02:24.15 | 02:22.45 | 01:56.95 | 09:09.42 |
| WOMEN - FEMMES 30-34 | | | | | | | | | |
| 1 | Crowell, Paige | 1993 | 30 | HTAC | 14:24.00 | 09:36.00 | 55:12.00 | 00:00.00 | 02:14.68 |
| 2 | He, Bonnie | 1993 | 30 | HTAC | 28:48.00 | 26:24.00 | 28:48.00 | 16:48.00 | 02:34.32 |
| 3 | Bureau, Catherine | 1992 | 31 | LLOU | 00:43.78 | 00:42.62 | 00:50.56 | 00:39.71 | 02:56.67 |
| 4 | Olivier-Gosselin, Maude | 1992 | 31 | CMNQ | 00:48.00 | 00:45.00 | 00:48.00 | 00:36.00 | 02:57.00 |
| 5 | David-Bélanger, Catherine | 1992 | 31 | CMNQ | 00:48.00 | 00:48.00 | 00:48.00 | 00:36.00 | 03:00.00 |
| 6 | Bédard, Jessica | 1991 | 32 | LLOU | 00:50.47 | 00:45.28 | 00:52.10 | 00:40.62 | 03:08.47 |
| 7 | Bélanger, Marie-Michele | 1992 | 31 | CMNQ | 00:51.00 | 00:48.00 | 00:53.00 | 00:38.00 | 03:10.00 |
| 8 | Andersen, Katelyn | 1993 | 30 | MSM | 00:52.33 | 00:50.38 | 00:58.88 | 00:44.60 | 03:26.19 |
| 9 | Bouchard, Dorielle | 1992 | 31 | CNMM | 00:55.10 | 00:52.20 | 01:00.00 | 00:48.10 | 03:35.40 |
| 10 | Jade L Esperance | 1993 | 30 | BRO | | | | | 03:44.17 |
| WOMEN - FEMMES 35-39 | | | | | | | | | |
| 1 | Best, Jillian | 1987 | 36 | MSM | 00:35.04 | 00:37.93 | 00:44.14 | 00:33.74 | 02:30.85 |
| 2 | Eroglu, Biricik | 1984 | 39 | WRW | 00:37.88 | 00:42.30 | 00:41.10 | 00:33.00 | 02:34.28 |
| 3 | McKINLEY, Christine | 1984 | 39 | MMM | 00:35.60 | 00:40.60 | 00:47.50 | 00:33.60 | 02:37.30 |
| 4 | Chartrand-Jetté, Cynthia | 1988 | 35 | VELOX | 00:43.13 | 00:42.84 | 00:46.44 | 00:37.21 | 02:49.62 |
| 5 | Isabel, Andrée-Anne | 1987 | 36 | CNMM | 00:42.25 | 00:40.22 | 00:50.03 | 00:38.16 | 02:50.66 |
| 6 | Bourgeois, Josée | 1984 | 39 | HTAC | 09:36.00 | 21:36.00 | 43:12.00 | 40:48.00 | 02:56.83 |
| 7 | Martin, Katy | 1985 | 38 | WRW | 00:47.00 | 00:48.20 | 00:50.68 | 00:37.70 | 03:03.18 |
| 8 | Benn, Jaclyn | 1987 | 36 | MSM | 00:47.07 | 00:52.26 | 00:56.28 | 00:42.95 | 03:18.56 |
| 9 | Pineault, Jessica | 1984 | 39 | AQUA | 00:53.48 | 01:01.50 | 01:01.44 | 00:40.77 | 03:37.19 |
| WOMEN - FEMMES 40-44 | | | | | | | | | |
| 1 | Ruel, Emmanuella | 1980 | 43 | CMNQ | 00:35.00 | 00:35.00 | 00:41.00 | 00:31.00 | 02:22.00 |
| 2 | Wedlake, Julie | 1983 | 40 | MSM | 00:37.02 | 00:38.24 | 00:44.06 | 00:34.96 | 02:34.28 |
| 3 | Stenner, Julie | 1981 | 42 | NOMAD | 00:38.00 | 00:40.00 | 00:44.00 | 00:34.00 | 02:36.00 |
| 4 | GIPSON, Erica | 1982 | 41 | ENC | 00:42.77 | 00:40.54 | 00:47.08 | 00:36.09 | 02:46.48 |
| 5 | Gritke, Jennifer | 1982 | 41 | MSM | 00:43.76 | 00:45.00 | 00:49.75 | 00:38.49 | 02:57.00 |
| 6 | Farand, Majorlaine | 1979 | 44 | LLOU | 00:40.22 | 00:43.97 | 00:51.56 | 00:42.01 | 02:57.76 |
| 7 | Ankcom, Laura | 1980 | 43 | CGCSA | 00:44.42 | 00:44.21 | 00:50.01 | 00:39.81 | 02:58.45 |
| 8 | Karim, Nafeesa | 1981 | 42 | WRW | 00:45.10 | 00:45.00 | 00:49.00 | 00:40.00 | 02:59.10 |
| 9 | Ménard, Caroline | 1982 | 41 | CNMM | 00:45.00 | 00:42.80 | 00:51.40 | 00:40.50 | 02:59.70 |
| 10 | Leanne Whiting | 1980 | 43 | HTAC | 38:24.00 | 43:12.00 | 14:24.00 | 28:48.00 | 03:05.42 |
| 11 | Boivin, Mylène | 1983 | 40 | CMNQ | 00:50.00 | 00:42.00 | 00:54.00 | 00:40.00 | 03:06.00 |
| 12 | Charbonneau, Mélissa | 1981 | 42 | CNMM | 00:50.10 | 00:46.90 | 00:52.00 | 00:37.00 | 03:06.00 |

| | | | | | | | | | |
|----|----------------------------|------|----|------|----------|----------|----------|----------|----------|
| 13 | Fortin, Brigitte | 1979 | 44 | CNMM | 00:56.60 | 00:50.80 | 00:58.10 | 00:43.70 | 03:29.20 |
| 14 | Côté, Sarah | 1983 | 40 | CNMM | 00:56.10 | 00:57.00 | 00:59.00 | 00:44.50 | 03:36.60 |
| 15 | Bergeron, Eliane Christine | 1979 | 44 | AQUA | 01:00.47 | 00:53.12 | 01:11.08 | 00:48.31 | 03:52.98 |
| 16 | Roch, Julie | 1982 | 41 | CNMM | 01:05.70 | 00:58.40 | 01:00.70 | 00:50.00 | 03:54.80 |
| 17 | Benoit, Catherine | 1979 | 44 | AQUA | 01:10.01 | 01:03.28 | 01:06.12 | 00:53.41 | 04:12.82 |
| 18 | Diana Bejanaro | 1982 | 41 | BRO | | | | | 04:18.00 |
| 19 | BLAIS, Geneviève | 1980 | 43 | ENC | 01:21.06 | 01:09.81 | 01:02.56 | 00:49.31 | 04:22.74 |
| 20 | Proulx, Jaymin | 1979 | 44 | MSM | 01:05.63 | 01:10.90 | 01:16.20 | 00:52.04 | 04:24.77 |
| 21 | MacDonald, Maria | 1980 | 43 | MSM | 01:13.09 | 01:02.50 | 01:16.14 | 00:54.87 | 04:26.60 |
| 22 | Zheng, Susie | 1980 | 43 | MSM | 01:15.69 | 00:50.54 | 01:21.00 | 01:06.24 | 04:33.47 |

WOMEN - FEMMES 45-49

| | | | | | | | | | |
|----|------------------------|------|----|-------|----------|----------|----------|----------|----------|
| 1 | LEIER-BLACHER, Rhianna | 1977 | 46 | MMM | 00:36.00 | 00:41.60 | 00:41.00 | 00:34.30 | 02:32.90 |
| 2 | Dumont, Kelly | 1975 | 48 | WRW | 00:38.63 | 00:41.20 | 00:45.00 | 00:32.52 | 02:37.35 |
| 3 | Levesque, Annie | 1978 | 45 | CMNQ | 00:40.00 | 00:40.00 | 00:48.00 | 00:36.00 | 02:44.00 |
| 4 | Tanguay, Véronique | 1976 | 47 | CNMN | 00:41.31 | 00:43.01 | 00:44.17 | 00:36.12 | 02:44.61 |
| 5 | Bayley, Natalie | 1978 | 45 | WRW | 00:42.00 | 00:41.50 | 00:43.70 | 00:38.30 | 02:45.50 |
| 6 | Edie Baxter | 1976 | 47 | HTAC | 07:12.00 | 48:00.00 | 07:12.00 | 36:00.00 | 03:02.90 |
| 7 | Isabelle Desroches | 1978 | 45 | BRO | | | | | 03:18.00 |
| 8 | Lavigne, Julie | 1975 | 48 | CMNQ | 00:52.00 | 00:56.00 | 00:50.00 | 00:44.00 | 03:22.00 |
| 9 | Rachel Fernandez | 1978 | 45 | BRO | | | | | 03:42.00 |
| 10 | TURGEON, Maryline | 1978 | 45 | CNSF | 00:57.68 | 00:58.99 | 00:58.97 | 00:46.67 | 03:42.31 |
| 11 | SAVARD, Mélanie | 1975 | 48 | CNSF | 00:59.03 | 00:57.89 | 00:59.30 | 00:49.24 | 03:45.46 |
| 12 | Ménard, Natatche | 1974 | 49 | CNMN | 00:56.24 | 01:00.29 | 01:05.15 | 00:49.20 | 03:50.88 |
| 13 | Asselin, Julie | 1975 | 48 | VELOX | 01:06.63 | 00:57.19 | 01:05.92 | 00:48.37 | 03:58.11 |
| 14 | AMYOT, Caroline | 1974 | 49 | CNSF | 01:06.50 | 01:03.65 | 01:00.25 | 00:48.38 | 03:58.78 |
| 15 | MILLER, Marcia | 1975 | 48 | ENC | 01:04.00 | 01:12.00 | 00:58.00 | 00:49.00 | 04:03.00 |
| 16 | White, Deborah | 1978 | 45 | WRW | 1:17.22 | 00:59.00 | 1:01.49 | 00:50.38 | 04:08.09 |
| 17 | GIRARD, Isabelle | 1976 | 47 | CNSF | 01:13.47 | 01:10.15 | 01:03.00 | 00:58.63 | 04:25.25 |
| 18 | Isabelle Desrosiers | 1974 | 49 | BRO | | | | | 04:30.00 |
| 19 | Meshi, Rezarta | 1974 | 49 | WRW | 1:26.30 | 1:23.00 | 1:02.30 | 00:53.06 | 04:44.66 |
| 20 | Cormier, Krystal | 1978 | 45 | AQUA | 01:18.83 | 01:53.26 | 01:05.22 | 01:04.92 | 05:22.23 |

WOMEN - FEMMES 50-54

| | | | | | | | | | |
|----|-----------------------|------|----|-------|----------|----------|----------|----------|----------|
| 1 | Robert, Keitha | 1973 | 50 | HTAC | 00:00.00 | 55:12.00 | 50:24.00 | 14:24.00 | 02:30.25 |
| 2 | Carron, Kimberly | 1973 | 50 | HTAC | 37.01 | 41.65 | 48.51 | 35.25 | 02:42.42 |
| 3 | Plouffe, Marisol | 1973 | 50 | VELOX | 00:40.12 | 00:42.47 | 00:43.38 | 00:37.50 | 02:43.47 |
| 4 | Laul, Sarah | 1972 | 51 | WRW | 00:50.29 | 00:50.00 | 00:56.49 | 00:39.00 | 03:15.78 |
| 5 | Marceau, Marie | 1972 | 51 | CNMM | 00:52.40 | 00:57.10 | 00:53.30 | 00:45.00 | 03:27.80 |
| 6 | Audet, Nancy | 1973 | 50 | ELITE | 00:52.69 | 00:55.09 | 00:52.31 | 00:48.45 | 03:28.54 |
| 7 | MONPOU, Caroline | 1971 | 52 | ENC | 00:53.56 | 00:52.31 | 01:00.29 | 00:45.50 | 03:31.66 |
| 8 | Defoy, Caroline | 1971 | 52 | CMNQ | 00:58.00 | 01:07.00 | 00:49.00 | 00:42.00 | 03:36.00 |
| 9 | FORTIN, Isabelle | 1972 | 51 | CNSF | 00:56.25 | 00:55.14 | 00:58.75 | 00:46.52 | 03:36.66 |
| 10 | MUIRHEAD, Barbara-Ann | 1969 | 54 | CNSF | 00:57.68 | 00:58.92 | 00:59.47 | 00:49.17 | 03:45.24 |
| 11 | Christine Rayes | 1971 | 52 | BRO | | | | | 03:50.00 |
| 12 | Wedley, Niki | 1971 | 52 | DRM | 01:08.30 | 00:57.10 | 01:17.90 | 00:45.70 | 04:09.00 |
| 13 | Welch, Vanessa | 1972 | 51 | MSM | 01:06.92 | 01:02.49 | 01:00.30 | 01:00.06 | 04:09.77 |
| 14 | Ki Hyang-Lee | 1973 | 50 | BRO | | | | | 04:10.00 |
| 15 | Smith-Hudson, Heather | 1973 | 50 | MSM | 01:08.98 | 00:59.00 | 01:00.00 | 01:04.22 | 04:12.20 |
| 16 | McFadyen Brown, Laura | 1970 | 53 | MSM | 01:26.24 | 01:14.74 | 01:18.56 | 01:02.49 | 05:02.03 |

WOMEN - FEMMES 55-59

| | | | | | | | | | |
|----|------------------------|------|----|-------|----------|----------|----------|----------|----------|
| 1 | MacDougall, Terri | 1964 | 59 | MSM | 00:41.00 | 00:44.70 | 00:42.73 | 00:36.97 | 02:45.40 |
| 2 | Beer, Heike | 1968 | 55 | WRW | 00:42.32 | 00:44.85 | 00:50.21 | 00:34.70 | 02:52.08 |
| 3 | Grant, Patricia | 1965 | 58 | HTAC | 48:00.00 | 16:48.00 | 45:36.00 | 14:24.00 | 03:00.90 |
| 4 | Chapdelaine, Josée | 1967 | 56 | CNMN | 00:46.00 | 00:48.25 | 00:49.08 | 00:38.28 | 03:01.61 |
| 5 | Gingras, Marie-Claude | 1966 | 57 | CMNQ | 00:45.00 | 00:48.00 | 00:52.00 | 00:37.00 | 03:02.00 |
| 6 | Fry, Tamiko | 1968 | 55 | WRW | 00:43.00 | 00:49.00 | 00:52.00 | 00:41.10 | 03:05.10 |
| 7 | Lauze, Niki | 1968 | 55 | DRM | 00:49.80 | 00:47.00 | 00:50.90 | 00:42.00 | 03:09.70 |
| 8 | Suzanne Tremblay | 1966 | 57 | BRO | | | | | 03:23.00 |
| 9 | Wright, Tracy | 1965 | 58 | WRW | 00:51.90 | 00:50.50 | 1:01.70 | 00:47.05 | 03:31.15 |
| 10 | Sauriol, Josée | 1965 | 58 | CNMM | 00:55.10 | 00:57.00 | 00:57.10 | 00:43.70 | 03:32.90 |
| 11 | MIRON, Nathalie | 1968 | 55 | ENC | 00:55.00 | 00:55.00 | 00:57.00 | 00:47.00 | 03:34.00 |
| 12 | Christine Mills | 1968 | 55 | BRO | | | | | 03:47.72 |
| 13 | St-Pierre, Chantal | 1966 | 57 | VELOX | 01:00.12 | 01:03.09 | 01:01.66 | 00:49.78 | 03:54.65 |
| 14 | Louise Vallee | 1965 | 58 | BRO | | | | | 03:59.00 |
| 15 | GARIÉPY, Anne | 1964 | 59 | ENC | 01:01.97 | 01:00.38 | 01:11.48 | 00:54.16 | 04:07.99 |
| 16 | Raven, Helen | 1966 | 57 | WRW | 1:08.60 | 1:01.80 | 00:57.07 | 00:54.36 | 04:10.83 |
| 17 | Diane Benoit | 1964 | 59 | BRO | | | | | 04:11.50 |
| 18 | Allard, Leah | 1966 | 57 | AQUA | 00:59.48 | 01:04.36 | 01:13.31 | 00:57.50 | 04:14.65 |
| 19 | Claire Daoust | 1968 | 55 | BRO | | | | | 04:23.00 |
| 20 | Claude Gaviria-Velez | 1965 | 58 | BRO | | | | | 04:25.00 |
| 21 | LANCTOT-BÉDARD, Valéri | 1967 | 56 | ENC | 01:24.00 | 01:00.45 | 01:04.97 | 01:00.15 | 04:29.57 |
| 22 | Tandan, Tara | 1967 | 56 | WRW | 2:00.00 | 1:12.00 | 1:25.58 | 00:58.38 | 05:35.96 |

WOMEN - FEMMES 60-64

| | | | | | | | | | |
|---|----------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Marceau, Marie-Josée | 1962 | 61 | CMNQ | 00:41.00 | 00:47.00 | 00:47.00 | 00:34.00 | 02:49.00 |
| 2 | Laberge, Johanne | 1962 | 61 | CMNQ | 00:44.00 | 00:50.00 | 00:50.00 | 00:40.00 | 03:04.00 |

| | | | | | | | | | |
|---|------------------------|------|----|-------|----------|----------|----------|----------|----------|
| 3 | McCutcheon, Jennifer | 1962 | 61 | WRW | 00:53.45 | 00:51.50 | 00:55.10 | 00:41.20 | 03:21.25 |
| 4 | Robinson, Dianne | 1962 | 61 | WRW | 00:50.00 | 1:02.50 | 00:56.00 | 00:42.53 | 03:31.03 |
| 5 | St-Michel, Martine | 1962 | 61 | VELOX | 01:04.44 | 01:04.80 | 01:03.47 | 00:46.09 | 03:58.80 |
| 6 | Karkling, Alenka | 1960 | 63 | DRM | 01:09.90 | 01:01.10 | 01:13.80 | 00:47.00 | 04:11.80 |
| 7 | PARCEL, Marie-Danielle | 1961 | 62 | ENC | 01:04.91 | 01:04.00 | 01:12.06 | 00:53.31 | 04:14.28 |
| 8 | Hunter, Gina | 1961 | 62 | CNMM | 01:05.80 | 01:10.00 | 01:05.00 | 00:57.50 | 04:18.30 |
| 9 | MONGEAU, France | 1961 | 62 | ENC | 01:20.12 | 01:10.24 | 01:12.81 | 01:04.79 | 04:47.96 |

WOMEN - FEMMES 65-69

| | | | | | | | | | |
|----|-----------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Miller, Robyn | 1957 | 66 | WRW | 00:43.75 | 00:44.62 | 00:45.69 | 00:34.60 | 02:48.66 |
| 2 | Stanley Wilson, Linda | 1958 | 65 | WRW | 00:42.30 | 00:45.60 | 00:51.33 | 00:38.60 | 02:57.83 |
| 3 | Maisey, Judy | 1956 | 67 | DRM | 00:52.90 | 00:55.10 | 01:02.90 | 00:46.90 | 03:37.80 |
| 4 | KAY, JoAnn | 1954 | 69 | ENC | 00:56.33 | 01:01.21 | 01:09.47 | 00:49.23 | 03:56.24 |
| 5 | Desroches, Francine | 1956 | 67 | CNMN | 01:11.33 | 00:55.49 | 01:00.12 | 00:51.03 | 03:57.97 |
| 6 | Monique Lethiecq | 1955 | 68 | BRO | | | | | 04:11.00 |
| 7 | Riggs, Sheila | 1957 | 66 | DRM | 01:07.10 | 01:10.10 | 01:06.00 | 00:52.20 | 04:15.40 |
| 8 | Marie Gaudreault | 1956 | 67 | BRO | | | | | 04:16.00 |
| 9 | Michele Lemay | 1955 | 68 | BRO | | | | | 04:20.00 |
| 10 | Turgeon, Rachelle | 1956 | 67 | AQUA | 01:08.74 | 01:05.85 | 01:25.21 | 00:58.12 | 04:37.92 |
| 11 | AUDETTE, Monique | 1956 | 67 | ENC | 01:18.39 | 01:11.75 | 01:10.90 | 01:02.30 | 04:43.34 |
| 12 | BENOÎT, Claudette | 1956 | 67 | ENC | 01:14.44 | 01:31.19 | 01:26.34 | 01:10.16 | 05:22.13 |
| 13 | Clarkson, Rita | 1954 | 69 | WRW | 02:00.00 | 01:14.25 | 01:10.50 | 00:57.40 | 05:22.15 |
| 14 | JONES, Bridget | 1957 | 66 | CNSF | 00:42.75 | 01:32.75 | 03:15.21 | 06:54.17 | 12:24.88 |

WOMEN - FEMMES 70-74

| | | | | | | | | | |
|---|-------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Southière, Angèle | 1950 | 73 | CNMM | 01:03.50 | 00:58.90 | 01:05.10 | 00:50.20 | 03:57.70 |
| 2 | Eurton, Valerie | 1951 | 72 | WRW | 1:02.00 | 1:02.68 | 1:11.81 | 00:54.28 | 04:10.77 |
| 3 | Denise Morel | 1951 | 72 | BRO | | | | | 04:46.68 |
| 4 | Monique Rinfret | 1950 | 73 | BRO | | | | | 05:14.00 |

WOMEN - FEMMES 75-79

| | | | | | | | | | |
|---|-----------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Scott-Langille, Nancy | 1947 | 76 | AQUA | 02:32.40 | 01:21.26 | 01:57.08 | 01:19.82 | 07:10.56 |
|---|-----------------------|------|----|------|----------|----------|----------|----------|----------|

MEN - HOMMES 18-24

| | | | | | | | | | |
|---|-------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Jones, Owyn | 2004 | 19 | DRM | 00:29.60 | 00:32.80 | 00:36.30 | 00:27.40 | 02:06.10 |
| 2 | Burési, Rémi | 1999 | 24 | CNMM | 00:35.40 | 00:36.90 | 00:39.00 | 00:31.70 | 02:23.00 |
| 3 | Turcotte, Thierry | 2003 | 20 | CNMM | 00:32.40 | 00:38.50 | 00:40.80 | 00:31.70 | 02:23.40 |
| 4 | Sotomayor, Javier | 2007 | 16 | NN | 00:32.33 | 00:38.78 | 00:46.89 | 00:35.66 | 02:33.66 |
| 5 | Dib, Firas | 2001 | 22 | HTAC | 02:24.00 | 16:48.00 | 00:00.00 | 14:24.00 | 02:45.44 |
| 6 | Wong, Andrew | 2004 | 19 | MSM | 00:39.80 | 00:48.04 | 00:50.52 | 00:40.81 | 02:59.17 |
| 7 | LAVOIE, Billy | 2000 | 23 | CNSF | 01:03.16 | 01:36.83 | 01:30.80 | 01:13.09 | 05:23.88 |

MEN - HOMMES 25-29

| | | | | | | | | | |
|---|-------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Fry, Darian | 1997 | 26 | WRW | 00:26.30 | 00:26.39 | 00:36.80 | 00:25.60 | 01:55.09 |
| 2 | Erickson, Ashton | 1998 | 25 | DRM | 00:29.80 | 00:31.00 | 00:34.10 | 00:29.00 | 02:03.90 |
| 3 | Kimberly, Tristan | 1994 | 29 | DRM | 00:34.50 | 00:41.00 | 00:40.29 | 00:30.10 | 02:25.89 |
| 4 | Hsueh, Eric | 1995 | 28 | DRM | 00:37.70 | 00:42.10 | 00:42.00 | 00:31.10 | 02:32.90 |
| 5 | Vincent Cholette | 1998 | 25 | BRO | | | | | 02:34.00 |
| 6 | Mans, Kris | 1994 | 29 | DRM | 00:40.10 | 00:43.10 | 00:42.60 | 00:29.80 | 02:35.60 |
| 7 | Miron, Xavier | 1996 | 27 | CNMN | 00:39.19 | 00:42.17 | 00:43.06 | 00:34.31 | 02:38.73 |
| 8 | Aimerick Adam | 1997 | 26 | LLOU | 00:46.36 | 00:47.50 | 00:52.10 | 00:39.30 | 03:05.26 |

MEN - HOMMES 30-34

| | | | | | | | | | |
|----|--------------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Best, Adam | 1991 | 32 | EMSC | 00:28.90 | 00:27.40 | 00:35.70 | 00:23.90 | 01:55.90 |
| 2 | Salmon, Mackenzie | 1992 | 31 | MSM | 00:29.00 | 00:29.00 | 00:34.50 | 00:27.00 | 01:59.50 |
| 3 | Salmon, Brayden | 1993 | 30 | MSM | 00:29.68 | 00:30.15 | 00:36.75 | 00:27.64 | 02:04.22 |
| 4 | Salmon, Dayton | 1990 | 33 | MSM | 00:30.25 | 00:30.88 | 00:35.96 | 00:28.59 | 02:05.68 |
| 5 | MacKenzie, Robyn | 1992 | 31 | MSM | 00:32.93 | 00:36.46 | 00:37.99 | 00:30.97 | 02:18.35 |
| 6 | Dalpé-Turcotte, Philippe | 1990 | 33 | CNMN | 00:31.09 | 00:36.14 | 00:41.12 | 00:32.32 | 02:20.67 |
| 7 | Lee, Andrew | 1989 | 34 | MSM | 00:38.16 | 00:39.42 | 00:49.70 | 00:33.13 | 02:40.41 |
| 8 | Ramirez-Romo, Sergio | 1992 | 31 | CNMN | 00:37.40 | 00:39.00 | 00:57.21 | 00:33.51 | 02:47.12 |
| 9 | Zaki, Ahmed | 1991 | 32 | MSM | 00:37.97 | 00:45.88 | 00:56.82 | 00:39.30 | 02:59.97 |
| 10 | ROBITAILLE, Martin | 1989 | 34 | ENC | 00:54.00 | 00:49.00 | 01:01.00 | 00:38.00 | 03:22.00 |
| 11 | ZeZhou Liu | 1993 | 30 | BRO | | | | | 03:32.50 |

MEN - HOMMES 35-39

| | | | | | | | | | |
|---|-----------------------|------|----|-------|----------|----------|----------|----------|----------|
| 1 | Landry, David | 1988 | 35 | MSM | 00:30.04 | 00:31.39 | 00:34.84 | 00:27.73 | 02:04.00 |
| 2 | Hayward, Dustin | 1987 | 36 | MW | 00:37.00 | 00:40.00 | 00:44.00 | 00:33.00 | 02:34.00 |
| 3 | Fiore, Marco | 1984 | 39 | CNMN | 00:36.26 | 00:43.31 | 00:48.38 | 00:35.38 | 02:43.33 |
| 4 | Aurouze, Jean-Bernard | 1984 | 39 | ELITE | 00:48.25 | 00:46.52 | 00:48.05 | 00:38.65 | 03:01.47 |
| 5 | Lacroix, Amélie | 1987 | 36 | LLOU | 00:50.47 | 00:48.33 | 00:53.22 | 00:41.42 | 03:13.44 |
| 6 | Carol Migneault | 1986 | 37 | BRO | | | | | 03:15.00 |
| 7 | Nguyen, Vu | 1984 | 39 | DRM | 00:48.80 | 00:50.90 | 00:55.10 | 00:43.20 | 03:18.00 |
| 8 | Marion, Frédéric | 1986 | 37 | CNMN | 00:50.53 | 00:55.44 | 01:10.19 | 00:46.34 | 03:42.50 |
| 9 | Claude Fortin | 1986 | 37 | BRO | | | | | 03:56.72 |

MEN - HOMMES 40-44

| | | | | | | | | | |
|---|-------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Peatling, Andy | 1983 | 40 | WRW | 00:31.60 | 00:33.40 | 00:34:08 | 00:28.30 | 02:07.38 |
| 2 | Filion, Guillaume | 1979 | 44 | MACC | 00:32.00 | 00:33.20 | 00:35.10 | 00:29.30 | 02:09.60 |
| 3 | Farand, Marc | 1979 | 44 | LLOU | 00:32.87 | 00:35.87 | 00:39.12 | 00:29.95 | 02:17.81 |
| 4 | Marcil, Mathieu | 1980 | 43 | JET | 00:33.00 | 00:35.00 | 00:40.00 | 00:33.00 | 02:21.00 |

| | | | | | | | | | |
|----|-----------------------|------|----|-------|----------|----------|----------|----------|----------|
| 5 | Pena-Montoya, Diego | 1980 | 43 | LLOU | 00:33.55 | 00:35.87 | 00:42.87 | 00:30.84 | 02:23.13 |
| 6 | Hébert, Gabriel | 1983 | 40 | LLOU | 00:32.87 | 00:36.35 | 00:43.47 | 00:31.96 | 02:24.65 |
| 7 | Veldhoen, Nate | 1980 | 43 | WRW | 00:35.45 | 00:39.10 | 00:42.01 | 00:29.70 | 02:26.26 |
| 8 | Saucier, Luc | 1979 | 44 | CMNQ | 00:36.00 | 00:41.00 | 00:42.00 | 00:31.00 | 02:30.00 |
| 9 | Squire-Smith, Tristan | 1981 | 42 | MSM | 00:41.61 | 00:39.54 | 00:38.30 | 00:31.57 | 02:31.02 |
| 10 | Barret, Kevin | 1982 | 41 | MSM | 00:38.78 | 00:45.12 | 00:47.19 | 00:33.96 | 02:45.05 |
| 11 | Lacroix, Frederic | 1983 | 40 | CMNQ | 00:43.00 | 00:43.00 | 00:48.00 | 00:35.00 | 02:49.00 |
| 12 | Lachance, Philippe | 1980 | 43 | CMNQ | 00:45.00 | 00:45.00 | 00:44.00 | 00:37.00 | 02:51.00 |
| 13 | Aubert, Sébastien | 1981 | 42 | CNMM | 00:40.50 | 00:46.70 | 00:48.30 | 00:41.10 | 02:56.60 |
| 14 | Kevin Buckley | 1982 | 41 | BRO | | | | | 02:58.00 |
| 15 | Lopez, Manuel | 1981 | 42 | VELOX | 00:40.34 | 00:50.40 | 00:49.34 | 00:38.78 | 02:58.86 |
| 16 | Benoit Raymond | 1982 | 41 | BRO | | | | | 03:27.00 |
| 17 | Flavio Fernandes | 1983 | 40 | BRO | | | | | 03:41.00 |
| 18 | Patrick Saint-Pierre | 1981 | 42 | BRO | | | | | 04:05.20 |

MEN - HOMMES 45-49

| | | | | | | | | | |
|----|------------------------|------|----|-------|----------|----------|----------|----------|----------|
| 1 | Scofield, Trevor | 1974 | 49 | WRW | 00:29.86 | 00:32.00 | 00:36.80 | 00:28.60 | 02:07.26 |
| 2 | Waldron, Jeffrey | 1975 | 48 | RAVEM | 00:30.22 | 00:32.41 | 00:33.52 | 00:31.16 | 02:07.31 |
| 3 | Sanchez, Carlos | 1975 | 48 | WRW | 00:36.77 | 00:36.30 | 00:33.00 | 00:28.90 | 02:14.97 |
| 4 | Mujoomdar, Amol | 1977 | 46 | MSM | 00:31.92 | 00:36.15 | 00:42.80 | 00:32.22 | 02:23.09 |
| 5 | Ball, Ian | 1975 | 48 | MSM | 00:32.70 | 00:39.42 | 00:44.14 | 00:29.69 | 02:25.95 |
| 6 | Monette, Étienne | 1974 | 49 | VELOX | 00:34.54 | 00:41.34 | 00:45.24 | 00:33.28 | 02:34.40 |
| 7 | Beaudry, David | 1977 | 46 | CNMM | 00:40.20 | 00:43.00 | 00:48.70 | 00:36.60 | 02:48.50 |
| 8 | Jerome Roy | 1975 | 48 | BRO | | | | | 02:53.00 |
| 9 | Lorange, David | 1977 | 46 | LLOU | 00:42.75 | 00:50.08 | 00:51.40 | 00:36.90 | 03:01.13 |
| 10 | Jesus Vargas | 1978 | 45 | BRO | | | | | 03:15.00 |
| 11 | CLICHE, Michel-Étienne | 1975 | 48 | ENC | 00:43.54 | 01:02.89 | 01:00.00 | 00:48.51 | 03:34.94 |
| 12 | GARNEAU, Dave | 1976 | 47 | CNSF | 01:09.22 | 01:09.97 | 01:02.00 | 00:56.00 | 04:17.19 |
| 13 | POWER, Justin | 1974 | 49 | ENC | 01:22.00 | 01:02.00 | 01:25.00 | 00:40.00 | 04:29.00 |

MEN - HOMMES 50-54

| | | | | | | | | | |
|----|------------------------|------|----|-------|----------|----------|----------|----------|----------|
| 1 | Wilson, Russ | 1969 | 54 | WRW | 00:33.02 | 00:38.39 | 00:39.60 | 00:31.40 | 02:22.41 |
| 2 | Villeneuve, Yan | 1970 | 53 | CMNQ | 00:36.00 | 00:37.00 | 00:43.00 | 00:31.00 | 02:27.00 |
| 3 | Vaillancourt, François | 1972 | 51 | LLOU | 00:33.75 | 00:38.79 | 00:44.69 | 00:33.19 | 02:30.42 |
| 4 | CHAMBERS, Michael | 1971 | 52 | MMM | 00:35.70 | 00:40.80 | 00:43.50 | 00:32.80 | 02:32.80 |
| 5 | Troughton, Matt | 1970 | 53 | DRM | 00:38.10 | 00:43.70 | 00:41.80 | 00:29.80 | 02:33.40 |
| 6 | Bernier, David | 1970 | 53 | LLOU | 00:41.72 | 00:41.84 | 00:45.34 | 00:35.05 | 02:43.95 |
| 7 | STOWE, Jason | 1972 | 51 | MMM | 00:41.50 | 00:43.60 | 00:49.00 | 00:37.20 | 02:51.30 |
| 8 | FINLAY, Craig | 1969 | 54 | MMM | 00:35.90 | 00:47.90 | 00:51.90 | 00:35.70 | 02:51.40 |
| 9 | Garnier, Fabrice | 1970 | 53 | LLOU | 00:45.90 | 00:44.50 | 00:48.74 | 00:38.29 | 02:57.43 |
| 10 | Greenwood, Rob | 1972 | 51 | WRW | 00:49.50 | 00:48.00 | 00:43.00 | 00:37.63 | 02:58.13 |
| 11 | St-Amour, Martin | 1970 | 53 | LLOU | 00:42.86 | 00:44.50 | 00:53.49 | 00:40.70 | 03:01.55 |
| 12 | DANN, Cliff | 1972 | 51 | MMM | 00:45.80 | 00:44.50 | 00:49.00 | 00:42.30 | 03:01.60 |
| 13 | Poupion, Erik | 1971 | 52 | ELITE | 00:46.05 | 00:49.61 | 00:51.06 | 00:35.58 | 03:02.30 |
| 14 | WESTDAL, Christopher | 1972 | 51 | MMM | 00:45.80 | 00:47.00 | 00:52.30 | 00:38.30 | 03:03.40 |
| 15 | MORIER, Jeff | 1970 | 53 | MMM | 00:48.70 | 00:48.20 | 00:58.30 | 00:43.30 | 03:18.50 |
| 16 | Gaudreau, Francis | 1970 | 53 | LLOU | 00:54.68 | 00:52.55 | 00:52.99 | 00:42.60 | 03:22.82 |
| 17 | Diedrichsen, Jorn | 1972 | 51 | MSM | 00:55.59 | 00:59.71 | 00:56.32 | 00:45.00 | 03:36.62 |
| 18 | Dave Charest | 1973 | 50 | BRO | | | | | 03:42.00 |
| 19 | Thierry Montreuil | 1972 | 51 | BRO | | | | | 03:52.00 |
| 20 | John Forero | 1973 | 50 | BRO | | | | | 04:50.00 |
| 21 | Sylvain Bourret | 1972 | 51 | BRO | | | | | 04:50.00 |
| 22 | Frederick Martin | 1969 | 54 | BRO | | | | | 05:24.75 |

MEN - HOMMES 55-59

| | | | | | | | | | |
|---|--------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Benoit Delpech | 1966 | 57 | BRO | | | | | 02:57.00 |
| 2 | Richer, Luc | 1965 | 58 | CMNQ | 00:46.00 | 00:47.00 | 00:49.00 | 00:35.00 | 02:57.00 |
| 3 | Tremblay, Stephane | 1966 | 57 | CMNQ | 00:50.00 | 00:53.00 | 00:43.00 | 00:36.00 | 03:02.00 |
| 4 | Brassard, Éric | 1964 | 59 | CNMN | 00:48.05 | 00:55.00 | 00:51.35 | 00:36.46 | 03:10.86 |
| 5 | Davies, Owen | 1967 | 56 | WRW | 00:51.60 | 00:51.95 | 00:53.96 | 00:41.78 | 03:19.29 |
| 6 | Denis Labbe | 1964 | 59 | BRO | | | | | 03:32.00 |
| 7 | POTVIN, Louis | 1968 | 55 | CNSF | 00:52.72 | 00:59.50 | 00:59.78 | 00:41.63 | 03:33.63 |
| 8 | Fitz, Steven | 1964 | 59 | CNMN | 00:58.15 | 01:06.53 | 00:51.55 | 00:44.09 | 03:40.32 |
| 9 | Viorel Bag | 1967 | 56 | BRO | | | | | 04:13.90 |

MEN - HOMMES 60-64

| | | | | | | | | | |
|----|---------------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Marsh, Ian | 1962 | 61 | DRM | 00:29.50 | 00:32.80 | 00:40.20 | 00:30.10 | 02:12.60 |
| 2 | Weltzin, Garry | 1959 | 64 | WRW | 00:34.11 | 00:35.40 | 00:40.80 | 00:30.00 | 02:20.31 |
| 3 | Slater, Craig | 1960 | 63 | WRW | 00:33.00 | 00:36.80 | 00:42.00 | 00:31.00 | 02:22.80 |
| 4 | Lussier, Yves | 1959 | 64 | LLOU | 00:41.25 | 00:41.97 | 00:44.20 | 00:36.06 | 02:43.48 |
| 5 | Rene Gagne | 1962 | 61 | BRO | | | | | 03:03.00 |
| 6 | Salmon, Brock | 1962 | 61 | MSM | 00:46.72 | 00:46.80 | 00:51.09 | 00:38.68 | 03:03.29 |
| 7 | Hamm, Doug | 1961 | 62 | DRM | 00:42.00 | 00:52.80 | 00:52.10 | 00:36.60 | 03:03.50 |
| 8 | Jo, Changkun Chris | 1962 | 61 | WRW | 00:51.95 | 00:54.00 | 00:49.62 | 00:34.00 | 03:09.57 |
| 9 | Nicholson, Ross | 1963 | 60 | WRW | 00:47.50 | 00:51.50 | 00:54.00 | 00:40.5 | 03:13.50 |
| 10 | Weiss, Gary | 1962 | 61 | WRW | 00:48.69 | 00:51.00 | 00:58.00 | 00:41.88 | 03:19.57 |
| 11 | Beaulieu, Jean-Yves | 1962 | 61 | CNMN | 00:55.18 | 00:52.59 | 00:59.16 | 00:42.51 | 03:29.44 |
| 12 | Hunter, James | 1963 | 60 | WRW | 00:53.64 | 00:54.00 | 1:04.00 | 00:42.37 | 03:34.01 |

| | | | | | | | | | |
|----|--------------|------|----|------|----------|----------|----------|----------|----------|
| 13 | Plum, Roland | 1960 | 63 | MSM | 01:05.56 | 00:55.37 | 00:57.40 | 00:44.32 | 03:42.65 |
| 14 | Azlag, Ayad | 1959 | 64 | CNMN | 01:16.19 | 01:21.42 | 01:18.01 | 00:54.07 | 04:49.69 |

MEN - HOMMES 65-69

| | | | | | | | | | |
|---|----------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Dion, Jean-Luc | 1955 | 68 | CMNQ | 00:53.00 | 00:40.00 | 00:49.00 | 00:34.00 | 02:56.00 |
| 2 | DESHAIES, Yves | 1954 | 69 | ENC | 00:53.88 | 00:51.66 | 01:01.07 | 00:44.23 | 03:30.84 |
| 3 | Claude Turcot | 1954 | 69 | BRO | | | | | 04:25.00 |

MEN - HOMMES 70-74

| | | | | | | | | | |
|---|-----------------|------|----|------|----------|----------|----------|----------|----------|
| 1 | Morneau, Damien | 1951 | 72 | CMNQ | 00:56.00 | 00:48.00 | 00:47.00 | 00:38.00 | 03:09.00 |
| 2 | Spence, David | 1949 | 74 | MSM | 00:46.84 | 00:54.45 | 00:56.79 | 00:43.37 | 03:21.45 |
| 3 | Moore, David | 1951 | 72 | DRM | 01:01.60 | 01:07.10 | 01:13.90 | 00:48.10 | 04:10.70 |
| 4 | Richard Delisle | 1953 | 70 | BRO | | | | | 04:15.00 |
| 5 | Michel Bouchard | 1951 | 72 | BRO | | | | | 04:34.00 |

MEN - HOMMES 75-79

| | | | | | | | | | |
|---|------------------|------|----|-----|----------|----------|----------|----------|----------|
| 1 | David Lacombe | 1944 | 79 | BRO | | | | | 03:18.00 |
| 2 | Riggs, Wayne | 1948 | 75 | DRM | 01:09.00 | 01:06.50 | 01:10.50 | 00:52.80 | 04:18.80 |
| 3 | Herman Vallee | 1944 | 79 | BRO | | | | | 04:41.22 |
| 4 | Visser, Syd | 1948 | 75 | DRM | 01:15.60 | 01:34.10 | 01:04.80 | 01:09.20 | 05:03.70 |
| 5 | Christian Berger | 1944 | 79 | BRO | | | | | 05:34.00 |

MEN - HOMMES 80-84

| | | | | | | | | | |
|---|-------------------|------|----|-----|-------|-------|---------|-------|----------|
| 1 | Skip (Arthur) Ray | 1963 | 82 | WRW | 54.50 | 58.70 | 01:01.0 | 40.50 | 03:35.70 |
|---|-------------------|------|----|-----|-------|-------|---------|-------|----------|